

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Somerset County
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	15.4 (12.4-18.9)	354	18.3 (12.5-25.9)	88	-	23	No	N/A	N/A
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.7 (1.8-7.5)	163	17.3 (9.3-30.0)	33	-	9	Yes	N/A	N/A
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	25.9 (20.8-31.7)	167	26.1 (16.1-39.3)	38	-	9	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.2 (2.6-6.5)	356	16.6 (11.2-24.0)	88	-	23	Yes	N/A	N/A
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	4.8 (3.2-7.2)	355	11.6 (7.3-18.2)	86	-	23	Yes	N/A	N/A
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	9.8 (7.6-12.5)	348	17.0 (11.7-24.0)	79	-	23	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	5.7 (3.9-8.4)	356	16.9 (10.9-25.2)	86	-	23	Yes	N/A	N/A
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	10.8 (8.4-13.8)	358	15.5 (10.4-22.4)	87	-	23	No	N/A	N/A
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	11.8 (8.4-16.4)	187	27.3 (18.2-38.8)	48	-	10	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	14.3 (11.5-17.8)	353	31.4 (23.6-40.4)	83	-	23	Yes	N/A	N/A
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	12.7 (10.1-15.9)	355	25.0 (18.0-33.6)	84	-	23	Yes	N/A	N/A
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	30.2 (26.4-34.2)	347	65.4 (56.7-73.2)	81	-	23	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	13.4 (10.7-16.7)	350	34.3 (26.7-42.9)	86	-	23	Yes	N/A	N/A
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	9.7 (7.5-12.5)	352	24.5 (17.6-33.0)	84	-	22	Yes	N/A	N/A
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	18.5 (15.5-22.0)	349	24.9 (18.0-33.2)	86	-	23	No	N/A	N/A

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	8.8 (6.8-11.4)	353	11.0 (6.8-17.3)	86	-	23	No	N/A	N/A
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	4.8 (3.2-7.2)	354	10.0 (5.7-16.8)	86	-	23	No	N/A	N/A
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.2 (0.5-2.8)	354	3.0 (0.9-9.5)	86	-	23	No	N/A	N/A
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.2 (0.5-2.8)	354	3.0 (0.9-9.5)	86	-	23	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	40.3 (36.1-44.6)	343	42.7 (34.4-51.5)	81	-	20	No	N/A	N/A
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	19.4 (16.0-23.3)	330	29.7 (22.2-38.5)	80	-	21	Yes	N/A	N/A
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	4.2 (2.8-6.3)	330	8.9 (4.9-15.6)	80	-	21	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.4 (1.4-4.2)	330	8.9 (4.9-15.6)	80	-	21	Yes	N/A	N/A
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	1.1 (0.2-5.5)	58	-	21	-	5	N/A	N/A	N/A
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	4.3 (2.9-6.3)	344	6.7 (3.8-11.5)	84	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	1.1 (0.5-2.4)	344	1.0 (0.2-4.9)	84	-	22	No	N/A	N/A
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	1.1 (0.5-2.4)	344	1.0 (0.2-4.9)	84	-	22	No	N/A	N/A
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	3.5 (2.3-5.3)	351	6.0 (2.9-11.7)	87	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	1.3 (0.7-2.6)	351	1.7 (0.6-5.1)	87	-	22	No	N/A	N/A
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.6 (0.2-1.6)	351	1.7 (0.6-5.1)	87	-	22	No	N/A	N/A
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	6.7 (4.8-9.3)	346	14.3 (9.2-21.5)	85	-	22	Yes	N/A	N/A
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	7.3 (5.3-9.8)	338	13.5 (8.8-20.3)	83	-	22	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	18.9 (15.5-22.9)	314	32.0 (24.2-40.9)	78	-	21	Yes	N/A	N/A
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	19.8 (16.3-23.7)	327	33.2 (25.3-42.1)	80	-	21	Yes	N/A	N/A

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Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	15.1 (12.2-18.5)	337	32.7 (25.2-41.2)	82	-	22	Yes	N/A	N/A
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	22.1 (18.6-26.0)	338	29.7 (22.2-38.6)	79	-	21	No	N/A	N/A
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	9.7 (7.4-12.7)	340	16.6 (10.8-24.7)	82	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN46: Percentage of students who tried marijuana for the first time before age 13 years	10.6 (8.1-13.7)	347	18.4 (12.6-26.1)	79	-	22	Yes	N/A	N/A
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	18.3 (15.2-21.9)	353	33.9 (25.9-43.0)	79	-	22	Yes	N/A	N/A
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	14.2 (11.4-17.7)	347	19.0 (13.0-27.0)	85	-	21	No	N/A	N/A
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	5.2 (3.5-7.6)	353	7.3 (3.9-13.3)	85	-	22	No	N/A	N/A

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	4.9 (3.3-7.3)	352	8.0 (4.4-14.1)	83	-	22	No	N/A	N/A
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	4.4 (2.9-6.6)	348	6.2 (3.1-12.0)	82	-	22	No	N/A	N/A
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	2.5 (1.5-4.1)	350	11.9 (7.3-18.6)	84	-	22	Yes	N/A	N/A
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	5.4 (3.7-7.7)	347	4.6 (2.2-9.0)	81	-	22	No	N/A	N/A

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	19.9 (16.7-23.6)	340	24.9 (18.0-33.5)	82	-	22	No	N/A	N/A

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Sexual Behaviors

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN57: Percentage of students who ever had sexual intercourse	32.5 (28.1-37.2)	289	33.5 (25.3-42.8)	69	-	21	No	N/A	N/A
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	3.2 (1.8-5.7)	288	9.5 (5.4-16.3)	73	-	21	Yes	N/A	N/A
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	8.0 (5.6-11.1)	286	5.6 (2.5-12.2)	72	-	21	No	N/A	N/A
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	21.5 (17.8-25.7)	288	28.9 (21.4-37.7)	72	-	21	No	N/A	N/A

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	19.3 (12.5-28.6)	60	-	19	-	6	N/A	N/A	N/A
QN62: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	53.2 (42.6-63.6)	59	-	19	-	6	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN63: Did not use birth control pills before last sexual intercourse with opposite-sex partner	80.7 (71.9-87.2)	60	-	17	-	6	N/A	N/A	N/A
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	90.4 (80.8-95.5)	60	-	17	-	6	N/A	N/A	N/A
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	63.9 (53.6-73.1)	60	-	17	-	6	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	88.1 (78.4-93.8)	59	-	18	-	6	N/A	N/A	N/A
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	19.5 (13.1-28.0)	60	-	17	-	6	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	22.2 (18.6-26.2)	316	39.2 (30.5-48.6)	73	-	19	Yes	N/A	N/A
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	13.0 (10.3-16.3)	316	10.7 (5.9-18.5)	73	-	19	No	N/A	N/A
QN66: Percentage of students who described themselves as slightly or very overweight	28.3 (24.5-32.4)	336	44.5 (36.0-53.3)	82	-	23	Yes	N/A	N/A
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	32.2 (28.3-36.4)	339	30.1 (22.9-38.5)	81	-	23	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

[‡]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Somerset County
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	22.3 (18.9-26.2)	346	23.9 (17.4-31.8)	83	-	23	No	N/A	N/A
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	12.6 (10.0-15.7)	339	10.9 (6.6-17.5)	80	-	23	No	N/A	N/A
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	55.0 (50.7-59.3)	343	47.9 (39.4-56.5)	83	-	23	No	N/A	N/A
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	40.2 (36.1-44.6)	341	31.9 (24.3-40.5)	83	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	66.1 (61.9-70.1)	342	65.1 (56.1-73.1)	84	-	22	No	N/A	N/A
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	22.5 (19.2-26.2)	343	16.3 (11.1-23.2)	84	-	22	No	N/A	N/A
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	12.2 (9.8-15.0)	335	4.5 (1.9-10.1)	82	-	22	Yes	N/A	N/A
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	20.4 (17.0-24.3)	340	18.3 (12.5-26.0)	81	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	13.0 (10.3-16.3)	340	11.0 (6.4-18.3)	81	-	22	No	N/A	N/A
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	32.2 (28.4-36.3)	347	31.3 (23.7-40.0)	84	-	22	No	N/A	N/A
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	85.6 (82.5-88.3)	347	82.2 (74.2-88.1)	84	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN77: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	61.5 (57.2-65.6)	345	74.8 (67.0-81.3)	84	-	23	Yes	N/A	N/A
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.8 (17.8-24.3)	345	21.0 (14.8-28.9)	84	-	23	No	N/A	N/A
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.9 (73.1-80.3)	345	86.7 (80.6-91.2)	84	-	23	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Somerset County
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	63.3 (59.0-67.4)	336	74.9 (66.6-81.7)	81	-	22	Yes	N/A	N/A
QN79: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	62.1 (57.8-66.1)	343	68.8 (60.6-76.0)	82	-	22	No	N/A	N/A
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	77.3 (73.5-80.8)	343	83.4 (76.7-88.5)	82	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Somerset County
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	17.8 (14.4-21.7)	340	11.8 (7.3-18.5)	82	-	21	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN82: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	89.1 (86.2-91.5)	335	89.4 (83.5-93.4)	80	-	21	No	N/A	N/A
QN84: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	26.9 (23.4-30.9)	346	45.5 (37.1-54.2)	84	-	22	Yes	N/A	N/A
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	2.7 (1.6-4.5)	346	1.8 (0.6-5.2)	84	-	22	No	N/A	N/A
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	3.9 (2.4-6.2)	341	10.3 (5.8-17.6)	84	-	22	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who are transgender	0.8 (0.3-2.2)	356	10.8 (6.4-17.7)	88	-	22	Yes	N/A	N/A
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	35.1 (29.8-40.9)	195	31.7 (21.3-44.2)	39	-	10	No	N/A	N/A
QN90: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	-	9	-	2	-	0	N/A	N/A	N/A
QN91: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	-	8	-	5	-	0	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN92: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	58.9 (45.2-71.2)	35	-	13	-	1	N/A	N/A	N/A
QN93: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	94.0 (88.8-96.9)	98	-	29	-	7	N/A	N/A	N/A
QN94: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	12.3 (9.7-15.5)	301	14.0 (8.5-22.1)	75	-	21	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN95: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	16.8 (13.6-20.6)	296	21.5 (15.1-29.8)	71	-	21	No	N/A	N/A
QN96: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	3.3 (2.1-5.0)	339	7.3 (4.2-12.4)	81	-	22	No	N/A	N/A
QN97: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	3.1 (2.0-5.0)	342	3.8 (1.8-7.7)	81	-	21	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN98: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	3.3 (2.1-5.3)	311	5.7 (3.1-10.0)	79	-	21	No	N/A	N/A
QN99: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	81.4 (70.3-89.0)	39	-	22	-	1	N/A	N/A	N/A
QN100: Percentage of students who live with someone who now smokes cigarettes or cigars	38.6 (34.5-42.9)	342	42.4 (33.9-51.5)	80	-	23	No	N/A	N/A
QN101: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	25.3 (21.7-29.2)	350	33.0 (25.4-41.6)	85	-	23	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN102: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	27.7 (24.0-31.8)	348	49.7 (41.2-58.2)	86	-	23	Yes	N/A	N/A
QN103: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	73.4 (63.8-81.1)	66	-	29	-	4	N/A	N/A	N/A
QN104: Percentage of students who reported that they or someone in their home tested positive for COVID-19	41.9 (37.7-46.2)	339	36.2 (28.2-45.1)	81	-	21	No	N/A	N/A
QN105: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	14.9 (11.9-18.5)	336	21.5 (15.2-29.4)	81	-	20	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN106: Percentage of students who have ever lied to people important to them about how much they gambled	7.0 (5.0-9.8)	332	13.0 (7.8-20.9)	76	-	20	No	N/A	N/A
QN107: Percentage of students who have a disability or long-term health problem that keeps them from doing everyday activities (such as bathing, getting dressed, doing schoolwork, playing sports, or being with friends)	11.6 (9.0-15.0)	339	20.6 (14.2-29.0)	80	-	23	Yes	N/A	N/A
QN108: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	17.5 (14.3-21.4)	337	25.9 (18.8-34.6)	77	-	22	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Somerset County Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN109: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	17.8 (14.5-21.7)	331	21.6 (15.0-30.1)	76	-	22	No	N/A	N/A
QN110: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	8.6 (6.4-11.4)	340	27.0 (19.7-35.8)	80	-	22	Yes	N/A	N/A
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	23.9 (20.3-27.8)	333	47.1 (38.1-56.4)	74	-	23	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Somerset County
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	21.8 (18.4-25.5)	331	45.7 (37.0-54.8)	77	-	21	Yes	N/A	N/A
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	21.4 (18.1-25.3)	334	30.2 (22.8-38.9)	79	-	22	No	N/A	N/A
QN114: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	2.5 (1.4-4.5)	338	8.0 (3.9-15.6)	81	-	21	No	N/A	N/A
QN115: Percentage of students who did not participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)	44.8 (40.5-49.2)	329	56.8 (47.9-65.2)	79	-	21	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN116: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	53.5 (49.1-57.7)	337	65.0 (56.1-72.9)	82	-	21	Yes	N/A	N/A
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	49.8 (45.4-54.1)	339	38.7 (30.6-47.4)	79	-	21	Yes	N/A	N/A
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	25.5 (21.9-29.5)	333	24.7 (18.2-32.6)	79	-	21	No	N/A	N/A
QN119: Percentage of students who sometimes, rarely, or never feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	61.5 (57.2-65.6)	339	79.4 (71.3-85.7)	83	-	21	Yes	N/A	N/A

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN120: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	29.5 (25.7-33.6)	340	37.5 (29.3-46.4)	82	-	21	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	22.1 (18.6-25.9)	342	55.5 (47.0-63.8)	84	-	22	Yes	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).