

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	14.4 (12.7-16.3)	2,177	14.4 (11.0-18.7)	325			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.5 (2.9-6.9)	884	6.5 (2.9-13.9)	104			●
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	30.0 (26.1-34.2)	909	28.4 (20.4-37.9)	109			●
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.4 (3.5-5.5)	2,132	8.3 (5.6-12.2)	321		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	4.0 (3.1-5.2)	2,172	4.1 (2.2-7.4)	325			●
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	10.7 (9.2-12.4)	2,169	16.3 (12.8-20.4)	324		●	
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	7.4 (6.1-9.0)	2,165	11.7 (8.5-16.0)	322		●	
QN18: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	9.6 (8.3-11.1)	2,174	11.7 (8.7-15.7)	323			●
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.3 (7.6-11.4)	1,256	20.4 (14.9-27.3)	192		●	

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	% 95% CI*	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	18.8 (16.8-21.0)	2,158	35.0 (29.6-40.9)	318		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	14.3 (12.6-16.1)	2,160	29.4 (24.3-35.2)	318		●	
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	28.3 (26.1-30.5)	2,159	69.5 (63.9-74.6)	318		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	15.1 (13.2-17.2)	2,144	48.7 (43.1-54.4)	318		●	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	12.6 (11.0-14.2)	2,146	35.4 (29.8-41.4)	315		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	7.9 (6.4-9.7)	2,155	16.1 (12.2-21.1)	320		●	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	5.9 (4.5-7.7)	2,168	13.5 (9.9-18.1)	322		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.9 (1.2-3.0)	2,168	3.8 (2.0-7.0)	322			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.4 (0.8-2.4)	2,168	2.9 (1.4-6.0)	322			●
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	46.5 (43.3-49.7)	2,125	52.9 (47.0-58.7)	316		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	29.8 (26.9-33.0)	2,024	34.7 (29.1-40.7)	300			●
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	9.2 (7.3-11.5)	2,024	8.5 (5.7-12.4)	300			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	5.7 (4.2-7.6)	2,024	5.6 (3.4-9.0)	300			●
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	5.9 (3.8-9.0)	536	6.5 (2.9-13.8)	100			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	5.4 (4.3-6.8)	2,161	5.8 (3.4-9.8)	322			●
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	6.1 (5.0-7.5)	2,162	10.3 (7.2-14.5)	323		●	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	9.1 (7.5-11.1)	2,161	17.2 (13.2-22.3)	323		●	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	11.6 (9.7-13.8)	2,158	17.9 (13.8-22.9)	321		●	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	33.1 (30.0-36.2)	2,048	40.5 (34.5-46.7)	309		●	

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	31.0 (28.0-34.2)	2,037	38.6 (32.8-44.8)	308		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	14.4 (12.5-16.5)	2,078	19.0 (14.7-24.2)	305			●
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	24.2 (21.8-26.9)	2,087	35.7 (29.5-42.3)	305		●	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	11.7 (9.7-14.0)	2,107	20.6 (16.0-26.1)	308		●	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	30.2 (27.2-33.3)	2,067	50.3 (44.4-56.3)	311		●	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	6.8 (5.4-8.5)	2,098	10.0 (6.9-14.3)	316			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	17.4 (15.3-19.6)	2,105	30.1 (25.5-35.1)	315		●	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	5.9 (4.7-7.4)	2,135	7.2 (4.9-10.4)	318			●
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	10.5 (8.9-12.4)	2,144	22.2 (18.0-27.1)	319		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	3.6 (2.7-4.8)	2,142	6.0 (3.8-9.2)	321			●
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.3 (1.6-3.3)	2,137	3.2 (1.8-5.7)	318			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.5 (1.7-3.5)	2,141	3.8 (2.2-6.5)	319			●
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	3.6 (2.6-4.9)	2,135	6.1 (4.0-9.2)	320			●
QN56: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	2.9 (2.2-3.9)	2,120	3.5 (1.9-6.4)	315			●
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	18.8 (16.7-21.0)	2,119	22.9 (17.4-29.5)	318			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	32.2 (28.7-35.9)	1,892	43.1 (36.8-49.6)	284		●	
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	2.9 (2.2-3.8)	1,878	4.3 (2.3-8.0)	287			●
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	6.7 (5.3-8.5)	1,889	11.5 (8.2-15.8)	287		●	
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	23.4 (20.4-26.8)	1,886	29.8 (24.2-36.1)	288		●	
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	18.2 (14.5-22.4)	415	20.9 (13.6-30.6)	88			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	43.7 (38.6-49.0)	408	64.1 (52.8-74.0)	87		●	
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	63.9 (58.5-69.0)	400	72.1 (61.3-80.8)	86			●
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	92.0 (88.5-94.5)	400	94.0 (86.8-97.4)	86			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	52.2 (47.0-57.3)	400	62.5 (51.8-72.2)	86			●
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	82.1 (77.3-86.0)	396	89.8 (80.5-94.9)	85			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	8.9 (6.4-12.3)	400	28.6 (20.3-38.7)	86		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>	14.1 (12.3-16.0)	2,004	21.8 (17.6-26.7)	281		●	
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>	16.6 (15.0-18.4)	2,004	19.0 (14.2-25.0)	281			●
QN67: Percentage of students who described themselves as slightly or very overweight	27.6 (25.7-29.6)	2,103	42.2 (36.8-47.8)	315		●	
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	35.0 (32.6-37.5)	2,117	38.0 (32.7-43.6)	316			●
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	15.5 (13.6-17.5)	2,110	20.2 (15.8-25.3)	314			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>§</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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#### Dietary Behaviors

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	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	9.4 (7.9-11.2)	2,105	10.4 (7.4-14.3)	313			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	46.1 (43.6-48.6)	2,109	47.9 (41.9-54.0)	314			●
QN72: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	37.7 (35.4-39.9)	2,112	45.2 (39.3-51.3)	315		●	
QN73: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	54.9 (52.6-57.1)	2,105	57.5 (51.7-63.0)	314			●
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	20.6 (18.2-23.1)	2,100	22.9 (18.2-28.4)	310			●

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	9.0 (7.5-10.6)	2,079	10.3 (6.9-15.1)	310			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	14.3 (12.6-16.1)	2,097	14.0 (10.3-18.9)	313			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	8.6 (7.2-10.2)	2,097	11.4 (7.8-16.3)	313			●
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	15.2 (13.7-16.9)	2,093	18.0 (14.1-22.7)	313			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	67.1 (64.8-69.3)	2,093	80.8 (75.7-85.1)	313		●	

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Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.1 (54.5-59.6)	2,084	74.2 (67.4-79.9)	307		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	18.6 (16.6-20.8)	2,084	29.0 (23.7-35.0)	307		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.6 (74.5-78.5)	2,084	88.5 (84.0-91.8)	307		●	
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	16.3 (14.6-18.2)	2,096	21.4 (16.8-26.9)	313			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	39.3 (36.8-42.0)	2,086	48.7 (43.2-54.2)	310		●	
QN81: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	70.9 (67.2-74.3)	2,068	80.9 (75.0-85.7)	310		●	
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	77.7 (74.3-80.8)	2,068	88.5 (84.2-91.8)	310		●	
QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	16.5 (14.7-18.5)	2,089	10.4 (7.3-14.7)	311	●		
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	70.8 (68.3-73.1)	2,084	80.5 (75.8-84.5)	312		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	87.2 (85.2-88.9)	2,073	88.1 (83.6-91.5)	311			●
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	21.9 (19.6-24.3)	2,071	29.2 (24.1-34.9)	311		●	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.2 (0.8-1.8)	2,071	4.2 (2.3-7.8)	311		●	
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	22.4 (20.4-24.5)	2,078	25.4 (20.9-30.4)	308			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	21.0 (18.5-23.7)	2,076	27.1 (22.3-32.5)	306		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who are transgender	0.7 (0.4-1.3)	2,174	8.4 (5.5-12.5)	322		●	
QN91: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey)	2.6 (1.9-3.5)	2,174	7.0 (4.5-10.9)	323		●	
QN92: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	5.8 (4.6-7.2)	2,170	8.5 (5.7-12.4)	324			●
QN93: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	29.3 (25.4-33.4)	966	28.4 (20.7-37.6)	116			●
QN94: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	3.6 (2.7-5.0)	2,128	8.7 (6.0-12.5)	314		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN95: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	12.9 (5.7-26.3)	83	-	27			
QN96: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	49.4 (35.1-63.9)	46	-	15			
QN97: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	83.8 (74.2-90.3)	96	71.6 (47.5-87.6)	31			●
QN98: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	2.5 (1.8-3.5)	2,122	5.5 (3.3-9.0)	312		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
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Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN99: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	97.4 (95.9-98.4)	791	95.7 (90.2-98.2)	144			●
QN100: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	15.8 (14.2-17.6)	1,984	18.9 (14.4-24.4)	299			●
QN101: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	15.1 (12.8-17.6)	1,978	20.4 (16.1-25.5)	300		●	
QN102: Percentage of students who think they definitely or probably will smoke a cigarette, cigar, cigarillo, or little cigar in the next year	14.9 (13.0-17.1)	2,152	19.0 (14.5-24.5)	322			●
QN103: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	6.5 (5.1-8.1)	2,085	5.5 (3.4-8.9)	310			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN104: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	6.9 (5.8-8.2)	1,983	8.8 (5.9-13.1)	284			●
QN105: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	88.5 (84.5-91.7)	352	88.2 (78.0-94.0)	78			●
QN106: Percentage of students who live with someone who now smokes cigarettes or cigars	34.4 (32.0-36.9)	2,138	46.1 (39.8-52.4)	313		●	
QN107: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	18.0 (16.2-19.9)	2,149	30.1 (24.8-35.9)	320		●	
QN108: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	28.9 (26.6-31.4)	2,150	42.6 (37.0-48.5)	322		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN109: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	16.8 (15.1-18.6)	2,058	16.8 (12.8-21.8)	309			●
QN110: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	47.9 (45.4-50.5)	2,072	53.9 (47.4-60.2)	309			●
QN111: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	22.4 (20.2-24.8)	2,057	38.9 (33.5-44.6)	304		●	
QN112: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	15.6 (13.7-17.7)	2,066	29.0 (24.3-34.2)	307		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



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### Maryland High School Survey Washington County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN113: Percentage of students who have ever lived with anyone who was an alcoholic or problem drinker, used illegal street drugs, took prescription drugs to get high, or was a problem gambler	24.3 (22.3-26.3)	2,047	37.6 (32.5-43.1)	303		●	
QN114: Percentage of students who ever lived with anyone who was depressed, mentally ill, or suicidal	28.5 (26.2-31.0)	2,043	56.3 (50.0-62.3)	302		●	
QN115: Percentage of students who reported someone in their household has ever gone to jail or prison	24.2 (21.9-26.6)	2,054	33.1 (27.4-39.4)	304		●	
QN116: Percentage of students who reports a parent or other adult in their home regularly swears at them, insults them, or puts them down	20.0 (17.9-22.4)	2,034	36.5 (31.3-42.0)	299		●	
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	36.4 (34.1-38.8)	2,052	39.8 (34.3-45.6)	307			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	24.9 (22.6-27.2)	2,058	25.4 (20.7-30.8)	309			●
QN119: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	21.5 (19.5-23.7)	2,061	30.6 (25.6-36.1)	309		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.