

Maryland/National Post-Vention Resources (After a Suicide)

This listing are not an endorsement of the quality of services provided

Location	Organization	Contact Information	Description of Services
Allegany County	-The Healing Circle	Irene Kimmell 301-729-6252	Provides resources & services for survivors (family/friends of those who have completed suicide)
	-Allegany County Schools	108 Washington St. P.O. Box 1724 Cumberland, Md. 21501-1724 301-759-2000	Received Garrett Lee Smith (GLS) grant.
Anne Arundel County	-Anne Arundel Crisis Response	410-768-5522	First Responders to a suicide crisis. Provide triage services to assess needs of survivors and connect them to services in the Crisis Response System, including individual and family counseling and psychiatry.
	National Alliance on Mental Illness (NAMI)	443-569-3498	Contact for information on support groups, information, and resources in Maryland.
	-Hospice of The Chesapeake	410-987-2003	Offers suicide support groups, individual and family counseling
	-Oasis:The Center for Mental Health	410-571-0888	Individual therapy and resources
	-Anne Arundel County Dept. of Health-Adolescent and Family Services Mental	410-222-7164	Provides services for all crisis. Individual and family counseling is provided. Provides post-vention to youth ages 15-18 and their families through individual counseling.

	<p>Health Center- Glen Burnie Center</p> <p>-Anne Arundel County Schools Anne Arundel County Development Office</p>	<p>2644 Riva Rd. Annapolis, Md. 21401 410-222-5000</p>	<p>Received GLS grant</p> <p>Received a “High Risk” County GLS grant.</p>
Baltimore County	<p>-Suicide Prevention Awareness for Kids (SPEAK)</p> <p>-The Christopher Foundation</p>	<p>Lisa Hurka-Covington 410-377-7711 P.O. Box 711 Riderwood, Maryland 21139 410-377-7711</p> <p>12 Delray Avenue Catonsville, Md. 21228 410-493-1675</p>	<p>State-wide organization which works to prevention youth suicides reduce stigma. Provides awareness, speakers, literature, etc. Provide referrals to the yellow ribbon programs, hospice sites, Mobile Crisis Teams/Affiliated Sante Groups.</p> <p>Survivor group</p>
Baltimore City	<p>-Baltimore Crisis Response</p> <p>-Bereaved Parents USA</p> <p>-Compassionate Friends</p>	<p>410-433-5255 Linda Fauntleroy</p> <p>410-321-7053</p> <p>TCF of Greater Baltimore Chapter (Compassionate Friends) www.BaltimoreTCF.com info@baltimoretcf.com 410-560-3358</p>	<p>Provides hotline & Mobile Crisis Services for several regions of Baltimore.</p> <p>Support Groups</p> <p>-Grief Support After the Death of a Child</p>

	<p>-Roberta's House</p> <p>1900 N. Broadway, Suite 101 Baltimore, Maryland 21213 410-235-6633 Telephone www.robertashouse.org info@robertashouse.org</p> <p>-The Rita Project</p> <p>Local office in Baltimore www.ritaproject.org 18-66-775-Rita</p>	<p>1900 N. Broadway, Suite 101 Baltimore, Maryland 21213 410-235-6633 Telephone www.robertashouse.org info@robertashouse.org</p> <p>Local office in Baltimore www.ritaproject.org 18-66-775-Rita</p>	<p>State wide program. Provides education and understanding about grief and bereavement for families, school teachers, youth centers, churches, and community centers to help young people cope more effectively.</p> <p>Arts based program to nurture, provide healing, public awareness and suicide prevention.</p>
Calvert County	<p>Calvert County Schools</p> <p>1305 Dares Beach Rd. Prince Frederick, Md. 20678 410-535-1700</p> <p>Calvert County Core Service Agency</p> <p>P.O. Box 980 Prince Frederick, Md. 20678 410-535-5400</p>	<p>1305 Dares Beach Rd. Prince Frederick, Md. 20678 410-535-1700</p> <p>P.O. Box 980 Prince Frederick, Md. 20678 410-535-5400</p>	<p>Received GLS grant</p> <p>County mental health Authority</p>
Caroline County	<p>Caroline County Schools</p> <p>204 Franklin St. Denton, Md. 21629 410-479-1460</p>	<p>204 Franklin St. Denton, Md. 21629 410-479-1460</p>	<p>Received GLS grant</p>
Carroll County	<p>-Carroll County Youth Service Bureau</p> <p>100 N. Court Street Westminster, Md. 21157 410-848-2500</p> <p>-NAMI Carroll County ROSCO</p> <p>Carol Carr-Meinecke Roskovensky Family P.O. Box 1928 Westminster, Md. 21158 410-857-3650 7411 Center Ave., Sykesville, Md. 21784 410-984-0565</p>	<p>100 N. Court Street Westminster, Md. 21157 410-848-2500</p> <p>Carol Carr-Meinecke Roskovensky Family P.O. Box 1928 Westminster, Md. 21158 410-857-3650 7411 Center Ave., Sykesville, Md. 21784 410-984-0565</p>	<p>Provides mental health and a full array of services to children, youth, and families.</p> <p>Provides help to those who have had a loss after a suicide.</p>

	-Carroll County Schools	DTAROSCO@comcast.net 125 North Court St. Westminster, Md. 21157 410-751-3000	Received a GLS grant
Cecil County	-Cecil County Public Schools	-Public Schools Community Resource Guide 410-321-7053 Bereaved parents	GLS grantee-prevention, intervention, and post-vention services and resources.
	-The Compassionate Friends	-(Elkton) Cecil County Chapter of TCF Theresalee.smith@hotmail.com 410-398-7378	For parents who have experienced the death of a child
Charles County	-The Compassionate Friends	Compassionate Friends Southern Maryland Chapter patpruss@yahoo.com 800-823-7301 Prince Frederick/Waldorf/Leonardtwn	Support for parents who have lost a child
	-Charles County Schools	P.O.Box 2770 La Plata, Md. 20656 301-392-7510	Received a GLS Grant
Dorchester County	Dorchester County Schools	700 Glason St. Cambridge, Md. 21613 410-228-4747	Received a GLS Grant
Frederick County	-Mental Health Association of Frederick County	Suzi Borg 301-663-0011 sborg@fcmha.org	First responder training on Post-vention brochure distribution and connecting families with resources (On the Md. Youth Crisis Hotline Network 1800-422-0009) after child is evaluated for or attempt suicide. Received a GLS "Community Based" Grant.
	-Frederick County Schools	191 South East Street Frederick, Md. 21701	Received a GLS grant

	-Compassionate Friends	301-644-5220 (Frederick) TCF Frederick www.tcffrederickmd.com tcffrederick@gmail.com 301-305-6378	Supports services to parents who have lost a child
Garrett County	-Sunrise Support Group For Survivors of Suicide -Garrett County Schools	301-359-0177 40 South Second St. Oakland, Md. 21550-1506 301-334-8900	A support group for those who have experienced a loss due to suicide Received a GLS grant
Harford County	Harford County Public Schools Harford Co. Office of Mental Health	102 South Hickory Ave. Bel Air, Md. 21014 410-838-7300 206 South Hays St. Suite 201 Bel Air, Maryland 21014 410-803-8726	Received GLS grant. Mental Health Authority
Howard County	-Grassroots Crisis Center -Howard County Schools	Brian Yost 410-531-6006 Grassroots Hotline 6700 Freetown Rd. Columbia, Maryland 21044 10910 Route 108 Ellicott City, Md. 21042 410-313-6600	Covers Baltimore City, Howard, Calvert, Howard, Harford, Carroll, Cecil (North of C&A), and Baltimore County. Received a GLS grant

Kent County	Mid-Shore Mental Health Systems, Inc.	206 Teal Dr. , Suite 203 Easton, Md. 21601 410-770-4801	Mental Health Authority
Montgomery County	-Montgomery County Crisis Center -Montgomery County Hotline -Yellow Ribbon Suicide Support Group -Coping with a Suicide Loss Hospice Caring -Compassionate Friends -The Levin Mikhail Suicide Awareness Campaign	1301 Piccard Rd. Rockville, Maryland 20850 240-777-4000 301-738-2255 301-530-4761 Contact person: Mary McCausland/Debbie Scott 10100 Old Georgetown Rd. Bethesda, Md. 20814 301-990-0854 301-869-4673 Contact: Ellen Cleaves (Potomac) TCF Potomac Chapter www.tcfpotomacmd.com oldedish@starpower.net 301-776-8500 Gina M. Smallwood www.kevin-Mikhail.info granny@mac.com 8606 Baron St.	The Center provides 24-hour telephone and walk-in crisis counseling and short-term counseling, psychiatric crisis stabilization, mobile crisis outreach. Offers 24hr-telephone crisis services and resources. Support group for those who have a lose due to suicide. Help and support those who have experienced a loss due to suicide. Group support for loss of a child Survivor sponsored organization

		Takoma Park, Maryland 20939	
Prince George's County	<p>-Community Crisis Services</p> <p>-Compassionate Friends</p> <p>-Circle of Love</p> <p>-1Lyfe</p> <p>-Prince Georges County Dept. of Family Services Mental Health and Disabilities Administration</p>	<p>Tim Jansen Director P.O. Box 149 Hyattsville, Md. 20781 301-864-7095</p> <p>(Bowie) TCF of Prince George's County Chapter</p> <p>Naomi & William Powell 301-249-3835</p> <p>Edward Kittrell 337 Possum Court Capital Height, Md. 20743 1lyfe@1lyfe.org</p> <p>14201 School Lane Upper Marlboro, Md. 20772 301-952-6000</p>	<p>Covers Anne Arundel, Montgomery, Prince Georg's, Charles, and St. Mary's Counties for the Maryland Youth Crisis Hotline (1800-422-0009). Awarded a "Community Based" GLS grant.</p> <p>Chapter of Compassionate Friends</p> <p>Support group for survivors</p> <p>Attempter/Survivor sponsored program</p> <p>Received a "High Risk" County GLS grant</p>
Queen Anne's County	<p>-Compassionate Friends</p> <p>-Queen Anne's County Schools Development Office</p>	<p>TCF of Queen Anne's County Tcf-gac@atlanticbb.net 410-991-5850</p> <p>202 Chesterfield Ave. Centerville, Md. 21617 410-758-2403</p>	<p>Phone Support Only (Loss of a Child)</p> <p>Received a GLS grant</p> <p>Received an "At Risk" County GLS Grant.</p>
St. Mary's County	St. Mary's County Dept. of Human Services	<p>23115 Leonard Hall Drive P.O Box 653 Leonardtown, Md. 20650</p>	Mental Health Authority

		301-475-4200	
Somerset	Somerset County Schools	9982A-Tawes Campus Dr. Westover, Md. 21871 410-651-1616	Received a GLS grant
	Somerset County Core Service Agency	Somerset County Core Service Agency 7920 Crisfield Highway Westover, Md. 21871 443-523-1871	Mental Health Authority
Talbot	-Survivor of Suicide Victims Support Group Talbot Hospice House -Talbot County Schools Yellow Ribbon Campaign	586 Cynwood Drive, Easton, Md. 21601 Norma Trax (with Talbot Hospice Foundation): 410-410-822-6681 Tina Mills with the Mental Health Association 410-822-0444 Robert Schmidt rschmidt@tcps.k12.md.us	Survivor sponsored program Received a GLS grant
Washington County	Washington County Mental Health Authority	339 E. Antietam St., Suite #5 Hagertown, Md. 21740 301-739-2490	Mental Health Authority
Wicomico County	-Life Crisis Center -Compassionate Friends	Robert Rotar, Director P.O Box 387 Salisbury, Md. 410-749-0771 Delmarva Chapter tcfmdmdelmarva@yahoo.com 410-957-2769	Covers Kent, Queen Anne's, Talbot, Caroline, Dorchester, Wicomico, Somerset, Worcester, and Cecil County for the Md. Youth Crisis Hotline (1800-422-0009). Support group for parents who have lost a child.
Worcester County	-Worcester County School Suicide Prevention Program	Jennifer Schultz jshultz@dhmh.staate.md.us	Garrett Lee Grant funded Community based grant. Provides 90- days of support to youth age 10-25 following a suicide threat or attempt. Minimum of weekly contact that includes assistance

	<p>-The Jesse Klump Memorial Scholarship Fund</p>	<p>Ronald Pilling weremembers@jessespaddle.org 443-982-2716 10737 Piney Island Dr. Bishopville, Md. 21813</p>	<p>in coordinating mental health services, safety planning, SAFE-T assessment, and the Yellow Ribbon Suicide Prevention Program. Survivor sponsored program</p>
<p>State Wide</p>	<p>-Maryland Youth Suicide Prevention Program/Garrett Lee Smith Grant</p> <p>Maryland Youth Crisis Hotline</p> <p>-Governor's Commission on Suicide Prevention</p> <p>-Maryland State</p>	<p>Henry Westray Jr., MSS 410-402-8494 Administrator of the Maryland Youth Suicide Program/Director, Garrett Lee Smith Grant Former Chair of the Governor's Commission on Suicide Prevention westrayh@dhmh.state.md.us Mental Hygiene Administration 55 Wade Ave. Mitchell Building Catonsville, Md. 21228</p> <p>1800-422-0009</p> <p>Rosemary Johnston 410-767-4092</p> <p>Dr. Richard Scott</p>	<p>State Administrative Office for Youth Suicide Prevention.</p> <p>24-hOUR toll-free crisis intervention, referral and resources for youth and their families.</p> <p>www.dhmh.maryland.gov/suicideprevention</p> <p>Most school districts received Garrett Lee Smith Grant funding to provide</p>

	<p>Department of Education.</p> <p>-Contact your local school district</p> <p>-Contact your local police department</p> <p>-Office of the Chief Medical Examiners</p> <p>-Suicide Prevention Educational Awareness for Kids (SPEAK)</p> <p>-Value Options</p> <p>-Roberta's House</p>	<p><i>200 W. Baltimore St. Baltimore, Maryland 21202 410-767-0288 rscott@msde.state.md.us</i></p> <p><i>Dr. David Powler, Chief Medical Examiner (410-333-3225) Dr. Shelden Lapen , Epidemiologist (410-333-3286) 111 Penn Street Baltimore, Md. 21201</i></p> <p>www.speakforthem.org speakforthem@aol.com P.O Box 711 Riderwood, Maryland 21139 410-377-7711</p> <p><i>800-888-1965 TTY:866-835-2755</i></p> <p><i>1900 N. Broadway, Suite 101 Baltimore, Maryland 21213 410-235-6633</i></p>	<p>prevention, intervention, and post-vention services for youth.</p> <p>Most school districts have a suicide prevention plan in place and provide resources to youth and families.</p> <p>Police departments are frequently the first on the scene of a completed suicide. Some dept. offer assistance and resources to the family.</p> <p>Required by law to determine the cause and manner of death in prescribed cases. Some Medical Examiner and Coroner Offices offer Post-vention resources.</p> <p>Promotes the prevention of suicide among youth and works to dispel the social stigma surrounding suicide and depression.</p> <p>Helps Administer Maryland's Health System: 24-hour access for clinically related calls. Referring individuals to qualified service providers.</p> <p>Provides education and understanding about grief and bereavement for families, school teachers, youth</p>
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	<p>-Rita Project Inc.</p> <p>National Alliance on Mental Illness NAMI</p> <p>Bereavement Parents USA</p> <p>-Local funeral homes</p> <p>-Network of Care</p>	<p>www.robertashouse.org info@robertashouse.org</p> <p>Julia@ritaproject.org (Baltimore) www.ritaproject.org 1-866-775-Rita</p> <p>10630 Little Patuxent Pkwy Suite 475 Columbia, Md. 21044-3264 877-878-2371 www.nami.org</p> <p>410-321-7053</p> <p><i>Check your local listings</i></p> <p>www.Maryland.Networkofcare.org/</p>	<p>centers, churches, and community centers to help young people cope more effectively.</p> <p>National & Local Arts based project to nurture healing, provide public education and prevention.</p> <p>National grassroots mental health education, advocacy and support organization.</p> <p>Run support groups for parents in several Md. Counties.</p> <p>Some funeral homes provide trainings, hold bereavement groups and provide resource around the issue of grief and loss.</p> <p>An array of Resources and Services in Maryland</p>
Military	<p>-Veterans Crisis line</p> <p>-The Pro Bono Counseling Project</p> <p>-Military One Source Counseling</p>	<p>1-800-273-8255</p> <p>Sherri Bloom, LCSW-C 410-323-5800</p> <p>1-800-342-9647</p>	<p>Crisis hotline targeted to veterans.</p> <p>Provides free counseling service for military and their families.</p> <p>Provides counseling resources for the military and their families.</p>

	<p>-Joint Family Support Assistance Program (JFSAP)</p> <p>-Baltimore Vet Center</p> <p>VA Md. Health Care Systems</p> <p>Perry Point VA Medical Center</p> <p>-Military U Family Life Consultant Program (MFLC)</p> <p>-The Family Center at Kennedy Krieger Institute</p> <p>-Partners In Care</p>	<p>Amy E. Cole-Kirby 29th Division Street 5th Regiment Armory Baltimore, Md. 410-576-2990</p> <p>Commerce Centre East 1777 Reisterstown Road Suite 199 Baltimore, Md. 21208 410-764-9400</p> <p>1800-949-10003</p> <p>1800-463-6295 ext. 7333 Sharon Weiss 410-642-2411 ext. 5799 Sharon.weiss@va.gov</p> <p>443-923-5980 29th Division Street 5th Regiment Armory Baltimore, Md. 21201 410-578-6124</p> <p>http://www.afsp.org/index.cfm/fuseaction=home.viewPage&page_id=9DD2B85C-F270-7849-1721C6DB4B35A481</p> <p>American Foundation for Suicide Prevention/SPAN USA, 1010</p>	<p>Provide mental health & other assistance to military families.</p> <p>Provides mental health services for veterans.</p> <p>Provide mental health and suicide prevention services and resources for veterans.</p> <p>Provides sources to military families.</p> <p>Program by AFSP/SPAN USA to assist</p>
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National	<p>-State Chaplain's Office Maryland National Guard National Capital Region Interservice Assistance Committee</p>	<p>Vermont Avenue, NW, Suite 408 Washington, DC 20005 202-449-3600</p> <p>410-576-6124 443-992-5395</p>	<p>military personnel and families.</p> <p>Survivor Outreach Program.</p>
	<p>-American Foundation for Suicide Prevention</p>	<p>Maryland Contact: Tamara Van Newkirk 443-367-4772 Nichole Cardarelli, MSW Manager of State Advocacy and Grassroots Outreach 202-449-3600 ext. 105 Ron Waltemeyer rkwranger@aol.com Md. Chapter of American Foundation for Suicide Prevention</p>	<p>Has A list of all MD survivor support groups that submitted their information to the AFSP. Fellow survivors visit the recently bereaved at their request to provide. emotional support and connect them to resources. Provides involvement opportunities to survivors.</p>
	<p>-National organization for People of Color Against Suicide (NOPCAS)</p>	<p>Dr. Donna Barnes NOPCAS P.O. Box 75571 Washington DC 20013 www.nopcas.org</p>	<p>Provides suicide awareness, training, conferences, and resources to communities of Color nationally. Has organized several national conferences focusing on survivor issues.</p>
	<p>-National Suicide Prevention Lifeline -Veterans Crisis</p>	<p>1-800-273-TALK (8255)</p>	<p>24 –HOUR TOLL-FREE SUICIDE PREVENTION SERVICE. Also serves as the 24-hour Toll free line for veterans.</p>

	<p>Line. Has a</p> <p>Lifeline Post-vention Manual</p> <p>-Compassionate Friends</p> <p>-Connect</p> <p>-The Rita Project</p> <p>-National Alliance on Mental Illness</p> <p>-The QRP Institute</p> <p>-Suicide Prevention Resource Center</p>	<p>nationaloffice@compassionatefriends.org 877-969-0010</p> <p>Kenneth Norton Director NAMI NH-The National Alliance on Mental Illness 15 Green St. Concord, NH 03301 603-225-5359</p> <p>www.Ritaproject.org</p> <p>www.nami.org</p> <p>Paul Quinnett, Ph.D President and CEO 509-235-8823 pquinnett@mindspring.com www.qprinstitute.com</p> <p>www.sprc.org</p>	<p>Responding to Suicide and Other Traumatic Deaths (Schools).</p> <p>Supports parents who have lost a child.</p> <p>Provides Post-vention Training to key service providers and community members. Provides Resources and developed Guidelines (manual) for developing protocols etc. for school-based prevention, intervention, and post-vention.</p> <p>Art based program that promotes healing through the arts.</p> <p>Largest nonprofit, grassroots mental health education and support organization.</p> <p>Developed & conducts training using the QPR model. Has a post-vention guide for doctors and a guide for professionals.</p> <p>Prevention, Intervention, and Post – vention resources. Has manual “After a</p>
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	<p>(SPRC)</p> <p><i>-Active Minds</i></p>	<p>202-332-9595 www.activeminds.org</p> <p>Web Resources:</p> <p>http://www.tlcinst.org/Memorials.html</p> <p>http://www.theconnectproject.org/</p> <p>Guidelines for Media Reporting on Suicide : http://www.sprc.org/library/sreporting.pdf</p> <p>CDC Recommendations for a Community Plan for the Prevention and Containment of Suicide Clusters www.cdc.gov/mmwr/preview/mmwrhtml1/00001755.htm</p>	<p>Suicide”: Recommendations for Religious Services & Other Public Memorial Observances. Best practices,data and a wealth of other resources.</p> <p>Has programs targeted to college youth. Some high schools are using this model as well.</p>
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To edit information listed or to add additional resources contact: Henry Westray Jr., MSS

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westrayh@dhmh.state.md.us or 410-402-8494

