



# Baltimore County Cancer Coalition Newsletter



Volume 1 Issue 2 | Winter 2014

## Cancer Program Updates

The Baltimore County Department of Health Cancer Programs provide cancer screening, diagnosis, and treatment services. Baltimore County residents who meet program eligibility requirements and are recently diagnosed with colorectal, anal, and skin cancer may be eligible for financial assistance to pay for treatment services.

Qualified individuals will be required to complete a Medicaid application, if financially eligible, and/or an application for a Qualified Health Plan through the Maryland Health Connection during open enrollment periods. If uninsured, these services may be paid at the current Medicaid rate, with CRF grant funds, as funds allow.

**For more information, call the Cancer Prevention Program at 410-887-3456**

## Open Enrollment

If you enrolled in a Qualified Health Plan in 2014, and received tax subsidies or credits, you must reapply by December 18 to continue to receive financial assistance. Everyone who purchased a plan in 2014 is encouraged to shop and compare to make sure your 2015 coverage is right for you!

For more information about Open Enrollment, visit: [www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov).



## Cervical Health Awareness

January is cervical cancer awareness month, and according to the Centers for Disease Control and Prevention, millions of women are still not being screened. Screening for cervical cancer can increase the probability of diagnosing cervical cancer at a more treatable stage.

In addition to being screened, talk with your physician about the HPV vaccination, which may lower your risk of developing cervical cancer. About 93% of cervical cancers could be prevented by routine screening and the HPV vaccination.

For information about cancer screening services offered by the Women's Cancer Protection Program, call 410-887-3432.

Learn more about [cervical cancer](#).

Learn more about [HPV and the vaccine](#).

## What is a Preventable Cancer?

According to [preventcancer.org](http://preventcancer.org), cancers such as breast, cervical, colorectal, lung, oral, skin, prostate, and testicular can be prevented through lifestyle changes along with early detection.

Research shows heredity is a small percent, but with adopting healthy lifestyle habits such as eating a balanced diet, staying active, and not smoking may help lower risk.

Read the entire article [online](#).

View the preventable cancers [guide](#).



## Maryland Cancer Collaborative Guide to Cancer Survivorship and Resources

This is a guide to cancer survivorship care that outlines many issues that may impact a patient throughout the cancer survivorship journey.

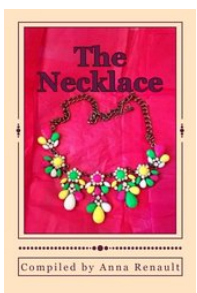
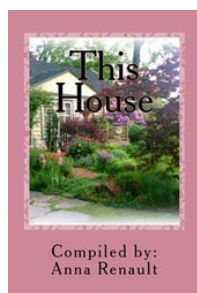
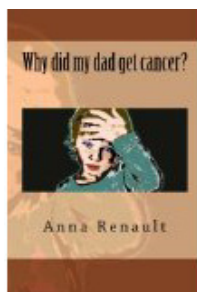
A **cancer survivor** is defined from the time of diagnosis through the rest of life. The guide is separated into three phases of survivorship, and each phase features a list of needs that may arise.

View the [guide](#).

## Book Sale Helps Cancer Patients

Purchasing the following books, will help cancer patients who need assistance to pay their non-medical expenses during treatment:

- *Anna's Journey: How Many Lives Does One Person Get?*
- *Why Did My Dad Get Cancer?*
- Anthologies:
  - This House
  - The Necklace
  - Verses from the Heart
  - The Waterfall
  - Evidence of Autumn
  - The Cabin
  - The Church Tales
  - The Yellow Rose



These books are available on Amazon or through the Author, Anna Renault. Contact Ms. Renault by email at [renaultannamarie@yahoo.com](mailto:renaultannamarie@yahoo.com) (please put **"Books for Cancer"** as the subject line).

## FREE Prosthetics Available for Breast Cancer Patients

For more information please contact Ms. Paula Ray at [yogostitch@gmail.com](mailto:yogostitch@gmail.com) or 410-788-1840.

Feel free to share Ms. Ray's contact information with others as a resource.

View a description of the products [online](#).

## Coalition Reminders Meetings | Events

- Leukemia and Lymphoma Society—*Take Charge of Your Health Cancer Survivorship Forum* | [Page 3](#)  
Registration Form | [Page 4](#)
- Health Insurance Enrollment | [Page 5](#)
- The Maryland Caregivers Support Coordinating Council | [Page 6](#)
- University of Maryland St. Joseph Medical Center Services by appointment:
  - Free Breast Screenings | [Page 7](#)
  - Cervical Cancer Screenings | [Page 8](#)
- Cancer Coalition Meeting  
March 19, 2015 | Location: TBA



Please send all newsletter inquires, comments and suggestions to:

Lauren Williams  
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Cancer Programs  
Phone: 410-887-1150

Email: [lxwilliams@baltimorecountymd.gov](mailto:lxwilliams@baltimorecountymd.gov)

Baltimore County Department of Health  
Cancer Programs  
6401 York Road, Third Floor | Baltimore, MD 21212  
Phone: 410-887-3456 | Fax: 410-887-3421



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Baltimore County Executive Kevin Kamenetz and the Baltimore County Council

someday is today



LEUKEMIA &  
LYMPHOMA  
SOCIETY®

fighting blood cancers

**SAVE THE DATE!**  
**Take Charge of Your Health!**  
***A Cancer Survivorship Forum***  
**COMMUNICATE • EDUCATE • EMPOWER**  
**DECEMBER 6, 2014, 9:30 a.m-1:30 p.m.**  
**Event is FREE**



**CANCER SURVIVORSHIP PROGRAM**

The Leukemia & Lymphoma Society is hosting the cancer survivorship program. **Bring along a favorite Family Member or Caregiver to be honored for their invaluable-loving and supportive qualities.** Connect with others impacted by cancer, receive inspiring news, obtain resource information and have a chance to win prizes. Let's celebrate and have some fun. A light breakfast and healthy lunch will be provided.

**Topics include:** Latest Advances in Cancer Treatments, Management of Medication Side Effects, Communicating with a Care Team, Honoring our Caregivers, Courageous Survivor Stories along with other key survivorship issues.

**When: SATURDAY, DECEMBER 6, 2014**

**Where:** Zeta Center for Healthy & Active Aging  
4501 Reisterstown Rd. Baltimore, MD 21215

**Time: 9:30 AM-1:30PM**

**Who is invited: All Diagnosed Cancer Survivors, Families, Caregivers, Health Professionals, Community and Faith-Based Supporters**

**TO REGISTER CONTACT:** LaVerne Perry, LLS Patient Access Navigator

The Leukemia & Lymphoma Society

[Laverne.perry@LLS.org](mailto:Laverne.perry@LLS.org)

443-471-1615 phone

443-471-1601 Fax

Program Sponsors:



**The Harry and Jeanette  
Weinberg Foundation, Inc.**





**someday is today**

## REGISTRATION FORM

### Take Charge of Your Health!

### *A Cancer Survivorship Forum*

COMMUNICATE • EDUCATE • EMPOWER

**EVENT IS FREE. All cancer survivors are invited**

You are invited to attend the LLS Survivorship Program for cancer survivors, families, caregivers, Health Professionals and community supporters. **Please register. Thank you.**

**DATE:** December 6, 2014  
**Where:** Zeta Center for Healthy & Active Aging  
4501 Reisterstown Road, Baltimore, MD 21215  
**TIME:** 9:30 am – 1:30 pm

\_\_\_\_ I am a cancer Survivor                      Diagnosis \_\_\_\_\_

\_\_\_\_ I am a Supporter                              Relationship \_\_\_\_\_

\_\_\_\_ I am a Health Professional              Title/Cred. \_\_\_\_\_

**Organization Affiliation** \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Name of Guest(s) \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

### **REGISTER BY FAX, MAIL, EMAIL, OR CALL**

### **CONTACT:**

- :: LaVerne R. Perry, Patient Access | Patient Navigator**
- :: The Leukemia & Lymphoma Society | Maryland Chapter**
- :: 100 Painters Mill Road \* Suite 800 \* Owings Mills, MD 21117**
- :: 443-471-1615 PHONE | 443-471-1601 FAX**
- :: [www.LLS.org/md](http://www.LLS.org/md) | [laverne.perry@LLS.org](mailto:laverne.perry@LLS.org)**

# DO YOU OR SOMEONE YOU KNOW NEED HEALTH INSURANCE?

Come to a **FREE** public forum to learn about health coverage under the **Affordable Care Act** and get answers to your questions.

## Saturday, November 8

11:30 AM – 12:30 PM  
Baltimore County Public Library  
North Point Branch  
1716 Merritt Blvd.  
Dundalk, MD

## Saturday, November 15

11:30 AM – 12:30 PM  
Baltimore County Public Library  
Rosedale Branch  
6105 Kenwood Ave.  
Rosedale, MD

## Saturday, November 22

10 AM – 3 PM  
St. Stephens AME Church  
1601 Old Eastern Ave.  
Essex, MD

## Saturday, November 29

11:30 AM – 12:30 PM  
Baltimore County Public Library  
White Marsh Branch  
8133 Sandpiper Circle  
Baltimore, MD

Enrollment  
Session

## Saturday, December 6

10 AM – 3 PM  
St. Stephens AME Church  
1601 Old Eastern Ave.  
Essex, MD

Enrollment  
Session

## Thursday, December 11

6:30 PM – 8 PM  
Baltimore County Public Library  
Perry Hall Branch  
9685 Honeygo Blvd.  
Perry Hall, MD

Hosted by:

St. Stephens  
Office Management  
& Technology, Inc.



Office Management & Technology, Inc.

**FOR MORE INFORMATION:** 410-686-9392, ext. 204  
[omtssame.org](http://omtssame.org)





# MARYLAND CAREGIVERS SUPPORT COORDINATING COUNCIL



## THE MISSION OF THE COUNCIL

### Caregiver Support and Advocacy

- Solicit and gather concerns of caregivers
- Promote awareness of caregiver support services among state and local jurisdictions

### Seek and Find

- Research available funding sources and explore for additional funds
- Identify unmet needs and priorities for additional funding

### Caregiver Systems, Review and Coordination

- Review Caregiver Support Systems
- Coordinate barrier free systems



## ABOUT THE COUNCIL

The Council acts on behalf of the Governor of Maryland to improve support services for unpaid, informal caregivers in the state of Maryland. During its 2001 session, the Maryland General Assembly enacted legislation to create the Maryland Caregivers Support Coordinating Council. The 17 Council members serve a three-year term and represent various state, public and private agencies that provide caregiver support services including the Department of Health and Mental Hygiene, Department of Aging, Department of Disabilities, Maryland Respite Care Coalition, two consumers of respite services, three family caregivers and advocates that have an interest or expertise in resources for the informal, family caregiver.

The Council advocates for individuals and families by providing a strong voice for the needs and goals of Maryland caregivers. The Council increases public awareness about the full range of caregiver needs and the support to address them, striving to attain barrier free systems. By facilitating and coordinating information, systems and people, the Council improves the lives of Maryland caregivers and their families.

## COUNCIL INFORMATION

The Maryland Caregivers Support Coordinating Council meets the first Thursday of every month from 10:30 a.m. - 12:30 p.m.

Heritage Complex  
Chesapeake Room 2nd Floor  
2664 Riva Road  
Annapolis, Maryland 21401

*All are welcome, meetings open to the public.*

For more information about the Council, please contact **Dorinda A. Adams**  
410-767-7323,  
dorinda.adams@maryland.gov.

Council website:  
<http://www.maryland.gov/MCSCC>

# CANCER INSTITUTE & ADVANCED RADIOLOGY CANCER SCREENINGS

at



UNIVERSITY of MARYLAND  
ST. JOSEPH MEDICAL CENTER



## Free Breast Cancer Screening

**MONTHLY APPOINTMENTS AVAILABLE**

### SCREENING FOR WOMEN

- 40 yrs old & older
- Uninsured
- Reside in Baltimore City or County
- Who have not had a mammogram within the past year
- Without breast cancer symptoms

### SCREENING INCLUDES:

- Clinical Breast Exam
- Screening Mammogram

**For eligibility & appointments, call  
410-427-2548.**

For TDD Access, call 410-337-1671.

# COMMUNITY HEALTH SCREENINGS

at



UNIVERSITY of MARYLAND  
ST. JOSEPH MEDICAL CENTER



## FREE Cervical Cancer Screening

**SATURDAY, MARCH 7<sup>TH</sup>**

9 A.M. - 12 P.M.

APPOINTMENT REQUIRED

### SCREENING FOR WOMEN:

- 21 - 65 years old
- Maryland residents
- Who have not had a pelvic exam/  
Pap test within the past year
- Do not have a personal history of  
cervical cancer
- Uninsured / Underinsured

### SCREENING INCLUDES:

- Pelvic Exam
- Pap Test
- Educational Counseling

**For eligibility & appointments,  
call 410-337-1479.**

For TDD Access, call 410-337-1671.