

**MARYLAND STATE ADVISORY COUNCIL ON HEART DISEASE AND STROKE  
PHHS BLOCK GRANT ADVISORY COUNCIL WEBINAR  
APPROVED MEETING MINUTES  
JULY 3, 2018**

**ATTENDANCE**

**Members Present**

Tracy Newsome  
Joanne Roberts  
Kathleen Hough  
James Ebeling  
Jessica Kiel  
Jody Marshall  
Johnel Metcalf  
Liz Woodward  
Meg Gwaltney  
Roger Harrell  
Mary Backley  
Seth Martin  
Dr Vivienne Rose  
Deanna Tran  
Stephen Shaul  
Donna Nordstrom  
Julie Maneen

**Members Absent**

Angela Deal  
Jennifer Eastman  
Mychelle Farmer  
Lois Freeman  
Darlene Ginn  
Min Kim  
Linda Kline  
Rebecca Manno  
Michael Miller  
Aruna Nathan  
Joanne Ogaitis  
Rachel Pigott  
Tammy Shelley  
Suzanne Stringer  
Anne Williams

**MDH**

Erica Smith  
Sue Vaeth  
Kristi Pier  
Trisha Grob  
Sadie Peters  
Kathleen Graham  
Donna Gugel

**WELCOME**

- Maryland State Advisory Council on Preventive Health and Health Services (PHHS) Chairperson Dr. Vivienne Rose, MD called the meeting to order at 10:01 AM. All attendees introduced themselves.
- Dr. Rose then turned the meeting over to Ms. Pier. Ms. Pier introduced Ms. Graham as the coordinator of the PHHS Block Grant.
- Ms. Graham, the Center for Chronic Disease Prevention and Control, Health Systems Manager, introduced the Preventive Health and Health Services (PHHS) Block Grant, Advisory Council.

**PRESENTATION ON THE PREVENTIVE HEALTH AND HEALTH SERVICES (PHHS) ADVISORY COUNCIL ANNUAL WORK PLAN REVIEW**

Ms. Graham, Block Grant Coordinator, Center for Chronic Disease Prevention and Control (Center), reviewed the Prevention and Health Promotion Administration's Mission and Vision. She then described the Center's role in administering the PHHS Block Grant and the Maryland State Wellness Advisory Council on Heart Disease and Stroke's role in reviewing and approving

the FY 2018 PHHS work plan and budget. Ms. Graham provided a presentation which included FY17 outcomes and the FY18 work plan in alignment with Healthy People 2020.

### **Current FY 17 Outcomes**

- Funded 5 local health departments (LHDs) to implement quality improvement (QI) projects in health systems to improve hypertension and diabetes control rates, reaching 23,360 patients with hypertension and 9,818 patients with diabetes
- Funded University of Baltimore to conduct a network analysis of LHD 1422 projects to identify key partners and make recommendations for network management
- Provided training and technical assistance opportunities to 42 organizations in the Maryland Diabetes Prevention Network to increase access to and participation in National Diabetes Prevention Programs statewide
- Engaged the Employee Benefits Office to secure participation of 2 Maryland insurance carriers, adding weight loss as a part of the Diabetes Prevention Program (DPP), and allows reimbursement for participating employees. State employees and adult dependents are now eligible for up to a \$150 reimbursement per year for participation in the DPP
- Provided technical assistance to 77 lifestyle coaches since 10/1/17
- Funded 6 local health departments to work with 8 health care providers and 15 community partners to screen for prediabetes and make referrals to Diabetes Prevention Program (DPP) classes
- Funded 2 ADA recognized, AADE accredited Diabetes Self-Management Education, and Stanford Diabetes Self-Management Programs, and increased accessibility for self-management classes to 1 new county and 1 new Spanish language class
- Funded Wave III data collection on the strength, comprehensiveness, and implementation of school wellness policies through the Maryland Wellness Policies and Practices Project (MWPPP) led by the University of Maryland
- One state and 24 local report briefings showcased data which indicated schools hosting a wellness team were more likely to implement their local wellness policy
- Supported 5 LHDs to provide training and technical assistance to establish and implement wellness policies, with emphasis on nutrition standards and physical activity, reaching 80 schools with 48,000 students and 30 child care centers with an estimated 1,504 children
- Coordinated the State Center Community Farmers Market in Baltimore City to expand access to fresh fruits and vegetables.
- Funded an EBT Coordinator at the State Center farmers market to increase resources for the Supplemental Nutrition Assistance Program recipients
- The Center hosted a Be Active Maryland Conference on May 22, 2018 with an attendance of over 110, and secured speakers, locations, food, and supplies for the event
- Funded a Safe Routes to School project in Washington County in collaboration with the local health department, the Bester Community of

Hope, the planning and transportation departments and faith-based organizations

- Safe routes for students to walk to school were identified and safety improved
- Over 132 students walked or biked to school each week
- Funded 2 local health departments to provide materials, resources, and/or technical assistance to 17 pediatricians participating in the Student Healthy Weight Program by referring severely obese patients to the program to receive additional support from the school system
- Provided 6 mini-grants to Healthy Maryland Businesses to conduct worksite wellness initiatives, including physical activity, nutrition, and lactation support
- Supported contractual Deputy Director, QI Manager, Health Systems Transformation Director, and Research Analyst in the Office of Population Health Improvement
- Supported Director of the Office of Data, Systems Integration, and New Initiatives in the Prevention and Health Promotion Administration (PHPA)
- Supported a Program Evaluator to evaluate chronic disease prevention and control initiatives, including grants and programs related to Alzheimer's disease, health disparities among people with disabilities, school wellness, early child care wellness and adverse childhood experiences
- Supported a Graduate Research Assistant to assist with chronic disease prevention and control evaluation and data projects, including the evaluation of health systems improvement projects
- Supported surveillance systems through a new website with a real-time, online data query tool, making BRFSS and YRBS data easily accessible to internal staff and external partners
- Funded 100% of qualified health care providers who requested reimbursement for services to victims of rape, sexual assault, and child sex abuse

### **FY 18 Annual Work Plan**

- PHHS activities must support Healthy People 2020 priorities
- Implementation period is October 1, 2017 through September 30, 2019
- CDC made FY 2018 PHHS funds available to states on late timeframe and is encouraging states to submit final work plans by July 9, 2018
- Advisory Meeting held on July 3, 2018
  - D-3: Reduce diabetes deaths (\$362,549)
  - HDS-2: Reduce coronary heart disease deaths (\$551,999)
  - NWS-8: Increase adults at a healthy weight (\$579,087)
  - NWS-10: Decrease youth overweight/obesity (\$255,000)
  - PHI-13: Provide comprehensive epidemiology services (\$199,871)
  - PHI-15: Implement state and local health improvement plans (\$335,000)
  - C-1: Reduce cancer deaths (\$140,000)
  - IPV-40: Reduce sexual violence (\$138,812) (required allocation)

- ECBP-10 Increase education to communities to enhance health and wellness (\$200,000)

### **D-2 Diabetes**

- Fund a Diabetes Prevention Coordinator in the Center for Chronic Disease Prevention and Control
- Fund 5 LHDs to continue to build capacity for the National DPP by working with health care providers to increase prediabetes/diabetes screening and referrals and by offering additional DPP classes in the community
- Support 3 master trainers to train lifestyle coaches to implement the National DPP
  - Coordinate at least 4 lifestyle coach training sessions in the state annually
- Coordinate professional development opportunities, calls, and meetings for current and potential National DPPs in the Maryland Diabetes Prevention Network
- Enhance payment mechanisms and referral systems through collaboration with employers, payers, and health care providers (e.g. Collaborate with Maryland Medicaid on the DPP demonstration project)
- Increase access to Diabetes Self-Management Education by offering classes at new locations or classes in Spanish
- Fund meetings, trainings, and materials to support diabetes projects

### **HDS-2 Heart Disease**

- Fund 4 local health departments to implement quality improvement processes in health systems to improve cardiovascular outcomes based on standardized quality metrics (NQF18 and NQF59)
  - Includes new focus areas:
    - Self-monitoring blood pressure
    - Clinical pharmacists as part of the health care team
    - Referrals to cardiac rehabilitation
- Fund a hypertension campaign to build awareness of the benefits of self-monitoring blood pressure
- Fund a Cardiovascular Disease Coordinator in the Center for Chronic Disease Prevention and Control
- Fund additional heart disease training opportunities and materials

### **NWS-2 Adults at Healthy Weight**

- Fund activities to implement nutrition guidelines and increase access to walking and physical activity in western Maryland
- Fund walking mini-grants to community organizations (LHDs, LHICs, or CBOs) to establish, expand or promote evidence-based walking programs
- Support EBT Coordinator and incentives to increase supplemental nutrition program participation at the State Center farmers market
- Fund worksite wellness mini-grants to support businesses in making systems changes related to nutrition, physical activity, and lactation support
- Support opportunities to provide training to and recognize employers for worksite wellness efforts

### **NWS-10 Youth Obesity**

- Continue to fund the Maryland Wellness Policies and Practices Project (MWPPP) in collaboration with the University of Maryland and Maryland State Department of Education to evaluate wellness policies in schools and child care settings, develop data-driven recommendations, and provide training and technical assistance to promote best practices (project year 4)
- Increase support of local Safe Routes to Schools initiatives to 2 jurisdictions

### **PHI-13 Epidemiology**

- Maintain a contractual Program Evaluator and part-time Graduate Research Assistant to evaluate chronic disease prevention and control programs
- Support the maintenance of a website to make Maryland Behavioral Risk Factor Surveillance System (BRFSS) and Youth Risk Behavior Survey (YRBS) data publicly available through an online data query tool
- Support the administration of the Maryland BRFSS as needed to collect data from adults regarding their health-related risk behaviors, chronic health conditions, and use of preventive services

### **PHI-15 Population Health**

- Conduct 1 Public Health Services quality improvement initiative and provide technical assistance to local health departments on improving capacity and financing to more effectively improve health outcomes in priority areas
- Maintain 1 State Health Improvement Process and provide planning support to Local Health Improvement Coalitions and local health departments as well as other internal and external stakeholders including school based health center
- Address areas for improvement identified during the 2015 site visit and will provide technical assistance to all local health departments considering public health accreditation
- Maintain 1 contract with the UMBC MIPAR to support 1 contractual and 1 permanent salaried state employee
- Create and implement a corrective action plan to produce a 2-year strategic plan for Public Health Services as part of the state public health accreditation process
- Support local health departments interested in accreditation
- Maintain a Quality Improvement Council in Public Health Services and implement quality improvement related to population health

### **C1-Cancer**

- Host at least 1 HPV symposium to promote HPV awareness, evidence based interventions, and communication strategies to increase HPV vaccination rates
- Fund 10 mini-grants to Healthiest Maryland Businesses to promote cancer screening
- Host 1 cancer screening symposium to improve breast, cervical, and colorectal cancer screening rates in health systems
- Fund 3 clinics and healthcare practices to implement quality improvement activities to increase screening rates
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- Host 1 Cancer Coalition Workshop to train on the 9 Habits of Successful Comprehensive Cancer Control Coalitions
- Attendees will include:
  - Maryland Cancer Collaborative
  - Local cancer coalitions
  - Local Health Improvement Coalitions

#### **IPV-40 Reduce Sexual Violence**

- Fund the development of a dashboard of aggregated hospital discharge data on injuries from sexual violence from the Maryland Health Services Cost Review Commission (HSCRC)
- Fund a statewide awareness campaign on sexual violence prevention targeting populations or communities at heightened risk
- Fund alliance members of the Rape and Sexual Assault Prevention Program to implement primary prevention programs

#### **ECBP-10 Educational and Community-Based Programs**

- Fund 5 local health departments to encourage and enhance health and wellness by educating communities on topics such as:
  - chronic diseases
  - injury and violence prevention
  - mental illness/behavioral health
  - unintended pregnancy
  - oral health
  - tobacco use
  - substance abuse
  - nutrition
  - physical activity
  - obesity prevention

#### **PHHS Advisory Group Action on FY 2018 Work Plan**

- The Chair called for a motion to accept the Preventive Health and Health Services (PHHS) Advisory Council Annual Work Plan. Dr. Rose motioned for acceptance and Mr. Rogers seconded the motion. The plan was approved by a majority vote of the attendees.

#### **ADJOURNMENT**

- The meeting was officially closed at 10:28 AM.