Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

BEFORE PREGNANCY

The first questions are about you.			
1.	How tall are you without shoes?		
	Feet Inches		
	OR Centimeters		
2.	Just before you got pregnant with your new baby, how much did you weigh?		
	Pounds OR Kilos		
3.	3. What is <u>your</u> date of birth?		
	Month Day Year		
The next questions are about the time before you got pregnant with your new baby.			
4. Before you got pregnant with your new baby, did you ever have any other babies who were born alive?			
igcup	□ No → Go to Question 6 □ Yes		
Go	to Question 5		

	•
5.	Before you had your new baby, did you ever have a baby by cesarean delivery or c-section (when a doctor cuts through the mother's belly to bring out the baby)?
	□ No □ Yes
6.	Before you got pregnant, would you say that, in general, your health was—
	□ Excellent □ Very good □ Good □ Fair □ Poor
7.	During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.
	No Yes
a.	Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy)
b.	High blood pressure or hypertension \Box
c.	Depression
d.	Asthma
e.	Anemia (poor blood, low iron)
f.	Thyroid problems
g. h.	PCOS (polycystic ovarian syndrome)
11.	Allalety
8.	During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?
	 □ I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant □ 1 to 3 times a week □ 4 to 6 times a week □ Every day of the week

9. In the 12 months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker?	11. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? For each item, check No if they did not or Yes if they did.
On to Question 12 Yes 10. What type of health care visit did you have in the 12 months before you got pregnant with your new baby? Check ALL that apply	a. Tell me to take a vitamin with folic acid b. Talk to me about maintaining a healthy weight
□ Regular checkup at my family doctor's office □ Regular checkup at my OB/GYN's office □ Visit for an illness or chronic condition □ Visit for amily planning or birth control □ Visit for depression or anxiety □ Visit to have my teeth cleaned by a dentist or dental hygienist □ Other → Please tell us:	d. Talk to me about my desire to have or not have children

Check ALL that apply

14. What kind of health insurance do you have

now?

The next questions are about your *health* insurance coverage before, during, and after your pregnancy with your *new* baby.

-	, o a. p. e g. a	 Private health insurance from my job or the job of my husband or partner
12.	During the <u>month before</u> you got pregnant with your new baby, what kind of health insurance did you have? Check ALL that apply	Private health insurance from my parents Private health insurance from the Maryland Health Insurance Marketplace, www.marylandhealthconnection.gov, or HealthCare.gov
	 Private health insurance from my job or the job of my husband or partner Private health insurance from my parents Private health insurance from the Maryland Health Insurance Marketplace, www.marylandhealthconnection.gov, or HealthCare.gov Medicaid or HealthChoice 	 □ Medical dor HealthChoice □ TRICARE or other military health care □ Other health insurance → Please tell us: □ I do not have health insurance now
	 □ TRICARE or other military health care □ Other health insurance → Please tell us: 	15. Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?
	☐ I did not have any health insurance during the month before I got pregnant	☐ I wanted to be pregnant later ☐ I wanted to be pregnant sooner ☐ I wanted to be pregnant then
13.	During your <i>most recent pregnancy</i> , what kind of health insurance did you have for your <i>prenatal care</i> ? Check ALL that apply	☐ I didn't want to be pregnant then or at any time in the future ☐ I wasn't sure what I wanted
	□ I did not go for prenatal care → Go to Question 14 □ Private health insurance from my job or the job of my husband or partner □ Private health insurance from my parents □ Private health insurance from the Maryland Health Insurance Marketplace, www.marylandhealthconnection.gov, or HealthCare.gov □ Medicaid or HealthChoice □ TRICARE or other military health care □ Other health insurance → Please tell us:	
	I did not have any health insurance for my prenatal care	

DURING PREGNANCY

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

16.	How many weeks <i>or</i> months pregnant wyou when you had your first visit for precare?		
	Weeks OR Months□ I didn't go for prenatal care Go to Quest	ic	on 18
17.	During any of your prenatal care visits, do doctor, nurse, or other health care work you any of the things listed below? For exitem, check No if they did not ask you about Yes if they did.	eı ac	r ask ch
	No	•	Yes
a.	If I knew how much weight I should gain during pregnancy	l	
b.	If I was taking any prescription medication	l	
c.	If I was smoking cigarettes		
d.	If I was drinking alcohol		
e.	If someone was hurting me emotionally or physically	I	
f.	If I was feeling down or depressed		
g.	If I was using drugs such as marijuana, cocaine, crack, or meth	l	
h.	If I wanted to be tested for HIV (the virus that causes AIDS)	1	
i.	If I planned to breastfeed my new baby \square		
j.	If I planned to use birth control after my baby was born	ĺ	

10.	pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?
	□ No □ Yes □ I don't know
19.	During the 12 months before the <u>delivery</u> of your new baby, did a doctor, nurse, or other health care worker offer you a flu shot or tell you to get one?
	□ No □ Yes
20.	During the 12 months <i>before the <u>delivery</u></i> of your new baby, did you <i>get</i> a flu shot?
	Check ONE answer
	□ No□ Yes, before my pregnancy□ Yes, during my pregnancy
21.	During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?
	□ No □ Yes
22.	During your most recent pregnancy, did you have any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.
a.	No Yes Gestational diabetes (diabetes that
	started during this pregnancy)
b.	High blood pressure (that <u>started</u> during this pregnancy), pre-eclampsia or eclampsia
c.	Depression

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

23. Have you smoked any cigarettes in the past 2 years? □ No → Go to Question 27 □ Yes	E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.	
24. In the 3 months <u>before</u> you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.	A <u>hookah</u> is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.	
☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then	27. Have you used any of the following products in the past 2 years? For each item, check No if you did not use it or Yes if you did. No Yes a. E-cigarettes or other electronic nicotine products	
 In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes. 41 cigarettes or more 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes 1 to 5 cigarettes Less than 1 cigarette I didn't smoke then 	If you used e-cigarettes or other electronic nicotine products in the <i>past 2 years</i> , go to Question 28. Otherwise, go to Page 6, Question 30.	
	28. During the 3 months <u>before</u> you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?	
26. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes. 41 cigarettes or more 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes 1 to 5 cigarettes Less than 1 cigarette 1 don't smoke now	 □ More than once a day □ Once a day □ 2-6 days a week □ 1 day a week or less □ I did not use e-cigarettes or other electronic nicotine products then 	

The next questions are about using other tobacco products around the time of pregnancy.

If you used e-cigarettes or other electronic nicotine products in the <i>past 2 years</i> , go to Question 28. Otherwise, go to Page 6, Question		
b.	Hookah	1
	E-cigarettes or other electronic nicotine products)
	No Ye	S
	you did not use it or Yes if you did.	

pregnant, on average, how often did you use e-cigarettes or other electronic nicotir products?		
☐ More than once a day		
Once a day		

- eek or less
- e-cigarettes or other electronic ducts then

29. During the <u>last 3</u> months of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine	33. During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks did you have in an average week?
products? ☐ More than once a day ☐ Once a day ☐ 2-6 days a week ☐ 1 day a week or less ☐ I did not use e-cigarettes or other electronic nicotine products then	14 drinks or more a week 8 to 13 drinks a week 4 to 7 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then Go to Question 35
The next questions are about drinking alcohol around the time of pregnancy.	34. During the <u>last 3</u> months of your pregnancy, how many times did you drink 4 alcoholic drinks or more in a 2 hour time span?
30. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.	 6 or more times 4 to 5 times 2 to 3 times 1 time I didn't have 4 drinks or more in a 2 hour time span
 No → Go to Question 35 Yes 31. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week? 	Pregnancy can be a difficult time. The next questions are about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.
14 drinks or more a week 8 to 13 drinks a week 4 to 7 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then Go to Question 33	35. In the 12 months <u>before</u> you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.
32. During the 3 months <u>before</u> you got pregnant, how many times did you drink 4 alcoholic drinks or more in a 2 hour time span?	a. My husband or partner
 6 or more times 4 to 5 times 2 to 3 times 1 time I didn't have 4 drinks or more in a 2 hour time span 	36. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.
	a. My husband or partner

Check ONE answer

40. Which statement best describes whose idea

(c-section)?

it was for you to have a cesarean delivery

AFTER PREGNANCY

The next questions are about the time since your new baby was born.

37. When was your new baby born?	 My health care provider recommended a cesarean delivery <i>before</i> I went into labor My health care provider recommended a cesarean delivery while I was in labor I asked for the cesarean delivery 	
Month Day Year	41. After your baby was delivered, how long did he or she stay in the hospital?	
 38. How was your new baby delivered? Question 41 Cesarean delivery (c-section) 39. What was the reason that your new baby was born by cesarean delivery (c-section)? 	Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) 3 to 5 days 6 to 14 days More than 14 days My baby was not born in a hospital My baby is still in	
Check ALL that apply	the hospital — Go to Page 8, Question 44	
 □ I had a previous cesarean delivery (c-section) □ My baby was in the wrong position (such as breech) □ I was past my due date □ My health care provider worried that my baby was too big □ I had a medical condition that made labor dangerous for me (such as heart condition, physical disability) □ I had a complication in my pregnancy (such as pre-eclampsia, placental problems, infection, preterm labor) □ My health care provider tried to induce my labor, but it didn't work □ Labor was taking too long □ The fetal monitor showed that my baby was having problems before or during labor (fetal distress) □ I wanted to schedule my delivery □ I didn't want to have my baby vaginally □ Other — Please tell us: 	I III III III III III III III III III	
Cesarean delivery (c-section) 39. What was the reason that your new baby was born by cesarean delivery (c-section)? Check ALL that apply I had a previous cesarean delivery (c-section) My baby was in the wrong position (such as breech) I was past my due date My health care provider worried that my baby was too big I had a medical condition that made labor dangerous for me (such as heart condition, physical disability) I had a complication in my pregnancy (such as pre-eclampsia, placental problems, infection, preterm labor) My health care provider tried to induce my labor, but it didn't work Labor was taking too long The fetal monitor showed that my baby was having problems before or during labor (fetal distress) I wanted to schedule my delivery I didn't want to have my baby vaginally	☐ 6 to 14 days ☐ More than 14 days ☐ My baby was not born in a hospital ☐ My baby is still in The hospital ☐ Go to Pag Question 42. Is your baby alive now? ☐ No ☐ Yes ☐ We are very sorry for your l Go to Page 9, Question ☐ Yes ☐ Yes ☐ Go to Page 9, Question ☐ Yes ☐ Yes ☐ Go to Page 9, Question ☐ Yes ☐ Ye	

44.	Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources? For each one, check No if you did not receive information from this source or Yes if you did.	If your baby is still in the hospital, go to Question 53. 48. In which <i>one</i> position do you <i>most often</i> lay		
	No Yes	your baby down to sleep now?		
b. c. d. e. f. h.	A nurse, midwife, or doula	Check ONE answer On his or her side On his or her back On his or her stomach 49. In the past 2 weeks, how often has your new baby slept alone in his or her own crib or bed? Always Often Sometimes Rarely Never Go to Question 51 50. When your new baby sleeps alone, is his or her crib or bed in the same room where you sleep? No Yes		
	☐ No ———— Go to Question 48 ☐ Yes			
46.	Are you currently breastfeeding or feeding pumped milk to your new baby?	51. Listed below are some more things about how babies sleep. How did your new baby usually sleep in the <u>past 2 weeks</u> ? For each item, check No if your baby did not usually sleep like this or Yes if he or she did.		
\	☐ Yes Go to Question 48	a. In a crib, bassinet, or pack and play		
47.	How many weeks or months did you breastfeed or feed pumped milk to your baby? Less than 1 week Weeks OR Months	b. On a twin or larger mattress or bed		

52.	Did a doctor, nurse, or o worker tell you any of the For each thing, check No or Yes if they did.	e following things?	If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 56. 55. What kind of birth control are you or your husband or partner using now to keep from getting pregnant?
	Place my baby on his or hosleepPlace my baby to sleep in		
	bassinet, or pack and play		Check ALL that apply
	Place my baby's crib or be What things should and sl in bed with my baby	nould not go	 □ Tubes tied or blocked (female sterilization or Essure®) □ Vasectomy (male sterilization) □ Birth control pills □ Condoms □ Shots or injections (Depo-Provera®) □ Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®) □ IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®) □ Contraceptive implant in the arm (Nexplanon®)
53.	Are you or your husband anything now to keep from Some things people do to pregnant include having birth control pills, condomnatural family planning.	om getting pregnant? be keep from getting their tubes tied, using	
	-□ No □ Yes	→ Go to Question 55	or Implanon®) ☐ Natural family planning (including rhythm method)
54.	4. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?		 □ Withdrawal (pulling out) □ Not having sex (abstinence) □ Other → Please tell us:
		Check ALL that apply	
	 I want to get pregnant I am pregnant now I had my tubes tied or blocked I don't want to use birth control I am worried about side effects from birth control I am not having sex My husband or partner doesn't want to use anything I have problems paying for birth control Other → Please tell us: 		56. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth. One of the Page 10, Question 58 Go to Page 10, Question 57

58. During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things? For each item, check No if they did not do it or Yes if they did.
a. Tell me to take a vitamin with folic acid b. Talk to me about healthy eating, exercise, and losing weight gained during pregnancy
g. Ask me if I was smoking cigarettes
 59. Since your new baby was born, how often have you felt down, depressed, or hopeless? Always Often Sometimes Rarely Never
60. Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed?
☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never

61. Since your new baby was born, how often have you felt panicky?	If your baby is not alive, is not living with you, or is still in the hospital, go to Question 68.	
☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never	65. Are you currently in school or working? □ No, I don't go to school or work → Go to Question 68 ☐ Yes, I go to school or work outside the home	
62. Since your new baby was born, how often have you felt restless?	Yes, I go to school or work from home	
☐ Always ☐ Often ☐ Sometimes	66. Which <i>one</i> of the following people spends the most time taking care of your new baby when you are at school or work?	
☐ Rarely☐ Never	Check ONE answer ☐ My husband or partner ☐ Baby's grandparent ☐ Other close family member or relative	
OTHER EXPERIENCES The next questions are on a variety of topics.	☐ Friend or neighbor ☐ Babysitter, nanny, or other child care provider ☐ Staff at day care center ☐ Other → Please tell us:	
63. Thinking back to <i>just before</i> you got pregnant with your new baby, how did your husband or partner feel about your becoming pregnant? Check ONE answer	The baby is with me while I am at school or work — Go to Question 68	
 Wanted me to be pregnant sooner Wanted me to be pregnant later Wanted me to be pregnant then Didn't want me to be pregnant then or at any time in the future 	67. While you are away from your new baby for school or work, how often do you feel that he or she is well cared for? Check ONE answer	
☐ I don't know☐ I didn't have a husband or partner☐	☐ Always ☐ Often ☐ Sometimes	
64. During any of the following time periods, did your husband or partner threaten you, limit your activities against your will, or make you feel unsafe in any other way? For each time	RarelyNever68. At any time during your most recent	
period, check No if it did not happen then or Yes if it did.	pregnancy, did you work at a job for pay?	
a. During the 12 months before I got pregnant	□ No → Go to Page 12, Question 74 □ Yes Go to Page 12, Question 69	

69. Have you returned to the job you had during your most recent pregnancy?	73. Did any of the things listed below affect your decision about taking leave from work after your new baby was born? For each item, check
Check ONE answer	No if it does not apply to you or Yes if it does.
□ No, and I do not plan to return → Go to Question 7 □ No, but I will be returning □ Yes	a. I could not financially afford to take leave
70. Did you take leave from work after your new baby was born? Check ALL that appl I took paid leave from my job I took unpaid leave from my job I did not take any leave Go to Question 7	d. My job does not have paid leave
71. How many weeks or months of leave, in total did you take or will you take?	The last questions are about the time during the 12 months before your new baby was born.
Weeks OR Months	
 Less than 1 week 72. How did you feel about the amount of time you were able to take off after the birth of your new baby? Check ONE answer 	74. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.
☐ Too little time ☐ Just the right amount of time ☐ Too much time	\$0 to \$16,000 \$16,001 to \$20,000 \$20,001 to \$24,000 \$24,001 to \$28,000 \$28,001 to \$32,000 \$32,001 to \$40,000 \$40,001 to \$48,000 \$48,001 to \$57,000 \$57,001 to \$60,000 \$60,001 to \$73,000 \$73,001 to \$85,000 \$85,001 or more

		1
75.	During the 12 months before your new baby was born, how many people, including yourself, depended on this income?	
	People	
76.	What is today's date?	
	/ / _20	
	Month Day Year	

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Maryland.

Thanks for answering our questions!

Your answers will help us work to keep mothers and babies in Maryland healthy.