## **GENERAL PREPAREDNESS**

Being prepared in advance can save your life during an emergency. Follow these important tips to prepare yourself and your community before a disaster strikes.

Create an emergency kit for your home and vehicle.
Have enough food, water, and medical supplies to last 3 to 5 days without help from others.
Keep a current list of the medications you are taking.
Make a communication plan with family and friends in case you are separated.
Fuel your car and review your evacuation plan and routes with your family.
Be familiar with alerts, warnings, and local emergency services.
Keep important documents, both personal and financial, in a waterproof portable container.
Keep food, water, and medicines on hand for pets. Make plans to ensure their safe shelter and care.

## MORE INFORMATION

- preparedness.health.maryland.gov
- facebook.com/MarylandOPR
- twitter.com/MarylandOPR

- health.maryland.gov
- facebook.com/MarylandDHMH
- twitter.com/MDHealthDept

