

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	12.0 (9.5-15.0)	749	21.5 (14.3-31.0)	132	19.2 (11.6-30.1)	67	Yes	No	No
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	6.9 (3.6-12.8)	281	12.3 (4.3-30.0)	42	-	18	No	N/A	N/A
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	33.7 (27.1-41.1)	283	29.2 (17.3-44.8)	43	-	17	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	3.1 (1.9-5.0)	751	6.9 (3.1-14.5)	133	6.5 (2.2-17.6)	67	No	No	No
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	2.9 (1.7-4.7)	751	4.8 (2.3-10.0)	133	2.3 (0.5-9.1)	67	No	No	No
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	3.3 (2.1-5.0)	739	16.6 (11.0-24.3)	133	11.7 (5.6-22.8)	66	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	4.1 (3.0-5.7)	754	12.2 (7.5-19.2)	133	8.7 (3.6-19.4)	67	Yes	No	No
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	7.1 (5.4-9.3)	753	6.5 (3.0-13.3)	134	9.7 (4.4-20.2)	67	No	No	No
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.8 (7.1-13.3)	372	14.4 (8.2-24.0)	75	27.0 (12.0-49.9)	30	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	12.6 (10.2-15.6)	749	27.4 (19.3-37.3)	133	19.9 (11.8-31.7)	67	Yes	No	No
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	12.7 (10.5-15.2)	749	26.1 (17.0-37.8)	134	18.5 (10.1-31.4)	67	Yes	No	No
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	26.0 (23.0-29.2)	744	64.1 (54.3-72.9)	132	47.7 (37.2-58.4)	66	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	13.2 (10.8-16.1)	749	52.2 (41.9-62.3)	130	32.7 (22.8-44.4)	65	Yes	Yes	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	8.2 (6.4-10.6)	746	45.9 (35.9-56.2)	129	27.6 (17.8-40.2)	66	Yes	Yes	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	13.4 (10.6-16.7)	747	35.2 (26.0-45.5)	132	25.7 (16.9-37.1)	65	Yes	Yes	No

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	5.3 (4.0-7.0)	749	11.9 (7.1-19.1)	132	11.8 (6.2-21.2)	67	Yes	No	No
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	3.5 (2.3-5.3)	748	7.1 (3.3-14.4)	132	6.8 (2.5-17.5)	67	No	No	No
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.3 (0.6-2.4)	748	3.2 (0.9-10.7)	132	2.9 (0.8-10.3)	67	No	No	No
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.2 (0.6-2.3)	748	3.2 (0.9-10.7)	132	2.9 (0.8-10.3)	67	No	No	No

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	36.3 (31.9-40.9)	736	45.6 (35.7-55.8)	126	47.3 (31.9-63.2)	65	No	No	No
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	15.7 (12.6-19.4)	716	28.8 (20.1-39.4)	123	24.6 (13.3-41.0)	65	Yes	No	No
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	6.9 (4.9-9.6)	716	9.4 (4.2-19.5)	123	13.0 (6.0-26.0)	65	No	No	No

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	5.4 (3.6-8.1)	716	6.6 (3.0-14.0)	123	11.7 (5.0-25.0)	65	No	No	No
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	12.9 (6.4-24.2)	107	6.5 (1.6-22.8)	31	-	14	No	N/A	N/A
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	3.5 (2.4-5.2)	743	4.8 (1.8-12.1)	132	2.6 (0.6-10.1)	65	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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- = Fewer than 30 students in the denominator (subgroup).

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.5 (0.2-1.5)	743	3.5 (1.1-10.7)	132	1.4 (0.2-9.2)	65	No	No	No
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.5 (0.2-1.5)	743	3.1 (0.9-10.7)	132	1.4 (0.2-9.2)	65	No	No	No
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	3.5 (2.3-5.3)	749	5.8 (2.5-12.7)	134	4.2 (1.4-11.8)	66	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	1.1 (0.5-2.2)	749	3.8 (1.3-10.7)	134	1.4 (0.2-9.2)	66	No	No	No
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.9 (0.4-1.9)	749	3.1 (0.9-10.5)	134	1.4 (0.2-9.2)	66	No	No	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	4.8 (3.4-6.8)	745	8.4 (4.3-15.6)	132	8.1 (3.3-18.8)	66	No	No	No
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	6.3 (4.6-8.5)	736	9.1 (4.9-16.3)	130	8.2 (3.3-18.9)	65	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	17.5 (14.0-21.8)	703	30.0 (21.0-40.7)	121	25.8 (14.1-42.5)	63	Yes	No	No
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	16.0 (12.9-19.8)	712	28.8 (20.1-39.4)	123	25.3 (13.7-41.9)	65	Yes	No	No

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Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	11.3 (9.3-13.8)	733	26.9 (17.8-38.5)	127	15.5 (8.5-26.6)	66	Yes	No	No
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	23.4 (19.2-28.2)	737	23.3 (15.7-33.3)	128	24.0 (14.0-37.9)	66	No	No	No
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	10.7 (8.5-13.5)	742	8.4 (4.1-16.3)	128	15.0 (7.4-28.2)	66	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN46: Percentage of students who tried marijuana for the first time before age 13 years	5.0 (3.7-6.7)	744	10.7 (6.2-18.0)	131	6.9 (2.3-19.2)	64	Yes	No	No
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	14.6 (11.9-17.7)	747	29.5 (21.0-39.6)	131	21.1 (10.9-36.9)	64	Yes	No	No
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	11.4 (9.6-13.5)	748	22.1 (14.9-31.3)	131	25.2 (17.4-35.1)	66	Yes	Yes	No
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	1.9 (1.1-3.3)	753	5.5 (2.2-12.7)	133	5.1 (1.9-13.2)	66	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.5 (1.6-3.9)	749	3.7 (1.2-10.9)	132	5.5 (2.2-13.4)	66	No	No	No
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.2 (1.3-3.7)	745	4.5 (1.6-12.2)	131	4.4 (1.5-12.0)	65	No	No	No
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	3.2 (2.1-4.8)	753	9.4 (4.9-17.3)	133	11.9 (5.3-24.9)	65	Yes	No	No
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	2.8 (1.8-4.2)	749	3.1 (0.8-11.1)	130	4.4 (1.5-12.0)	65	No	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	18.5 (16.0-21.3)	743	27.0 (18.2-38.0)	132	17.4 (9.8-28.8)	63	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN57: Percentage of students who ever had sexual intercourse	29.8 (25.9-33.9)	671	34.9 (26.0-44.9)	124	19.8 (10.9-33.1)	54	No	No	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	4.3 (2.8-6.5)	674	6.2 (2.3-15.9)	123	1.6 (0.2-10.7)	54	No	No	No
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	7.0 (5.0-9.8)	668	8.9 (4.2-17.7)	124	3.1 (0.8-11.9)	54	No	No	No
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	21.3 (17.3-26.0)	673	20.6 (14.0-29.3)	124	13.5 (6.9-24.8)	54	No	No	No

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	25.9 (18.8-34.4)	128	-	25	-	8	N/A	N/A	N/A
QN62: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	51.6 (41.5-61.6)	127	-	25	-	8	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN63: Did not use birth control pills before last sexual intercourse with opposite-sex partner	68.0 (58.0-76.7)	125	-	18	-	8	N/A	N/A	N/A
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	99.4 (95.8-99.9)	125	-	18	-	8	N/A	N/A	N/A
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	59.0 (50.1-67.3)	125	-	18	-	8	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	84.1 (74.9-90.3)	125	-	24	-	8	N/A	N/A	N/A
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	10.1 (5.8-17.0)	125	-	18	-	8	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	16.3 (13.4-19.6)	699	22.2 (16.0-30.0)	118	26.1 (16.3-39.0)	57	No	No	No
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	13.9 (11.5-16.7)	699	13.8 (9.0-20.5)	118	13.3 (6.6-24.9)	57	No	No	No
QN66: Percentage of students who described themselves as slightly or very overweight	25.2 (22.6-27.9)	747	43.2 (33.5-53.4)	131	46.5 (33.7-59.8)	65	Yes	Yes	No
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	36.3 (32.6-40.3)	738	43.0 (35.6-50.8)	130	35.6 (22.5-51.3)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

[‡]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	16.6 (13.8-19.8)	748	21.2 (13.5-31.7)	132	19.7 (10.2-34.5)	66	No	No	No
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	10.6 (8.3-13.5)	735	13.5 (8.7-20.5)	130	9.0 (4.2-18.4)	66	No	No	No
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	44.6 (40.2-49.0)	749	53.4 (43.9-62.6)	132	50.5 (33.8-67.1)	65	No	No	No
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	43.2 (39.7-46.9)	742	49.4 (38.4-60.5)	131	47.2 (33.6-61.2)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	58.5 (54.5-62.5)	745	57.0 (49.1-64.6)	132	52.0 (39.7-64.1)	66	No	No	No
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	18.9 (15.8-22.3)	746	24.7 (16.8-34.9)	133	25.3 (15.3-38.8)	66	No	No	No
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	10.3 (8.0-13.0)	736	10.8 (5.5-20.0)	131	11.6 (5.3-23.4)	65	No	No	No
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	12.5 (10.1-15.5)	741	16.5 (10.4-25.2)	131	17.7 (10.2-28.9)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	6.9 (5.1-9.2)	741	12.0 (6.7-20.5)	131	12.8 (6.7-23.1)	66	No	No	No
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	23.0 (19.9-26.4)	746	28.0 (20.2-37.3)	132	29.7 (19.1-43.2)	66	No	No	No
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	72.4 (68.5-75.9)	746	86.0 (78.0-91.4)	132	83.5 (72.6-90.7)	66	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN77: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.0 (46.7-55.3)	742	70.8 (61.1-78.9)	130	83.8 (71.5-91.4)	66	Yes	Yes	Yes
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.9 (12.1-18.1)	742	29.1 (21.4-38.2)	130	34.2 (19.7-52.3)	66	Yes	Yes	No
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	71.7 (67.7-75.3)	742	88.4 (81.2-93.1)	130	90.3 (78.9-95.9)	66	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	68.8 (65.0-72.3)	736	75.3 (66.3-82.6)	127	88.7 (75.0-95.3)	65	No	Yes	No
QN79: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	72.9 (67.6-77.5)	742	84.4 (76.1-90.1)	131	77.9 (65.2-86.9)	65	Yes	No	No
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	78.3 (73.1-82.8)	742	92.9 (86.2-96.5)	131	88.6 (76.0-95.0)	65	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
 Worcester County
 Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	13.7 (11.3-16.4)	740	15.8 (9.3-25.5)	131	14.5 (6.9-27.7)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN82: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	91.9 (89.0-94.1)	734	86.2 (77.6-91.9)	127	89.4 (77.7-95.3)	64	No	No	No
QN84: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	21.0 (18.0-24.4)	745	33.8 (25.1-43.7)	131	27.8 (16.9-42.1)	65	Yes	No	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.3 (0.7-2.4)	745	3.4 (1.0-10.7)	131	2.2 (0.5-8.9)	65	No	No	No
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.8 (1.8-4.4)	745	8.5 (3.7-18.3)	132	4.8 (1.8-11.9)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who are transgender	0.7 (0.3-2.0)	754	11.2 (6.6-18.4)	132	8.7 (3.8-19.0)	65	Yes	Yes	No
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	44.9 (38.1-51.9)	329	36.4 (24.5-50.2)	47	-	19	No	N/A	N/A
QN90: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	-	19	-	7	-	2	N/A	N/A	N/A
QN91: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	-	15	-	3	-	0	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN92: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	71.2 (55.3-83.2)	40	-	6	-	6	N/A	N/A	N/A
QN93: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	94.3 (89.9-96.8)	179	90.5 (77.8-96.3)	48	-	25	No	N/A	N/A
QN94: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	10.3 (7.9-13.3)	683	18.6 (11.9-27.7)	119	16.1 (7.1-32.4)	62	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN95: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	14.7 (11.5-18.6)	672	26.6 (16.8-39.4)	118	22.1 (11.9-37.5)	62	No	No	No
QN96: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	3.1 (1.9-4.8)	740	5.5 (2.3-12.7)	132	3.0 (0.8-10.5)	65	No	No	No
QN97: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	2.2 (1.3-3.6)	735	2.5 (0.5-11.2)	130	1.4 (0.2-9.2)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN98: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	3.1 (2.1-4.6)	685	12.9 (7.0-22.7)	122	7.2 (2.8-17.2)	57	Yes	No	No
QN99: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	72.4 (60.7-81.7)	89	79.6 (62.6-90.1)	32	-	12	No	N/A	N/A
QN100: Percentage of students who live with someone who now smokes cigarettes or cigars	28.9 (25.2-32.9)	745	40.9 (30.8-51.9)	131	41.1 (28.6-55.0)	65	Yes	No	No
QN101: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	15.8 (13.4-18.6)	746	35.5 (27.0-45.0)	133	27.8 (17.2-41.7)	64	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN102: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	27.6 (24.2-31.3)	748	41.0 (31.4-51.2)	134	36.1 (23.7-50.7)	66	Yes	No	No
QN103: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	66.9 (56.1-76.2)	109	59.9 (38.6-78.1)	36	-	16	No	N/A	N/A
QN104: Percentage of students who reported that they or someone in their home tested positive for COVID-19	38.5 (34.8-42.3)	739	30.0 (22.1-39.3)	125	26.2 (15.2-41.3)	63	No	No	No
QN105: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	16.4 (13.7-19.6)	732	14.6 (9.1-22.5)	129	10.8 (5.8-19.3)	64	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN106: Percentage of students who have ever lied to people important to them about how much they gambled	3.8 (2.5-5.5)	721	6.3 (2.2-16.6)	127	2.9 (0.7-11.0)	62	No	No	No
QN107: Percentage of students who have a disability or long-term health problem that keeps them from doing everyday activities (such as bathing, getting dressed, doing schoolwork, playing sports, or being with friends)	6.0 (4.2-8.5)	739	17.4 (10.5-27.6)	130	23.1 (13.4-36.8)	66	Yes	Yes	No
QN108: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	9.0 (7.2-11.3)	740	21.1 (13.7-31.0)	129	27.0 (16.4-41.2)	66	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN109: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	6.0 (4.4-8.1)	732	14.1 (8.6-22.4)	127	18.6 (10.9-30.0)	66	Yes	Yes	No
QN110: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	9.3 (7.3-11.7)	743	31.3 (21.6-43.1)	128	25.5 (16.2-37.8)	66	Yes	Yes	No
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	26.0 (23.0-29.4)	733	43.0 (33.1-53.4)	129	49.6 (38.0-61.3)	64	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	27.2 (24.0-30.6)	731	57.7 (48.4-66.4)	130	69.2 (56.3-79.7)	63	Yes	Yes	No
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	16.0 (13.6-18.8)	736	15.4 (9.7-23.6)	129	26.0 (15.8-39.8)	64	No	No	No
QN114: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	2.3 (1.4-3.8)	737	1.7 (0.5-5.3)	129	5.5 (2.2-13.4)	66	No	No	No
QN115: Percentage of students who did not participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)	36.4 (32.6-40.5)	728	41.1 (30.2-52.9)	129	45.2 (34.1-56.9)	62	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN116: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	51.0 (46.0-55.9)	736	51.6 (42.1-60.9)	130	57.5 (41.3-72.2)	64	No	No	No
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	40.0 (36.1-44.0)	736	44.9 (34.1-56.3)	129	43.9 (28.5-60.6)	66	No	No	No
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	22.0 (18.7-25.7)	736	21.4 (14.0-31.3)	129	23.7 (14.2-36.8)	66	No	No	No
QN119: Percentage of students who sometimes, rarely, or never feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	50.7 (46.6-54.8)	737	76.3 (68.1-82.9)	130	60.8 (45.1-74.6)	66	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN120: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	20.3 (16.7-24.4)	734	31.6 (21.8-43.4)	131	36.1 (25.3-48.6)	66	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Worcester County Risk Behaviors and Sexual Identity Report

Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	22.5 (19.3-26.0)	744	59.3 (49.1-68.8)	131	47.6 (36.2-59.4)	66	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.