



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene
201 W. Preston Street • Baltimore, Maryland 21201

Parris N. Glendening, Governor - Georges C. Benjamin, M.D., Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
Pharmacy Transmittal No. 163
Managed Care Organization Transmittal No. 21
November 3, 2000

TO: Managed Care Organizations
Physicians
Pharmacists

FROM: Joseph M. Millstone, Executive Director *JMM*
Office of Health Services

NOTE: Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal.

RE: Changes to Mental Health and AIDS Carve-Out Drugs for Recipients in Managed Care Organizations

This transmittal is to inform you about changes that the MCOs must make to their pharmacy formularies.

Effective January 1, 2001 amendments to managed care regulations establish a new Specialty Mental Health System (SMHS) formulary (see attachment). These nine therapeutic classes of drugs listed in this formulary will be paid as fee-for-service by the Program with the exception of the six drugs marked with an asterisk, which are the responsibility of the MCOs.

Also, effective January 1, 2001, all MCOs will be required to include on their formularies the seven drugs listed below. These specific drugs are used in the treatment of a variety of illnesses including mental illness, and therefore, these drugs as well as the six drugs discussed earlier in this transmittal are the responsibility of the MCOs regardless of the prescriber.

Leuprolide
Clonidine
Guanfacine
Naltrexone

Medroxyprogesterone
Liothyronine
Disulfiram

Two drugs, leuprolide and medroxyprogesterone, when used to treat behavioral problems, will be paid by the Program but will require preauthorization. These will be approved for males only.

Each MCO must instruct its Pharmacy Benefits Manager to include the required drugs on its formulary effective January 1, 2001. The Program will monitor the formularies of the managed care organizations for compliance to these requirements. Pharmacists should bill the appropriate payor based on the formulary, regardless of the prescriber.

These managed care regulation amendments also change coverage responsibility for certain drugs used to treat the AIDS virus. Protease inhibitors and non-nucleoside reverse transcriptase inhibitors, which were previously paid fee-for-service are now included in the managed care capitation rate and the MCOs will be responsible for payment of these prescriptions effective January 1, 2001. Coverage of any new drugs for the treatment approved by the FDA starting 2001 will also be the responsibility of MCOs.

Questions concerning this transmittal should be directed to the Pharmacy Section of the Division of Pharmacy and Clinic Services at 410-767-1455.

Attachments
JG/DH/kag

Mental Health Formulary Carved-out of Managed Care and Payable as Fee-For-Service

The six drugs that have been bolded and marked with a "*" are exceptions to the carve out and must be covered by the MCOs. All drugs that are in these classes including those not listed in this table, are carved out and represent the mental health formulary.

Therapeutic Class	Drug
Class No. 120804 Antiparkinsonian Agents	Benzotropine Biperiden Procyclidine Trihexyphenidyl
Class No. 281208 Benzodiazepines	Clonazepam
Class No. 281292 Miscellaneous Anticonvulsants	Valproate/Divalproex Carbamazepine* Gabapentin* Lamotrigine* Topiramate*
Class No. 281604 Antidepressants	Phenelzine Tranlycypromine Amitriptyline Amoxapine Clomipramine Desipramine Doxepin Imipramine Maprotiline Nortriptyline Protriptyline Trimipramine Bupropion Fluoxetine Fluvoxamine Sertraline Paroxetine Nefazodone Venlafaxine Mirtazapine Trazodone Citalopram All other agents in this class
Class No. 281608 Antipsychotic Agents	Chlorpromazine Fluphenazine Mesoridazine Perphenazine Thloridazine Trifluoperazine Triflupromazine Haloperidol Thiothixene Chlorprothixene Pimozide

	Loxapine Molindone Clozapine Olanzapine Risperidone Quetiapine All other agents in this class with the exception of prochloroperazine and promazine
Class No. 282000 Anorexigenic Agents and Respiratory and Cerebral Stimulants	Amphetamine Dextroamphetamine Methamphetamine Methylphenidate Pemoline
Class No. 282408 Anxiolytics, Sedatives and Hypnotics – Benzodiazepines	Alprazolam Chlordiazepoxide Clorazepate Diazepam Estazolam Flurazepam Halazepam Lorazepam Midazolam* Oxazepam Quazepam Temazepam Triazolam
Class No. 282492 Miscellaneous Anxiolytics, Sedatives and Hypnotics	Buspirone Chloral Hydrate Droperidol* Hydroxyzine Meprobamate Zolpidem
Class No. 282800 Antimanic Agents	Lithium

10.09.67

**Maryland Medicaid Managed Care Program:
Benefits**

Authority: Health-General Article, Title 15, Subtitle 1, Annotated Code of Maryland

.04 Benefits—Pharmacy Services.

A. An MCO shall provide to its enrollees all medically necessary and appropriate pharmaceutical services and pharmaceutical counseling, including but not limited to:

(1) – (9) (text unchanged)

(10) Medical supplies or equipment used in the administration or monitoring of medication prescribed or ordered for an enrollee by a qualifying provider as specified in §B of this regulation; and

(11) Psychotropic drugs prescribed or ordered by the MCO's provider within the scope of the provider's license and for the treatment of primary mental health care services, unless the MCO also provides specialty mental health care services pursuant to authority granted by the Department's regulations; and

(12) Latex condoms.

B. Except as provided in §C of this regulation, an MCO is required to provide only those drugs and related pharmaceutical products that are prescribed or ordered by:

(1) – (2) (text unchanged)

(3) A SMHS provider for drugs not in the SMHS formulary.

C. (text unchanged)

D. Drug Formulary.

(1) – (3) (text unchanged)

(4) An MCO shall include in its formulary the following drugs:

(a) Carbamazepine;

(b) Gabapentin;

(c) Lamotrigine;

(d) Topiramate;

(e) Midazolam;

(f) Droperidol;

(g) Leuprolide acetate;

(h) Clonidine;

(i) Guanfacine;

(j) Naltrexone;

(k) Medroxyprogesterone;

(l) Liothyronine; and

(m) Disulfiram.

[(4)] (5) (text unchanged)

E. - F. (text unchanged)

Dental Services.

A. An MCO shall provide medically necessary and dental services for ~~enrollees~~ enrollees who are younger than ~~18~~ 18 years of age, including but not limited to:

old,

(1) (text unchanged)

(2) [For children who are at least 3 years of age, ~~semiannual~~ semiannual]

~~Semiannual~~ cleaning, fluoride treatment, and

.27 Benefits

A. (text unchanged)

B. The benefits or : not required to be provided under §A of this regulation are as

(1) – (26) (text unchanged)

[(27)] Payment for ; categories of drugs used in the treatment of HIV/AIDS, the provision of which will be reimbursed directly by the Department:

(a) Protease inhibitors; and

(b) Non-nucleoside reverse transcriptase inhibitors;

[(28)] (27) – [(39)] (38) (text unchanged)

(39) Genotypic, phenotypic or other HIV/AIDS drug resistance testing used in the treatment of HIV/AIDS, the provision of which will be reimbursed directly by the Department if the service is:

(a) Rendered by a Department approved provider, and

(b) Medically necessary and appropriate.

(40) Except for those listed in Regulation .04D(4) of this chapter, drugs that are included in the SMHS formulary.

10.09.70

Medicaid Managed Care Program:
Mental Health System

Authority: Health-General

le, Title 15, Subtitle 1, Annotated Code of Maryland

.10 Mental Health

and Service Array.

A. - B. (text unchanged)

C. Service Array. M

health services include:

(1) The following
fee-for-service basis:

es, which are Medicaid-reimbursable, on a

(a) - (c)

(d) Pharmacy

for drugs [prescribed by a] listed in the

SMHS [provider]

, [under] in accordance with COMAR 10.09.03;

(e) - (l)

(2) (text unchanged)

D. - E. (text unchanged)

Medicaid Managed Care Program:
to Graduate Medical Education

Costs

Authority:

Title 15, Subtitle 1, Annotated Code of Maryland

.03 GME Allocation

A. (text unchanged)

B. GME Allocation to Teaching Beginning in
FY 1999, the Department shall, on a quarterly basis, each teach-
ing hospital a GME payment, calculated as follows: