



Wes Moore, Governor · Aruna Miller, Lt. Governor · Laura Herrera Scott, M.D., M.P.H., Secretary

**MARYLAND MEDICAL ASSISTANCE PROGRAM**  
**Managed Care Organizations No. 196**  
**Behavioral Health Administrative Services Organization Transmittal No. 22**  
**Federally Qualified Health Centers No. 25**  
**Physicians No. 162**  
**Physician Assistants No. 11**  
**Nurse Practitioners No. 32**  
**December 13, 2023**

**TO:** Managed Care Organizations  
 Behavioral Health Administrative Service Organization  
 Federally Qualified Health Centers  
 Physicians  
 Physician Assistants  
 Nurse Practitioners

**FROM:** Tricia Roddy   
 Deputy Medicaid Director

**SUBJECT:** Updated Guidance – Statewide Coverage of Collaborative Care Model

**NOTE:** **Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal.**

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Effective October 1, 2023, Maryland Medicaid expanded collaborative care model (CoCM) services to all Medicaid beneficiaries. This transmittal serves as an addendum to the [PT 26-24](#) and [PT 35-24](#).

**Enrollee Eligibility Criteria**

To be eligible to receive CoCM, Medicaid participants must receive full benefits through a HealthChoice Managed Care Organization (MCO) or be enrolled in Fee-For-Service (FFS) Medicaid. Eligibility is limited to those with a diagnosis of mild to moderate anxiety, depression, substance use disorder, or any behavioral health diagnosis that is clinically appropriate for the primary care setting. By way of example, providers billing for CoCM services (as identified in PT 26-24 and PT 35-24, above) may utilize the following diagnosis codes: F32.1 (Major Depressive Disorder, Single Episode, Moderate), F33.0 (Major depressive disorder, recurrent, mild), F41.0 (Generalized Anxiety Disorder), and Z73.3 (Stress, not elsewhere classified).

## **Coordination with the Behavioral Health Administrative Services Organization**

Prior to engaging a Medicaid participant in CoCM services, providers must contact the behavioral health administrative services organization (ASO) to determine if the participant is receiving specialty behavioral health services that are reimbursed by the ASO. The ASO can be reached at 1-800-888-1965.

CoCM is an established evidence-based care model used to treat behavioral health in primary care settings. CoCM uses a team-based approach to integrate and increase the effectiveness of mental health and substance use disorder (SUD) treatment while reducing stigma around these conditions. There may be instances in which it is appropriate for Medicaid participants to receive both CoCM services and specialty behavioral health services. Such exceptions may include specialty services for a condition that is not being treated under CoCM. For example, a patient is enrolled in CoCM for a mental health condition, such as depression, but is also receiving SUD treatment services through the ASO.

Primary care providers (PCPs) should utilize a [Release of Information \(ROI\)](#) that meets the requirements of 42 CFR Part 2 to receive consent from participants to be able to coordinate care with the ASO. Participants may be referred to an ASO case manager if the participant is not accessing the CoCM services. The ROI may then be referenced by the ASO to authenticate callers.

If the ASO has an open authorization for the participant, the ASO may provide ONLY this information, even if the participant has signed a ROI. The ASO may only confirm this information when approached by the participant's PCP.

For questions related to this transmittal, please contact [mdh.healthchoiceprovider@maryland.gov](mailto:mdh.healthchoiceprovider@maryland.gov).

For additional information about CoCM services, please review the [CMS Behavioral Health Integration Services Booklet](#).