A User-Friendly Guide To Cervical Cancer Prevention

Philip E. Castle, PhD, MPH December 5, 2012

My Disclosures & Potential Conflicts of Interest

- I have received commercial HPV tests for research at a reduced or no cost from Roche, Qiagen, Norchip, and MTM.
- I am a paid consultant for BD and GE Healthcare; I have received a speaker's honorarium from Roche.
- I am a paid consultant for Immunexpress on sepsis diagnostics.
- I am compensated as a member of a Merck Data and Safety Monitoring Board for HPV vaccines.

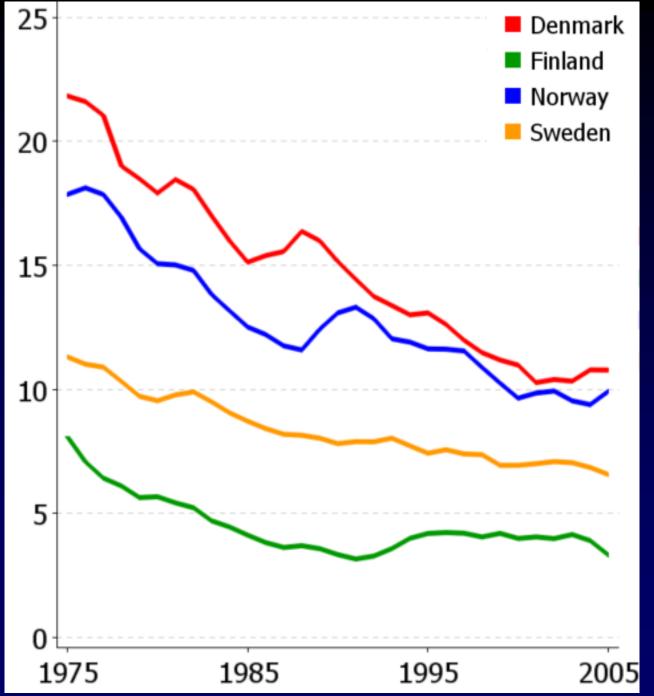


Today's Talk

- 1. Global Perspective of Cervical Cancer
- 2. Natural History of HPV: Rational Basis for Cervical Cancer Prevention
- 3. Targeting the Causal Factor: HPV Vaccines and Testing
- 4. New Screening Guidelines
- 5. Reaching the Hard-to-Reach

George Papanicolaou (1883-1962): Inventor of the Pap Smear

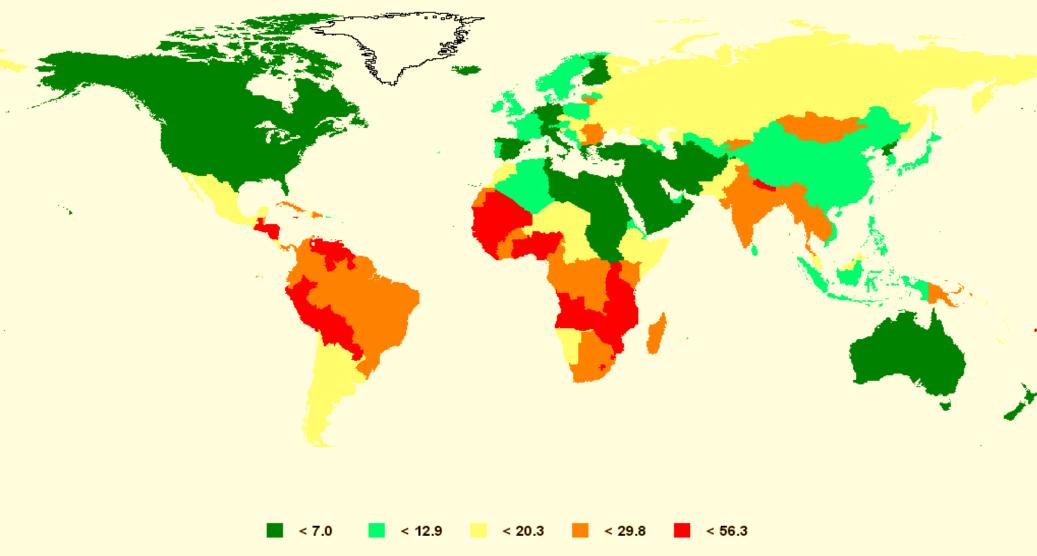




TIME TRENDS IN AGE-STANDARDIZED (WORLD) CERVICAL CANCER INCIDENCE IN FOUR NORDIC COUNTRIES

http://globocan.iarc.fr/

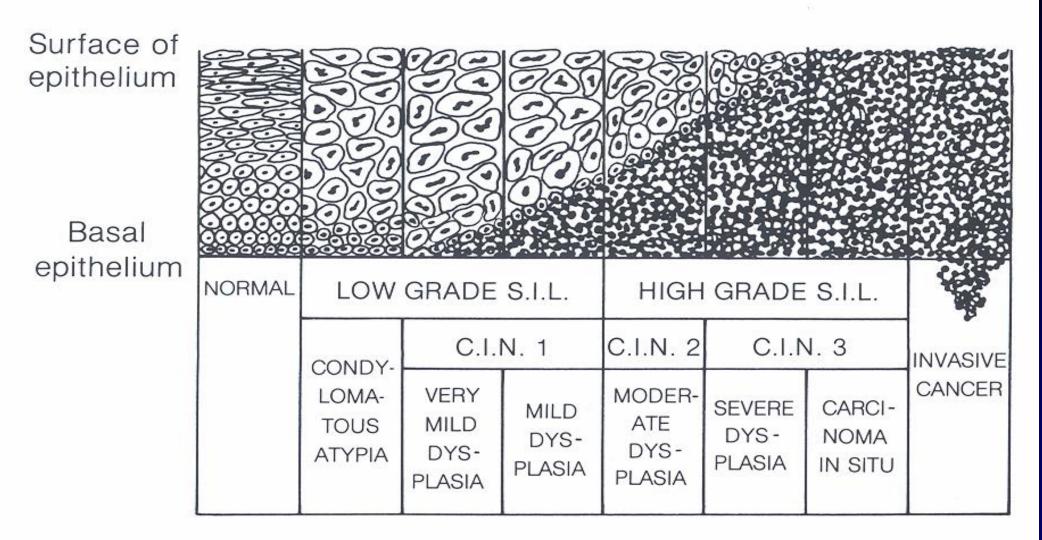
Estimated age-standardised incidence rate per 100,000 Cervix uteri, all ages



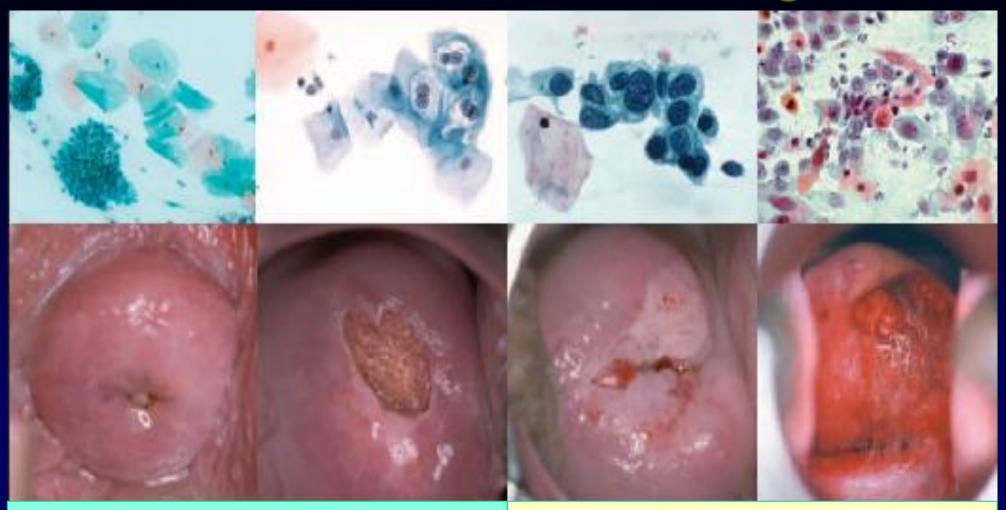
Today's Talk

- 1. Global Perspective of Cervical Cancer
- 2. Natural History of HPV: Rational Basis for Cervical Cancer Prevention
- 3. Targeting the Causal Factor: HPV Vaccines and Testing
- 4. New Screening Guidelines
- 5. Reaching the Hard-to-Reach

Cervical Cancer Continuum: Old Model of Cervical Carcinogenesis



New Model of Cervical Carcinogenesis

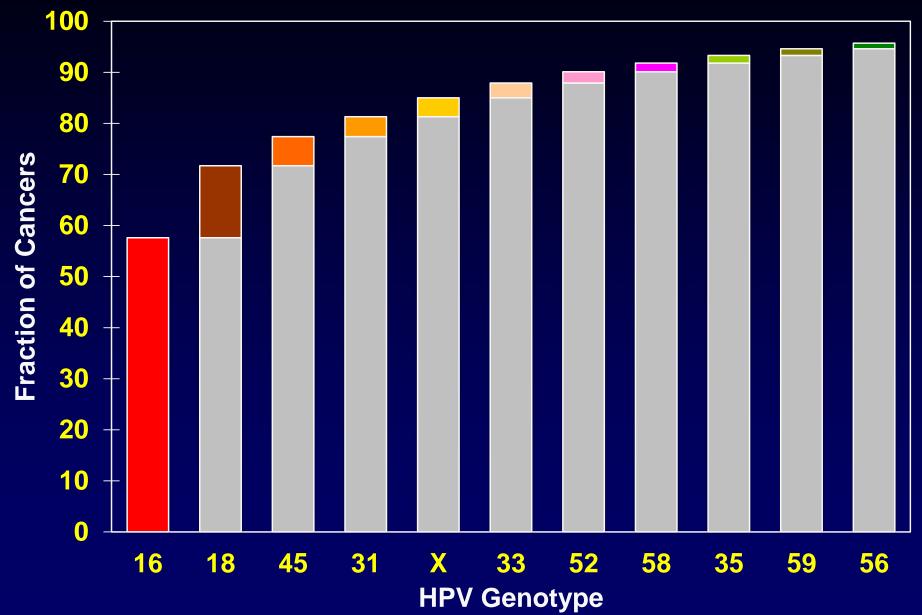


Transient infection

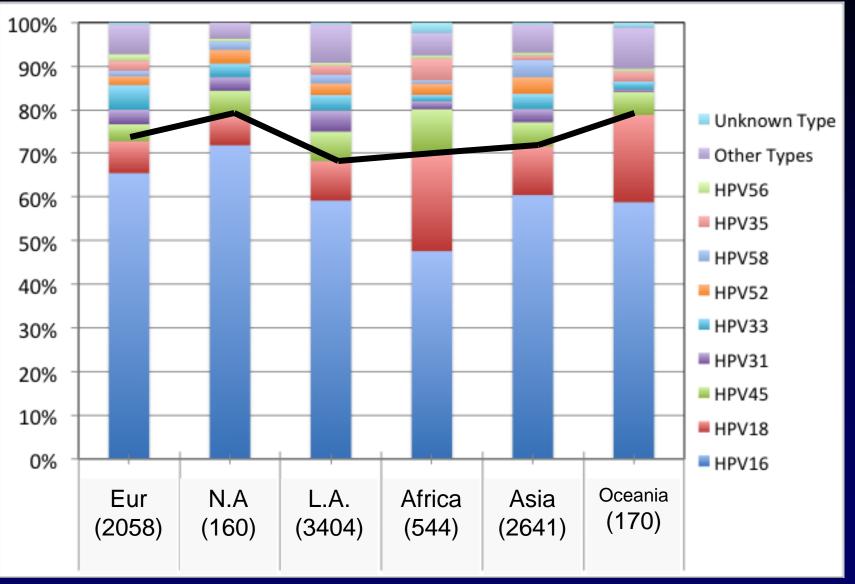
Persistent HPV



Etiologic Contribution of HPV Genotypes

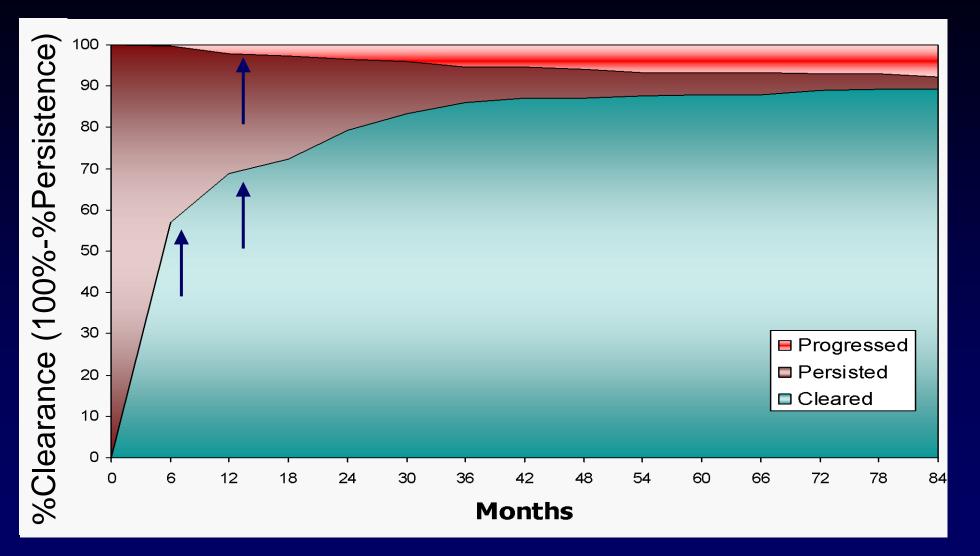


Regional Variation of HPV Genotypes in CxCa



de Sanjose et al., Lancet Oncol, 2010

Natural History Profile of Prevalent HPV

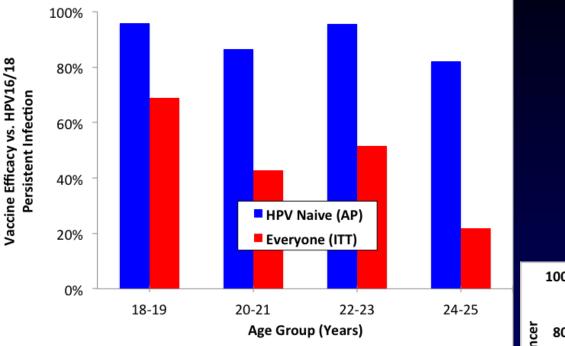


Schiffman et al., Lancet, 2007

Today's Talk

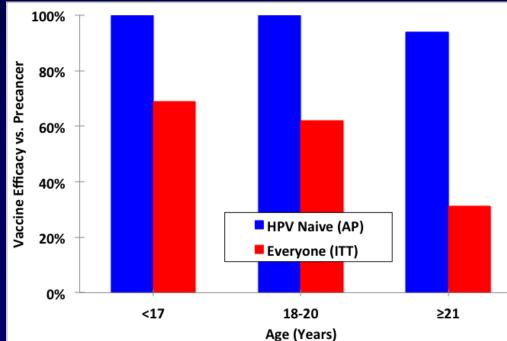
- 1. Global Perspective of Cervical Cancer
- 2. Natural History of HPV: Rational Basis for Cervical Cancer Prevention
- 3. Targeting the Causal Factor: HPV Vaccines and Testing
- 4. New Screening Guidelines
- 5. Reaching the Hard-to-Reach

Impact of Age on Vaccine Efficacy



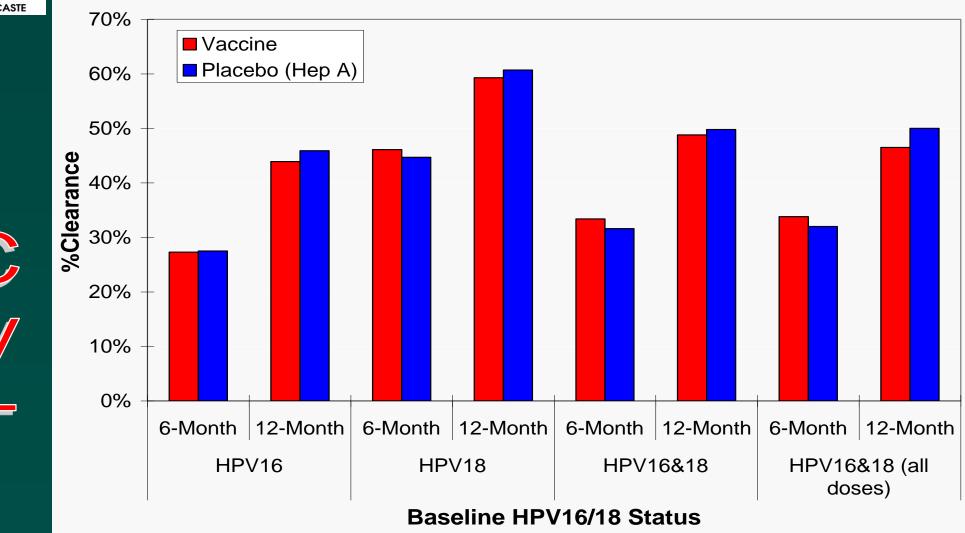
Herrero et al., Cancer Discov, 2012

Kjaer, Cancer Prev Res, 2009



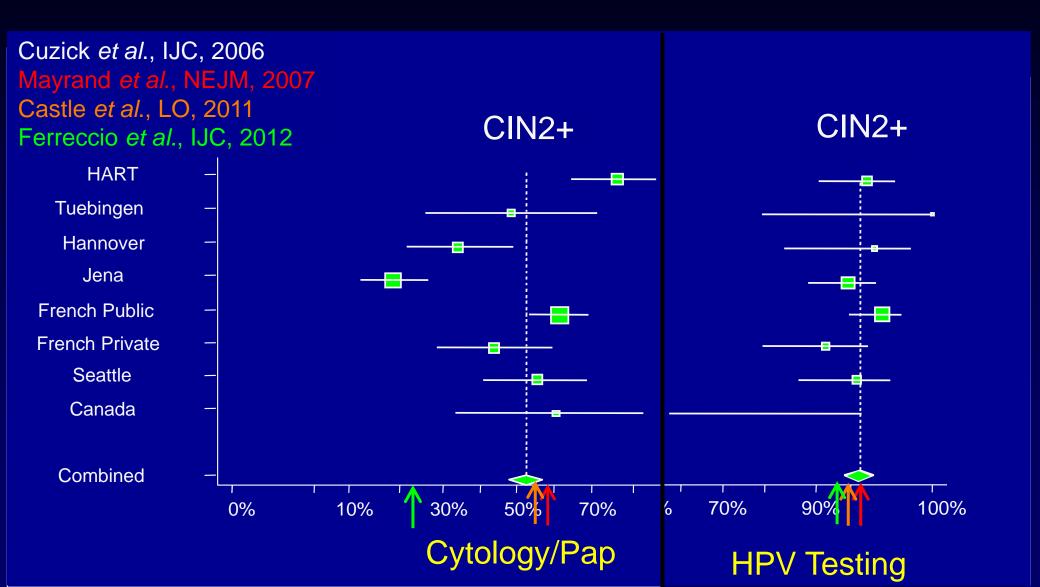


HPV-16/18 Clearance by Trial Arm

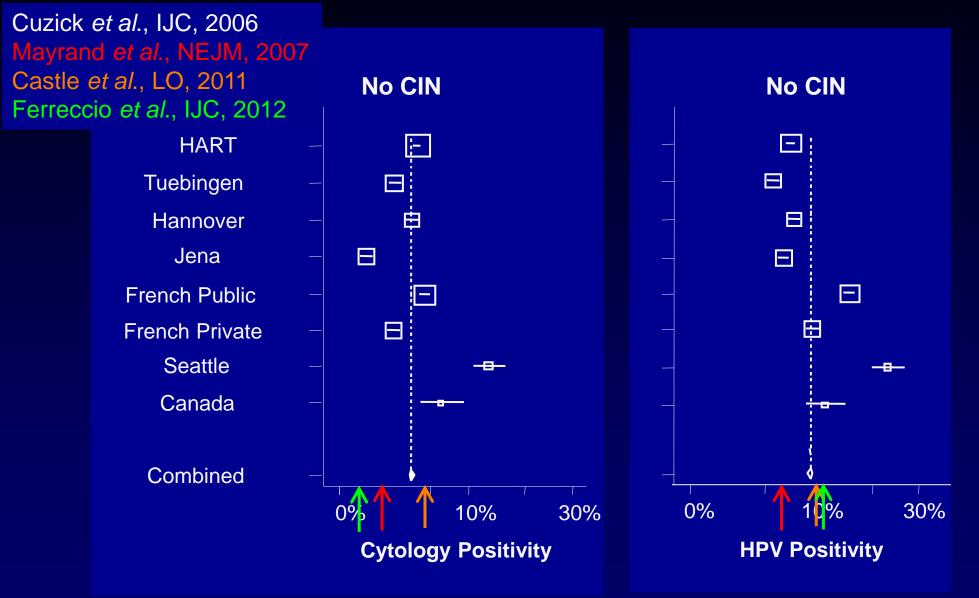


Hildesheim et al., JAMA, 2007

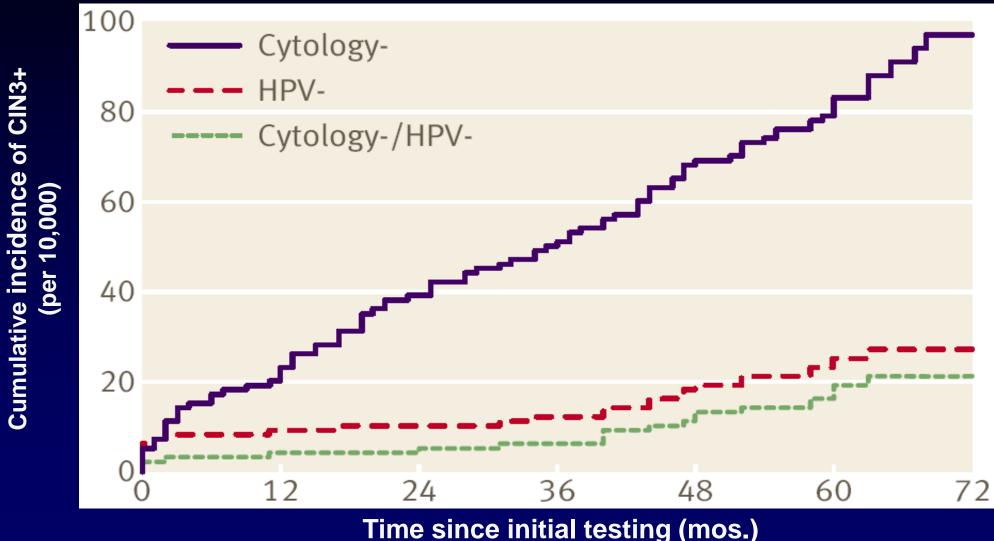
Sensitivity: CIN2+



%Cytology and HPV Positive: No CIN



CIN3+ Risk Following a Negative Screening Test



Dillner et al., BMJ, 2008

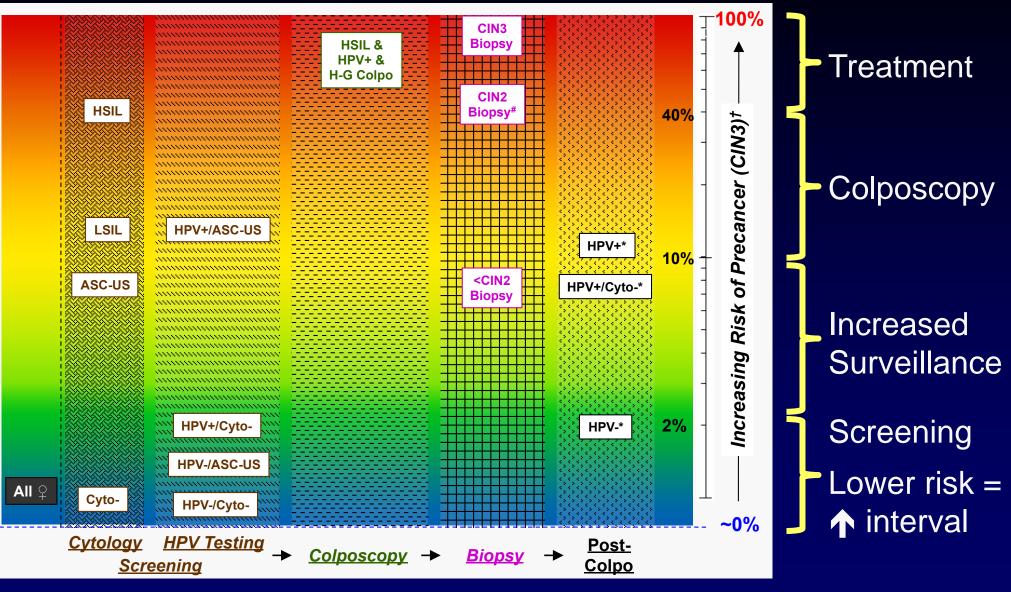
Today's Talk

- 1. Global Perspective of Cervical Cancer
- 2. Natural History of HPV: Rational Basis for Cervical Cancer Prevention
- 3. Targeting the Causal Factor: HPV Vaccines and Testing
- 4. New Screening Guidelines
- 5. Reaching the Hard-to-Reach

Benefits vs. Harms

	Benefits	Harms
Actual	Cervical cancer prevention	 Anxiety associated with a positive screening test Potential stigmatization from the diagnosis of a sexually transmitted infection Discomfort from additional diagnostic and treatment procedures Bleeding from treatment Increased risk of pregnancy complications such as preterm delivery due to treatment.
Surrogate	Early detection of CIN3	Number of colposcopic referrals

Harmonizing Management According To Risk

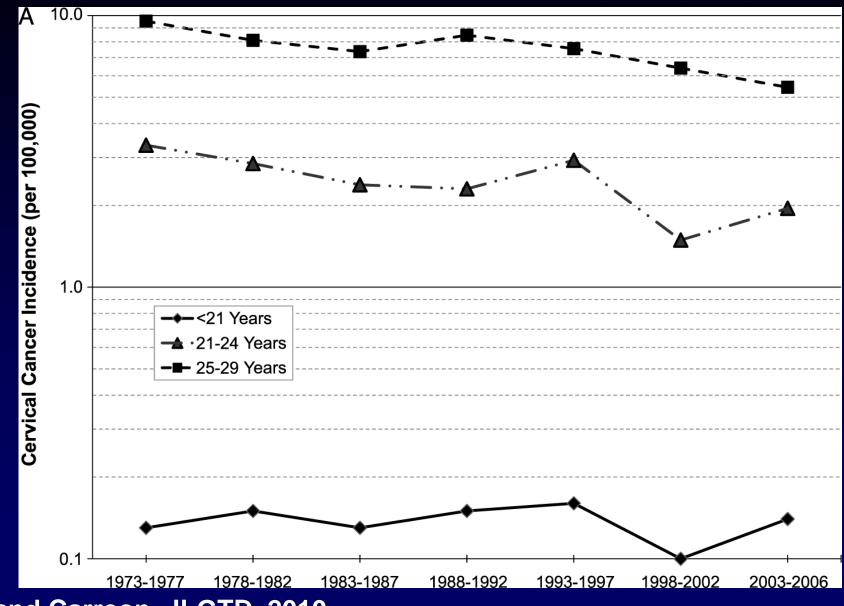


Castle et al., JLGTD, 2008

Current ACS Cervical Cancer Screening Guidelines (2012)

- Age (Years) Recommended Screening
- <21 No Screening!!!!
- 21-29 Cytology (3 Year)
- 30-64HPV and Cytology Cotesting (5 Year) (Preferred)Cytology (3 Year) Acceptable)
- 65 and Older No Screening with a 10-Year Negative Screening History
- Saslow et al., CA Cancer J Clin, 2012

Cervical Cancer Incidence by Age (USA)

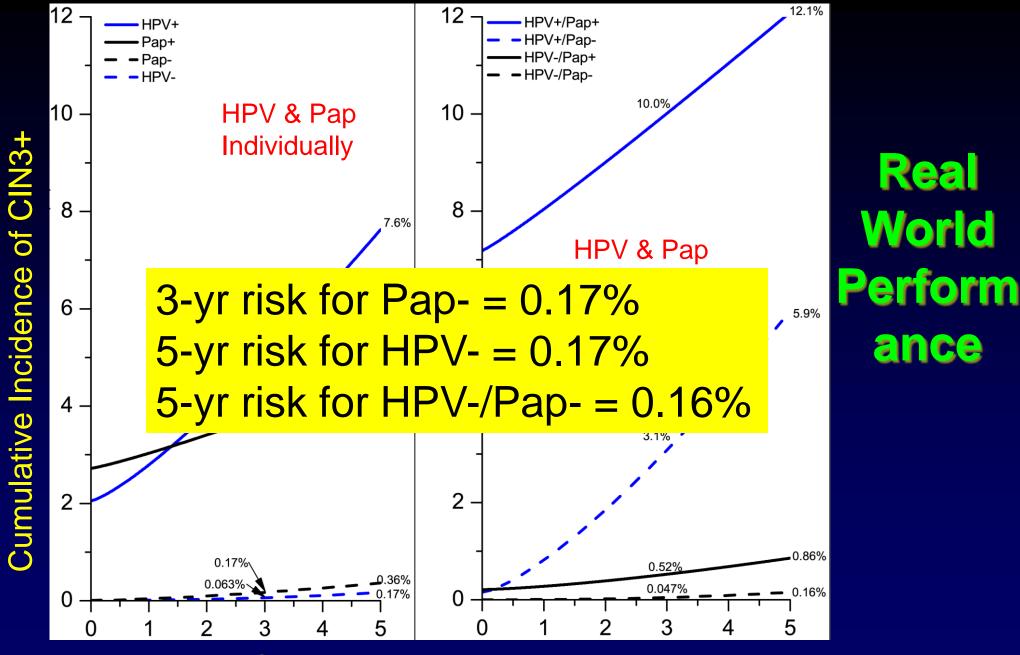


Castle and Carreon, JLGTD, 2010

Cytology Screening Interval: Cancer Risk vs. Colposcopy

	Lifetin	Lifetime (per 1,000)	
	Cancer Risk	Number of Colposcopies	
Every Year	3	2000	
Every 2 Years	4 to 6	1080	
Every 3 Years	5 to 8	760	

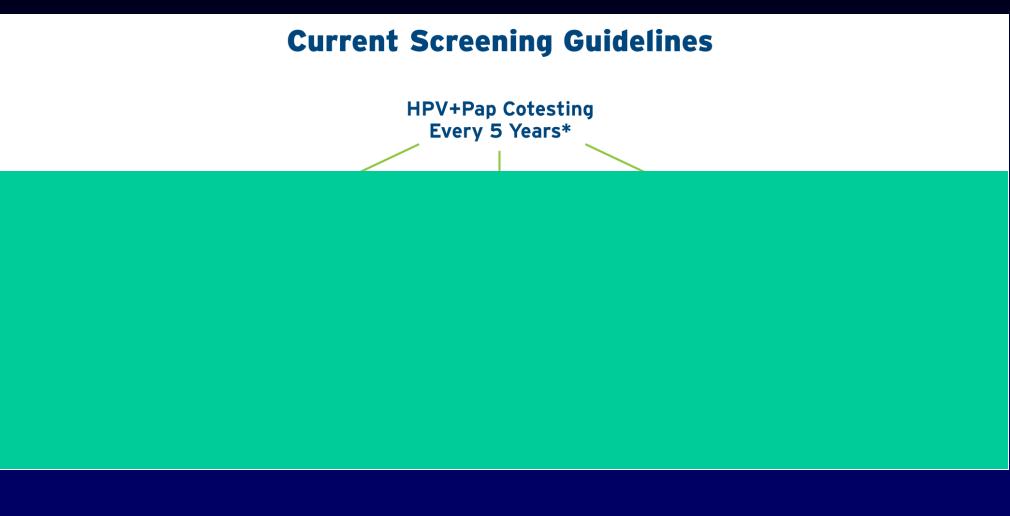
Saslow et al., CA Cancer J Clin, 2012



Years Since Enrollment

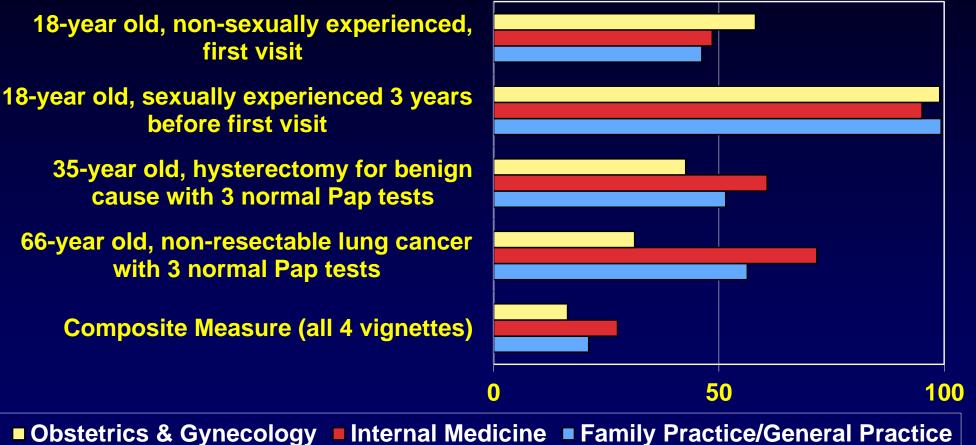
Katki et al., Lancet Oncol, 2011

Algorithm for Cotesting in Women 30-64 Y.O.



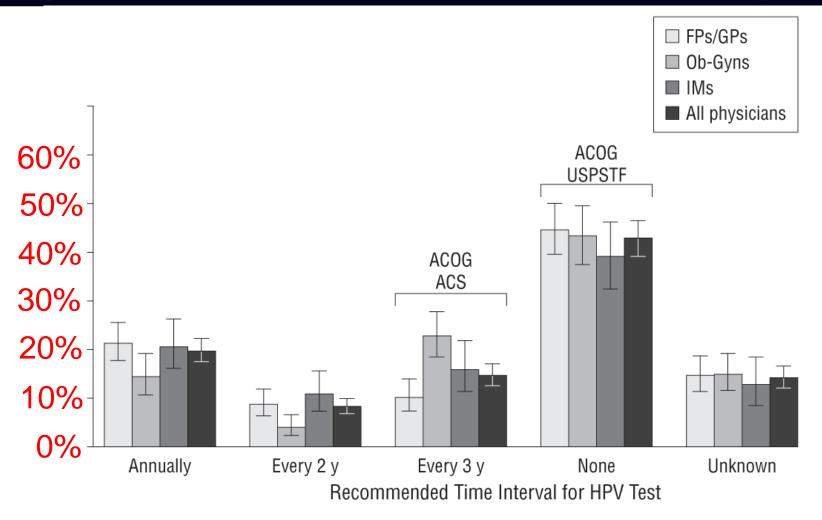
Guideline Failures

Percentage With Guideline-Consistent Recommendations



Yabroff et al., AIM, 2009

When Would Next <u>HPV Test?</u> 35 years, Pap Normal and HPV Negative?

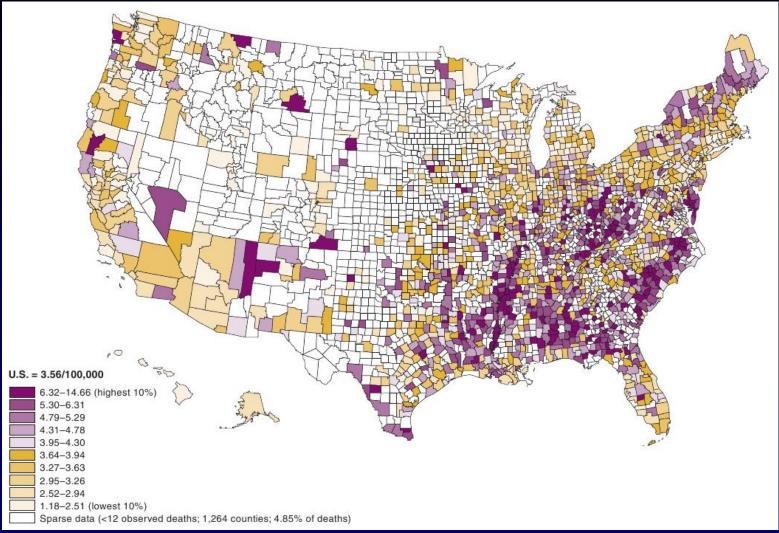


Saraiya et al., Arch Intern Med, 2009

Today's Talk

- 1. Global Perspective of Cervical Cancer
- 2. Natural History of HPV: Rational Basis for Cervical Cancer Prevention
- 3. Targeting the Causal Factor: HPV Vaccines and Testing
- 4. New Screening Guidelines
- 5. Reaching the Hard-to-Reach

Cervical Cancer Mortality Map for The U.S.



Freeman HP, Wingrove BK. Excess Cervical Cancer Mortality: A Marker for Low Access to Health Care in Poor Communities. Rockville, MD: National Cancer Institute, Center to Reduce Cancer Health Disparities, May 2005. NIH Pub. No. 05–5282.

Cervical Cancer in Maryland

TABLE 3.6 an	Female Uterine Cancer Incidence and Mortality by Race in Maryland, 2002-2006		
RACE/ETHNIC GROUP	INCIDENCE	MORTALITY	
African American/Bla	ck 20.0	7.1	
White	23.9	3.7	
Hispanic/Latino	19.8	N/A	
Asian/Pacific Islander	10.6	N/A	
American Indian/Alas	ka Native N/A	N/A	

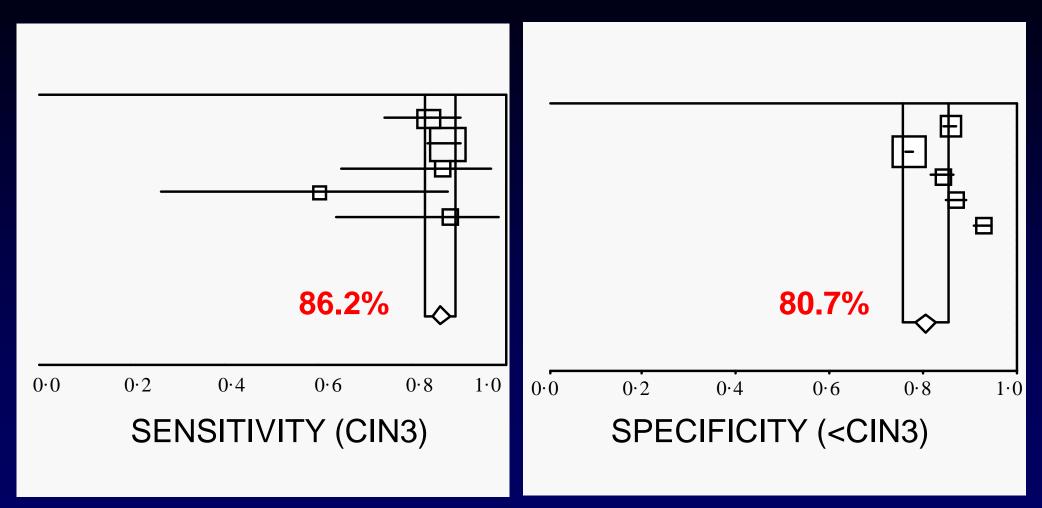
Rates are per 100,000 and are age-adjusted to the 2000 US.standard population. Source: United States Cancer Statistics: 1996-2006 Incidence and Mortality Web-based Report.

N/A means rates were suppressed if counts were fewer than 16 or if the population of the specific category (race, ethnicity) is less than 50,000.

US Incidence: ~8 per 100,000

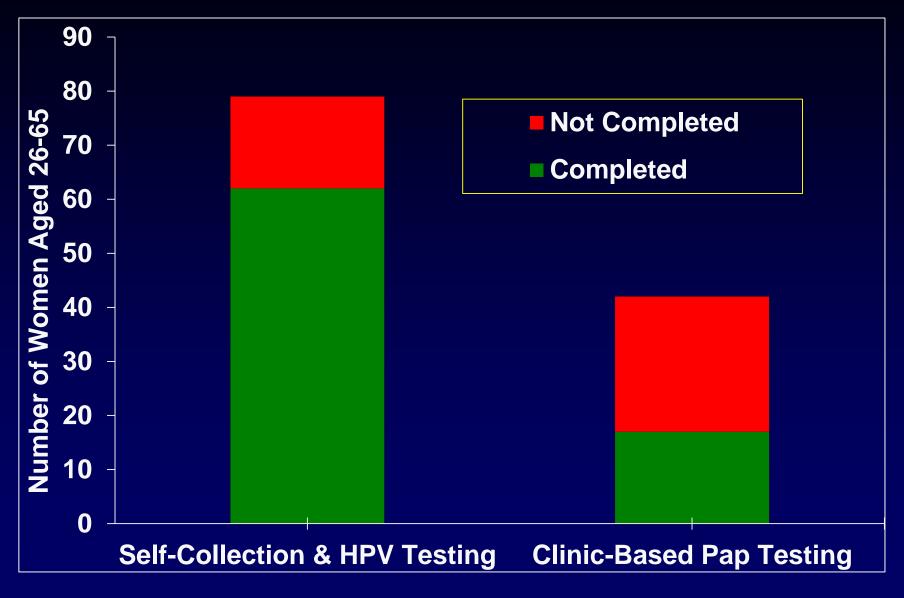
Chapter 3, Maryland Comprehensive Cancer Control Plan

Self Collection and HPV Testing in China



Zhao ... Castle, JNCI, 2012

Screening in the Mississippi Delta



Castle et al., Prev Med, 2011

Final Comments

- HPV is the necessary but infrequent cause of cervical cancer.
- HPV vaccines and tests can be highly effective if used in an age-appropriate manner. HPV vaccines will prevent cancer and clinically important disease from occurring in the future. Screening prevents cancer now.
- Current screening guidelines are based on two basic principles:
 - Benefits to the few at-risk women must outweigh the harms to the generally healthy population.
 - Equal Risk = Equal Care

Final Comments

- It is impractical and very costly, and potentially very harmful, to screen women excessively in an attempt to prevent ALL cervical cancer.
- The greatest gains in cancer prevention will achieved by reaching those not currently getting services.