

Checklist

Family planning and related preventive health services

for men



		Family planning services (provide services in accordance with the appropriate clinical recommendation)				
	Screening components	Contraceptive services ¹	Basic infertility services	Preconception health services ²	STD services ³	Related preventive health services
History	Reproductive life plan	✓	✓	✓	✓	
	Medical history	✓	✓	✓	✓	
	Sexual health assessment	✓	✓	✓	✓	
	Alcohol & other drug use			✓		
	Tobacco use			✓		
	Immunizations			✓	✓ (HPV & HBV) ⁴	
	Depression			✓		
Physical examination	Height, weight & BMI			✓		
	Blood pressure			✓ ⁴		
	Genital exam		✓ (if clinically indicated)		✓ (if clinically indicated)	✓ ⁴
Laboratory testing	Chlamydia				✓ ⁴	
	Gonorrhea				✓ ⁴	
	Syphilis				✓ ⁴	
	HIV/AIDS				✓ ⁴	
	Hepatitis C				✓ ⁴	
	Diabetes				✓ ⁴	

Source: Centers for Disease Control and Prevention (CDC). (2014, April 25). Providing quality family planning services: Recommendations of CDC and the U.S. Office of Population Affairs. *MMWR. Morbidity and Mortality Weekly Reports*. Retrieved from <http://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf>

Abbreviations: BMI = body mass index; HBV = hepatitis B virus; HIV/AIDS = human immunodeficiency virus/acquired immunodeficiency syndrome; HPV = human papillomavirus; STD = sexually transmitted disease.

- ¹ No special evaluation needs to be done prior to making condoms available to males. However, when a male client requests advice on pregnancy prevention, he should be provided contraceptive services as described in the section "Provide Contraceptive Services."
- ² The services listed here represent a sub-set of recommended preconception health services for men that were recommended and for which there was a direct link to fertility or infant health outcomes (Source: Frey K, Navarro S, Kotelchuck M, Lu M. The clinical content of preconception care: preconception care for men. *Am J Obstet Gynecol* 2008;199 [6 Suppl 2]:S389-95).
- ³ STD services also promote preconception health, but are listed separately here to highlight their importance in the context of all types of family planning visit. The services listed in this column are for men without symptoms suggestive of an STD.
- ⁴ Indicates that screening is suggested only for individuals at highest risk or for a specific subpopulation with high prevalence of infection or other condition.