

**PROCLAMATION**

Children's Dental Health Month  
February 2019

WHEREAS: Dental caries is the most common chronic disease found in children, and

WHEREAS: Good oral health habits start in childhood, and

WHEREAS: Brushing twice daily using toothpaste containing fluoride, cleaning the sides of the teeth by flossing daily, having routine dental check-ups, drinking tap water that contains appropriate levels of fluoride, and eating a diet low in sugary foods and drinks help prevent tooth decay, and

WHEREAS: Parents and caregivers who are educated about the importance of oral health are empowered to embrace appropriate oral hygiene and dietary behaviors, and make and keep dental appointments for their children, and

WHEREAS: The State of Maryland is pleased to join with the Maryland Department of Health's Office of Oral Health and the American Dental Association's National Children's Dental Health Month campaign in promoting good oral health through interactive and educational websites.

NOW, THEREFORE, I, (OFFICIAL'S NAME) (OFFICIAL'S TITLE), do hereby proclaim February 2019 as CHILDREN'S DENTAL HEALTH MONTH in (YOUR CITY/TOWN/COUNTY), and do commend this observance to all of our citizens.

###