

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	13.8 (13.1-14.5)	33,898	21.3 (19.1-23.6)	4,636		●	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.3 (3.8-4.8)	14,220	7.6 (5.8-9.8)	1,652		●	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	25.4 (24.0-26.9)	14,559	31.1 (27.9-34.5)	1,740		●	
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.5 (4.0-5.1)	33,165	9.7 (8.5-11.1)	4,530		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	3.7 (3.4-4.1)	33,903	6.0 (4.8-7.5)	4,636		●	
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	7.5 (6.9-8.1)	33,861	15.1 (13.3-17.1)	4,628		●	
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	6.5 (5.9-7.1)	33,782	12.2 (10.8-13.8)	4,639		●	
QN18: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	10.9 (10.1-11.7)	33,944	15.7 (13.8-17.8)	4,658		●	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.0 (8.2-9.9)	18,985	20.6 (18.1-23.3)	2,907		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	14.6 (14.0-15.3)	33,446	27.6 (25.5-29.9)	4,529		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.7 (11.1-12.2)	33,737	23.8 (21.5-26.2)	4,565		●	
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	27.2 (26.1-28.2)	33,605	61.0 (58.8-63.1)	4,528		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	13.6 (13.0-14.3)	33,461	44.4 (41.9-46.9)	4,501		●	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	12.8 (12.1-13.5)	33,487	36.1 (33.7-38.6)	4,504		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	6.7 (6.1-7.4)	33,633	12.1 (10.8-13.6)	4,567		●	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	3.9 (3.5-4.4)	33,726	8.9 (7.7-10.3)	4,593		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.7 (0.6-0.8)	33,726	2.5 (1.9-3.2)	4,593		●	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.5 (0.4-0.6)	33,726	2.0 (1.5-2.7)	4,593		●	
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	39.0 (37.8-40.3)	32,785	49.0 (46.1-51.9)	4,399		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	22.6 (21.5-23.8)	31,519	28.4 (26.1-30.8)	4,234		●	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	5.5 (5.0-6.0)	31,519	5.7 (4.7-6.9)	4,234			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	3.6 (3.3-4.0)	31,519	4.0 (3.2-4.9)	4,234			●
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	9.9 (8.7-11.2)	8,682	9.0 (6.7-11.9)	1,352			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	3.8 (3.3-4.3)	33,502	6.5 (5.3-8.0)	4,593		●	
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	5.0 (4.5-5.5)	33,610	9.8 (8.4-11.3)	4,610		●	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	7.1 (6.5-7.8)	33,498	14.1 (12.5-15.8)	4,600		●	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	8.8 (8.1-9.6)	33,424	15.6 (14.0-17.4)	4,592		●	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	26.1 (24.9-27.4)	31,851	34.5 (31.7-37.3)	4,374		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	23.8 (22.7-25.1)	31,708	31.1 (28.6-33.8)	4,320		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	13.5 (12.8-14.1)	32,325	23.6 (21.5-25.9)	4,408		●	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	22.8 (21.6-24.1)	32,277	33.4 (31.0-36.0)	4,340		●	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	11.4 (10.6-12.2)	32,632	15.4 (13.4-17.6)	4,409		●	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	29.3 (28.1-30.5)	31,958	45.7 (43.0-48.4)	4,306		●	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	5.6 (5.1-6.1)	32,408	10.5 (9.0-12.3)	4,390		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	16.5 (15.6-17.4)	32,504	26.8 (24.3-29.4)	4,393		●	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	5.4 (4.8-6.0)	33,015	8.8 (7.5-10.3)	4,529		●	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	12.8 (12.1-13.5)	33,207	21.8 (20.0-23.8)	4,567		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	3.6 (3.2-4.1)	33,208	8.5 (7.2-10.1)	4,562		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.8 (2.3-3.4)	33,068	5.8 (4.7-7.2)	4,542		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.7 (2.3-3.2)	33,183	6.6 (5.4-8.1)	4,562		●	
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	3.9 (3.4-4.4)	33,139	7.7 (6.4-9.1)	4,550		●	
QN56: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	3.4 (2.9-3.9)	32,869	5.9 (4.7-7.2)	4,475		●	
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	22.1 (21.2-23.0)	32,831	28.8 (26.6-31.1)	4,461		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	30.4 (29.1-31.8)	29,186	42.1 (39.1-45.2)	3,915		●	
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	3.5 (3.1-3.9)	29,129	5.4 (4.3-6.7)	3,916		●	
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	6.7 (6.2-7.3)	29,203	10.6 (9.3-12.1)	3,933		●	
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	21.4 (20.3-22.5)	29,189	29.6 (27.1-32.3)	3,937		●	
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	18.8 (16.9-20.8)	6,646	26.1 (21.7-31.0)	1,127		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	40.7 (38.7-42.8)	6,523	56.4 (51.3-61.3)	1,117		●	
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	75.6 (73.8-77.2)	6,495	82.5 (78.2-86.2)	1,119		●	
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	96.2 (95.4-96.8)	6,495	95.0 (92.6-96.7)	1,119			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	68.2 (66.2-70.1)	6,495	73.4 (68.5-77.8)	1,119		●	
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	88.2 (87.1-89.2)	6,425	91.5 (88.5-93.7)	1,099		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	12.1 (10.6-13.8)	6,495	32.2 (27.4-37.5)	1,119		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	11.9 (11.2-12.7)	31,330	17.7 (15.6-20.0)	4,047		●	
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	15.3 (14.5-16.1)	31,330	18.6 (16.7-20.6)	4,047		●	
QN67: Percentage of students who described themselves as slightly or very overweight	25.2 (24.3-26.1)	32,736	40.2 (38.1-42.3)	4,480		●	
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	33.3 (32.3-34.2)	32,887	35.2 (32.8-37.7)	4,521			●
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	15.0 (14.0-16.0)	32,803	16.0 (14.5-17.7)	4,500			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	8.1 (7.4-8.8)	32,735	8.5 (7.2-10.0)	4,486			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	45.5 (44.1-46.8)	32,659	48.4 (45.4-51.3)	4,486		●	
QN72: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	41.0 (39.8-42.1)	32,745	42.8 (40.2-45.3)	4,485			●
QN73: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	55.1 (54.0-56.1)	32,668	55.5 (52.6-58.4)	4,476			●
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	18.5 (17.4-19.8)	32,467	20.1 (17.9-22.5)	4,450			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	8.6 (7.9-9.4)	32,147	9.5 (8.2-11.0)	4,409			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	11.7 (11.1-12.4)	32,589	14.1 (12.5-15.9)	4,473		●	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	7.1 (6.6-7.7)	32,589	9.4 (8.1-10.9)	4,473		●	
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	16.6 (15.7-17.4)	32,409	23.6 (21.2-26.1)	4,458		●	
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	68.7 (67.5-69.9)	32,409	80.1 (77.6-82.4)	4,458		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	60.8 (59.4-62.1)	32,353	75.2 (73.0-77.3)	4,436		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.1 (19.0-21.1)	32,353	28.2 (26.0-30.6)	4,436		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	78.9 (78.0-79.7)	32,353	88.3 (86.7-89.7)	4,436		●	
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	19.0 (18.1-20.0)	32,501	23.6 (21.3-26.0)	4,460		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	41.7 (40.7-42.7)	32,361	48.9 (46.6-51.3)	4,420		●	
QN81: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	62.1 (59.9-64.3)	32,090	68.4 (64.6-72.0)	4,382		●	
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	84.2 (82.5-85.8)	32,090	88.8 (85.9-91.2)	4,382		●	
QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	16.1 (15.2-17.0)	32,366	15.5 (13.5-17.6)	4,436			●
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	78.2 (77.2-79.2)	32,285	84.8 (82.9-86.6)	4,419		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
Health Risk Behavior							
QN84: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	87.1 (86.4-87.8)	32,092	81.4 (79.3-83.4)	4,365	●		
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	21.7 (20.7-22.8)	32,228	29.5 (26.9-32.3)	4,410		●	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.8 (1.5-2.2)	32,228	2.6 (1.9-3.5)	4,410			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	25.2 (24.2-26.2)	32,040	30.0 (27.4-32.8)	4,355		●	
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	20.2 (19.1-21.4)	32,086	27.2 (24.7-29.9)	4,408		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who are transgender	0.5 (0.4-0.6)	33,895	6.4 (5.5-7.6)	4,625		●	
QN91: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey)	2.1 (1.7-2.5)	33,880	6.0 (5.0-7.2)	4,628		●	
QN92: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	4.8 (4.3-5.2)	33,796	8.5 (7.0-10.2)	4,590		●	
QN93: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	28.7 (27.2-30.3)	15,748	35.8 (31.7-40.2)	1,894		●	
QN94: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	3.1 (2.7-3.7)	33,176	6.9 (5.7-8.2)	4,490		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN95: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	14.4 (10.7-19.1)	1,074	6.7 (3.9-11.5)	339	●		
QN96: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	59.1 (53.9-64.2)	754	72.9 (64.2-80.1)	212		●	
QN97: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	74.1 (69.8-77.9)	1,528	71.3 (62.6-78.7)	382			●
QN98: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	2.6 (2.3-3.0)	32,872	6.7 (5.6-8.1)	4,415		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN99: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	95.9 (95.0-96.6)	12,037	95.2 (93.0-96.7)	1,981			●
QN100: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	12.6 (11.9-13.3)	30,654	17.6 (15.6-19.9)	4,137		●	
QN101: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	12.9 (12.1-13.8)	30,547	18.0 (16.0-20.2)	4,124		●	
QN102: Percentage of students who think they definitely or probably will smoke a cigarette, cigar, cigarillo, or little cigar in the next year	12.3 (11.5-13.1)	33,423	18.6 (16.4-21.1)	4,561		●	
QN103: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	4.0 (3.6-4.4)	32,427	6.3 (5.3-7.5)	4,375		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN104: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	6.1 (5.6-6.7)	30,446	9.5 (8.1-11.2)	3,993		●	
QN105: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	88.2 (86.6-89.6)	5,542	86.6 (82.7-89.7)	1,040			●
QN106: Percentage of students who live with someone who now smokes cigarettes or cigars	26.1 (24.9-27.3)	32,942	36.5 (34.1-39.1)	4,438		●	
QN107: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	16.0 (15.4-16.6)	33,286	27.8 (25.4-30.5)	4,542		●	
QN108: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	22.8 (21.9-23.7)	33,375	35.9 (33.5-38.2)	4,581		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN109: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	22.0 (21.2-23.0)	31,769	19.1 (17.0-21.3)	4,363	●		
QN110: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	41.3 (40.0-42.7)	32,009	43.1 (40.6-45.7)	4,370			●
QN111: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	20.7 (19.7-21.8)	31,765	30.5 (28.0-33.1)	4,339		●	
QN112: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	15.8 (14.7-16.9)	31,939	23.6 (21.6-25.7)	4,359		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN113: Percentage of students who have ever lived with anyone who was an alcoholic or problem drinker, used illegal street drugs, took prescription drugs to get high, or was a problem gambler	22.4 (21.5-23.3)	31,559	35.5 (33.2-37.8)	4,268		●	
QN114: Percentage of students who ever lived with anyone who was depressed, mentally ill, or suicidal	26.1 (25.2-27.0)	31,528	49.6 (46.9-52.4)	4,249		●	
QN115: Percentage of students who reported someone in their household has ever gone to jail or prison	22.4 (21.3-23.5)	31,680	32.3 (30.0-34.7)	4,292		●	
QN116: Percentage of students who reports a parent or other adult in their home regularly swears at them, insults them, or puts them down	18.1 (17.3-19.0)	31,423	36.6 (34.2-39.1)	4,227		●	
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	40.5 (39.3-41.7)	31,772	42.1 (39.4-44.9)	4,329			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	25.3 (24.3-26.4)	31,866	25.1 (22.7-27.8)	4,350			●
QN119: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	22.3 (21.4-23.2)	31,931	27.1 (24.7-29.6)	4,359		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.