Maryland High School Survey

Washington County

Trend Analysis Report

Total **Injury and Violence**

				H	ealth Ri	isk Beh	avior aı	nd Perco	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	<u> </u>		
QN9: P or more		_					ho had l	been dri	nking al	lcohol (i	in a car 18.1	or other 18.0	vehicle	, one 14.8	Decreased, 2013-2018	Not available [§]	No change
QN10: times du days bef	iring the	30 day							2		0				Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Injury and Violence

Health Risk Behavior and Percentages	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2	2018		
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day duri the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before th survey)	6		
36.9 33.5 29.4 30	D.3 Decreased, 2013-2018	Not available [§]	No change
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at leas day during the 30 days before the survey)	st 1		
6.0 5.1 7.4 5	.4 No linear change	Not available	Decreased
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for huntin or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	g		
5.7 4	.7 No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total		
Injury	and	Violence

				H	ealth Ri	isk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN16: knife, or										on scho	ol prope	erty (suc	ch as a g	gun,			
											8.9	6.8	7.5	8.6	No linear change	Not available [§]	No change
QN18: 1 months				who wei	re in a p	hysical	fight on	school	property	(one of	r more t	imes du	ring the	e 12			
											12.5	10.4	10.4	10.4	Decreased, 2013-2018	Not available	No change
QN22: someone with an went out	e they w object o	vere dati or weapo	ing or go on] one o	oing out	with [co times do	ounting uring the	such this e 12 mor	ngs as b nths bef	eing hit	, slamm	ed into	someth	ing, or i	njured			

Maryland High School Survey

Washington County

Trend Analysis Report

Total		
Injury	and	Violence

				Н	ealth Ri	isk Beha	avior ar	d Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN23: 1	Percent	age of s	tudents	who we	re bullie	d on sch	lool proj	perty (e	ver duri	ng the 1	2 mont	hs befo	e the su	irvey)			
											21.0	19.8	22.4	21.2	No linear change	Not available [§]	No change
QN24: 1 Faceboo		U				2			0 0	-	d throug	h textir	g, Insta	gram,			
											14.9	13.8	15.7	16.8	Increased, 2013-2018	Not available	No change
QN25: 1 stopped											eks in a	row so	that the	у			
											26.0	26.8	30.2	34.2	Increased, 2013-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Injury and Violence

				H	ealth Ri	isk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN26: survey)		age of s	udents •	who seri	iously co	onsidere	d attem	pting su	icide (e	ver duri	ng the 1 15.8	2 mont 17.8	hs befor 17.6	e the 19.8	Increased, 2013-2018	Not available [§]	No change
QN27: before t			tudents	who ma	de a plai	n about	how the	y would	l attemp	ot suicid	e (durin 12.3	g the 12 14.5	2 months 14.3	5 15.8	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total	
Tobacco	Use

				H	ealth Ri	isk Beha	avior an	d Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN32: I survey)	Percenta	age of st	tudents	who cur	rently si	moked c	igarettes	s (on at	least 1 c	day duri	ing the	30 days	before	the			
											16.5	12.5	12.1	7.4	Decreased, 2013-2018	Not available [§]	Decreased
QNFRC days bef			of stud	ents who	o curren	tly smol	ked ciga	rettes fr	equentl	y (on 20) or mo	ore days	during t	he 30			
											5.6	4.1	3.6	2.5	Decreased, 2013-2018	Not available	No change
QNDAY before th			ge of st	udents v	vho curr	ently sn	noked ci	garettes	daily (o	on all 3	0 days	during t	ne 30 da	iys			
											4.4	3.0	2.6	1.9	Decreased, 2013-2018	Not available	No change
QN34: I vape pip eGo, and	es, vapi	ng pens															
												40.7	42.4	47.1	Increased, 2014-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Tobacco Use

					caltii Ni	SK Della	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN35: F e-pipes, v Plus, eGo	vape pij	pes, vap	ing pen	s, e-hool	kahs, an	d hooka	h pens [such as	blu, NJ								
												25.4	19.4	30.3	Increased, 2014-2018	Not available [§]	Increased
QNFREV during th					o curren	tly used	lelectro	nic vapo	or produ	icts freq	uently (on 20 c	or more	days			
												4.1	3.0	9.3	Increased, 2014-2018	Not available	Increased
QNDAY he 30 da				udents v	who curi	rently us	sed elect	ronic va	por pro	ducts da	aily (on	all 30 c	lays dui	ring			
												3.0	2.4	5.9	Increased, 2014-2018	Not available	Increased
QNTB5: day durir						smoked	cigarett	es or us	ed elect	tronic va	apor pro	ducts	(on at le	east 1			
												29.3	24.8	32.1	No linear change	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Total	
Tobacco	Use

				H	ealth Ri	isk Beha	avior ar	d Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	201	8		
such as	a conve	nience	store, su	permarl	ket, disc	their ov count sto ctronic v	re, gas s	station,	or vape	store, d	uring th	e 30 da					
													7.5	6.1	No linear change	Not available [§]	No change
lissolva	ble toba	cco pro	ducts [s	uch as C	Copenha	sed smo gen, Gri days bef	zzly, Sk	oal, or	Camel S					nic			
													10.9	5.8	Decreased, 2016-2018	Not available	Decreased
)N38:					rently si	moked c	igars (c	igars, ci	garillos	, or little	e cigars,	on at le	east 1 da	ay			
luring t	ne 50 da	ys 0010		, , , , , , , , , , , , , , , , , ,													

Maryland High School Survey

Washington County

Trend Analysis Report

Total Tobacco Use

				He	ealth Ri	isk Beha	avior an	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QNTB2 before tl		U	student	s who cu	urrently	smoked	l cigaret	tes or ci	gars (or	n at least	t 1 day o	luring t	he 30 da	ays			
											22.4	18.7	17.5	10.8	Decreased, 2013-2018	Not available [§]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Alcohol and Other Drug Use

				Н	ealth Ri	isk Beha	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN40: 1	Percent	age of s	tudents	who hac	l their fi	rst drink	of alco	hol befc	ore age 1	3 years	(other	than a f	ew sips)			
											21.0	20.2	18.6	15.6	Decreased, 2013-2018	Not available [§]	Decreased
QN41: 1 the 30 da				who cur	rently di	rank alco	ohol (at	least on	e drink	of alcol	nol, on	at least	1 day di	uring			
											33.8	31.7	28.0	25.8	Decreased, 2013-2018	Not available	No change
QN42: 1 female s day duri	students	or five	or more	drinks o	of alcoho												
													14.8	13.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Alcohol a	and Oth	er Dru	g Use					1.5							X (1) *		
				Н	ealth R	isk Beh	avior ai	id Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN45:	Percent	age of s	tudents	who eve	er used r	narijuan	a (one c	or more	times dı	iring the	eir life)						
											35.4	34.1	33.7	32.9	No linear change	Not available [§]	No change
QN46:	Percent	age of s	tudents	who trie	d marij	uana for	the first	t time be	efore ag	e 13 ve	ars				,,		
		0			, and the second s						9.3	9.6	9.1	7.7	Decreased, 2013-2018	Not available	No change
QN47:		age of s	tudents	who cur	rently u	sed mar	ijuana (o	one or n	nore tim	es durii	ng the 3	0 days b	efore th	ie			
survey)											18.9	20.4	19.1	19.2	No linear change	Not available	No change
QN48:	Percent	age of s	tudents	who eve	er used s	ynthetic	: marijua	ana (one	e or mor	e times	during	their life	e)				,
												13.1	9.3	6.4	Decreased, 2014-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Total			
Alcohol and	Other	Drug	Use

				H	ealth Ri	isk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN49: 1 different Hydroco	ly than	how a c	loctor to	ld them	to use i	t (counti	ing drug	s such a									
													14.7	12.6	No linear change	Not available [§]	No change
QN50: 1 one or m					er used c	cocaine (any form	n of coc	aine, in	cluding	powder	r, crack	, or free	base,			
											6.7	5.2	5.3	4.3	Decreased, 2013-2018	Not available	No change
QN52: I times du			tudents	who eve	er used h	eroin (a	lso calle	d "smac	ck," "jur	1k," or "	China V	White,"	one or	more			
											5.3	4.3	4.0	3.0	Decreased, 2013-2018	Not available	No change
QN53: I "ice," or	Percenta "meth,"	age of s ' one or	tudents more ti	who eve mes dur	er used n ing their	nethamp r life)	hetamin	ies (also	called	"speed,'	' "crysta	al meth	," "cran	k,"			
											5.8	4.0	4.5	3.2	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Alcohol and Other Drug Use

				Н	ealth Ri	isk Beh	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN54:	Percent	age of s	tudents	who eve	er used e	cstasy (also call	led "MD	9MA," c	one or m	ore tim	es durii	ng their	life)			
											8.7	6.7	4.8	4.6	Decreased, 2013-2018	Not available [§]	No change
QN56: body, or						ed any il	llegal dr	ug (usec	l a need	le to inj	ect any	illegal	drug int	o their			
											4.6	3.7	3.9	3.4	No linear change	Not available	No change
QN57: months				who we	re offere	ed, sold,	or giver	n an ille	gal drug	g on sch	ool proj	perty (d	uring th	e 12			
											24.4	24.7	20.5	19.6	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Sexual B	ehavior	s		H	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change*	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	<u>.</u>		2016-2018 [†]
QN58:	Percent	age of s	tudents	who eve	er had se	exual int	ercourse	2			44.9	34.7	32.7	33.4	Decreased, 2013-2018	Not available [§]	No change
QN59:	Percent	age of s	tudents	who had	l sexual	intercou	urse for	the first	time be	fore age	e 13 yea 6.1	urs 4.8	3.7	3.5	Decreased, 2013-2018	Not available	No change
QN60:	Percent	age of s	tudents	who had	l sexual	intercou	urse with	n four oi	r more p	persons	during t 12.2	heir life 8.9	6.8	7.7	Decreased, 2013-2018	Not available	No change
QN61: during t					re curre	ntly sexu	ually act	ive (hac	l sexual	interco	urse wi 33.0	th at lea 25.6	st one p	erson, 24.0	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Sexual Behaviors

				Η	ealth Ri	sk Beha	avior ar	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN62:					nk alcoł	nol or us	ed drug	s before	last sex	ual inte	ercourse	(amon	g studer	nts			
		5	5	,							21.3	25.8	21.7	20.4	No linear change	Not available [§]	No change
QN63:				who use	d a cond	lom dur	ing last	sexual i	ntercou	rse (am	-						
											60.3	59.6	51.2	52.0	Decreased, 2013-2018	Not available	No change
QN64: among s							oills befo	ore last s	sexual in	ntercou	rse (to p	revent	pregnan	cy,			
-											27.5	26.8	25.0	34.0	No linear change	Not available	Increased
QNIUD or Nexp active)																	
											1.0	2.1	4.7	7.4	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total
Sexual Behaviors

				H	ealth Ri	isk Beha	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
-	ring (suc	ch as Nu	ivaRing		who used last sex												
											6.5	3.1	6.7	3.6	No linear change	Not available [§]	No change
		Percenta s Implar			who used									:			
control 1		ch as Nu	ivaRing		last sex						among s				Increased, 2013-2018	Not available	Increased
Control in currently QNDUA pills; an	ring (suc y sexual ALBC: 1 IUD (su	ch as Nu ly active Percenta uch as N	age of si) before tudents v	who use ard) or i	ual inter d both a mplant (condon (such as	(to prevo	ent preg glast sex on or N	nancy, a	among s 35.0 ercourse n); or a	31.9 and bit shot (st	36.5 Th contuch as	45.0	Increased, 2013-2018	Not available	Increased
QNDUA pills; an Depo-Pr	ALBC: IUD (succession)	ch as Nu ly active Percenta uch as M patch (s	age of st direna o such as () before tudents or ParaG OrthoEv	a last sex	ual inter d both a mplant (irth con	course (condon (such as trol ring	(to prevo n during Implan g (such a	ent preg g last sez on or N as Nuval	nancy, a	among s 35.0 ercourse n); or a	31.9 and bit shot (st	36.5 Th contuch as	45.0	Increased, 2013-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Sexual Behaviors

		He	alth Ri	sk Beha	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
							prevent	pregnar	ncy durin 14.1	ng last s 11.7	exual 14.6	13.0	No linear change	Not available [§]	No change
age of st ated blo		vho wer	e ever to	ested for	r human	ı immun	odeficie	ency vir	us (HIV	/) (not c	ounting				
	Percenta	Percentage of students who	1995 1997 1999 Percentage of students vong students who were c	1995 1997 1999 2001 Percentage of students who did ong students who were currently	1995 1997 1999 2001 2003 Percentage of students who did not use ong students who were currently sexual	1995 1997 1999 2001 2003 2005 Percentage of students who did not use any me ong students who were currently sexually active	1995 1997 1999 2001 2003 2005 2007 Percentage of students who did not use any method to pong students who were currently sexually active)	1995 1997 1999 2001 2003 2005 2007 2009 Percentage of students who did not use any method to prevent ong students who were currently sexually active)	Percentage of students who did not use any method to prevent pregnar ong students who were currently sexually active)	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 Percentage of students who did not use any method to prevent pregnancy duriong students who were currently sexually active) 14.1	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 Percentage of students who did not use any method to prevent pregnancy during last s ong students who were currently sexually active) 14.1 11.7	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 Percentage of students who did not use any method to prevent pregnancy during last sexual ong students who were currently sexually active) 14.1 11.7 14.6	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 Percentage of students who did not use any method to prevent pregnancy during last sexual ong students who were currently sexually active)	1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 Percentage of students who did not use any method to prevent pregnancy during last sexual ong students who were currently sexually active) 14.1 11.7 14.6 13.0 No linear change	1995 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 Percentage of students who did not use any method to prevent pregnancy during last sexual ong students who were currently sexually active) 14.1 11.7 14.6 13.0 No linear change Not available [§]

Maryland High School Survey

Washington County

Trend Analysis Report

Total Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change* Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§] 15.6 14.9 14.9 16.7 No linear change Not available[¶] No change ONOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§ 11.8 14.3 14.7 15.0 Increased, 2013-2018 Not available No change QN67: Percentage of students who described themselves as slightly or very overweight 27.6 31.4 28.6 29.8 No linear change Not available No change QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey) 26.5 28.0 33.7 35.6 Increased, 2013-2018 Not available No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. [†]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Total Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change^{*} Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey) 13.8 17.6 17.8 16.2 No linear change Not available§ No change ONFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 7.4 9.8 10.2 9.5 No linear change Not available No change QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 58.3 54.2 48.1 48.8 Decreased. 2013-2018 Not available No change

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	ealth Ri	isk Beh	avior aı	nd Perc	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	: Percer uice, ap									or more	times p	er day (such as				
											28.0	25.2	22.3	22.3	Decreased, 2013-2018	Not available [§]	No change
QN71:	Percenta	age of st	udents	who did	not eat	green sa	ulad (on	e or moi	re times	during	the 7 da	ays befo	re the s	urvey)			
											36.7	41.8	47.1	46.3	Increased, 2013-2018	Not available	No change
QN72:	Percenta	age of st	udents	who did	not eat	potatoe	s (one o	r more t	imes du	ring the	7 days	before	the surv	ey)			
											30.8	34.2	33.3	38.9	Increased, 2013-2018	Not available	Increased
QN73:	Percenta	age of st	udents	who did	not eat	carrots	(one or)	more tin	nes duri	ng the 7	/ days b	efore th	e surve	y)			
											51.2	53.0	57.2	55.3	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Weight Management and Dietary Behaviors

	Health Risk	Behavior and Per	centages					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1995 199	7 1999 2001 2	2003 2005 2007	2009 20	11 2013	2014	2016	2018	_		
QN74: Percentage of student survey)	s who did not eat oth	her vegetables (one	or more times	during the	e 7 days	before	the			
				16.5	19.2	21.4	20.8	Increased, 2013-2018	Not available [§]	No change
QNVEG0: Percentage of stue potatoes, or potato chips], car					ng Fren	ch fries,	fried			
				6.6	8.0	9.0	9.3	Increased, 2013-2018	Not available	No change
QNVEG1: Percentage of stud French fries, fried potatoes, o										
				64.5	59.3	53.6	55.7	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total Weight Management and Dietary Behaviors

			He	ealth Ri	sk Beha	wior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1	1995 1	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNVEG2: Percer French fries, fried																
										28.5	25.2	22.3	21.6	Decreased, 2013-2018	Not available [§]	No change
QNVEG3: Percer [excluding French survey)	0			0							· 1		e the			
- /										13.9	12.8	10.8	9.7	Decreased, 2013-2018	Not available	No change
QN75: Percentage Sprite, not countin									or pop	(such a	s Coke,	Pepsi, o	or			
										25.4	23.6	26.7	29.9	Increased, 2013-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Total
Weight Management and Dietary Behaviors

				He	ealth Ri	sk Beha	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 19	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QNSODA1: (such as Col		0				,	,	0						у			
		•			C				0	-	23.8	23.4	17.9	14.7	Decreased, 2013-2018	Not available [§]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Physical Activity

			H	ealth Ri	isk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN78: Percer kind of physic days before th	al activit	y that in														
J										49.3	39.5	37.6	40.7	Decreased, 2013-2018	Not available [§]	No change
QNPA0DAY: 1 day (in any during the 7 d	kind of p	hysical a	ctivity t													
										15.6	18.7	20.7	20.3	Increased, 2013-2018	Not available	No change
QNPA7DAY: kind of physic days before th	al activit	y that in														
										30.6	23.2	21.4	22.0	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total	
Physical Activity	

				Н	ealth Ri	isk Beha	avior ar	d Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018	3		
QN79: 1	Percent	age of s	tudents	who wa	tched te	levision	3 or mo	re hours	s per da	y (on ar	n averag	e schoo	l day)				
											29.3	24.6	21.1	17.1	Decreased, 2013-2018	Not available [§]	Decreased
QN80: 1 (counting Instagram	g time s	spent on	things s	such as 2	Xbox, P	layStatio	on, an iF	ad or o	ther tabl	et, a sn	nartphoi	ne, texti	ng, Ŷoı	ıTube,			
											36.3	38.4	37.9	41.0	Increased, 2013-2018	Not available	No change
QN81: 1 week wh					ended pl	nysical e	ducation	n (PE) c	lasses o	n 1 or r	nore da	ys (in a	1 averag	ge			
											35.7	32.8	28.2	27.7	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total	
Physical Activity	

				H	ealth Ri	isk Beh	avior ar	nd Perc	entages	•					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNDLY week wi					o attenc	led phys	sical edu	cation ((PE) cla	sses on	all 5 da <u>y</u> 28.1	ys (in ar 24.2	n averag 20.5	ge 20.6	Decreased, 2013-2018	Not available [§]	No change
QN83: times du						ussion fi	rom play	ying a sj	port or b	being ph	iysically	v active	(one or 17.6	more 16.1	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Other		Health Risk Behavior and Percentages									Linear Change*	Quadratic Change [*]	Change from 2016-2018 [†]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN86: during th						st (for a	check-u	ıp, exan	n, teeth	cleaning	g, or oth	er denta	l work,				
during u	ne 12 m	onuis oc	lore the	survey	,							75.5	75.1	76.8	No linear change	Not available [§]	No change
ONNOT	DNT: Pe	ercentag	e of stud	dents wl	no neve	r saw a d	lentist (for a che	eck-up,	exam, to	eeth clea	aning, o	r other	dental			
QUINDL														aomun			
work)									-			2.0	1.3	1.8	No linear change	Not available	No change
												-			No linear change	Not available	No change
	Percenta	age of st	udents v	who had	ever be	en told	by a doc	ctor or n	urse tha			2.0			No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

	Health Risk Behavior and Percentages									Linear Change [*]	Quadratic Change [*]	Change from 2016-2018					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN90:	Percenta	age of st	udents v	who are	transge	nder					:		3.9	1.8	Decreased, 2016-2018	Not available [§]	Decreased
	Percenta he surve								g (on at	least 1	day dur	ing the	30 days 29.9	29.8	No linear change	Not available	No change
before the		y, amon	ig studer	nts who	drove a	car or o	ther veh	nicle)					-	29.8	No linear change	Not available	No change
before the	he surve	y, amon	ig studer	nts who	drove a	car or o	ther veh	nicle)					-	29.8 5.0	No linear change Decreased, 2013-2018	Not available Not available	No change Decreased
QN94:	he surve	y, amon age of st	udents v	nts who who smo	drove a oked a w someon	vhole cig	garette b e to sell	nicle) pefore ag them ci	ge 13 ye garettes	ears (for	the firs 10.4	t time) 10.5	29.9 10.4		_		

Maryland High School Survey

Washington County

Trend Analysis Report

Total
Site-Added

				H	ealth Ri	sk Beha	wior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN98: 1 day duri						acco in	a hooka	h, nargł	nile, or o	other typ	e of wa	terpipe	(on at l	east 1			
	0	j			5,								5.4	3.3	Decreased, 2016-2018	Not available [§]	Decreased
QN99: 1 vapor pr													electron 96.3	iic 96.9	Increased, 2014-2018	Not available	No change
QN101: oil, or T			students	who ha	ive ever	used an	electror	nic vapo	r produ	ct to sm	oke mai	rijuana,	THC o	r hash			
													8.7	15.8	Increased, 2016-2018	Not available	Increased
QN102: little cig				who th	ink they	definite	ly or pro	obably	will smo	oke a cig	garette, o	cigar, ci	garillo,	or			
													22.0	16.0	Decreased, 2016-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Site-Added			н	ealth R	isk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from
			II		isk Den	avior ai		entuges							Qualitatic Change	2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN103: Percen flavored smokel survey)																
2										17.8	17.2	10.0	6.5	Decreased, 2013-2018	Not available [§]	Decreased
QN104: Percent the survey)	tage of	students	who tri	ed or us	sed toba	cco proc	lucts for	the firs	t time (during t	the 12 n	nonths b	efore			
											15.7	9.5	6.9	Decreased, 2014-2018	Not available	Decreased
QN105: Percen survey, among s											2 month	is before	e the	·		
										34.8	33.0	36.7	11.5	Decreased, 2013-2018	Not available	Decreased
QN106: Percen	tage of	students	who liv	ve with	someone	e who no	ow smo	kes ciga	rettes of	r cigars						
										43.6	45.7	40.5	35.9	Decreased, 2013-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Total Site-Adde	d																
				H	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018	3		
QN107: allowed a											is that s	moking	is not				
													79.1	80.0	No linear change	Not available [§]	No change
QN108: during th					ere in th	e same	room wi	ith some	eone wh	o was s	moking	(on at]	least on	e day			
													32.5	31.1	No linear change	Not available	No change
QN110: school ye		tage of	students	s who w	ere taug	ht in the	eir classe	es about	the dan	igers of	tobacco	o use (d	uring th	e last			
											62.8	53.4	54.5	51.2	Decreased, 2013-2018	Not available	No change
QN117: friends	Percen	tage of	students	s who sa	y defini	tely yes	or prob	ably yes	s that yo	oung peo	ple wh	o smok	e have r	nore			
											30.8	31.4	34.1	37.2	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Total	
Site-Added	

				H	ealth Ri	sk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN118: cool or t		itage of	students	who sa	y defini	tely yes	or prob	ably yes	that sn	noking r	nakes y 18.9	oung pe 18.6	ople loo 19.7	ok 25.4	Increased, 2013-2018	Not available [§]	Increased
QN119: parents								eking h	elp fron	n one or	more a 81.8	dults be 80.6	esides th 78.6	eir 76.6	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male		
Injury	and	Violence

•	Н	ealth R	isk Beha	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1995 19	997 1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN9: Percentage of studer or more times during the 30				ho had l	been dri	nking al	cohol (i	in a car	or othe	vehicle	e, one			
								18.7	16.8	12.3	14.1	Decreased, 2013-2018	Not available [§]	No change
QN10: Percentage of stude times during the 30 days be days before the survey)						2		0						
								11.7	9.9	8.6	7.1	Decreased, 2013-2018	Not available	No change
QN11: Percentage of stude the 30 days before the surve survey)														,
								40.3	34.0	30.1	31.8	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Injury and Violence

				He	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN13: Pe day during						eapon o	n school	propert	y (such	as a gu	n, knife	, or clut	o, on at	least 1			
											8.6	6.6	9.8	6.7	No linear change	Not available [§]	Decreased
QN14: Pe or for a sp													for hu	nting			
													8.1	6.7	No linear change	Not available	No change
QN16: Pe knife, or c										on scho	ol prope	erty (suc	h as a g	gun,			

Maryland High School Survey

Washington County

Trend Analysis Report

Male		
Injury	and	Violence

.	ia vioie			He	ealth R	isk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN18: months				who wei	re in a p	hysical	fight on	school	property	y (one o	or more	times du	uring the	e 12			
											16.9	13.1	13.2	13.3	Decreased, 2013-2018	Not available [§]	No change
QN22: someon with an went ou	e they w object o	vere dati r weapo	ng or go on] one o	oing out	with [co times d	ounting uring the	such thi e 12 mor	ngs as b nths bef	eing hit	, slamn	ned into	someth	ing, or i	injured	· · · · · · · · · · · · · · · · · · ·		
											9.3	8.1	10.4	11.0	No linear change	Not available	No change
QN23:	Percent	age of s	tudents	who wer	re bullie	ed on sch	nool pro	perty (e	ver duri	ng the 1	12 mont	hs befo	re the su	urvey)			
											18.2	16.4	18.6	17.3	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Injury and	Violence

					Не	ealth Ri	sk Beha	avior an	d Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	19	97	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	1		
QN24: Faceboo												d throug	gh textii	ng, Insta	ıgram,			
												10.7	8.7	10.9	12.1	No linear change	Not available [§]	No change
21125	D		. 1		1		1.	(.1		1	2	.1		di sa di				
stopped QN26:	doing so	ome us	ual ac	tiviti	ies, eve	er during	g the 12	months	before	the surv	rey)	19.5	17.2	20.3	24.5	Increased, 2013-2018	Not available	Increased
QN25: stopped QN26: survey)	doing so	ome us	ual ac	tiviti	ies, eve	er during	g the 12	months	before	the surv	rey)	19.5	17.2	20.3	24.5	Increased, 2013-2018 No linear change	Not available Not available	Increased No change
stopped QN26:	doing set of the set o	age of s	ual ac	tiviti	ies, eve	ously co	g the 12	months d attemp	before pting su	the surv	vey) ver duri	19.5 ng the 1 12.2	17.2 12 mont 11.2	20.3 ths befo 13.2	24.5 re the 13.8			

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Tobacco	Use

				E	lealth R	isk Beh	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN32: F survey)	Percent	age of	student	s who cu	rrently si	moked c	igarettes	s (on at	least 1 c	lay duri	ng the	30 days	before	the			
-											17.6	12.1	13.2	7.8	Decreased, 2013-2018	Not available [§]	Decreased
QNFRCI days befo				dents wł	no curren	tly smol	ked ciga	rettes fr	equentl	y (on 20) or mo	re days	during t	he 30			
		survey	,								6.2	4.7	3.7	3.1	Decreased, 2013-2018	Not available	No change
QNDAY before th			age of	students	who curr	ently sn	noked ci	garettes	daily (on all 30) days	during t	he 30 da	iys			
		.,,,									4.7	3.6	2.3	2.5	Decreased, 2013-2018	Not available	No change
QN34: F vape pipe eGo, and	es, vap	ing per															
												41.7	41.5	46.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Tobacco Use

				He	ealth Ri	sk Beha	avior an	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
e-pipes,	Percenta vape pi Jo, and H	pes, vap	ing pens	s, e-hool	kahs, an	d hooka	h pens [such as	blu, NJ								
												25.5	19.0	28.8	No linear change	Not available [§]	Increased
	VP: Per he 30 da				o curren	ntly used	lelectro	nic vapo	or produ	icts freq	uently (on 20 c	or more	days			
												5.3	3.5	11.2	Increased, 2014-2018	Not available	Increased
	YEVP: 1 ays befo			udents v	who curi	rently us	ed elect	ronic va	apor pro	ducts da	aily (on	all 30 d	lays du	ring			
												3.9	2.9	7.1	Increased, 2014-2018	Not available	Increased
	: Perceing the 3					smoked	cigaret	tes or us	ed elec	tronic v	apor pro	oducts	(on at le	east 1			

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Tobacco	Use

	Health Risk Behavior and Percentages												Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
(such as	a conve	enience	store, si	ıpermarl	ket, disc	their ov count sto ctronic v	re, gas s	station, o	or vape	store, d	uring th	ie 30 da					
													12.2	9.7	No linear change	Not available [§]	No change
dissolva	ble toba	icco pro	ducts [s	uch as C	Copenha	sed smo gen, Gri days bef	zzly, Sk	oal, or (Camel S					nic			
													15.8	8.5	Decreased, 2016-2018	Not available	Decreased
QN38: during t					rently s	moked c	igars (ci	gars, ci	garillos,	, or little	e cigars	, on at le	east 1 da	ay			

Maryland High School Survey

Washington County

Trend Analysis Report

Male Tobacco Use

	Health Risk Behavior and Percentages												Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNTB2 before th		0	students	s who cı	urrently	smoked	l cigaret	tes or ci	gars (or	i at leasi	t 1 day c	during t	he 30 da	ays			
											25.4	19.5	19.2	12.3	Decreased, 2013-2018	Not available [§]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Male		
Alcohol and	Other Drug	Use

	Health Risk Behavior and Percentages											Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN40: 1	Percenta	age of s	tudents	who hac	l their fi	rst drink	of alco	hol befo	ore age 1	13 years	s (other	than a f	ew sips)			
											23.2	21.2	18.1	17.2	Decreased, 2013-2018	Not available [§]	No change
QN41: 1 the 30 da				who cur	rently di	rank alco	ohol (at	least on	e drink	of alcol	hol, on	at least	1 day di	uring			
											34.5	28.6	24.4	21.4	Decreased, 2013-2018	Not available	No change
QN42: 1 female s day duri	tudents	or five	or more	drinks	of alcoho												
													13.8	11.8	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Alcohol a	and Oth	er Dru	g Use	Н	ealth R	isk Beh	avior ai	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from
									_						_	-	2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	1		
QN45:	Percent	age of s	tudents	who eve	er used 1	narijuan	a (one c	or more	times dı	iring the	eir life)						
											37.6	33.2	30.6	31.2	Decreased, 2013-2018	Not available [§]	No change
QN46:	Percent	age of s	tudents	who trie	d marij	uana for	the first	time be	efore ag	e 13 ve	ars	;					
Q1110.	reicent		tudents	who the	,a marij	uunu 101		i unic ov		e 15 yet	12.6	11.2	10.8	9.4	Decreased, 2013-2018	Not available	No change
QN47: survey)	Percent	age of s	tudents	who cur	rently u	sed mar	ijuana (one or n	nore tim	es durir	ng the 3	0 days b	efore th	ie			
											20.9	20.3	17.0	16.8	Decreased, 2013-2018	Not available	No change
QN48:	Percent	age of s	tudents	who eve	er used s	synthetic	e mariju	ana (one	e or mor	e times	during	their life	e)				
												13.6	9.4	6.6	Decreased, 2014-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Male			
Alcohol and	Other	Drug	Use

	Health Risk Behavior and Percentages										Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN49: 1 different Hydroco	tly than	how a c	loctor to	ld them	to use i	t (counti	ng drug	s such a									
													13.8	11.1	No linear change	Not available [§]	No change
QN50: 1 one or m					er used c	ocaine (any form	n of coc	aine, in	cluding	powder	r, crack	or free	base,			
											8.9	6.2	7.1	5.3	Decreased, 2013-2018	Not available	No change
QN52: 1 times du			tudents	who eve	er used h	eroin (a	lso calle	d "smao	ck," "jur	nk," or "	China V	White,"	one or	more			
											7.0	5.3	5.2	4.2	Decreased, 2013-2018	Not available	No change
QN53: 1 "ice," or							hetamin	ies (also	called	"speed,'	' "crysta	al meth,	" "cranl	۲,"			
											7.8	5.4	6.5	4.2	Decreased, 2013-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Male		
Alcohol and	Other D	rug Use

			H	lealth R	isk Beh	avior ar	nd Perco	entages	•					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	1995	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN54: Percer	ntage of	students	s who ev	er used e	ecstasy (also call	ed "ME	9МА," с	one or m	ore tim	es durir	ng their	life)			
										10.6	8.1	6.5	5.7	Decreased, 2013-2018	Not available [§]	No change
QN56: Percer body, one or n	•			0	ed any il	legal dr	ug (usec	l a need	lle to inj	ect any	illegal	drug int	o their			
										5.7	4.3	5.3	3.7	No linear change	Not available	No change
QN57: Percer months before			s who we	ere offere	ed, sold,	or give	n an ille	gal drug	g on sch	ool proj	perty (d	uring th	e 12			
										27.6	26.0	21.1	21.2	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Sexual Be	Behaviors Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN58: 1	Percenta	age of st	tudents	who eve	r had se	exual int	ercourse			;	45.3	34.7	32.2	33.6	Decreased, 2013-2018	Not available [§]	No change
QN59: 1	Percenta	age of st	tudents	who had	sexual	intercou	urse for	the first	time be	fore ag	e 13 yea 8.8	urs 6.6	5.3	5.0	Decreased, 2013-2018	Not available	No change
QN60: 1	Percenta	age of st	tudents	who had	sexual	intercou	urse with	n four o	r more p	persons	during t	heir life	¢				
											12.7	10.9	7.5	9.2	Decreased, 2013-2018	Not available	No change
QN61: during th					e curre	ntly sexu	ually act	ive (had	d sexual	interco	urse wi	th at lea 24.6	st one p	erson, 22.5	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Sexual Behaviors

				Н	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN62: 1 who wei					nk alcoł	ol or us	ed drug	s before	last sex	ual inte	ercourse	e (amor	ig studei	nts			
			y								28.2	28.0	30.0	23.2	No linear change	Not available [§]	No change
QN63: 1 currently				who use	d a conc	lom dur	ing last	sexual i	ntercoui	rse (am	ong stu 63.9	dents w 63.7	ho were 62.2	58.2	No linear change	Not available	No change
QN64: 1 among s							vills befo	ore last s	sexual in	ntercou	rse (to j	prevent	pregnar	icy,			
among s	dudents	who we	ine curre	intry sex	dually ac	uve)					22.8	21.1	23.5	30.7	No linear change	Not available	No change
QNIUD or Nexpl active)																	
											1.3	2.0	2.3	3.8	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male
Sexual Behaviors

				H	ealth Ri	sk Beha	wior an	d Perce	ntages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
control 1		ch as Nu	vaRing		vho usec last sext												
											5.0	1.9	5.4	1.4	No linear change	Not available [§]	Decreased
mplant control i	(such as ring (suc	s Implan	ion or N waRing	explano	who used on); or a last sexu	shot (su	ch as De	epo-Prov	vera), pa	atch (su	ch as Oi	rthoEvr	a), or bi				
urrentl	y sexual	2									29.0	25.0	31.2	35.9	No linear change	Not available	No change
currentl	y sexual	2									29.0	25.0	31.2	35.9	No linear change	Not available	No change
QNDUA pills; an Depo-Pi	ALBC: IUD (st rovera),	uch as M patch (s	firena o uch as (r ParaGa DrthoEv	who used ard) or in ra), or b who we	mplant (irth con	such as trol ring	Impland (such a	on or Ne s Nuval	tual inte	rcourse n); or a	and bir shot (su	th contruct as	ol	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Sexual Behaviors

				H	ealth Ri	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QNBCN intercou									prevent	pregnar	ncy duri	ng last s	exual				
											14.6	11.0	12.2	15.9	No linear change	Not available [§]	No change
· ·	N84: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests ne if they donated blood)																
												13.6	13.0	14.6	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change* Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§] 15.8 14.4 14.0 15.8 No linear change Not available[¶] No change ONOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§ 15.2 19.6 18.8 18.5 No linear change Not available No change QN67: Percentage of students who described themselves as slightly or very overweight 23.4 25.8 24.125.3 No linear change Not available No change QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey) 24.3 27.8 32.3 34.0 Increased, 2013-2018 Not available No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Maryland High School Survey

Washington County

Trend Analysis Report

Male Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change^{*} Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey) 16.2 18.6 21.4 19.2 No linear change Not available§ No change ONFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 8.8 11.5 13.0 12.3 Increased, 2013-2018 Not available No change QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 61.2 57.2 49.5 49.7 Decreased, 2013-2018 Not available No change

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	: Percer juice, ap									or more	times p	er day (such as				
											30.3	28.5	24.3	23.4	Decreased, 2013-2018	Not available [§]	No change
QN71:	Percenta	ige of st	udents	who did	not eat	green sa	alad (on	e or mo	re times	during	the 7 da	ays befo	ore the s	urvey)			
											41.7	45.7	51.9	49.9	Increased, 2013-2018	Not available	No change
QN72:	Percenta	ige of st	udents	who did	not eat	potatoe	s (one o	r more t	imes du	ring the	7 days	before	the surv	ey)			
											30.9	32.8	32.5	38.3	Increased, 2013-2018	Not available	Increased
QN73:	Percenta	ige of st	udents	who did	not eat	carrots	(one or)	more tir	nes duri	ng the 7	7 days b	efore th	e surve	y)	· · · · · ·		

Maryland High School Survey

Washington County

Trend Analysis Report

Male Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]							
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018										
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)										
18.0 22.5 25.1 25.0 In	ncreased, 2013-2018	Not available [§]	No change							
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)										
8.1 10.3 11.8 12.0 In	ncreased, 2013-2018	Not available	No change							
NVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding rench fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)										
64.4 59.9 55.3 55.7 D	Decreased, 2013-2018	Not available	No change							

Maryland High School Survey

Washington County

Trend Analysis Report

Male Weight Management and Dietary Behaviors

			Н	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNVEG2: Perce French fries, fried																
										30.4	27.9	24.6	22.1	Decreased, 2013-2018	Not available [§]	No change
QNVEG3: Perce [excluding Frenc survey)													e the			
										14.6	15.0	11.9	10.1	Decreased, 2013-2018	Not available	No change
QN75: Percentag Sprite, not counti									or pop	(such a	s Coke	Pepsi,	or			
										20.9	21.6	25.8	26.9	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Weight Management and Dietary	Behaviors

				H	ealth Ri	isk Beha	avior ar	Linear Change*	Quadratic Change*	Change from 2016-2018 [†]							
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	i		
QNSOD (such as		0				,	,	0			efore th	e survey	7)				
											28.3	28.1	19.2	17.3	Decreased, 2013-2018	Not available [§]	No change
QNSOD (such as		0				,	,	0						ıy			
											18.8	20.5	12.7	11.0	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Physical Activity	

Health Risk Behavior and Percentages		Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]		
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011	2013 2014	2016	2018			
QN78: Percentage of students who were physically active at least 60 minutes per day of kind of physical activity that increased their heart rate and made them breathe hard son days before the survey)						
	56.2 45.6	45.4	46.2	Decreased, 2013-2018	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of 1 day (in any kind of physical activity that increased their heart rate and made them bre during the 7 days before the survey)						
	13.7 16.6	17.5	19.0	Increased, 2013-2018	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes p kind of physical activity that increased their heart rate and made them breathe hard son days before the survey)	er day on all 7 ne of the time	days (in during the	any e 7			
	38.1 29.0	27.2	26.5	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Physical Activity	

	Health Risk Behavior and Percentages												Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN79:	Percent	age of st	tudents	who wat	ched tel	evision	3 or mo	re hours	per day	/ (on an	averag	e schoo	l day)				
											30.7	25.4	20.7	16.9	Decreased, 2013-2018	Not available [§]	Decreased
QN80: (countin Instagra	ig time s	spent on	things s	such as 2	Xbox, P	layStatic	on, an iP	ad or ot	her tabl	et, a sm	artphor	ne, texti	ng, Ŷou	Tube,			
5		ŗ				Somethi					37.7	39.2	40.0	43.7	Increased, 2013-2018	Not available	No change
QN81:	Percent	age of st	tudents	who atte							37.7	39.2	40.0	43.7	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male	
Physical Activity	

	Health Risk Behavior and Percentages												Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNDLY week wi		0			io attenc	led phys	ical edu	cation ((PE) cla	sses on	all 5 da <u>:</u> 32.5	ys (in ai 30.6	n averag 23.9	e 24.8	Decreased, 2013-2018	Not available [§]	No change
QN83: times du						ussion fr	om play	ying a sj	port or b	being ph	iysically	active	(one or 1) 19.4	more 18.5	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Other		Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2016-2018 [†]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN86: 1 during th						ist (for a	a check-	up, exar	n, teeth	cleaning	g, or oth	ner dent	al work,	:			
												74.2	73.3	76.0	No linear change	Not available [§]	No change
QNNOE work)	ONT: Pe	ercentag	ge of stu	dents w	ho neve	er saw a	dentist (for a ch	eck-up,	exam, t	eeth cle	eaning, o	or other	dental			
												2.4	1.8	1.6	No linear change	Not available	No change
QN87:]	Percenta	age of st	udents	who had	l ever be	een told	by a do	ctor or r	urse tha	at they h	ad asth	ma					
											26.1	25.7	26.0	24.0	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male Site-Add	ed			н	ealth R	isk Beh	avior ai	nd Perc	entages	ŝ					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN90:	Percent	age of s	tudents	who are	transge	ender							4.2	1.4	Decreased, 2016-2018	Not available [§]	Decreased
QN93: before t									ng (on at	t least 1	day dur	ring the	30 days 30.7	31.4	No linear change	Not available	No change
QN94:	Percent	age of s	tudents	who sm	oked a v	whole ci	garette l	before a	ge 13 ye	ears (for	the firs	st time) 11.2	12.4	5.9	Decreased, 2013-2018	Not available	Decreased
QN98: day duri						bacco in	a hooka	ah, narg	hile, or	other ty	pe of wa	aterpipe	(on at le	east 1 3.0	Decreased, 2016-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Male
Site-Added

ite-Added	Health Risk Behavior and Percentages													Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	201	8		
QN99: Percenta vapor product (a										flavor v	with an	electror	nic			
											89.9	94.6	95.8	Increased, 2014-2018	Not available [§]	No change
QN101: Percen oil, or THC wax		students	who ha	ive ever	used an	electroi	nic vapo	or produ	ct to sm	noke ma	rijuana	THC o	or hash			
												9.9	16.0	Increased, 2016-2018	Not available	Increased
QN102: Percen little cigar in the	0		who thi	ink they	definite	ely or pr	obably	will smo	oke a ciş	garette,	cigar, c	igarillo	, or			
												23.9	18.9	Decreased, 2016-2018	Not available	Decreased
QN103: Percen flavored smokel survey)																
										24.8	20.9	12.9	7.6	Decreased, 2013-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Male
Site-Added

one-Auue	ŭ			Н	ealth R	isk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN104: the surve		itage of	student	s who tr	ied or us	sed toba	cco proc	lucts for	the firs	st time (during	the 12 r	nonths b	efore			
												15.9	9.4	6.0	Decreased, 2014-2018	Not available [§]	Decreased
QN105: survey, a												2 mont	hs before	e the			
											31.0	33.1	35.4	13.3	Decreased, 2013-2018	Not available	Decreased
QN106:	Percer	itage of	student	s who li	ve with	someone	e who no	ow smol	kes ciga	rettes or	r cigars 41.7	44.5	37.1	35.6	Decreased, 2013-2018	Not available	No change
QN107: allowed										r home i	s that s	moking	is not				
													80.4	80.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Male
Site-Added

				H	ealth Ri	isk Beha	avior ar	d Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN108: during th					ere in th	e same i	room wi	th some	one wh	o was si	moking	(on at l	east one	day			
													29.1	27.1	No linear change	Not available [§]	No change
QN110:		tage of	students	who w	ere taug	ht in the	ir classe	es about	the dan	gers of	tobacco	o use (di	uring the	e last			
school ye	ear)										62.9	54.7	56.6	52.3	Decreased, 2013-2018	Not available	No change
QN117: friends	Percen	tage of	students	who sa	y defini	tely yes	or prob	ably yes	that yo	ung pec	ple wh	o smoke	e have n	nore			
											33.3	33.7	36.0	37.9	Increased, 2013-2018	Not available	No change
QN118: cool or fi		tage of	students	who sa	y defini	tely yes	or prob	ably yes	that sm	oking r	nakes y	oung pe	ople lo	ok			
											23.5	22.0	23.7	28.7	Increased, 2013-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Male Site-Added

				He	ealth Ri	sk Beha	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN119: parents i								eking h	elp fron	n one or	more a	dults be	sides th	eir			
											80.7	77.9	76.3	73.3	Decreased, 2013-2018	Not available [§]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Injury and Violence	

		Н	ealth R	isk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991 1993 19	95 1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN9: Percentage o or more times durin					ho had t	een dri	nking al	cohol (i	in a car	or othe	vehicle	e, one			
									17.1	18.6	14.8	15.0	Decreased, 2013-2018	Not available [§]	No change
QN10: Percentage times during the 30 days before the surv	days befor						2		0		•				
									5.7	4.9	5.2	3.9	No linear change	Not available	No change
QN11: Percentage the 30 days before t survey)															
									33.1	32.1	28.2	28.1	Decreased, 2013-2018	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Injury and	Violence

njury and vi				Н	ealth Ri	isk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1992	3 1	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN13: Perce day during the						eapon o	n schoo	l proper	ty (such	as a gu	n, knife	, or club	o, on at	least 1			
											3.1	3.2	3.8	3.5	No linear change	Not available [§]	No change
QN14: Perce or for a sport													for hui	nting			
													2.3	2.2	No linear change	Not available	No change
QN16: Perce knife, or club										on scho	ol prope	erty (suc	ch as a g	gun,			
											6.8	5.4	4.4	7.4	No linear change	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Female **Injury and Violence**

				H	ealth Ri	isk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN18: 1 months b				who we	re in a p	hysical	fight on	school j	property	(one or	more t	imes du	ring the	e 12			
											7.5	6.9	6.9	6.9	No linear change	Not available [§]	No change
QN22: 1 someone with an o went out	e they w object o	vere dati r weapo	ng or go n] one o	oing out or more	with [co times du	ounting uring the	such thin e 12 mor	ngs as b nths bef	eing hit,	slamm	ed into	somethi	ng, or i	njured			
											12.9	14.7	10.2	11.1	No linear change	Not available	No change
																	No change
QN23: 1	Percenta	age of s	udents	who we	re bullie	d on sch	nool proj	perty (ev	ver duri	ng the 1	2 mont	hs befor	e the su	irvey)			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Injury and Violence	

				H	ealth Ri	sk Beha	vior an	d Perco	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
			tudents v al media								d throug	gh texti	ng, Insta	ıgram,			
											19.1	18.9	20.3	21.0	No linear change	Not available [§]	No change
			tudents v								eks in a	row so	that the	y			
stopped	doing so	ome usu	al activ	ties, eve	er during	g the 12	months	before	the surv	ey)	32.6	36.6	39.9	43.6	Increased, 2013-2018	Not available	No change
stopped	doing so	ome usu		ties, eve	er during	g the 12	months	before	the surv	ey)	32.6	36.6	39.9	43.6	Increased, 2013-2018 Increased, 2013-2018	Not available Not available	No change No change
QN26: survey) QN27:	doing so Percenta	age of stage	al activ	vho seri	ously co	g the 12	months d attemp	before pting su	the surv	ey) ver duri	32.6 ng the 19.3	36.6 12 mon 24.3	39.9 ths befo 21.8	43.6 re the 25.4			

Maryland High School Survey

Washington County

Trend Analysis Report

Female Fobacco I	Use			Н	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from
															_	L	2016-2018 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN32: I survey)	Percenta	age of st	udents	who cur	rently s	moked c	igarette	s (on at	least 1 d	lay duri	ing the 3	30 days	before t	he			
											15.1	12.4	10.3	6.3	Decreased, 2013-2018	Not available [§]	Decreased
QNFRC days bef				ents wh	o currer	ntly smo	ked ciga	rettes fi	requentl	y (on 20	0 or mo	re days	during t	he 30			
											5.0	3.3	3.5	1.7	Decreased, 2013-2018	Not available	Decreased
QNDAY before th			ge of st	udents v	vho curi	rently sn	noked ci	garettes	s daily (on all 3	0 days c	luring tl	ne 30 da	ys			
											3.9	2.2	3.0	1.1	Decreased, 2013-2018	Not available	Decreased
QN34: I vape pip eGo, and	es, vapi	ng pens															
												39.4	43.3	47.8	Increased, 2014-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female **Tobacco Use** Health Risk Behavior and Percentages Linear Change* Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey) 24.8 19.3 31.6 Increased, 2014-2018 Not available§ Increased ONFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 2.7 2.5 7.1 Increased. 2014-2018 Not available Increased ONDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) 1.9 1.8 4.5 Increased, 2014-2018 Not available Increased QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey) 29.424.6 32.9 No linear change Not available Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Tobacco Use	

				H	ealth Ri	isk Beha	avior an	d Perc	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
(such as	a conve	enience	store, su	ipermarl	ket, disc	their ov count sto ctronic v	re, gas s	station,	or vape	store, d	uring the	e 30 da					
													2.4	2.6	No linear change	Not available [§]	No change
dissolva	ble toba	cco pro	ducts [s	uch as C	Copenha	sed smo gen, Gri days bef	zzly, Sk	oal, or	Camel S					nic			
													5.0	2.7	Decreased, 2016-2018	Not available	Decreased
	Percenta he 30 da				rently si	moked c	igars (ci	igars, ci	garillos	, or little	e cigars,	on at le	east 1 da	ay			

Maryland High School Survey

Washington County

Trend Analysis Report

Female Tobacco Use

	Health Risk Behavior and Percentages													Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
· ·	QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)																
											18.8	17.1	14.8	8.7	Decreased, 2013-2018	Not available [§]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

	cohol and Other Drug Use Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN40:	Percenta	ige of st	udents v	who had	their fi	rst drink	c of alco	hol befo	ore age 1	13 years	s (other	than a fe	ew sips))			
											18.7	18.6	18.7	13.5	Decreased, 2013-2018	Not available [§]	Decreased
QN41: the 30 d				who curr	rently d	rank alc	ohol (at	least on	e drink	of alcol	hol, on a 33.1	at least 1 34.5	day du 31.2	uring 29.5	No linear change	Not available	No change
QN42: female s day duri	students	or five o	or more	drinks o	of alcoh												

Maryland High School Survey

Washington County

Trend Analysis Report

Female Alcohol a	and Oth	er Dru	g Use														
				Н	ealth R	isk Beh	avior ar	d Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN45:	Percent	age of s	tudents	who eve	er used r	narijuan	a (one o	r more	times du	uring the	eir life)						
											33.1	34.5	36.8	34.1	No linear change	Not available [§]	No change
QN46:	Percent	age of s	tudents	who trie	d marij	uana for	the first	time be	efore ag	e 13 yea	ars	:	<u> </u>				
											5.8	7.4	7.0	5.8	No linear change	Not available	No change
QN47: survey)		age of s	tudents	who cur	rently u	sed mar	ijuana (o	one or n	nore tim	es durir	ng the 3	0 days t	efore th	ne			
											16.8	20.1	21.2	21.1	Increased, 2013-2018	Not available	No change
QN48:	Percent	age of s	tudents	who eve	er used s	ynthetic	marijua	ına (one	e or mor	e times	during	their life	e)				
												11.7	8.7	5.7	Decreased, 2014-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Female			
Alcohol and	l Other	Drug	Use

				H	ealth Ri	sk Beha	wior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
different	ly than	how a d	octor to	ld them	to use it	t (counti	on pain ng drug heir life	s such a									
													15.3	13.7	No linear change	Not available [§]	No change
		age of st es durin			r used c	ocaine (any form	n of coc	caine, in	cluding	powde	r, crack	or free	base,			
					r used c	ocaine (any form	n of coc	caine, in	cluding	powde 4.0	r, crack 3.3	or free 2.9	base, 2.9	No linear change	Not available	No change
one or m 2N52: 1	ore tim	es durin	g their l	ife)			any form				4.0	3.3	2.9	2.9	No linear change	Not available	No change
one or m 2N52: 1	Percenta	es durin	g their l	ife)							4.0	3.3	2.9	2.9	No linear change Decreased, 2013-2018	Not available Not available	No change No change
20052: 1 20052: 1 20053: 1	Percenta ring the	age of st ir life)	g their 1 udents	ife) who eve	r used h	eroin (al		d "smac	ck," "jur	nk," or "	4.0 China 7 3.2	3.3 White," 2.6	2.9 one or 1 2.1	2.9 more 1.5			-

Maryland High School Survey

Washington County

Trend Analysis Report

Female Alcohol a	and Oth	er Drug	g Use	Н	ealth Ri	isk Beh	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN54:	Percenta	age of st	udents v	vho eve	r used e	cstasy (also call	led "ME	9MA," o	one or m	ore tim	es durir	g their	life)			
											6.2	4.7	2.6	2.8	Decreased, 2013-2018	Not available [§]	No change
QN56: 2 body, or						ed any il	legal dr	ug (usec	l a need	le to inj	ect any	illegal	lrug inte	o their			
<i>bouy</i> , or			, uuring		.,						3.0	2.5	2.3	2.7	No linear change	Not available	No change
							· ·	•11	1.1	1	1	porty (d	unin a th	- 10			
QN57: months				vno wei	e offere	d, sold,	or givei	n an ille	gal drug	g on sch	ooi pro	perty (u	unig ui	e 12			

Maryland High School Survey

Washington County

Trend Analysis Report

				H	ealth Ri	sk Beha	avior ar	d Perco	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN58:	Percenta	ige of st	udents	who eve	r had se	xual inte	ercourse	;			44.7	34.5	33.0	32.9	Decreased, 2013-2018	Not available [§]	No change
QN59:	Percenta	ige of st	udents	who had	l sexual	intercou	rse for t	he first	time be	fore age	e 13 yea 3.3	urs 3.0	2.1	1.9	Decreased, 2013-2018	Not available	No change
QN60:	Percenta	ige of st	udents	who had	l sexual	intercou	rse with	i four or	more p	ersons	during t 11.7	heir life 7.0	6.0	6.3	Decreased, 2013-2018	Not available	No change
QN61: during th					re currei	ntly sexu	ally act	ive (hac	l sexual	interco	urse wit 34.1	th at leas	st one po 25.0	erson, 25.3	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female
Sexual Behaviors

				H	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018	3		
QN62: I who wer					nk alcoh	ol or us	ed drugs	s before	last sex	cual inte	ercours	e (amor	g stude	nts			
		Ĵ	5	,							15.4	23.7	15.5	17.4	No linear change	Not available [§]	No change
QN63: I currently				who use	ed a conc	lom duri	ing last	sexual in	ntercour	rse (am	ong stu 57.3	dents w			Decreed 2012 2019	Not available	No shares
											57.5	30.2	42.6	47.5	Decreased, 2013-2018	Not available	No change
QN64: I among s							ills befo	ore last s	sexual in	ntercou	rse (to j	prevent	pregnar	icy,			
											31.8	31.6	26.4	36.7	No linear change	Not available	Increased
QNIUDI or Nexpl active)																	
											0.7	2.2	6.5	10.4	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female
Sexual Behaviors

				Н	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
	ring (su	ch as Nı	vaRing		who used last sex												
											7.9	4.2	7.8	5.3	No linear change	Not available [§]	No change
implant	(such a ring (su	s Implar ch as Nu	ion or N waRing	explane	who used on); or a last sext	shot (su	ch as De	epo-Pro	vera), p	atch (su	ch as O	rthoEvr	a), or b		Increased, 2013-2018	Not available	Increased
		Percent	age of st	udente	who woo	11.4			1 .	1		and hi	th cont	rol			
Depo-Pi	IUD (s rovera),	uch as N patch (s	firena o uch as (r ParaG OrthoEv	ard) or in ra), or b who we	mplant (irth con	(such as trol ring	Implan (such a	on or No s Nuval	explano	n); or a	shot (sı	ich as				

Maryland High School Survey

Washington County

Trend Analysis Report

Female
Sexual Behaviors

		H	ealth Ri	isk Beh	avior aı	nd Perc	entages	5					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 199	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QNBCNONE: Perce intercourse (among s							prevent	pregnar	ncy duri 13.8	-	sexual 16.5	10.2	No linear change	Not available [§]	No change
QN84: Percentage o done if they donated		who we	re ever t	ested fo	r humar	ı immur	nodeficie	ency vir	rus (HIV	⁷) (not c	ounting	tests			

Maryland High School Survey

Washington County

Trend Analysis Report

				H	ealth Ri	isk Beha	avior an	nd Perco	entages	5					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
						erweigh data fro						tile for l	oody ma	ISS			
											155	15.4	15.0	177	NT - 1' 1	Not available [¶]	No change
											15.5	15.4	15.8	17.7	No linear change	Not available	i to change
						besity (> growth			ile for b	ody mas					No linear change	Not available	
									ile for b	ody mas					Increased, 2013-2018	Not available	No change
age-spe	cific ref	erence c	lata fron	n the 20	00 CDC		charts) [§]	3			ss index 8.4	, based	on sex-	and			
age-spe	cific ref	erence c	lata fron	n the 20	00 CDC	growth	charts) [§]	3			ss index 8.4	, based	on sex-	and			
age-spe QN67: QN69:	Percent	age of s	lata fron	who des	00 CDC	growth	charts) [§] es as sli	ghtly or	r very ov	verweig	ss index 8.4 ht 31.8	, based 8.8 37.1	on sex- 10.3 32.9	and 11.4 34.1	Increased, 2013-2018	Not available	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. ^INot enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

				Не	ealth Ri	sk Beh	avior ar	nd Perco	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN70: 1	Percenta	age of st	udents v	who did	not eat	fruit (or	ne or mo	ore times	during	the 7 da	ays befo	ore the s	urvey)				
																8	N7 1
											11.4	16.4	14.1	13.2	No linear change	Not available [§]	No change
	: Percer						r drink	100% fr	uit juice	es (such					No linear change	Not available ⁸	No change
							r drink	100% fr	uit juice	es (such					No linear change	Not available ⁸	No change
QNFR1		luring th	e 7 days	s before	the surv e fruit o	vey) or drank	100% f	ruit juic	es one o		as oran 6.1	ge juice 8.0	, apple j 7.0	uice,			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

				H	ealth Ri	isk Beh	avior aı	nd Perc	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	: Percei juice, ap									or more	times p	er day (such as				
											26.0	21.8	20.2	21.1	Decreased, 2013-2018	Not available [§]	No change
QN71:	Percenta	age of st	udents v	who did	not eat	green sa	alad (on	e or moi	re times	during	the 7 da	ays befo	re the s	urvey)			
											31.8	37.5	42.4	42.6	Increased, 2013-2018	Not available	No change
QN72:	Percenta	age of st	udents v	who did	not eat	potatoe	s (one o	r more t	imes du	ring the	e 7 days	before	he surv	ey)			
											30.7	35.4	33.9	39.6	Increased, 2013-2018	Not available	Increased
															· · · · ·		
QN73:	Percenta	age of st	udents v	who did	not eat	carrots	(one or i	more tin	nes duri	ng the 7	7 days b	efore th	e surve	y)			

Maryland High School Survey

Washington County

Trend Analysis Report

Female Weight Management and Dietary Behaviors

				Н	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	3 19	95	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN74: Percer survey)	ntage o	of stu	idents v	who did	not eat	other ve	egetable	s (one o	r more t	imes du	ring the	e 7 days	before	the			
											14.9	15.9	17.1	16.4	No linear change	Not available [§]	No change
QNVEG0: Pe potatoes, or po		0				0		U C	· 1	-		ng Fren	ch fries.	fried			
											5.0	5.7	6.1	6.7	No linear change	Not available	No change
QNVEG1: Pe French fries, f																	
											64.5	58.5	51.9	55.5	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Weight Management and Dietary	Behaviors

Healt	h Risk Behavior and Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1995 1997 1999 20	001 2003 2005 2007	2009 2011	2013	2014	2016	2018	-		
QNVEG2: Percentage of students who ate French fries, fried potatoes, or potato chips									
			26.3	22.2	19.7	20.9	Decreased, 2013-2018	Not available [§]	No change
QNVEG3: Percentage of students who ate [excluding French fries, fried potatoes, or p survey)	6	1 2.0		· 1		the			
			12.9	10.4	9.4	9.2	Decreased, 2013-2018	Not available	No change
QN75: Percentage of students who did not Sprite, not counting diet soda or diet pop, d			(such as	s Coke,	Pepsi, o	or			
			30.0	25.4	27.3	33.2	No linear change	Not available	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				He	ealth Ri	isk Beha	avior an	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
										:	:						
QNSOD. such as														ny 11.9	Decreased, 2013-2018	Not available [§]	Decreased
such as	Coke, F	Pepsi, or	Sprite,	not cou	nting die	et soda o	or diet p	op, duri	ng the 7	7 days be	efore the	e surve	7) 16.3	11.9		Not available [§]	Decreased
	Coke, F	Pepsi, or	Sprite,	not cour ents wh	nting die o drank	et soda o	or diet po oottle, or	op, duri r glass o	ng the 7	7 days be	efore the 19.3	e surve 18.6 ore tim	7) 16.3 es per d	11.9		Not available [§]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Physical Activity	

			He	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN78: Percenta kind of physical days before the	activity															
										42.6	33.5	30.3	35.4	Decreased, 2013-2018	Not available [§]	Increased
QNPA0DAY: I 1 day (in any kin during the 7 day	nd of ph	ysical a	ctivity tl													
										17.6	20.7	23.6	21.4	Increased, 2013-2018	Not available	No change
QNPA7DAY: I kind of physical days before the	activity															
										23.3	17.5	15.8	17.6	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	ealth Ri	isk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN79:	Percenta	age of st	udents v	who wat	ched te	levision	3 or mo	ore hours	s per da	y (on ar	n averag	ge schoo	l day)	ł			
											28.0	23.7	21.7	17.4	Decreased, 2013-2018	Not available [§]	Decreased
(countin	Percentang time sam, Face	spent on	things s	such as 2	Xbox, P	layStati	on, an il	Pad or o	ther tabl	let, a sn	nartpho	ne, texti	ng, Ŷoı	ıTube,			
(countin	ng time s	spent on	things s	such as 2	Xbox, P	layStati	on, an il	Pad or o	ther tabl	let, a sn	nartpho	ne, texti	ng, Ŷoı	ıTube,	No linear change	Not available	No change
(countin Instagra QN81:	ng time s	spent on book, or age of st	things s r other s	such as 2 ocial me who atte	Xbox, P edia, for	layStati someth	on, an il ing that	Pad or o was no	ther tabl	let, a sn work, o	nartpho on an av 35.1	ne, texti verage s 37.7	ng, You chool d 36.1	ay) 38.3	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female	
Physical Activity	

				H	ealth Ri	sk Beha	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNDLY week wi					io attenc	led phys	ical edu	cation (PE) cla	sses on		ys (in ar 17.8	C	e 16.8	Decreased, 2013-2018	Not available [§]	No change
QN83: times du						ission fi	om play	ying a sj	port or b	being ph	ysically	active	(one or 1 15.6	more 13.4	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female Other				H	ealth Ri	isk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN86: 1 during th						st (for a	check-u	up, exan	n, teeth	cleanin	g, or oth	ner denta	al work	,			
C												76.8	77.5	78.0	No linear change	Not available [§]	No change
QNNOE work)	ONT: Po	ercentag	e of stu	dents w	ho neve	r saw a o	dentist (for a ch	eck-up,	exam, t	eeth cle	aning, c	or other	dental			
,												1.4	0.6	1.8	No linear change	Not available	Increased
QN87: 1	Percenta	age of st	udents v	who had	ever be	en told	by a doo	ctor or n	urse that	at they h	had asth	ma					

Maryland High School Survey

Washington County

Trend Analysis Report

^r emale Site-Add	ed			Н	ealth Ri	isk Beh	avior ar	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]							
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	 1		
QN90:	Percenta	age of s	tudents	who are	transge	nder					-	-	2.9	1.6	No linear change	Not available [§]	No change
QN93: before t									g (on at	least 1	day dur	ing the 3	30 days 28.3	27.7	No linear change	Not available	No change
QN94:	Percenta	age of s	tudents	who sm	oked a v	vhole ci	garette b	before a	ge 13 ye	ears (for	the firs 9.3	t time) 9.3	7.9	3.6	Decreased, 2013-2018	Not available	Decreased
QN98: day duri						pacco in	a hooka	ıh, nargl	hile, or o	other ty	pe of wa	aterpipe	(on at le 3.9	east 1 3.3	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female Site-Adde	ed																
				н	ealth R	isk Beha	avior ar	id Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
· ·	QN99: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)																
												95.9	98.0	98.0	No linear change	Not available [§]	No change
QN101: oil, or T			student	s who ha	ave ever	used an	electro	nic vapo	or produ	ct to sm	ioke ma	rijuana	THC o	r hash			
													7.3	15.3	Increased, 2016-2018	Not available	Increased
QN102: little cig		•		s who th	ink they	definite	ely or pr	obably	will smo	oke a ci	garette,	cigar, c	igarillo,	or			
													19.4	12.6	Decreased, 2016-2018	Not available	Decreased
QN103: flavored survey)																	
											10.9	13.3	6.4	5.1	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female Site-Adde	led Health Risk Behavior and Percentages 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018														Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	<u>.</u>		
QN104: the surve		tage of	students	who tri	ied or us	sed toba	cco proc	ducts for	r the firs	t time (during	the 12 n	onths b	efore			
												15.5	9.5	7.9	Decreased, 2014-2018	Not available [§]	No change
QN105: survey, a												2 month	is before	e the			
											40.3	32.5	39.1	9.6	Decreased, 2013-2018	Not available	Decreased
QN106:	Percen	tage of	students	who liv	ve with s	someone	e who no	ow smo	kes ciga	rettes o	r cigars						
											45.5	47.0	43.7	36.0	Decreased, 2013-2018	Not available	Decreased
QN107: allowed a										home i	s that s	moking	is not				
													78.2	80.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Female
Site-Added

				H	ealth Ri	isk Beha	avior ar	d Perce	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
	V108: Percentage of students who were in the same room with someone who was smoking (on at least one day ring the 7 days before the survey)																
													35.5	34.5	No linear change	Not available [§]	No change
	110: Percentage of students who were taught in their classes about the dangers of tobacco use (during the last																
school y	ear)										62.7	52.4	52.5	50.2	Decreased, 2013-2018	Not available	No change
QN117: friends	N117: Percentage of students who say definitely yes or probably yes that young people who smoke have more																
											28.1	28.8	31.6	36.0	Increased, 2013-2018	Not available	No change
QN118:		tage of	students	s who sa	y defini	tely yes	or prob	ably yes	that sm	oking n	nakes y	oung p	eople lo	ok	· · · · · · · · · · · · · · · · · · ·		
cool or f	1t in										14.0	14.7	15.1	22.0	Increased, 2013-2018	Not available	Increased

Maryland High School Survey

Washington County

Trend Analysis Report

Female Site-Added

															Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	N119: Percentage of students who would feel comfortable seeking help from one or more adults besides their rents if they had an important question affecting their life																
											83.0	83.4	81.0	80.0	Decreased, 2013-2018	Not available [§]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

White*	
Injury and	Violence

			H	lealth F	Risk Beł	navior a	nd Pero		Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]					
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one nore times during the 30 days before the survey)															
										16.0	16.9	12.6	15.2	No linear change	Not available [¶]	No change
times during the	16.0 16.9 12.6 15.2 No linear change Not available [®] No change N10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more nes during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 type before the survey) No inear change Not available [®] No change															
										7.6	6.3	6.2	4.9	No linear change	Not available	No change
QN11: Percenta the 30 days befor survey)																
										37.1	35.4	29.3	32.8	Decreased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White*	
Injury and	Violence

			H	Iealth F	Risk Beł	navior a	nd Pero		Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]					
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN13: Percenta day during the 3					eapon o	n school	l proper	ty (such	as a gu	n, knife	e, or clui	o, on at	least 1			
										4.9	4.3	6.1	4.5	No linear change	Not available [¶]	No change
	4.9 4.3 6.1 4.5 No linear change Not available [¶] No change															
												4.2	3.7	No linear change	Not available	No change
QN16: Percenta knife, or club, or									on scho	ol prope	erty (suc	ch as a g	gun,			
										6.3	5.4	5.5	8.2	No linear change	Not available	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White*	
Injury and Violence	

				ł	Iealth F	Risk Beł	navior a	nd Pero	centage	5					Linear Change †	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018	-		
	Percentage of students who were in a physical fight on school property (one or more times during the 12 s before the survey) $8.7 = 8.2 = 7.6 = 7.0$ No kineter																
											8.7	8.2	7.6	7.9	No linear change	Not available [¶]	No change
someone with an	2N22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by omeone they were dating or going out with [counting such things as being hit, slammed into something, or injured vith an object or weapon] one or more times during the 12 months before the survey, among students who dated or vent out with someone during the 12 months before the survey)																
											9.4	9.8	9.3	10.9	No linear change	Not available	No change
QN23:	Percent	age of s	tudents	who we	re bullie	ed on sch	nool pro	perty (e	ver duri	ng the 1	2 mont	hs befo	re the su	urvey)			
											20.6	19.6	23.1	22.1	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Injury a	nd Viol	ence		I	Iealth F	Risk Beł	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN24: 1 Faceboo											d throug	gh textii	ng, Insta	ıgram,			
											14.7	14.0	15.8	17.2	Increased, 2013-2018	Not available [¶]	No change
QN25: stopped											eks in a	ı row so	that the	ży			
											23.7	26.1	29.6	33.4	Increased, 2013-2018	Not available	No change
QN26: survey)	Percent	age of s	tudents	who ser	iously c	onsidere	d attem	pting su	icide (e	ver duri	ng the	12 mon	ths befo	re the			
											14.4	16.3	16.3	19.9	Increased, 2013-2018	Not available	Increased
QN27: 1 before th			tudents	who ma	de a pla	n about	how the	y would	l attemp	t suicid	e (durir	ng the 1	2 month	IS			
											10.9	13.2	13.7	15.0	Increased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Tobacco	Use																
100.000	0.50			ł	Iealth F	Risk Beł	navior a	nd Pero	centage	s					Linear Change †	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN32: Survey)	Percent	age of st	tudents	who cur	rently s	moked c	igarette	s (on at	least 1 c	lay dur	ing the	30 days	before	the			
											15.4	12.0	11.5	7.6	Decreased, 2013-2018	Not available [¶]	Decreased
QNFRC days bef				ents wh	o curren	tly smo	ked ciga	rettes fr	equently	y (on 2	0 or mo	re days	during 1	he 30			
											5.5	3.9	3.7	2.5	Decreased, 2013-2018	Not available	No change
QNDAY before th			ige of st	udents v	who curi	ently sn	noked ci	igarettes	daily (o	on all 3	0 days o	luring t	he 30 da	iys			
											4.1	2.8	2.8	1.8	Decreased, 2013-2018	Not available	No change
QN34: vape pip eGo, and	es, vapi	ng pens															
												38.5	41.9	48.3	Increased, 2014-2018	Not available	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Fobacco Use		Н	ealth R	isk Beh	avior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991 1993 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN35: Percentage of st e-pipes, vape pipes, vap Plus, eGo, and Halo], or	ing pens,	e-hook	cahs, and	d hooka	h pens [such as	blu, NJ								
										24.6	19.9	33.3	Increased, 2014-2018	Not available [¶]	Increased
QNFREVP: Percentage luring the 30 days befo) curren	tly used	electro	nic vap	or produ	icts free	quently	(on 20 c	or more	days			
с .		•								4.2	3.1	10.8	Increased, 2014-2018	Not available	Increased
QNDAYEVP: Percenta he 30 days before the s		lents w	ho curr	ently us	ed elect	ronic v	apor pro	ducts d	laily (on	all 30 c	lays du	ring			
										3.0	2.5	6.7	Increased, 2014-2018	Not available	Increased
QNTB5: Percentage of				smoked	cigaret	tes or us	sed elec	tronic v	apor pro	oducts	(on at le	east 1			
day during the 30 days											25.0	34.4	Increased, 2014-2018		

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Tobacco	Use			H	lealth R	Risk Beł	navior a	and Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		2016-2018 [§]
QN36: I (such as survey, a	a conve	enience	store, su	ıpermarl	cet, disc	ount sto	ore, gas	station,	or vape	store, d	uring th	e 30 day					
													5.5	5.3	No linear change	Not available [¶]	No change
QN37: I dissolvat vapor pro	ble toba	acco pro	ducts [s	uch as C	openha	gen, Gri	izzly, Sł	coal, or	Camel S					nic			
													11.1	5.9	Decreased, 2016-2018	Not available	Decreased
QN38: F during th					rently si	moked c	igars (c	igars, ci	garillos	, or little	e cigars.	, on at le	east 1 da	ıy			
											12.0	12.0	10.3	7.1	Decreased, 2013-2018	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Tobacco Use

				E	lealth R	Risk Beł	avior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNTB2: before th		U	student	s who c	urrently	smoked	l cigaret	tes or ci	gars (or	n at least	t 1 day o	luring t	he 30 da	ays			
											20.7	17.6	16.8	11.1	Decreased, 2013-2018	Not available [¶]	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

	d Oth	er Dru	g Use	н	lealth R	Risk Beł	navior a	nd Perc	entage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN40: Per	rcenta	ge of st	udents v	vho had	their fi	rst drink	c of alco	hol befo	ore age 1	13 years	(other	than a fe	ew sips)			
											19.7	19.0	18.6	14.4	Decreased, 2013-2018	Not available [¶]	Decreased
QN41: Per the 30 days				who curr	rently d	rank alc	ohol (at	least on	e drink	of alcol			-	-			
											33.7	32.8	30.4	28.7	Decreased, 2013-2018	Not available	No change
	rcenta																
QN42: Per female stud day during	dents o																

Maryland High School Survey

Washington County

Trend Analysis Report

White* Alcohol	and Ot	her Dru	ıg Use	ł	Iealth F	Risk Beh	avior a	nd Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN45:	Percent	age of s	tudents	who eve	er used n	narijuan	a (one c	r more	times du	iring the	eir life)						
											31.9	31.1	33.3	33.2	No linear change	Not available [¶]	No change
QN46:	Percent	age of s	tudents	who trie	d mariju	uana for	the first	time be	efore ag	e 13 yea	ars						
											6.9	7.5	8.0	6.5	No linear change	Not available	No change
QN47: survey)	Percent	age of s	tudents	who cur	rently u	sed mari	ijuana (o	one or n	nore tim	es durir	ng the 3) days b	efore th	e			
-											16.0	17.9	18.9	19.5	Increased, 2013-2018	Not available	No change
QN48:	Percent	age of s	tudents	who eve	er used s	ynthetic	marijua	ana (one	or mor	e times	during	heir life	e)				
												11.0	8.2	5.8	Decreased, 2014-2018	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White*		
Alcohol and	Other Drug	Use

				H	Iealth R	lisk Beh	avior a	nd Perc	centages	5					Linear Change [†]	Quadratic Change †	Change from 2016-2018 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
different	tly than	how a d	octor to	ld them	to use i	rescripti t (counti during t	ing drug	s such a									
													13.6	12.2	No linear change	Not available [¶]	No change
			udents v g their l		r used c	ocaine (any forr	n of coc	caine, in	cluding	powder	, crack	or free	base,			
											4.7	4.3	4.4	3.7	No linear change	Not available	No change
	Percenta tring the		udents v	who eve	r used h	eroin (a	lso calle	d "smac	ck," "jur	1k," or "	China V	White,"	one or	more			
											3.7	3.2	3.0	2.2	Decreased, 2013-2018	Not available	No change
			udents v more tii			nethamp r life)	hetamin	ies (also	called '	"speed,'	' "crysta	ıl meth,	" "cran	k,"			
											4.1	3.0	3.0	2.6	No linear change	Not available	No change

 * Non-Hispanic. * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	lealth R	isk Beh	avior a	nd Pero	entage	5					Linear Change †	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN54: 1	Percenta	age of st	udents v	who eve	r used e	cstasy (a	also call	ed "MD	MA," o	ne or m	ore tim	es durin	g their	life)			
											6.6	5.6	3.6	4.0	Decreased, 2013-2018	Not available [¶]	No change
QN56: 1						ed any il	legal dru	ug (usec	l a need	le to inj					Decreased, 2013-2018	Not available [¶]	No change
QN56: D						ed any il	legal dri	ug (usec	l a need	le to inj					Decreased, 2013-2018 No linear change	Not available [¶] Not available	No change No change
	e or mo Percenta	age of st	s during	their lif	e)	_					ect any 3.1	illegal c 2.8	lrug inte 3.3	o their 2.8			

Maryland High School Survey

Washington County

Trend Analysis Report

White* Sexual B	Behavio	rs		F	Iealth F	Risk Beł	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN58:	Percent	age of s	tudents	who eve	er had se	exual int	ercourse			ſ	43.5	33.6	32.3	32.8	Decreased, 2013-2018	Not available [¶]	No change
QN59:	Percent	age of s	tudents	who had	l sexual	intercou	irse for	the first	time be	fore ag	e 13 yea 4.6	ars 3.4	2.4	2.4	Decreased, 2013-2018	Not available	No change
QN60:	Percent	age of s	tudents	who had	l sexual	intercou	irse with	n four oi	r more p	persons	during t 10.2	their life 7.0	6.3	6.9	Decreased, 2013-2018	Not available	No change
QN61: during t						ntly sexu	ually act	ive (had	l sexual	interco	ourse wi 32.1	th at lea 24.8	st one po 23.6	erson, 24.5	Decreased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Sexual B	ehavioi	rs		F	Iealth F	Risk Beh	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN62: I who wer					nk alcol	nol or us	ed drug	s before	last sex	kual inte	ercourse	e (amon	g studei	nts			
											18.3	23.9	18.6	18.7	No linear change	Not available [¶]	No change
QN63: I currently				who use	ed a conc	lom dur	ing last	sexual i	ntercou	rse (am	ong stu	dents w	ho were	:			
											59.3	61.0	49.0	52.7	Decreased, 2013-2018	Not available	No change
QN64: I among st							oills befo	ore last	sexual i	ntercou	rse (to j	prevent	pregnar	icy,			
											31.2	30.6	27.8	36.7	No linear change	Not available	Increased
QNIUDI or Nexpl active)																	
											0.8	2.2	5.2	7.5	Increased, 2013-2018	Not available	No change

 * Non-Hispanic. * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				H	Iealth F	Risk Beł	navior a	nd Per	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
control 1		ch as Nu	waRing			d a shot tual inter											
	, ~		- / /								5.8	3.2	7.3	4.5	No linear change	Not available [¶]	No change
mplant control 1	(such as	s Implar ch as Nu	ion or N ivaRing	lexpland	on); or a	d birth c shot (su ual inter	ich as D	epo-Pro	vera), p	atch (su	ch as O	rthoEvr	a), or bi				
mplant control 1	(such as ring (suc	s Implar ch as Nu	ion or N ivaRing	lexpland	on); or a	shot (su	ich as D	epo-Pro	vera), p	atch (su	ch as O	rthoEvr	a), or bi		Increased, 2013-2018	Not available	Increased
Control 1 control 1 currently QNDUA pills; an Depo-Pr	(such as ring (suc y sexual ALBC: IUD (su rovera),	s Implar ch as Nu ly active Percenta uch as N patch (s	age of states of a states of the states of t	tudents Tr ParaG OrthoEv	who use ard) or i ra), or b	shot (su	course course condor (such as trol ring	epo-Pro (to prev n during Implan g (such a	g last sez on or N as Nuva	atch (su mancy, a kual inte explano	ch as O among s 37.8 ercourse n); or a	and bir shot (su	a), or bi who w 40.4 th contri	ere 48.7 rol	Increased, 2013-2018	Not available	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

2003 2005 2007 20 ot use any method to pre- sexually active)	2009 2011 event pregnar	-	_		2018			
5 1	event pregnar	ncy duri	ng last s					
			ing last a	sexual				
		12.4	8.6	13.6	10.4	No linear change	Not available [¶]	No chang
sted f	or human immunod	or human immunodeficiency vi		· · · · · · · · · · · · · · · · · · ·		12.4 8.6 13.6 10.4 or human immunodeficiency virus (HIV) (not counting tests		

Maryland High School Survey

Washington County

Trend Analysis Report

				H	lealth R	Risk Beh	avior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
		entage o sex- and										tile for	oody ma	iss			
											14.9	14.2	14.8	15.6	No linear change	Not available	No change
		ercentage erence d							ile for b	ody mas	ss index	, based	on sex-	and			
									ile for b	ody mas	ss index 11.0	, based 14.0	on sex- 13.2	and 14.2	No linear change	Not available	No chang
age-spe	cific refe		ata fron	n the 200	00 CDC	growth	charts) [¶]	Î			11.0				No linear change	Not available	No chang
ige-spe	cific refe	erence d	ata fron	n the 200	00 CDC	growth	charts) [¶]	Î			11.0				No linear change No linear change	Not available Not available	No chang No chang
QN67:	cific refe Percenta	age of st	ata fron	n the 200	00 CDC	growth	charts) [¶] es as sli	ghtly or	· very ov	verweig	11.0 ht 27.5	14.0 32.1	13.2 28.5	14.2 30.1			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning

in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

				H	lealth R	lisk Bel	navior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN70:	Percenta	age of st	udents v	who did	not eat	fruit (or	ne or mo	ore times	during	the 7 da	ays befo	ore the s	urvey)	:			
											12.8	16.4	16.7	15.7	No linear change	Not available [¶]	No change
	: Percer juice, d						or drink	100% fr	uit juice	es (such	as oran	ge juice	apple j	uice,			
							or drink	100% fr	uit juice	es (such	as oran	ge juice 9.0	apple j 9.8	uice, 9.8	Increased, 2013-2018	Not available	No chang
OF grape	juice, d	luring th	student	s before	the surv e fruit c	vey) or drank	or drink 100% fr ays befo	ruit juic	es one o		7.2	9.0	9.8		Increased, 2013-2018	Not available	No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

U	Manage			•	Iealth R	Risk Beh	avior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNFR2: orange j										or more	times p	er day (such as				
											26.6	23.4	21.9	20.1	Decreased, 2013-2018	Not available [¶]	No change
QN71: 1	Percenta	age of s	tudents	who did	not eat	green sa	lad (one	e or moi	e times	during	the 7 da	ays befo	re the s	urvey)			
											36.2	39.9	45.0	45.2	Increased, 2013-2018	Not available	No change
QN72: 1	Percenta	age of s	tudents	who did	not eat	potatoes	s (one or	more t	imes du	ring the	e 7 days	before	the surv	ey)			
											27.7	31.3	31.6	36.4	Increased, 2013-2018	Not available	Increased
QN73: 1	Percenta	age of s	tudents	who did	not eat	carrots ((one or 1	nore tin	nes duri	ng the '	7 days b	efore th	e surve	y)			
											50.2	51.9	55.9	53.7	Increased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

				H	lealth R	tisk Bel	avior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN74: survey)	Percenta	age of st	udents v	who did	not eat	other ve	getables	s (one o	r more t	imes du	ring the	7 days	before tl	he	+		
											15.0	17.3	19.6	19.8	Increased, 2013-2018	Not available [¶]	No change
	60: Perc											ig Frenc	h fries, f	fried			
											5.5	6.4	7.8	8.0	Increased, 2013-2018	Not available	No change
L.																	i to chunge
QNVEC	G1: Perc																

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	lealth F	Risk Beł	avior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
		centage of ed potato															
											28.4	24.5	22.1	21.1	Decreased, 2013-2018	Not available [¶]	No change
											20.1	21.0			· · · · · · · · · · · · · · · · · · ·	i tot u fundole	i to enunge
[excludi		centage of ch fries,									een sala	d, potate	bes				
											een sala	d, potate	bes		Decreased, 2013-2018	Not available	No change
[excludi survey) QN75:	ng Frend Percenta		fried po udents v	vho did	or potat	o chips]	, carrots	or glass	er veget	ables, d	een sala uring th 12.9	d, potato e 7 days 11.8	bes before 10.0	the 8.5	Decreased, 2013-2018		

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

				H	lealth R	Risk Beh	navior a	nd Perc	centage	s					Linear Change ^{\dagger}	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
												-	2010	2010			
										or pop on			es per da				
										days be	efore the		es per da		Decreased, 2013-2018	Not available¶	Decrease
										days be	efore the	e surve	es per da	iy		Not available¶	Decrease
NSOD.	Coke, F	Pepsi, o	r Sprite, e of stud	not cour	nting die o drank	et soda o	or diet p	op, duri	ng the 7	days be	efore the 24.1 vo or mo	23.7	es per da 7) 18.5 es per da	ny 15.1		Not available¶	Decreas

Maryland High School Survey

Washington County

Trend Analysis Report

White*	
Physical Activity	

Health Risk Behavior and Percentages	Linear Change [†] Quadratic Change [†] Change from 2016-2018 $\$$	
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2014	2016 2018	
QN78: Percentage of students who were physically active at least 60 minutes per day on 5 or more days kind of physical activity that increased their heart rate and made them breathe hard some of the time durin days before the survey)		
51.7 41.4 38	38.942.2Decreased, 2013-2018Not available [¶] No change	e
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity o 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of during the 7 days before the survey)		
13.9 16.3 18	18.5 18.2 Increased, 2013-2018 Not available No change	e
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 day kind of physical activity that increased their heart rate and made them breathe hard some of the time durin days before the survey)		
32.1 23.7 22.	22.5 23.3 Decreased, 2013-2018 Not available No change	e

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Physical	Activit	y		H	Iealth F	Risk Beł	navior a	nd Perc	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN79:	Percenta	age of st	tudents	who wa	tched te	levision	3 or mo	re hours	s per day	y (on an	n averag	e schoo	l day)				
											27.9	23.1	19.9	16.6	Decreased, 2013-2018	Not available [¶]	Decreased
QN80: (countin Instagra	ng time s	pent on	things s	such as 2	Xbox, P	layStati	on, an il	ad or o	ther tabl	let, a sm	nartphor	ie, texti	ng, Ŷou	Tube,			
											35.9	38.3	37.7	41.6	Increased, 2013-2018	Not available	No change
QN81: week w					ended pl	iysical e	ducatio	n (PE) c	lasses o	n 1 or n	nore day	/s (in ar	ı averag	e			
											33.7	31.6	26.3	25.8	Decreased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Physical		ty		I	Health I	Risk Bel	havior a	and Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	YPE: Pe hen they				ho atten	ded phy	sical edu	ucation ((PE) cla	sses on	all 5 da	ys (in a	n averag	ge			
		,		,							28.5	24.2	20.0	20.7	Decreased, 2013-2018	Not available [¶]	No change
	Percent					ussion f	rom pla	ying a sj	port or b	being ph	ysically	active	(one or	more			
times di	uring the	e 12 moi	nths bef	ore the	survey)								16.2	16.4	No linear change	Not available	No change

Maryland High School Survey

Washington County

White* Other				H	Iealth F	Risk Beł	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN86: during t						ist (for a	check-ı	ıp, exan	n, teeth	cleaning	g, or oth	er denta	ıl work,	,			
												77.9	78.2	80.1	No linear change	Not available [¶]	No change
QNNOI work)	ONT: P	ercentag	ge of stu	dents w	ho neve	r saw a	dentist (for a ch	eck-up,	exam, t	eeth clea	aning, o	r other	dental			
												1.5	1.0	1.6	No linear change	Not available	No change
QN87:	Percenta	age of st	tudents	who hac	l ever be	een told	by a doo	ctor or n	urse that	it they h	ad asthr	na		<u>.</u>			
											23.9	23.8	23.5	19.4	Decreased, 2013-2018	Not available	Decreased

Maryland High School Survey

Washington County

White* Site-Ado	led			ł	Health F	Risk Beh	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN90:	Percent	age of s	tudents	who are	transge	nder							2.9	1.5	Decreased, 2016-2018	Not available [¶]	Decreased
QN93: before the									g (on at	least 1	day dur	ing the		31.3	No linear change	Not available	No change
QN94:	Percent	age of s	tudents	who sm	oked a v	vhole ciį	garette b	efore a	ge 13 ye	ears (for	the firs 8.8	t time) 9.7	9.4	3.8	Decreased, 2013-2018	Not available	Decreased
QN98: day duri						bacco in	a hooka	h, nargl	hile, or o	other tyj	pe of wa	aterpipe	(on at le	east 1 2.9	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

White* Site-Added			H	Iealth R	Risk Beh	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN99: Percer vapor product										flavor v	with an	electron	ic			
											93.3	97.4	97.4	Increased, 2014-2018	Not available [¶]	No change
QN101: Perce oil, or THC wa		students	s who ha	ive ever	used an	electro	nic vapo	or produ	ct to sm	ioke mai	rijuana,	THC o	r hash			
												8.4	17.0	Increased, 2016-2018	Not available	Increased
QN102: Perce little cigar in the			s who th	ink they	definite	ely or pr	obably	will smo	oke a ci	garette,	cigar, c	igarillo,	or			
												21.7	16.8	Decreased, 2016-2018	Not available	Decreased
QN103: Perce flavored smok survey)													rs,			
										16.9	17.6	9.9	7.4	Decreased, 2013-2018	Not available	Decreased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

White* Site-Adde	ed			H	Iealth F	Risk Beh	navior a	and Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN104: 1 the survey		tage of	students	who tri	ed or us	sed toba	cco proc	lucts for	the firs	t time (during t	he 12 m	ionths b	efore			
												16.4	9.9	8.3	Decreased, 2014-2018	Not available [¶]	No change
QN105: survey, an												2 month	s before	the			
											34.6	32.5	35.3	9.9	Decreased, 2013-2018	Not available	Decreased
QN106: 1	Percen	tage of	students	who liv	ve with s	someone	e who no	ow smo	kes ciga	rettes or	r cigars						
											42.4	45.3	40.9	36.2	Decreased, 2013-2018	Not available	Decreased
QN107: 1 allowed a										home i	s that si	noking	is not				
													81.1	81.0	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				H	lealth R	Risk Beł	avior a	nd Pero	centage	5					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	<u>.</u>		
QN108: I luring the					ere in th	ie same i	room wi	th some	eone wh	o was si	noking	(on at l	east one	e day			
													33.8	32.6	No linear change	Not available [¶]	No change
N110: F		tage of s	students	who we	ere taug	ht in the	ir classe	es about	the dan	gers of	tobacco	o use (di	uring the	e last			
											62.6	53.9	54.3	49.6	Decreased, 2013-2018	Not available	Decreased
N117: Friends	Percent	tage of s	students	who sa	y defini	tely yes	or prob	ably yes	that yo	ung peo	ple who	o smoke	e have n	nore			
											25.6	26.6	30.1	32.3	Increased, 2013-2018	Not available	No change
N118: Fool or fit		tage of s	students	who sa	y defini	tely yes	or prob	ably yes	that sm	oking n	nakes y	oung pe	eople lo	ok			

White*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

White*
Site-Added

				E	Iealth F	Risk Beł	navior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN119: parents								eking h	elp fron	n one or	more a	dults be	esides th	eir			
											84.0	83.0	80.3	78.9	Decreased, 2013-2018	Not available [¶]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Injury a	nd Violence

				H	Iealth F	Risk Beł	navior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	<u>.</u>		
QN9: P or more							ho had l	been dri	nking al	cohol (in a car	or other	vehicle	e, one			
											21.2	17.9	13.8	10.6	Decreased, 2013-2018	Not available [¶]	No change
QN13: day duri						eapon o	n schoo	l proper	ty (such	as a gu	n, knife	, or clul	o, on at	least 1			
											7.0	6.2	7.4	4.8	No linear change	Not available	No change
QN14: or for a													for hu	nting			
													6.2	3.4	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Injury and	Violence

Health Risk Behavior and Percentages	Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018	8		
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)			
13.0 7.1 12.9 8.6	No linear change	Not available¶	No change
QN18: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)			
23.8 15.9 16.4 12.4	Decreased, 2013-2018	Not available	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)			
11.1 14.3 9.0 10.5	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

				H	lealth R	lisk Beh	avior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN23:	Percenta	ige of st	udents v	who wei	e bullie	d on sch	lool pro	perty (e	ver duri	ng the 1	2 montl	ns befor	e the su	vey)			
											18.5	17.5	15.9	15.3	No linear change	Not available [¶]	No change
	Percenta ok, or oth										d throug	h textin	g, Instag	gram,			
											d throug 10.2		g, Instag 11.9	gram, 12.1	No linear change	Not available	No change
Faceboo		ner socia	al media	, ever d	uring th	e 12 mo	nths bei	fore the	survey)	>=2 wee	10.2	11.1	11.9	12.1	No linear change	Not available	No change

Black*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Injury an	d Violence

				H	Iealth R	tisk Beł	navior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN26: survey)		age of s	tudents v	who seri	iously co	onsidere	ed attem	pting su	icide (e	ver duri	-	12 mont 21.4		e the 14.8	No linear change	Not available [¶]	No change
QN27: before t			tudents	who ma	de a pla	n about	how the	y would	l attemp	t suicid	e (durin 13.9	ng the 12 16.6	2 months 15.3	15.7	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Tobacco	Use																
				I	Health H	Risk Bel	navior a	nd Per	centage	S					Linear Change †	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN32: survey)	Percent	age of s	tudents	who cur	rently s	moked o	igarette	s (on at	least 1 o	lay dur	ing the 3	30 days	before	he			
											15.9	9.2	9.9	3.5	Decreased, 2013-2018	Not available [¶]	Decreased
QNFRC days bef				ents wh	o currer	tly smo	ked ciga	arettes fi	requentl	y (on 2	0 or mo	re days	during (he 30			
											2.9	2.2	0.4	0.4	Decreased, 2013-2018	Not available	No change
QNDAY before th			ige of st	udents v	who curi	rently sr	noked c	igarettes	s daily (on all 3	0 days c	luring t	he 30 da	ys			
											2.9	1.7	0.4	0.0	Not available	Not available	Not available
QN34: vape pip eGo, and	bes, vap	ing pens															
- 20 , u												46.8	41.5	42.1	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				H	Iealth F	tisk Bel	avior a	nd Pero	centages	5					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN35: F e-pipes, v Plus, eGo	vape pi	pes, vap	ping pen	s, e-hoo	kahs, an	id hooka	h pens [[such as	blu, NJ								
												27.3	13.7	17.8	Decreased, 2014-2018	Not available [¶]	No chang
					o currer	ntly used	l electro	onic vapo	or produ	icts freq	uently (on 20 d	or more	days			
					o currei	ntly used	l electro	onic vapo	or produ	icts freq	uently (on 20 d	or more	days 3.0	No linear change	Not available	No chang
2NFREV luring th 2NDAY he 30 da	e 30 da	eys befo	age of st	urvey)		-			_			1.9	0.9	3.0	No linear change	Not available	No chang
luring th	e 30 da	eys befo	age of st	urvey)		-			_			1.9	0.9	3.0	No linear change No linear change	Not available Not available	No chang No chang
NDAY NDAY ne 30 da	re 30 da TEVP: A ays befor Percer	Percent Precent ore the s	age of st survey)	urvey) tudents v	who cur	rently us	sed elect	tronic va	apor pro	ducts da		1.9 all 30 a 1.5	0.9 lays dur 0.5	3.0 ing 1.9			

Black*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				E	Iealth R	lisk Beh	avior a	nd Pero	centages	5					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
dissolva	ble toba	icco pro	ducts [s	uch as C	Copenha	sed smol gen, Gri days bef	zzly, Sk	oal, or	Camel S	-	,	· •	,	nic			
													6.9	3.1	No linear change	Not available [¶]	No change
ON38:					rently si	moked c	igars (ci	gars, ci	garillos,	or little	cigars,	on at le	ast 1 da	y			
	he 30 da	<i>ij</i> 5 0010.															
during t	he 30 da	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,									18.0	15.3	10.0	3.4	Decreased, 2013-2018	Not available	Decreased
during t		ntage of			urrently	smoked	cigaret	tes or ci	gars (on						Decreased, 2013-2018	Not available	Decreased

Black*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Alcohol	and Ot	her Dru	ıg Use	H	Iealth F	lisk Beł	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN40:	Percent	age of s	tudents	who hac	l their fi	rst drink	of alco	hol befo	ore age 1	13 years	(other	than a fe	ew sips)			
											20.9	18.4	14.6	14.4	No linear change	Not available [¶]	No change
QN41: the 30 d				who cur	rently d	rank alc	ohol (at	least on	e drink	of alcol	hol, on a	at least 1	l day dı	ıring			
the 50 d	ays ber	ne the s	urvey)								34.7	23.7	14.4	15.0	Decreased, 2013-2018	Not available	No change
QN42: females day dur	students	or five	or more	drinks o	of alcoh												
													4.7	5.3	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Alcohol	and Ot	her Dru	ıg Use	ł	Iealth F	Risk Beh	avior a	nd Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from 2016-2018 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN45:	Percent	age of s	tudents	who eve	er used r	narijuan	a (one o	r more	times dı	aring the	eir life)						
											48.5	40.7	35.4	35.0	Decreased, 2013-2018	Not available [¶]	No change
QN46:	Percent	age of s	tudents	who trie	d mariji	uana for	the first	time be	efore ag	e 13 yea	ars				·		
											16.9	15.4	10.2	9.8	Decreased, 2013-2018	Not available	No change
QN47:	Percent	age of s	tudents	who cur	rently u	sed mari	ijuana (o	one or n	nore tim	es durir	ng the 3	0 days b	efore th	e			
survey)											29.8	28.1	15.9	15.4	Decreased, 2013-2018	Not available	No change
QN48:	Percent	age of s	tudents	who eve	er used s	ynthetic	marijua	una (one	e or mor	e times	during	their life	e)				
												19.3	8.8	5.6	Decreased, 2014-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Alcohol and Other Drug Use	

				F	Iealth R	lisk Beh	avior a	nd Perc	centages	5					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN49: different Hydroco	tly than	how a c	loctor to	old them	to use i	t (counti	ing drug	s such a									
													14.6	12.2	No linear change	Not available [¶]	No change
QN50: one or n					er used c	ocaine (any forr	n of coc	aine, in	cluding	powder	r, crack,	or free	base,			
											9.4	5.4	3.1	3.5	Decreased, 2013-2018	Not available	No change
QN52: times du			tudents	who eve	er used h	eroin (a	lso calle	d "smac	ck," "jur	1k," or "	'China V	White,"	one or	more			
											8.0	6.9	4.6	2.9	Decreased, 2013-2018	Not available	No change
QN53: "ice," or							hetamin	ies (also	called	"speed,'	" "crysta	al meth,	" "cranl	k,"			
											9.2	6.2	5.3	2.2	Decreased, 2013-2018	Not available	No change

 * Non-Hispanic. * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Alcohol a	nd Oth	ner Dru	ıg Use	H	Iealth F	Risk Beł	navior a	nd Pero	centage	s					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN54: P	ercenta	age of st	tudents	who eve	er used e	ecstasy (also call	led "ME	9МА," с	one or m	nore tim	es durin	g their	life)			
											11.1	8.6	4.0	3.5	Decreased, 2013-2018	Not available [¶]	No change
QN56: Pobody, one						ed any il	llegal dr	ug (useo	l a need	le to inj	ect any	illegal c	lrug int	o their			
											6.4	5.4	3.2	4.1	No linear change	Not available	No change
QN57: Pomonths be				who we	re offere	ed, sold,	or give	n an ille	gal drug	g on sch	ool prop	perty (du	iring th	e 12			
montus b	erore u	ie suive	- , , ,								34.2	29.6	18.7	18.0	Decreased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Sexual B	Sehavio	rs		I	Iealth F	Risk Beł	navior a	nd Pero	centage	S					Linear Change †	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN58:	Percent	age of s	tudents	who eve	er had se	exual int	ercourse	;			50.3	36.3	31.5	33.1	Decreased, 2013-2018	Not available¶	No change
QN59:	Percent	age of s	tudents	who hac	l sexual	intercou	irse for t	he first	time be	fore ag	e 13 yea 10.4	nrs 7.7	7.2	5.3	No linear change	Not available	No change
QN60:	Percent	age of s	tudents	who hac	l sexual	intercou	irse with	n four oi	more p	persons	during t 18.7	their life 14.7	7.6	10.1	Decreased, 2013-2018	Not available	No change
QN61: during tl					re curre	ntly sexu	ually act	ive (had	l sexual	interco	urse wi 34.9	th at lea	st one po 17.8	erson, 17.8	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Sexual Behaviors

	Health Risk Behavior and Percentages 991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 (84: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting														Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016											2018	3				
QN84: done if t				who wei	re ever t	ested for	r humar	ı immun	odeficie	ency vir	us (HIV	') (not c	ounting	tests			
												19.5	16.1	12.8	Decreased, 2014-2018	Not available [¶]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

				E	Iealth F	Risk Beh	avior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
						erweigh data fro						ile for	oody m	ass			
											18.7	15.4	14.9	18.5	No linear change	Not available	No change
ONOBE	SE Da																
						besity (> growth			ile for b	ody mas	ss index	, based	on sex-	and			
									ile for b	ody mas	ss index 15.1	, based 18.2	on sex- 18.3	and 20.4	No linear change	Not available	No change
age-spe	cific ref	erence d	lata fron	n the 20	00 CDC		charts)	Ī			15.1				No linear change	Not available	No change
age-spe	cific ref	erence d	lata fron	n the 20	00 CDC	growth	charts)	Ī			15.1				No linear change No linear change	Not available Not available	No change No change
QN67:	Percent	age of s	lata fron	n the 200 who des	00 CDC	growth	charts) es as sli	ghtly or	r very ov	verweig	15.1 ht 26.4	18.2 26.7	18.3 25.8	20.4			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning

in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

	Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN70:	Percenta	age of si	tudents	who did	not eat	fruit (or	ne or mo	ore times	s during	the 7 da	ays befo	ore the s	urvey)	-			
											17.8	21.9	21.8	16.6	No linear sheres	Not available [¶]	No shange
											17.0	21.9	21.0	10.0	No linear change	Not available	No change
		ntage of luring th					or drink	100% fr	uit juice	es (such					No intear change		No change
							or drink	100% fr	uit juice	es (such	as oran		, apple j		No linear change	Not available	No chang
QNFR1	juice, d		ne 7 days	s before	the surv	vey) or drank	100% f	ruit juic	es one c		as oran 7.4	ge juice 11.8	, apple j 9.5	uice,			

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	lealth R	lisk Beh	avior a	nd Pero	centage	S					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNFR2 orange j										or more	times p	er day (such as				
											32.1	32.9	19.0	30.9	No linear change	Not available [¶]	Increased
QN71:	Percent	age of s	tudents	who did	not eat	green sa	lad (one	e or mor	e times	during	the 7 da	ays befo	re the s	urvey)			
											42.7	45.3	57.3	53.1	Increased, 2013-2018	Not available	No change
QN72:	Percent	age of s	tudents	who did	not eat	potatoes	(one or	more ti	imes du	ring the	e 7 days	before	the surv	ey)			
											42.4	43.0	43.7	47.9	No linear change	Not available	No change
											72.7	43.0	43.7	ч <i>1</i> .)	i to inical change		No change
QN73:	Percent	age of s	tudents	who did	not eat	carrots (one or 1	nore tin	nes duri	ng the 7	- -						

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Weight Management and Dietary Behaviors	

Health Risk Behavior and Percentages	Linear Change ^{\dagger}	Quadratic Change [†]	Change from 2016-2018 [§]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2015	18		
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)			
21.3 26.8 26.9 22.	No linear change	Not available [¶]	No change
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)			
9.2 14.4 13.2 10.0	0 No linear change	Not available	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	3		
54.9 56.3 42.9 50.	5 No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				Н	Iealth R	lisk Beh	avior a	nd Pero	centage	5					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
						etables t rrots, or											
											19.7	26.4	16.5	19.8	No linear change	Not available [¶]	No change
						etables t o chips]								the			
[excludi														the 10.6	No linear change	Not available	No change
[excludi survey) QN75:	ng Frend Percenta	ch fries,	fried po	who did	or potat		, carrots	or glass	er veget	ables, di	uring th 10.2	e 7 days 14.9	7.5	10.6	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

1995	1997	1000											Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
	1))/	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
												ay			
	Sprite, I	lot coul	ing uit	er bouu e	si alet p	op, uum	ing the ,	aujs o	21.2	21.9	12.0	12.1	Decreased, 2013-2018	Not available [¶]	No chang
										Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before th	Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the surve	Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)		Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Physical Activity	

-		-		ł	Iealth F	Risk Bel	avior a	nd Perc	centage	8					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
	physica	l activit	y that in	who we creased													
											42.7	31.8	34.0	39.9	No linear change	Not available [¶]	No change
	n any ki	nd of pl	nysical a	tudents v activity t rvey)													
6	-			5,							20.1	26.9	27.0	22.9	No linear change	Not available	No change
	physica	l activit	y that in	cudents v creased													
											27.2	21.2	17.8	20.2	Decreased, 2013-2018	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

				E	Iealth R	lisk Beł	avior a	nd Pero	entages	5					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	1		
QN79:	Percent	age of st	tudents	who wat	tched te	levision	3 or mo	re hours	s per day	y (on an	average	e schoo	l day)	·			
											37.6	32.3	26.6	21.4	Decreased, 2013-2018	Not available [¶]	No change
QN80:						eo or con layStatio											
	m, Face					someth	ing that			work, o					No linear change	Not available	No change
Instagra QN81:		book, o	r other s	who atte	edia, for			was not	school	work, o	on an av 37.6	erage so 38.3	zhool da 40.4	y) 36.9	No linear change	Not available	No change

Black*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black*	
Physical Activity	

_

				E	Iealth F	Risk Beł	avior a	nd Perc	centage	S					Linear Change [†]	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
-	YPE: Pe hen they	0			no attend	led phys	ical edu	cation (PE) clas	sses on	-	7s (in an 24.3	n averag 23.0	ge 20.0	No linear change	Not available [¶]	No change
	Percenta uring the					ussion f	om play	ving a sp	port or b	eing ph	ysically	active	(one or 19.9	more 14.8	No linear change	Not available	No change

Maryland High School Survey

Washington County

Black* Other				E	Iealth R	tisk Bel	navior a	nd Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN86: during t						st (for a	check-ı	up, exan	n, teeth	cleaning	g, or oth	er denta 71.3	ıl work 65.6	67.5	No linear change	Not available [¶]	No change
QNNOI work)	DNT: Po	ercentag	ge of stu	dents w	ho neve	r saw a	dentist (for a ch	eck-up,	exam, t	eeth cle	aning, c	r other	dental			
,												1.4	1.0	2.5	No linear change	Not available	No change
QN87:	Percenta	age of st	udents v	who had	l ever be	en told	by a doo	ctor or r	urse that	at they h	nad asthi	ma		· · · · ·			
											31.9	28.9	31.6	27.5	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Site-Ado	led			F	Health F	Risk Beh	avior a	nd Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN90:	Percent	age of s	tudents	who are	transge	nder						1	4.7	1.2	No linear change	Not available [¶]	Decreased
QN94:	Percent	age of s	tudents	who sm	oked a v	whole cig	garette b	before ag	ge 13 ye	ears (for	the firs	t time) 8.4	9.6	4.7	Decreased, 2013-2018	Not available	No change
QN98: day duri						bacco in	a hooka	ıh, nargl	hile, or o	other ty	pe of wa	aterpipe	(on at le 3.3	east 1 2.2	No linear change	Not available	No change
QN101: oil, or T			students	s who ha	ave ever	used an	electro	nic vapo	or produ	ct to sm	oke ma	rijuana,		hash 11.9	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Site-Add	led																
				H	Iealth F	Risk Bel	navior a	nd Per	centage	S					Linear Change [†]	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN102: little cig				s who th	ink they	v definit	ely or pi	obably	will smo	oke a ci	garette,	cigar, c	igarillo.	, or			
													18.7	10.6	Decreased, 2016-2018	Not available [¶]	Decreased
QN103: flavored survey)																	
57											20.5	13.7	4.5	1.8	Decreased, 2013-2018	Not available	No change
QN104: the surve		tage of	students	s who tri	ied or us	sed toba	cco proc	lucts for	r the firs	st time (during t	he 12 n	onths b	efore			
												11.8	6.6	3.5	Decreased, 2014-2018	Not available	No change
QN106:	Percen	tage of	students	s who liv	ve with	someon	e who n	ow smo	kes ciga	rettes of	cigars						
											51.3	43.1	40.7	30.9	Decreased, 2013-2018	Not available	Decreased

Black*

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Black* Site-Add	ed																
				ł	Iealth F	Risk Beł	avior a	nd Pero	centage	s					Linear Change †	Quadratic Change [†]	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN107: allowed										r home i	s that s	moking	is not				
													77.4	78.7	No linear change	Not available [¶]	No change
QN108: during th					ere in th	ie same i	room wi	ith some	eone wh	o was si	moking	(on at	least on	e day			
8													23.0	22.5	No linear change	Not available	No change
QN110: school y		tage of	students	s who w	ere taug	ht in the	ir classe	es about	the dan	gers of	tobacco	o use (d	uring th	e last			
											66.3	51.0	53.8	56.1	No linear change	Not available	No change
QN117: friends	Percen	tage of	students	s who sa	y defini	tely yes	or prob	ably yes	s that yo	oung peo	ple wh	o smok	e have r	nore			
											49.6	49.9	48.0	54.0	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Maryland High School Survey

Washington County

Black* lite-Adde	ed			Н	lealth F	tisk Bel	havior a	and Pero	centage	s					Linear Change †	Quadratic Change †	Change from 2016-2018 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
		-															
QN118: cool or fi		tage of	students	who sa	y defini	tely yes	or prob	ably yes	s that sm	noking r	nakes yo 33.4	oung pe 30.4	24.8	ok 28.9	No linear change	Not available [¶]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Injury and	Violence

			H	ealth R	isk Beh	avior an	d Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN9: Percentag or more times d						ho had t	been dri	nking al	cohol (i	in a car	or othe	vehicle	e, one			
										25.0	26.1	17.8	17.7	Decreased, 2013-2018	Not available [§]	No change
QN13: Percenta day during the 3					eapon o	n school	proper	ty (such	as a gu	n, knife	, or clul	o, on at	least 1			
										11.4	9.1	12.2	9.4	No linear change	Not available	No change
QN14: Percenta or for a sport su												for hu	nting			
												11.0	10.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Hispanic	
Injury and	Violence

				H	ealth Ri	isk Beha	avior an	d Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 199	93	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	8		
QN16: Perc knife, or club	0						5			on schoo	ol prop	erty (su	ch as a g	gun,			
											19.5	9.7	13.8	9.0	Decreased, 2013-2018	Not available [§]	No change
QN18: Perce months before	0			who wei	e in a p	hysical f	fight on	school	property	v (one or	more	times d	uring th	e 12			
											25.9	16.8	16.7	19.0	No linear change	Not available	No change
QN22: Perc someone the with an objec went out wit	ey wei ect or v	e datii weapo	ng or go n] one o	oing out or more	with [co times du	ounting s uring the	such thin 2 mor	ngs as b nths bef	eing hit	, slamm	ed into	someth	ing, or i	injured			
											27.8	13.0	16.6	13.2	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Injury and	Violence

				H	ealth Ri	sk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN23:	Percent	age of s	tudents	who wei	re bullie	d on scł	nool proj	perty (e	ver duri	ng the 1	2 mont	hs befo	e the su	rvey)			
											27.8	22.1	22.3	20.3	No linear change	Not available [§]	No change
QN24: Faceboo											l throug	gh textir	g, Insta	gram,			
											22.3	15.5	18.9	15.8	No linear change	Not available	No change
QN25: stopped											eks in a	row so	that the	y			
											44.0	33.6	35.3	35.7	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Injury and Violence

				H	ealth Ri	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN26: survey)		age of s	tudents	who seri	iously c	onsidere	ed attem	pting su	icide (e	ver duri	ng the 1 23.1	12 mont 22.2	hs befor 19.3	re the 19.7	No linear change	Not available [§]	No change
QN27: before t			tudents	who ma	de a pla	n about	how the	y would	l attemp	ot suicid	e (durin 17.2	22.3	2 months 16.7	5 17.6	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Linear Change^{*}

Quadratic Change*

Change from

				H	ealth R	isk Beh	avior ai	nd Perc	entages					
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	
QN32:	Percenta	age of st	tudents	who cur	rently s	moked o	rigarette	s (on at	least 1 d	lay duri	ng the 3	0 days 1	before t	h
QN32: survey)	Percenta	age of st	tudents	who cur	rently s	moked o	zigarette	s (on at	least 1 d	lay duri	ng the 3	·	before t	h
-	Percenta	age of st	tudents	who cur	rently s	moked c	igarette	s (on at	least 1 d	lay duri	C	30 days 1 20.0		h
-	IG: Per	rcentage	of stud					-			24.8	20.0	12.5	

Hispanic

									0								2016-2018 *
1991 19	993 1	995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN32: Pero survey)	centage	of st	idents v	who cur	rently s	moked c	igarette	s (on at	least 1 c	lay duri	ng the 3	0 days	before t	he			
											24.8	20.0	12.5	7.4	Decreased, 2013-2018	Not available [§]	No change
QNFRCIG: days before			of stud	ents wh	o currer	itly smol	ked ciga	rettes fr	equentl	y (on 20) or mor	e days o	during t	he 30			
											10.6	7.0	7.1	4.4	Decreased, 2013-2018	Not available	No change
QNDAYCI before the s		centag	ge of stu	idents v	who curi	rently sn	noked ci	garettes	daily (on all 30) days d	uring th	ne 30 da	ys			
											9.1	5.9	6.0	4.4	No linear change	Not available	No change
QN34: Pero vape pipes, eGo, and Ha	vaping																
												48.5	43.8	45.8	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic
Tobacco Use

				H	ealth Ri	isk Beha	avior an	d Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018			
e-pipes,	vape pij	pes, vap	ing pens	s, e-hoo	kahs, an	sed an e id hooka he 30 da	h pens [such as	blu, NJ								
												29.7	16.8	27.5	No linear change	Not available [§]	Increased
	VP: Per ne 30 da				o currer	ntly used	lelectro	nic vap	or produ	icts freq	uently ((on 20 c	or more	days			
												6.8	5.4	10.2	No linear change	Not available	No change
	EVP: 1 ays befo			udents v	who curr	rently us	sed elect	ronic va	apor pro	ducts d	aily (on	all 30 d	lays du	ring			
												4.5	4.4	8.1	No linear change	Not available	No change
	Percer ng the 3					smoked	cigaret	tes or us	sed elec	tronic v	apor pro	oducts	(on at le	east 1			
2																	

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Tobacco Use	

				Н	ealth Ri	isk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN37: 1 dissolva vapor pr	ble toba	acco pro	ducts [s	uch as C	Copenha	gen, Gri	zzly, Sk	coal, or (Camel S	0	,	· •	,	nic			
													13.2	5.6	No linear change	Not available [§]	Decreased
QN38: 1 during th					rently si	moked c	igars (c	igars, ci	garillos	, or little	e cigars,	, on at l	east 1 da	ay			
											21.4	24.3	15.3	8.0	Decreased, 2013-2018	Not available	Decreased
QNTB2: before th			f studen	ts who c	urrently	smoked	l cigaret	tes or ci	gars (or	at leas	t 1 day o	during t	he 30 da	ays	,,		
											31.2	27.8	18.8	10.3	Decreased, 2013-2018	Not available	Decreased

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic		
Alcohol and	Other Drug	Use

				Н	ealth Ri	isk Beha	avior ar	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN40: I	Percent	age of s	tudents	who hac	l their fi	rst drink	t of alco	hol befo	ore age 1	13 years	s (other	than a t	ew sips)			
											27.4	31.3	20.2	18.6	Decreased, 2013-2018	Not available [§]	No change
QN41: I the 30 da				who cur	rently d	rank alco	ohol (at	least on	e drink	of alcol	hol, on	at least	1 day d	uring			
											30.2	34.0	24.9	19.8	Decreased, 2013-2018	Not available	No change
QN42: I female st day durit	tudents	or five	or more	drinks o	of alcoh												
													16.1	10.6	No linear change	Not available	No change

Maryland High School Survey

Washington County

Hispanic Alcohol a		er Druş	g Use	Н	ealth R	isk Beh	avior aı	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	1		
QN45:	Percenta	age of st	tudents	who eve	r used r	narijuan	a (one c	or more	times du	iring the	eir life)						
											44.7	47.3	30.6	31.7	Decreased, 2013-2018	Not available [§]	No change
QN46:	Percenta	age of st	tudents	who trie	d mariji	uana for	the first	t time be	efore ag	e 13 yea	ars						
		-							-		16.6	19.3	13.1	9.1	Decreased, 2013-2018	Not available	No change
QN47:	Percenta	age of st	tudents	who cur	rently u	sed mar	ijuana (o	one or n	nore tim	es durir	ng the 3	0 days t	efore th	e			
survey)											24.7	28.5	19.2	19.3	Decreased, 2013-2018	Not available	No change
QN48:	Percenta	age of st	tudents	who eve	r used s	ynthetic	e marijua	ana (one	e or mor	e times	during	their life	e)				
												19.1	13.3	9.7	Decreased, 2014-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic			
Alcohol and	Other	Drug	Use

			-	H	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN49: 1 different Hydroco	ly than	how a d	loctor to	ld them	to use i	t (counti	ing drug	s such a									
													18.5	12.3	No linear change	Not available [§]	No change
QN50: 1 one or m					er used c	ocaine (any form	n of coc	aine, in	cluding	powde	r, crack	, or free	base,			
											15.6	11.2	10.6	6.1	Decreased, 2013-2018	Not available	No change
QN52: 1 times du			tudents	who eve	er used h	eroin (a	lso calle	d "smac	ck," "jur	1k," or "	China V	White,"	one or	more			
											14.4	10.1	8.8	5.7	Decreased, 2013-2018	Not available	No change
QN53: 1 "ice," or							hetamin	es (also	called	"speed,'	' "crysta	al meth	," "cranl	k,"			
											13.4	8.2	11.0	5.2	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Hispanic		
Alcohol and	Other Drug	Use

				H	ealth Ri	sk Beh	avior ar	nd Perco	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN54: Pe	ercenta	ige of s	tudents	who eve	r used e	cstasy (also call	ed "MD	9MA," c	one or m	ore tim	es durir	g their	life)			
											16.8	12.6	10.9	6.3	Decreased, 2013-2018	Not available [§]	No change
QN56: Pe body, one						d any il	legal dr	ug (usec	l a need	le to inj	ect any	illegal o	drug into	o their			
											11.6	8.5	8.3	5.3	Decreased, 2013-2018	Not available	No change
QN57: Pe months be		0		who we	e offere	d, sold,	or giver	n an ille	gal drug	on sch	ool proj	perty (d	uring th	e 12			
											30.1	30.7	26.3	23.8	No linear change	Not available	No change

Maryland High School Survey

Washington County

				He	ealth Ri	isk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
QN58:	Percenta	ige of st	udents v	who eve	r had se	xual inte	ercourse	1			50.6	47.0	35.7	39.1	No linear change	Not available [§]	No change
QN59:	Percenta	nge of st	udents v	vho had	sexual	intercou	urse for t	he first	time be:	fore age	e 13 yea 14.1		5.2	8.8	No linear change	Not available	No change
QN60:	Percenta	ige of st	udents v	who had	sexual	intercou	urse with	four or	more p	ersons	during t 25.4	heir life 19.2	10.9	10.5	Decreased, 2013-2018	Not available	No shance
											23.4	17.2	10.7	10.5	Decreased, 2015-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Sexual Behaviors

				He	ealth Ri	isk Beha	wior an	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN84: I done if th		0		who wei	e ever t	ested for	r human	immun	odeficie	ency vir	us (HIV		ounting 16.6	tests 12.3	No linear change	Not available [§]	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change* Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§] 18.6 11.6 17.0 25.6 Increased, 2013-2018 Not available[¶] Increased ONOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§ 16.0 14.8 20.5 17.1 No linear change Not available No change QN67: Percentage of students who described themselves as slightly or very overweight 31.5 32.5 33.2 33.9 No linear change Not available No change QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey) 25.8 25.8 34.6 33.8 No linear change Not available No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. [†]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Weight Management and Dietary Behaviors Health Risk Behavior and Percentages Linear Change^{*} Quadratic Change* **Change from** 2016-2018 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018 QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey) 15.1 17.7 21.5 18.9 No linear change Not available§ No change ONFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 8.1 9.7 14.8 11.2 No linear change Not available No change QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) 64.2 52.2 51.4 52.1 No linear change Not available No change

Maryland High School Survey

Washington County

Trend Analysis Report

				H	ealth Ri	sk Beha	avior ar	d Perc	entages						Linear Change*	Quadratic Change [*]	Change from 2016-2018
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	_		
	: Percer juice, ap									or more	times p	er day (such as				
											33.1	31.4	29.2	28.4	No linear change	Not available [§]	No change
QN71:	Percenta	ge of st	udents v	who did	not eat	green sa	lad (one	e or moi	e times	during	the 7 da	ays befo	re the su	urvey)			
											32.5	42.1	43.6	45.4	Increased, 2013-2018	Not available	No change
QN72:	Percenta	ge of st	udents v	who did	not eat	potatoes	(one or	more t	imes du	ring the					Increased, 2013-2018	Not available	No change
QN72:	Percenta	ge of st	udents v	who did	not eat	potatoes	(one or	more t	imes du	ring the					Increased, 2013-2018 Increased, 2013-2018	Not available Not available	No change Increased
	Percenta					_					27 days 33.8	before 38.1	he surv 32.5	ey) 46.8			

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2014 2016 2018			
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)			
20.2 18.9 28.0 28.6 In	ncreased, 2013-2018	Not available [§]	No change
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)			
9.3 9.9 14.5 17.2 In	ncreased, 2013-2018	Not available	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)			
63.8 56.6 54.4 52.4	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Weight Management and Dietary Behaviors

				Н	ealth Ri	sk Beha	avior an	nd Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QNVEG French f																	
											34.4	31.0	27.7	26.7	No linear change	Not available [§]	No change
QNVEG [excludit survey)		0			U							· 1		e the	·		
•											21.8	20.8	17.0	17.3	No linear change	Not available	No change
QN75: 1 Sprite, n											(such a	s Coke,	Pepsi, o	or			
											25.5	24.9	32.8	35.5	Increased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Hispanic
Weight Management and Dietary Behaviors

				Н	ealth Ri	isk Beh	avior aı	nd Perc	entages	5					Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNSOE (such as		0				,	,	0						iy 11.3	Decreased, 2013-2018	Not available [§]	No change
QNSOE (such as		0				,	,	0						ay 8.2	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Physical Activity

				H	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	5 2018	3		
QN78: kind of days be	physica	l activit	y that in														
5		5,									40.4	36.3	34.0	30.7	No linear change	Not available [§]	No change
QNPA0 1 day (i during t	n any k	ind of pl	nysical a	ctivity t													
											21.2	25.5	31.5	31.4	Increased, 2013-2018	Not available	No change
kind of	PA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any d of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 ys before the survey)																
											24.8	23.4	17.3	15.2	Decreased, 2013-2018	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Physical Activity	

				Н	ealth Ri	isk Beh	avior ar	nd Perc	Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN79: 1	Percenta	age of s	tudents	who wa	tched te	levision	3 or mo	ore hour	s per da	y (on ar	n averag	ge schoo	l day)				
											31.3	29.3	26.4	14.4	Decreased, 2013-2018	Not available [§]	Decreased
QN80: 1 (countin Instagrai	g time s	spent on	things s	such as	Xbox, P	layStati	on, an iF	Pad or o	ther tab	et, a sn	nartpho	ne, texti	ng, Ŷot	ıTube,			
											38.9	38.9	40.5	37.2	No linear change	Not available	No change
QN81: 1 week wh					ended pł	nysical e	ducation	n (PE) c	lasses o	n 1 or r	nore da	ys (in a	n averag	ge			
											40.5	36.6	33.0	27.9	Decreased, 2013-2018	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic
Physical Activity

				H	ealth Ri	isk Beh	avior ar	nd Perc	entages						Linear Change [*]	Quadratic Change [*]	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QNDLY week w		0			o attend	led phys	ical edu	cation (PE) cla	sses on	all 5 da <u>:</u> 26.5	ys (in ai 26.3	n averag 19.9	e 18.6	Decreased, 2013-2018	Not available [§]	No change
QN83: times du						ussion fi	om play	ying a sj	port or b	eing ph	ysically	v active	(one or) 23.3	more 15.6	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Other				H	ealth Ri	isk Beh	avior ar		Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN86: 1 during th						st (for a	check-1	ıp, exan	n, teeth	cleaning	g, or oth	er dent	al work,	:			
												66.2	66.5	70.4	No linear change	Not available [§]	No change
QNNOE work)	ONT: Po	ercentag	ge of stu	dents w	ho neve	r saw a	dentist (for a ch	eck-up,	exam, t	eeth cle	aning, c	or other	dental			
												4.9	5.8	3.0	No linear change	Not available	No change
QN87: 1	Percenta	age of st	tudents	who had	l ever be	en told	by a doo	ctor or n	urse that	at they h	ad asth	ma					
											27.6	29.5	27.9	34.5	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Site-Add				Н	ealth R	isk Beh	avior ar	nd Perc	entages	1					Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018			
QN90:	Percent	age of s	tudents	who are	transge	nder				;	;		9.5	2.2	Decreased, 2016-2018	Not available [§]	Decreased
QN94:	Percent	age of s	tudents	who sm	oked a v	whole ci	garette t	before a	ge 13 ye	ears (for	the firs		13.5	9.4	Decreased, 2013-2018	Not available	No change
QN98: day dur						oacco in	a hooka	ıh, narg	hile, or	other ty	pe of w	aterpipe	(on at le 9.9	east 1 6.5	No linear change	Not available	No change
QN101: oil, or T			students	s who ha	ive ever	used an	electro	nic vapo	or produ	ict to sm	noke ma	irijuana,	THC or 10.0	hash 13.6	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Site-Added	

				Н	ealth Ri	sk Beha	avior an	d Perce	entages						Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	201	3		
QN102: F little cigar				who th	ink they	definite	ely or pro	obably v	will smo	oke a cig	garette, c	cigar, c	igarillo	, or			
													22.9	16.9	No linear change	Not available [§]	No change
QN103: F flavored si																	
										during	the 30 d				Decreased, 2013-2018	Not available	Decreased
flavored si survey) QN104: F	Percent	ess toba	eco pro	ducts, o	r both, r	ot coun	ting mer	nthol cig	garettes,	during	the 30 d 21.6	ays be 22.2	fore the 12.6	5.8	Decreased, 2013-2018	Not available	Decreased
flavored si survey)	Percent	ess toba	eco pro	ducts, o	r both, r	ot coun	ting mer	nthol cig	garettes,	during	the 30 d 21.6 luring th	ays be 22.2	fore the 12.6	5.8	Decreased, 2013-2018 Decreased, 2014-2018	Not available Not available	Decreased
flavored si survey) QN104: F	Percent	age of	cco pro	ducts, o	r both, r	ed tobac	ting mer	ucts for	garettes,	during	the 30 d 21.6 during th	22.2 ne 12 n	fore the 12.6	5.8 before			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic Site-Added																	
				Н	ealth R	isk Beha	avior ar	nd Perc	entages						Linear Change*	Quadratic Change*	Change from 2016-2018 [†]
1991 19	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	3		
QN107: Per allowed any										home i	s that si	moking	is not				
													73.3	81.4	No linear change	Not available [§]	No change
QN108: Per during the 7					ere in th	e same i	room wi	th some	eone wh	o was si	noking	(on at]	east one	e day			
Ū.				•									24.5	26.4	No linear change	Not available	No change
QN110: Per school year)		age of s	students	who w	ere taug	ht in the	ir classe	es about	the dan	gers of t	tobacco	o use (d	uring the	e last			
											63.4	54.2	52.2	52.2	Decreased, 2013-2018	Not available	No change
QN117: Per friends	ercenta	age of s	students	who sa	y defini	tely yes	or prob	ably yes	s that yo	ung peo	ple wh	o smok	e have n	nore			
											44.9	38.0	51.4	43.8	No linear change	Not available	No change

Maryland High School Survey

Washington County

Trend Analysis Report

Hispanic	
Site-Added	

	Health Risk Behavior and Percentages														Linear Change [*]	Quadratic Change*	Change from 2016-2018 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2014	2016	2018	-		
QN118: cool or t		itage of	students	who sa	y defini	tely yes	or prob	ably yes	that sm	noking 1	2	oung pe 24.9	ople loo 30.6	ok 30.7	No linear change	Not available [§]	No change
	QN119: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life 74.8 68.7 71.6 67.1 No linear change Not available No change														No change		