## Saint Mary's County, MD High School Survey

Risk Behaviors and Sexual Identity Report

## Unintentional Injuries/Violence

|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI } \end{gathered}$ | N |  |  | No Difference ${ }^{\dagger}$ |
| QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else | $\begin{gathered} 6.2 \\ (4.9-7.7) \end{gathered}$ | 1,814 | $\begin{gathered} 14.1 \\ (9.1-21.2) \end{gathered}$ | 175 |  | $\bullet$ |  |
| QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol | $\begin{gathered} 17.2 \\ (15.4-19.3) \end{gathered}$ | 1,809 | $\begin{gathered} 25.8 \\ (18.9-34.2) \end{gathered}$ | 173 |  | $\bullet$ |  |
| QN11: Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days | $\begin{gathered} 6.7 \\ (5.0-8.8) \end{gathered}$ | 861 | $\begin{gathered} 12.9 \\ (6.4-24.4) \end{gathered}$ | 74 |  |  | $\bullet$ |
| QN12: Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving on one or more of the past 30 days | $\begin{gathered} 31.0 \\ (26.9-35.4) \end{gathered}$ | 878 | $\begin{gathered} 35.5 \\ (24.6-48.2) \end{gathered}$ | 79 |  |  | $\bullet$ |
| QN13: Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days | $\begin{gathered} 18.5 \\ (16.2-21.0) \end{gathered}$ | 1,804 | $\begin{gathered} 21.6 \\ (15.5-29.3) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days | $\begin{gathered} 2.3 \\ (1.7-3.2) \end{gathered}$ | 1,804 | $\begin{gathered} 10.1 \\ (6.1-16.4) \end{gathered}$ | 170 |  | $\bullet$ |  |
| QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school | $\begin{gathered} 4.6 \\ (3.6-5.9) \end{gathered}$ | 1,816 | $\begin{gathered} 16.8 \\ (11.9-23.2) \end{gathered}$ | 177 |  | $\bullet$ |  |

# Saint Mary's County, MD High School Survey 

Risk Behaviors and Sexual Identity Report

## Unintentional Injuries/Violence

|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \% \mathbf{C I}^{*} \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \text { CI } \end{gathered}$ | N | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No <br> Difference ${ }^{\dagger}$ |
| QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months | $\begin{gathered} 5.9 \\ (4.7-7.3) \end{gathered}$ | 1,817 | $\begin{gathered} 15.9 \\ (10.3-23.8) \end{gathered}$ | 176 |  | $\bullet$ |  |
| QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months | $\begin{gathered} 9.6 \\ (8.2-11.3) \end{gathered}$ | 1,792 | $\begin{gathered} 18.6 \\ (12.7-26.3) \end{gathered}$ | 176 |  | $\bullet$ |  |
| QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to | $\begin{gathered} 6.4 \\ (5.2-7.9) \end{gathered}$ | 1,801 | $\begin{gathered} 18.9 \\ (13.2-26.4) \end{gathered}$ | 170 |  | $\bullet$ |  |
| QN22: Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months | $\begin{gathered} 7.2 \\ (5.9-8.8) \end{gathered}$ | 1,255 | $\begin{gathered} 22.8 \\ (16.1-31.3) \end{gathered}$ | 134 |  | $\bullet$ |  |
| QN23: Among students who dated or went out with someone during the past 12 months, the percentage who had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months | $\begin{gathered} 9.3 \\ (7.7-11.2) \end{gathered}$ | 1,253 | $\begin{gathered} 30.9 \\ (23.0-40.0) \end{gathered}$ | 133 |  | $\bullet$ |  |
| QN24: Percentage of students who had ever been bullied on school property during the past 12 months | $\begin{gathered} 16.8 \\ (14.8-19.1) \end{gathered}$ | 1,808 | $\begin{gathered} 40.8 \\ (33.0-49.0) \end{gathered}$ | 171 |  | $\bullet$ |  |
| QN25: Percentage of students who had ever been electronically bullied during the past 12 months | $\begin{gathered} 11.1 \\ (9.6-12.9) \end{gathered}$ | 1,808 | $\begin{gathered} 29.6 \\ (22.7-37.6) \end{gathered}$ | 170 |  | $\bullet$ |  |

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| Unintentional Injuries/Violence |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Health Risk Behavior |

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| Tobacco Use | Heterosexual | Gay, Lesbian, or <br> Bisexual |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

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| Alcohol/Other Drug Use |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \text { CI } \end{gathered}$ | N |  |  |  |
| QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life | $\begin{gathered} 61.5 \\ (58.5-64.5) \end{gathered}$ | 1,758 | $\begin{gathered} 78.3 \\ (68.8-85.5) \end{gathered}$ | 164 |  | $\bullet$ |  |
| QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years | $\begin{gathered} 17.2 \\ (15.1-19.6) \end{gathered}$ | 1,791 | $\begin{gathered} 32.4 \\ (24.2-42.0) \end{gathered}$ | 170 |  | $\bullet$ |  |
| QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days | $\begin{gathered} 31.9 \\ (29.2-34.8) \end{gathered}$ | 1,742 | $\begin{gathered} 52.6 \\ (43.0-62.0) \end{gathered}$ | 154 |  | $\bullet$ |  |
| QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | $\begin{gathered} 18.0 \\ (15.9-20.2) \end{gathered}$ | 1,766 | $\begin{gathered} 26.3 \\ (19.2-35.0) \end{gathered}$ | 159 |  | $\bullet$ |  |
| QN47: Percentage of students who used marijuana one or more times during their life | $\begin{gathered} 29.0 \\ (26.0-32.1) \end{gathered}$ | 1,775 | $\begin{gathered} 48.7 \\ (39.4-58.0) \end{gathered}$ | 160 |  | $\bullet$ |  |
| QN48: Percentage of students who tried marijuana for the first time before age 13 years | $\begin{gathered} 5.9 \\ (4.6-7.5) \end{gathered}$ | 1,782 | $\begin{gathered} 13.3 \\ (8.1-21.1) \end{gathered}$ | 161 |  | $\bullet$ |  |
| QN49: Percentage of students who used marijuana one or more times during the past 30 days | $\begin{gathered} 14.3 \\ (12.4-16.4) \end{gathered}$ | 1,778 | $\begin{gathered} 28.5 \\ (21.1-37.4) \end{gathered}$ | 159 |  | $\bullet$ |  |

*Confidence interval.
${ }^{\dagger}$ Based on t -test analyses, $\mathrm{p}<0.05$.

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| Alcohol/Other Drug Use |  |  |
| :--- | :--- | :--- | :--- |

*Confidence interval.
${ }^{\dagger}$ Based on t -test analyses, $\mathrm{p}<0.05$.

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| Alcohol/Other Drug Use |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\stackrel{\%}{\mathbf{9 5 \%}} \mathrm{CI}^{*}$ | N | $\begin{gathered} \% \\ 95 \% \text { CI } \end{gathered}$ | N |  |  |  |
| QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life | $\begin{gathered} 2.2 \\ (1.6-3.2) \end{gathered}$ | 1,800 | $\begin{gathered} 13.9 \\ (8.3-22.3) \end{gathered}$ | 172 |  | $\bullet$ |  |
| QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months | $\begin{gathered} 22.9 \\ (21.0-25.0) \end{gathered}$ | 1,803 | $\begin{gathered} 33.7 \\ (26.3-42.0) \end{gathered}$ | 174 |  | $\bullet$ |  |

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| Sexual Behaviors |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  |  | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \mathrm{CI}^{*} \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\text {h }}$ |  |  |
| QN59: Percentage of students who ever had sexual intercourse | $\begin{gathered} 38.3 \\ (35.0-41.7) \end{gathered}$ | 1,636 | $\begin{gathered} 57.6 \\ (47.9-66.6) \end{gathered}$ | 141 |  | $\bullet$ |  |
| QN60: Percentage of students who had sexual intercourse for the first time before age 13 years | $\begin{gathered} 3.9 \\ (2.9-5.2) \end{gathered}$ | 1,634 | $\begin{gathered} 9.9 \\ (5.8-16.4) \end{gathered}$ | 141 |  | $\bullet$ |  |
| QN61: Percentage of students who had sexual intercourse with four or more people during their life | $\begin{gathered} 8.9 \\ (7.2-10.8) \end{gathered}$ | 1,635 | $\begin{gathered} 16.9 \\ (11.2-24.8) \end{gathered}$ | 142 |  | $\bullet$ |  |
| QN62: Percentage of students who had sexual intercourse with one or more people during the past three months | $\begin{gathered} 25.4 \\ (22.7-28.3) \end{gathered}$ | 1,641 | $\begin{gathered} 36.9 \\ (28.4-46.2) \end{gathered}$ | 144 |  | $\bullet$ |  |
| QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse | $\begin{gathered} 21.7 \\ (17.9-26.1) \end{gathered}$ | 391 | $\begin{gathered} 29.4 \\ (17.4-45.3) \end{gathered}$ | 55 |  |  | $\bullet$ |
| QN64: Among students who had sexual intercourse during the past three months, the percentage who did not use a condom during last sexual intercourse | $\begin{gathered} 40.9 \\ (36.0-46.1) \end{gathered}$ | 388 | $\begin{gathered} 50.1 \\ (36.3-63.9) \end{gathered}$ | 55 |  |  | $\bullet$ |
| QN65: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills to prevent pregnancy before last sexual intercourse | $\begin{gathered} 76.2 \\ (69.8-81.5) \end{gathered}$ | 375 | $\begin{gathered} 71.3 \\ (56.4-82.6) \end{gathered}$ | 55 |  |  | $\bullet$ |

*Confidence interval.
${ }^{\dagger}$ Based on t -test analyses, $\mathrm{p}<0.05$.

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## Sexual Behaviors

|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\text {º }}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI } \end{gathered}$ | N |  |  | No Difference ${ }^{\dagger}$ |
| QNOTHH: Among students who had sexual intercourse during the past three months, the percentage who did not use an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse | $\begin{gathered} 93.2 \\ (90.0-95.5) \end{gathered}$ | 375 | $\begin{gathered} 92.1 \\ (80.5-97.1) \end{gathered}$ | 55 |  |  | $\bullet$ |
| QNOTHHPL: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse | $\begin{gathered} 69.4 \\ (63.1-75.0) \end{gathered}$ | 375 | $\begin{gathered} 63.4 \\ (48.1-76.3) \end{gathered}$ | 55 |  |  | $\bullet$ |
| QNDUALBC: Among students who had sexual intercourse during the past three months, the percentage who did not use both a condom during last sexual intercourse and birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse | $\begin{gathered} 89.4 \\ (84.7-92.8) \end{gathered}$ | 375 | $\begin{gathered} 87.7 \\ (75.8-94.2) \end{gathered}$ | 54 |  |  | $\bullet$ |
| QNBCNONE: Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy before last sexual intercourse | $\begin{gathered} 9.4 \\ (6.6-13.4) \end{gathered}$ | 375 | $\begin{gathered} 19.4 \\ (9.8-34.7) \end{gathered}$ | 55 |  |  | $\bullet$ |

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| Dietary Behaviors |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
|  | $\begin{gathered} \% \\ 95 \% \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \text { CI } \end{gathered}$ | N |  |  |  |
| QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95 th percentile for body mass index, by age and sex) ${ }^{\text {II }}$ | $\begin{gathered} 13.6 \\ (12.0-15.5) \end{gathered}$ | 1,691 | $\begin{gathered} 16.8 \\ (11.7-23.5) \end{gathered}$ | 155 |  |  | $\bullet$ |
| QNOBESE: Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex $)^{1 /}$ | $\begin{gathered} 9.2 \\ (7.7-11.0) \end{gathered}$ | 1,691 | $\begin{gathered} 10.1 \\ (6.0-16.6) \end{gathered}$ | 155 |  |  | $\bullet$ |
| QN66: Percentage of students who described themselves as slightly or very overweight | $\begin{gathered} 27.4 \\ (25.4-29.6) \end{gathered}$ | 1,799 | $\begin{gathered} 38.1 \\ (29.9-47.1) \end{gathered}$ | 173 |  | $\bullet$ |  |
| QN71: Percentage of students who did not drink $100 \%$ fruit juices during the past seven days | $\begin{gathered} 25.3 \\ (23.2-27.7) \end{gathered}$ | 1,773 | $\begin{gathered} 21.7 \\ (15.8-29.2) \end{gathered}$ | 169 |  |  | $\bullet$ |
| QN72: Percentage of students who did not eat fruit during the past seven days | $\begin{gathered} 13.5 \\ (11.4-15.9) \end{gathered}$ | 1,790 | $\begin{gathered} 22.7 \\ (17.1-29.6) \end{gathered}$ | 171 |  | $\bullet$ |  |
| QN73: Percentage of students who did not eat green salad during the past seven days | $\begin{gathered} 37.4 \\ (34.8-40.0) \end{gathered}$ | 1,788 | $\begin{gathered} 34.8 \\ (27.2-43.2) \end{gathered}$ | 171 |  |  | $\bullet$ |
| QN74: Percentage of students who did not eat potatoes during the past seven days | $\begin{gathered} 30.3 \\ (28.2-32.5) \end{gathered}$ | 1,782 | $\begin{gathered} 35.3 \\ (27.7-43.8) \end{gathered}$ | 172 |  |  | $\bullet$ |

${ }^{*}$ Confidence interval.
${ }^{\dagger}$ Based on t -test analyses, $\mathrm{p}<0.05$.
${ }^{1}$ Based on reference data from the 2000 CDC Growth Charts.

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| Dietary Behaviors |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
|  | $\begin{gathered} \% \\ 95 \% \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N |  |  |  |
| QN75: Percentage of students who did not eat carrots during the past seven days | $\begin{gathered} 55.3 \\ (52.6-58.0) \end{gathered}$ | 1,788 | $\begin{gathered} 52.8 \\ (44.6-60.8) \end{gathered}$ | 171 |  |  | $\bullet$ |
| QN76: Percentage of students who did not eat other vegetables during the past seven days | $\begin{gathered} 15.5 \\ \text { (13.5-17.7) } \end{gathered}$ | 1,782 | $\begin{gathered} 20.7 \\ (14.9-27.9) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QNFRVG: Percentage of students who ate fruits or drank $100 \%$ fruit juices or ate vegetables less than five times per day during the past seven days | $\begin{gathered} 81.6 \\ (79.1-83.8) \end{gathered}$ | 1,744 | $\begin{gathered} 80.0 \\ (72.4-85.8) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QNFRUIT: Percentage of students who ate fruits or drank $100 \%$ fruit juices less than two times per day during the past seven days | $\begin{gathered} 69.1 \\ (66.6-71.4) \end{gathered}$ | 1,765 | $\begin{gathered} 71.5 \\ (64.0-77.9) \end{gathered}$ | 168 |  |  | $\bullet$ |
| QNFR0: Percentage of students who ate fruits or drank $100 \%$ fruit juices 0 times per day during the past seven days | $\begin{gathered} 6.9 \\ (5.6-8.4) \end{gathered}$ | 1,765 | $\begin{gathered} 7.4 \\ (4.0-13.2) \end{gathered}$ | 168 |  |  | $\bullet$ |
| QNFR1: Percentage of students who ate fruits or drank $100 \%$ fruit juices less than one time per day during the past seven days | $\begin{gathered} 42.3 \\ (39.9-44.9) \end{gathered}$ | 1,765 | $\begin{gathered} 48.1 \\ (40.7-55.5) \end{gathered}$ | 168 |  |  | $\bullet$ |
| QNFR3: Percentage of students who ate fruits or drank 100\% fruit juices less than three times per day during the past seven days | $\begin{gathered} 82.2 \\ (80.0-84.1) \end{gathered}$ | 1,765 | $\begin{gathered} 82.2 \\ (74.8-87.7) \end{gathered}$ | 168 |  |  | $\bullet$ |

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| Dietary Behaviors |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\text {¹ }}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual | No Difference ${ }^{\dagger}$ |
|  | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N |  |  |  |
| QNVEG: Percentage of students who ate vegetables less than three times per day during the past seven days | $\begin{gathered} 87.6 \\ (85.6-89.4) \end{gathered}$ | 1,770 | $\begin{gathered} 81.6 \\ (73.9-87.5) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days | $\begin{gathered} 5.6 \\ (4.5-7.0) \end{gathered}$ | 1,770 | $\begin{gathered} 7.4 \\ (4.5-12.1) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QNVEG1: Percentage of students who ate vegetables less than one time per day during the past seven days | $\begin{gathered} 36.3 \\ (33.5-39.2) \end{gathered}$ | 1,770 | $\begin{gathered} 36.0 \\ (28.5-44.3) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QNVEG2: Percentage of students who ate vegetables less than two times per day during the past seven days | $\begin{gathered} 73.5 \\ (70.8-76.0) \end{gathered}$ | 1,770 | $\begin{gathered} 62.5 \\ (53.8-70.4) \end{gathered}$ | 170 | $\bullet$ |  |  |
| QNFRVG2: Percentage of students who ate fruits or drank $100 \%$ fruit juices less than two times per day and ate vegetables less than three times per day during the past seven days | $\begin{gathered} 91.1 \\ (89.4-92.6) \end{gathered}$ | 1,744 | $\begin{gathered} 89.7 \\ (83.4-93.8) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days | $\begin{gathered} 19.5 \\ (17.4-21.8) \end{gathered}$ | 1,760 | $\begin{gathered} 25.0 \\ (19.0-32.1) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop during the past seven days | $\begin{gathered} 71.2 \\ (68.2-74.0) \end{gathered}$ | 1,760 | $\begin{gathered} 74.9 \\ (67.2-81.4) \end{gathered}$ | 167 |  |  | $\bullet$ |

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| Dietary Behaviors |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\text {¹ }}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\stackrel{\%}{\%}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N |  |  |  |
| QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days | $\begin{gathered} 12.0 \\ (10.3-13.9) \end{gathered}$ | 1,760 | $\begin{gathered} 13.3 \\ (8.8-19.7) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days | $\begin{gathered} 6.6 \\ (5.3-8.3) \end{gathered}$ | 1,760 | $\begin{gathered} 6.9 \\ (3.7-12.6) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QN79: Percentage of students who did not eat breakfast on all of the past seven days | $\begin{gathered} 63.6 \\ (60.6-66.5) \end{gathered}$ | 1,782 | $\begin{gathered} 71.1 \\ (63.8-77.4) \end{gathered}$ | 170 |  | $\bullet$ |  |
| QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days | $\begin{gathered} 14.0 \\ (12.4-15.8) \end{gathered}$ | 1,782 | $\begin{gathered} 19.3 \\ (13.1-27.6) \end{gathered}$ | 170 |  |  | $\bullet$ |

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Saint Mary's County, MD High School Survey
Risk Behaviors and Sexual Identity Report

| Physical Activity |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
|  | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI } \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \end{gathered}$ | N |  |  |  |
| QN80: Percentage of students who were physically active for a total of at least 60 minutes per day less than five of the past seven days | $\begin{gathered} 57.1 \\ (54.1-60.0) \end{gathered}$ | 1,771 | $\begin{gathered} 73.1 \\ (64.7-80.0) \end{gathered}$ | 171 |  | $\bullet$ |  |
| QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days | $\begin{gathered} 17.4 \\ (15.2-19.9) \end{gathered}$ | 1,771 | $\begin{gathered} 22.7 \\ (16.8-30.0) \end{gathered}$ | 171 |  |  | $\bullet$ |
| QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on less than seven of the past seven days | $\begin{gathered} 76.0 \\ (73.4-78.4) \end{gathered}$ | 1,771 | $\begin{gathered} 85.7 \\ (78.5-90.7) \end{gathered}$ | 171 |  | $\bullet$ |  |
| QN81: Percentage of students who watched three or more hours per day of TV on an average school day | $\begin{gathered} 31.1 \\ (28.3-34.1) \end{gathered}$ | 1,761 | $\begin{gathered} 30.7 \\ (23.3-39.2) \end{gathered}$ | 169 |  |  | $\bullet$ |
| QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day | $\begin{gathered} 32.1 \\ (29.4-34.9) \end{gathered}$ | 1,772 | $\begin{gathered} 41.5 \\ (33.7-49.8) \end{gathered}$ | 169 |  | $\bullet$ |  |
| QN83: Percentage of students who did not attend physical education (PE) classes in an average week when they were in school | $\begin{gathered} 68.3 \\ (64.1-72.3) \end{gathered}$ | 1,758 | $\begin{gathered} 62.3 \\ (53.2-70.6) \end{gathered}$ | 167 |  |  | $\bullet$ |
| QNDLYPE: Percentage of students who attended physical education (PE) classes less than daily in an average week when they were in school | $\begin{gathered} 72.6 \\ (68.5-76.4) \end{gathered}$ | 1,758 | $\begin{gathered} 74.4 \\ (65.4-81.7) \end{gathered}$ | 167 |  |  | $\bullet$ |

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| Other |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\begin{gathered} \% \\ \mathbf{9 5 \%} \\ \text { CI } \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N |  |  |  |
| QN85: Percentage of students who were not sure if they had ever been taught or who had not ever been taught in school about AIDS or HIV infection | $\begin{gathered} 12.7 \\ (10.9-14.7) \end{gathered}$ | 1,753 | $\begin{gathered} 18.5 \\ (12.6-26.3) \end{gathered}$ | 170 |  |  | $\bullet$ |
| QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma | $\begin{gathered} 25.1 \\ \text { (23.1-27.2) } \end{gathered}$ | 1,756 | $\begin{gathered} 28.6 \\ (22.0-36.3) \end{gathered}$ | 167 |  |  | $\bullet$ |

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Saint Mary's County, MD High School Survey

Risk Behaviors and Sexual Identity Report

| Site-Added |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ | No Difference ${ }^{\dagger}$ |
| Health Risk Behavior | $\begin{gathered} \% \\ 95 \% \\ \text { CI* } \end{gathered}$ | N | $\begin{gathered} \% \\ 95 \% \end{gathered}$ | N |  |  |  |
| QN87: Percentage of students who tried or used tobacco products (for example, cigarettes, cigars, cigarillos, Black and Milds, little cigars, or smokeless tobacco) for the first time during the past 12 months | $\begin{gathered} 19.8 \\ (17.5-22.3) \end{gathered}$ | 1,752 | $\begin{gathered} 38.5 \\ (30.2-47.5) \end{gathered}$ | 164 |  | $\bullet$ |  |
| QN89: Percentage of students who used some flavored tobacco product during the past 30 days | $\begin{gathered} 13.0 \\ (11.2-15.2) \end{gathered}$ | 1,717 | $\begin{gathered} 21.0 \\ (15.0-28.7) \end{gathered}$ | 159 |  | $\bullet$ |  |
| QN90: Percentage of students who used only flavored cigars, cigarillos, little cigars, or only flavored smokeless tobacco products, or both flavored cigar products and flavored smokeless tobacco products during the past 30 days | $\begin{gathered} 13.0 \\ (11.1-15.1) \end{gathered}$ | 1,717 | $\begin{gathered} 19.8 \\ (14.1-27.1) \end{gathered}$ | 158 |  | $\bullet$ |  |
| QN91: Percentage of students who have smoked a 100 or more cigarettes (5 or more packs) during their life | $\begin{gathered} { }^{6.6} \\ (5.2-8.4) \end{gathered}$ | 1,778 | $\begin{gathered} 10.8 \\ (6.6-17.1) \end{gathered}$ | 171 |  |  | $\bullet$ |
| QN92: Among students who bought or tried to buy cigarettes in a store during past 30 days, the percentage who were not asked to show proof of age | $\begin{gathered} 49.8 \\ (39.1-60.6) \end{gathered}$ | 107 | - | 29 |  |  |  |
| QN94: Percentage of students who usually smoked menthol cigarettes during the past 30 days | $\begin{gathered} 7.6 \\ (6.1-9.4) \end{gathered}$ | 1,745 | $\begin{gathered} 16.1 \\ (10.5-24.0) \end{gathered}$ | 161 |  | $\bullet$ |  |
| QN95: Percentage of students who usually smoked cigarillos or small cigars, blunts, little cigars that look like brown cigarettes, or some other type of cigar during the past 30 days | $\begin{gathered} 10.9 \\ (9.1-13.1) \end{gathered}$ | 1,781 | $\begin{gathered} 20.6 \\ (13.9-29.4) \end{gathered}$ | 167 |  | $\bullet$ |  |

*Confidence interval.
${ }^{\dagger}$ Based on t -test analyses, $\mathrm{p}<0.05$.

- = Fewer than 30 students in this subgroup.


# Saint Mary's County, MD High School Survey 

Risk Behaviors and Sexual Identity Report

## Site-Added

|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Risk Behavior | $\begin{gathered} \% \\ 95 \% \mathbf{C I}^{*} \end{gathered}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \end{gathered}$ | N |  |  | No <br> Difference ${ }^{\dagger}$ |
| QN96: Percentage of students who live with someone who now smokes cigarettes or cigars | $\begin{gathered} 42.1 \\ (39.1-45.1) \end{gathered}$ | 1,802 | $\begin{gathered} 52.1 \\ (43.6-60.4) \end{gathered}$ | 168 |  | $\bullet$ |  |
| QN97: Percentage of students who describe the rule about smoking inside the home where they live is that it is always allowed inside their home or allowed only at some times or in some places | $\begin{gathered} 17.5 \\ (15.4-19.7) \end{gathered}$ | 1,800 | $\begin{gathered} 27.5 \\ (20.2-36.3) \end{gathered}$ | 169 |  | $\bullet$ |  |
| QN98: Percentage of students who were in the same room with someone who was smoking cigarettes on one or more of the past 7 days | $\begin{gathered} 36.7 \\ (34.0-39.4) \end{gathered}$ | 1,805 | $\begin{gathered} 49.7 \\ (41.6-57.9) \end{gathered}$ | 172 |  | $\bullet$ |  |
| QN99: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days | $\begin{gathered} 50.0 \\ (45.7-54.3) \end{gathered}$ | 556 | $\begin{gathered} 53.1 \\ (41.1-64.8) \end{gathered}$ | 85 |  |  | $\bullet$ |
| QN100: Percentage of students who took a prescription drug without a doctor's prescription one or more times during the past 30 days | $\begin{gathered} 6.2 \\ (5.1-7.5) \end{gathered}$ | 1,803 | $\begin{gathered} 26.7 \\ (20.0-34.8) \end{gathered}$ | 173 |  | $\bullet$ |  |
| QN102: Percentage of students who spend less than 20 minutes actually exercising or playing sports during an average physical (PE) class or who do not take PE | $\begin{gathered} 67.9 \\ (63.7-71.9) \end{gathered}$ | 1,763 | $\begin{gathered} 68.9 \\ (59.5-77.0) \end{gathered}$ | 165 |  |  | $\bullet$ |
| QN103: Percentage of students who described their health in general as good, fair, or poor | $\begin{gathered} 55.2 \\ (52.5-57.9) \end{gathered}$ | 1,759 | $\begin{gathered} 74.4 \\ (67.5-80.3) \end{gathered}$ | 167 |  | $\bullet$ |  |

# Saint Mary's County, MD High School Survey 

Risk Behaviors and Sexual Identity Report

| Site-Added |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heterosexual |  | Gay, Lesbian, or Bisexual |  | Heterosexual More Likely Than Gay, Lesbian, or Bisexual ${ }^{\dagger}$ | Gay, Lesbian, or Bisexual More Likely Than Heterosexual ${ }^{\dagger}$ |  |
| Health Risk Behavior | $\stackrel{\%}{95 \%} \mathrm{CI}^{*}$ | N | $\begin{gathered} \% \\ \mathbf{9 5 \%} \text { CI } \end{gathered}$ | N |  |  | No Difference ${ }^{\dagger}$ |
| QN104: Percentage of students who have had asthma symptoms during the past 12 months | $\begin{gathered} 15.0 \\ (13.2-16.9) \end{gathered}$ | 1,763 | $\begin{gathered} 18.2 \\ (12.6-25.5) \end{gathered}$ | 166 |  |  | $\bullet$ |
| QN105: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months | $\begin{gathered} 7.7 \\ (6.3-9.4) \end{gathered}$ | 1,763 | $\begin{gathered} 19.4 \\ (13.6-27.1) \end{gathered}$ | 170 |  | $\bullet$ |  |
| QN106: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends | $\begin{gathered} 31.4 \\ (28.7-34.3) \end{gathered}$ | 1,741 | $\begin{gathered} 47.5 \\ (39.3-55.8) \end{gathered}$ | 165 |  | - |  |
| QN107: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in | $\begin{gathered} 19.2 \\ (17.1-21.4) \end{gathered}$ | 1,748 | $\begin{gathered} 31.8 \\ (25.6-38.8) \end{gathered}$ | 167 |  | $\bullet$ |  |
| QN108: Percentage of students who say definitely not or probably not that smokers have shorter lives than non-smokers | $\begin{gathered} 8.1 \\ (6.7-9.8) \end{gathered}$ | 1,752 | $\begin{gathered} 16.2 \\ (10.1-25.1) \end{gathered}$ | 167 |  | $\bullet$ |  |
| QN109: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use during the last school year | $\begin{gathered} 26.3 \\ (22.5-30.6) \end{gathered}$ | 1,742 | $\begin{gathered} 24.4 \\ (17.5-33.0) \end{gathered}$ | 165 |  |  | $\bullet$ |
| QN110: Percentage of students who responded that their parents would feel it would be a little wrong, not at all wrong, or not sure for them to drink beer, wine, or hard liquor (such as vodka, whiskey, or gin) at least once or twice a month | $\begin{gathered} 33.4 \\ (30.6-36.2) \end{gathered}$ | 1,751 | $\begin{gathered} 32.5 \\ (25.6-40.2) \end{gathered}$ | 167 |  |  | $\bullet$ |

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS
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| Site-Added |
| :--- | :--- | :--- | :--- | :--- |
| Health Risk Behavior |

