

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
 Montgomery County  
 Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	8.8 (6.8-11.3)	1,004	14.4 (9.3-21.6)	197	14.1 (7.9-24.0)	127	No	No	No
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	2.8 (1.4-5.6)	360	5.8 (1.9-16.6)	72	3.1 (0.3-22.8)	38	No	No	No
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	22.5 (17.6-28.3)	365	17.0 (9.7-28.0)	73	17.7 (5.5-44.2)	40	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.4 (1.5-3.8)	1,011	2.6 (0.9-6.8)	196	2.6 (0.9-7.2)	127	No	No	No
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	1.3 (0.8-2.2)	1,009	2.0 (0.4-9.7)	196	2.1 (0.6-6.6)	128	No	No	No
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	6.9 (4.5-10.5)	994	14.6 (9.6-21.6)	193	9.7 (4.9-18.5)	127	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	4.5 (2.9-6.9)	1,010	6.8 (3.4-13.1)	197	5.3 (1.9-13.9)	128	No	No	No
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	5.7 (4.5-7.1)	1,008	5.6 (3.1-10.0)	194	5.9 (2.1-15.6)	128	No	No	No
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.8 (4.9-9.3)	348	14.6 (7.6-26.3)	65	11.8 (4.6-27.0)	41	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	10.7 (8.2-13.7)	1,005	14.9 (8.1-25.6)	197	13.1 (8.2-20.4)	127	No	No	No
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	10.3 (8.5-12.4)	1,004	16.8 (13.2-21.3)	196	15.9 (11.2-22.1)	125	Yes	Yes	No
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	29.9 (26.3-33.8)	983	62.2 (52.8-70.8)	196	50.0 (39.6-60.4)	125	Yes	Yes	Yes

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	12.6 (9.9-15.9)	1,004	36.5 (32.7-40.4)	194	38.5 (29.8-47.9)	125	Yes	Yes	No
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	9.0 (6.6-12.1)	1,004	29.0 (22.6-36.4)	193	29.0 (20.3-39.5)	125	Yes	Yes	No
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	14.7 (12.3-17.5)	1,002	25.7 (20.1-32.3)	193	23.4 (15.3-34.0)	126	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	3.1 (1.8-5.3)	1,005	6.3 (2.6-14.3)	195	4.8 (2.1-10.4)	127	No	No	No
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.9 (1.2-2.9)	1,005	7.3 (4.3-12.0)	196	6.5 (3.1-13.0)	127	Yes	Yes	No
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.4 (0.1-1.3)	1,005	0.9 (0.2-3.9)	196	0.6 (0.1-4.6)	127	No	No	No
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.2 (0.0-1.1)	1,005	0.5 (0.1-4.2)	196	0.0	127	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	25.2 (21.6-29.3)	981	44.3 (32.5-56.7)	192	26.7 (18.4-36.9)	125	Yes	No	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	10.1 (7.7-13.0)	970	18.8 (12.7-27.1)	183	9.7 (5.8-15.8)	123	Yes	No	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.2 (1.4-3.6)	970	2.9 (1.2-7.2)	183	3.2 (1.3-7.6)	123	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	1.6 (0.9-2.8)	970	1.9 (0.5-7.1)	183	1.3 (0.3-5.9)	123	No	No	No
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	3.7 (1.0-13.4)	99	5.5 (1.4-19.4)	34	-	12	No	N/A	N/A
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.6 (1.0-2.6)	995	1.3 (0.4-4.3)	192	2.0 (0.4-8.8)	127	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

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- = Fewer than 30 students in the denominator (subgroup).



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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.2 (0.0-0.9)	995	1.3 (0.4-4.3)	192	0.6 (0.1-4.6)	127	No	No	No
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.2 (0.0-0.9)	995	0.9 (0.2-4.1)	192	0.0	127	No	No	No
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	1.3 (0.9-1.9)	998	2.7 (0.8-8.4)	192	1.5 (0.3-7.4)	128	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.3 (0.1-0.9)	998	0.9 (0.2-4.0)	192	0.6 (0.1-4.6)	128	No	No	No
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.2 (0.0-0.9)	998	0.5 (0.1-4.2)	192	0.6 (0.1-4.6)	128	No	No	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.1 (1.4-3.2)	992	8.3 (4.7-14.3)	191	7.4 (3.4-15.4)	127	Yes	No	No
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	2.6 (1.9-3.6)	987	8.4 (4.7-14.4)	190	7.5 (3.4-15.6)	126	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	10.3 (8.2-12.9)	948	19.3 (12.8-28.1)	178	12.3 (6.8-21.3)	122	Yes	No	No
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	10.0 (7.7-12.9)	965	20.0 (13.3-29.0)	182	11.3 (6.5-18.9)	122	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	11.1 (8.9-13.6)	966	18.2 (12.7-25.3)	185	11.8 (6.4-20.8)	123	Yes	No	No
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	16.8 (12.5-22.2)	969	30.4 (23.0-39.0)	187	19.6 (10.2-34.4)	122	Yes	No	No
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	8.4 (5.5-12.5)	971	12.8 (8.9-18.0)	189	7.6 (2.6-20.5)	124	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN46: Percentage of students who tried marijuana for the first time before age 13 years	2.2 (1.1-4.2)	974	6.3 (3.1-12.1)	190	4.2 (2.0-8.7)	126	No	No	No
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	9.4 (7.1-12.4)	978	23.5 (17.4-31.0)	190	13.9 (8.6-21.5)	126	Yes	No	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	9.7 (7.1-13.0)	973	18.8 (12.6-27.0)	188	12.6 (6.3-23.5)	122	Yes	No	No
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	1.3 (0.8-2.1)	981	5.0 (2.1-11.3)	189	2.4 (0.5-10.4)	125	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	0.8 (0.3-1.9)	975	2.5 (1.0-6.0)	189	3.0 (0.8-10.4)	124	No	No	No
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	0.6 (0.2-1.6)	973	3.4 (1.5-7.6)	189	2.9 (0.9-8.7)	124	No	No	No
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.1 (0.4-2.5)	978	6.4 (3.4-11.6)	188	0.6 (0.1-4.8)	123	Yes	No	Yes
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	1.4 (0.7-2.9)	974	3.0 (1.1-7.4)	188	1.4 (0.2-10.4)	123	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	18.8 (15.3-22.8)	964	21.3 (16.5-27.0)	184	20.4 (12.0-32.3)	122	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN57: Percentage of students who ever had sexual intercourse	18.8 (13.8-24.9)	892	24.6 (17.5-33.4)	173	13.5 (6.9-24.9)	114	No	No	No
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.3 (0.8-2.3)	886	4.3 (2.0-9.2)	173	3.8 (1.3-10.7)	113	No	No	No
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	3.3 (2.3-4.8)	884	5.2 (2.4-11.1)	172	4.3 (1.6-11.2)	112	No	No	No
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	13.2 (9.4-18.1)	885	15.9 (10.1-24.3)	171	7.5 (3.1-17.2)	113	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	15.1 (10.0-22.2)	112	-	24	-	8	N/A	N/A	N/A
QN62: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	37.6 (26.6-50.0)	112	-	25	-	9	N/A	N/A	N/A

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN63: Did not use birth control pills before last sexual intercourse with opposite-sex partner	88.9 (79.2-94.4)	113	-	19	-	6	N/A	N/A	N/A
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	96.3 (89.3-98.8)	113	-	19	-	6	N/A	N/A	N/A
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	82.5 (69.6-90.6)	113	-	19	-	6	N/A	N/A	N/A

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	91.7 (81.9-96.4)	110	-	23	-	9	N/A	N/A	N/A
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	13.5 (6.7-25.4)	113	-	19	-	6	N/A	N/A	N/A

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	10.5 (7.9-13.7)	876	8.0 (3.3-18.4)	165	14.4 (9.2-21.8)	97	No	No	No
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	14.2 (10.6-18.8)	876	11.1 (7.3-16.6)	165	18.2 (8.9-33.6)	97	No	No	No
QN66: Percentage of students who described themselves as slightly or very overweight	26.5 (22.2-31.2)	949	27.3 (19.8-36.4)	179	35.7 (27.6-44.7)	118	No	Yes	No
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	34.6 (30.4-39.2)	948	39.6 (30.5-49.4)	178	38.0 (27.3-50.0)	120	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	10.5 (8.1-13.6)	950	12.8 (6.6-23.4)	180	11.8 (6.4-20.6)	120	No	No	No
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	5.4 (3.6-8.1)	941	6.9 (3.6-13.0)	178	6.7 (3.2-13.6)	120	No	No	No
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	40.3 (34.2-46.7)	952	44.8 (33.4-56.8)	179	52.8 (40.8-64.5)	120	No	No	No
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	40.1 (36.6-43.7)	934	48.6 (41.8-55.4)	177	45.6 (34.8-56.7)	120	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	52.9 (48.2-57.5)	946	47.2 (38.7-55.8)	177	53.4 (46.9-59.8)	120	No	No	No
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	17.0 (13.8-20.7)	940	12.4 (5.9-24.1)	179	12.5 (6.7-22.3)	120	No	No	No
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	7.3 (5.4-9.7)	919	7.9 (3.7-16.2)	174	8.5 (4.1-16.8)	120	No	No	No
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	7.4 (5.9-9.3)	932	7.3 (4.3-12.0)	178	6.7 (2.8-15.0)	119	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	3.8 (2.6-5.4)	932	5.4 (3.0-9.5)	178	3.8 (1.6-8.4)	119	No	No	No
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	18.1 (14.4-22.4)	940	23.9 (19.1-29.4)	179	27.7 (16.8-42.3)	119	Yes	No	No
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	69.2 (62.8-74.9)	940	77.6 (68.1-84.9)	179	69.6 (56.6-80.0)	119	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN77: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.6 (49.3-53.9)	925	69.4 (61.9-76.0)	178	69.6 (55.6-80.8)	119	Yes	Yes	No
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.4 (12.1-17.0)	925	26.2 (20.5-32.7)	178	23.5 (15.4-34.2)	119	Yes	Yes	No
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	75.3 (72.2-78.2)	925	91.9 (88.2-94.6)	178	88.6 (81.9-93.0)	119	Yes	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	73.1 (70.2-75.9)	916	74.6 (69.6-78.9)	177	87.7 (81.1-92.2)	118	No	Yes	Yes
QN79: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	57.6 (50.2-64.7)	923	69.7 (61.8-76.7)	175	59.0 (47.8-69.3)	119	Yes	No	Yes
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	66.2 (60.6-71.3)	923	78.5 (71.0-84.4)	175	68.8 (56.3-79.0)	119	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	10.7 (8.5-13.5)	926	8.5 (4.4-15.9)	176	6.7 (2.6-16.5)	118	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN82: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	93.6 (91.0-95.4)	921	88.9 (81.4-93.6)	176	91.4 (86.1-94.8)	118	No	No	No
QN84: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	20.3 (17.0-24.0)	929	20.8 (15.5-27.5)	176	17.7 (12.2-25.0)	117	No	No	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.1 (0.6-2.0)	929	1.4 (0.4-5.0)	176	1.0 (0.1-8.5)	117	No	No	No
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.8 (1.8-4.6)	924	1.9 (0.4-9.4)	174	2.4 (1.2-4.6)	117	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who are transgender	0.8 (0.5-1.4)	1,010	6.0 (3.8-9.3)	195	7.6 (2.7-19.3)	128	Yes	No	No
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	27.4 (22.2-33.4)	411	29.0 (19.5-40.8)	78	24.0 (13.2-39.7)	45	No	No	No
QN90: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	-	8	-	12	-	4	N/A	N/A	N/A
QN91: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	-	11	-	4	-	2	N/A	N/A	N/A

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Montgomery County  
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN92: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	55.1 (38.8-70.4)	44	-	15	-	4	N/A	N/A	N/A
QN93: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	94.4 (89.3-97.2)	175	97.5 (90.4-99.4)	65	-	23	No	N/A	N/A
QN94: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	7.6 (5.9-9.7)	919	14.5 (8.8-22.8)	179	11.4 (5.9-21.0)	116	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN95: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	12.0 (8.2-17.3)	912	22.2 (16.5-29.3)	177	11.9 (7.5-18.4)	116	Yes	No	Yes
QN96: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	1.1 (0.6-1.9)	987	1.0 (0.1-8.0)	190	1.0 (0.1-8.6)	125	No	No	No
QN97: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	1.1 (0.6-2.1)	984	3.8 (1.9-7.6)	190	1.0 (0.1-8.6)	125	Yes	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN98: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	2.4 (1.7-3.5)	934	4.4 (1.7-11.0)	180	2.4 (0.6-8.9)	117	No	No	No
QN99: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	62.6 (52.8-71.5)	80	80.8 (72.3-87.2)	35	-	12	Yes	N/A	N/A
QN100: Percentage of students who live with someone who now smokes cigarettes or cigars	17.7 (14.9-20.9)	981	22.1 (15.8-29.9)	187	21.4 (14.3-30.7)	124	No	No	No
QN101: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	12.8 (10.3-15.7)	982	20.1 (16.6-24.2)	191	20.3 (14.4-27.7)	126	Yes	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN102: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	15.4 (12.4-19.1)	987	26.3 (19.0-35.2)	191	19.1 (13.7-26.0)	128	Yes	No	No
QN103: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	53.9 (41.5-65.9)	96	50.3 (38.5-62.0)	46	-	17	No	N/A	N/A
QN104: Percentage of students who reported that they or someone in their home tested positive for COVID-19	23.4 (20.4-26.6)	912	19.9 (13.5-28.5)	175	29.9 (20.6-41.3)	117	No	No	Yes
QN105: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	16.5 (13.9-19.5)	906	11.3 (6.1-19.9)	169	7.6 (3.7-14.9)	111	No	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN106: Percentage of students who have ever lied to people important to them about how much they gambled	4.2 (2.9-5.9)	898	1.6 (0.8-2.9)	164	3.4 (1.0-11.3)	109	Yes	No	No
QN107: Percentage of students who have a disability or long-term health problem that keeps them from doing everyday activities (such as bathing, getting dressed, doing schoolwork, playing sports, or being with friends)	7.4 (5.9-9.3)	915	12.6 (8.4-18.6)	170	8.2 (4.2-15.3)	116	No	No	No
QN108: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	11.8 (6.9-19.3)	914	11.8 (5.9-22.2)	170	19.2 (10.4-32.9)	115	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN109: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	10.0 (6.4-15.2)	902	9.0 (4.6-16.6)	169	11.8 (4.4-28.0)	114	No	No	No
QN110: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	6.5 (4.6-9.0)	914	21.2 (15.4-28.5)	170	23.6 (17.6-30.9)	114	Yes	Yes	No
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	17.7 (14.2-21.9)	894	34.4 (28.2-41.1)	166	20.1 (12.5-30.7)	112	Yes	No	Yes

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	24.7 (21.6-28.0)	892	51.8 (45.5-58.0)	168	41.0 (36.8-45.3)	112	Yes	Yes	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	8.5 (6.8-10.7)	896	9.7 (4.1-21.3)	168	9.2 (4.9-16.6)	114	No	No	No
QN114: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	1.0 (0.5-1.8)	898	1.9 (0.7-5.2)	169	1.8 (0.4-8.4)	113	No	No	No
QN115: Percentage of students who did not participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)	36.4 (28.0-45.8)	882	33.4 (26.5-41.0)	168	31.1 (21.7-42.4)	113	No	No	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN116: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	46.5 (40.0-53.1)	891	44.1 (34.4-54.3)	167	48.5 (37.3-59.8)	114	No	No	No
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	35.5 (31.6-39.6)	883	27.6 (21.4-34.8)	170	30.3 (21.6-40.6)	112	No	No	No
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	19.4 (16.5-22.6)	882	17.0 (12.8-22.1)	167	14.5 (9.8-20.8)	113	No	No	No
QN119: Percentage of students who sometimes, rarely, or never feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	57.0 (51.4-62.5)	886	74.2 (63.6-82.5)	169	76.3 (60.8-87.0)	114	Yes	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

**Site-Added**

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI <sup>†</sup>	N	% 95% CI	N	% 95% CI	N			
QN120: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	25.6 (23.0-28.5)	887	29.2 (23.1-36.3)	168	38.8 (31.3-46.9)	113	No	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

<sup>†</sup>Confidence interval.

<sup>§</sup>Based on t-test analyses, p<0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Montgomery County Risk Behaviors and Sexual Identity Report

#### Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? <sup>§</sup>	Difference Between Heterosexual and Other/ Questioning? <sup>§</sup>	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? <sup>§</sup>
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	22.4 (19.3-25.9)	923	53.4 (46.3-60.4)	177	47.2 (36.8-57.8)	117	Yes	Yes	No

\*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.