## Proclamation Oral Cancer Awareness Month April 2017

Whereas: Oral Cancer Awareness Month is aimed at educating the public about the risk

factors, signs and symptoms of the disease; and

Whereas: When correct steps are taken, such as, every year ask your dental or medical

provider for an oral cancer exam; and

Whereas: All Maryland residents quit the use of all tobacco products and limit alcoholic

drinks; and

Whereas: Use a lip balm with SPF of at least 15 anytime outdoors and consume a diet rich in

fruits and vegetables; and

Whereas: Vaccinating boys and girls beginning at age 11 or 12 against the Human

Papillomavirus (HPV) can reduce the risk of Oral Cancer; and

Whereas: The Department of Health and Mental Hygiene Office of Oral Health supports the

early detection of oral cancer and prevention of the disease through yearly oral cancer screenings and promoting tobacco cessation programs, such as, the

Maryland Tobacco Quitline, 1-800-QUIT-NOW.

Now, therefore, I, (INSERT LOCAL NAME), do hereby proclaim April 2017, as Oral Cancer Awareness Month in Maryland, and do commend this observance to all our citizens.