

Office of Health Services Medical Care Programs

# Maryland Department of Health and Mental Hygiene

Larry Hogan, Governor - Boyd Rutherford, Lt. Governor - Van Mitchell, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
EPSDT Transmittal No. 37
Managed Care Organizations Transmittal No. 107
Local Health Departments Transmittal No. 4
Federally Qualified Health Centers Transmittal No. 5
December 14, 2015

TO:

**EPSDT Healthy Kids Providers** 

Managed Care Organizations Local Health Departments

Federally Qualified Health Centers

FROM:

Susan J. Tucker, Executive Director

Office of Health Services

RE:

Additions to Healthy Kids Preventive Health Schedule

NOTE:

Please ensure that appropriate staff members in your organization are informed

of the contents of this transmittal

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The purpose of this transmittal is to inform providers about updates and new requirements to the 2016 Healthy Kids Preventive Health Schedule. The following requirements will become effective as of January 1, 2016. All of these requirements align with the standard of care recommended by the American Academy of Pediatrics' (AAP) *Bright Futures program.* (See attached Healthy Kids Schedule.)

# Physical Exam Objective Assessments for Vision and Hearing

Effective January 1, 2016, the Department will require an objective assessment for vision and hearing at the well-child examinations for the additional ages of 3 years old, 8 years old, and 10 years old.

# **Depression Screening**

Effective January 1, 2016, the Department will add the new requirement of an annual screening for Depression beginning at the age of 11. A recommended screening tool is the Patient Health Questionnaire (PHQ)-2 or other tools available in the GLAD-PC toolkit and at

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Documents/MH ScreeningChart.pdf.

# Sexually Transmitted Infections (STIs) Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for STIs to be completed beginning at the age of 11 instead of the current age of 12.

### Anemia Risk Assessment

Effective January 1, 2016, the Department will add the new requirement of an annual risk assessment for anemia beginning at the age of 11.

### Substance Use Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for substance use to be completed beginning at the age of 11 instead of the current age of age of 12.

## Dyslipidemia Lab Test

Effective January 1, 2016, the Department will add the new requirement of dyslipidemia lab tests. One test will be required between the ages of 9-11 and a second one between the ages of 18-21. See AAP endorsed 2011 guidelines from the National Heart Blood and Lung Institute, "Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents" <a href="http://www.nhlbi.nih.gov/guidelines/cvd\_ped/index.htm">http://www.nhlbi.nih.gov/guidelines/cvd\_ped/index.htm</a>.

The Preventive Screen Questionnaire is located in Appendix II of Section 7 of the Maryland Healthy Kids Provider Manual at

https://mmcp.dhmh.maryland.gov/epsdt/healthykids/Documents/Section 7/Appendix 2 Risk% 20Assessment%20Forms/Preventive%20Screen%20Questionnaire English 0815%20(1).pdf.

If you have questions, please contact Lesa Watkins with the Healthy Kids program at (410) 767-1836 or <a href="mailto:lesa.watkins@maryland.gov">lesa.watkins@maryland.gov</a>.

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Health History	Health History and Development	Birth	3-5 d	1 p	1 2	2 4	9	6	12	15	18	24	30	36	84	2	9	7	8	9	10	11 1	12 1	13 1	14 15	16	17	18	19/20
Medical and family history/update	istory/update	×	×	×	- >	1	↑ ↑	↑ •	×	1	1	×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×
Peri-natal history		×	×	×	-	1	↑ ↑	1	1	1	1												-	$\vdash$	-				
Psycho-social/environmental assessment/update	onmental	×	×	×	-	1	1	1	×	1	1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
Developmental Surveillance (Subjective)	eillance (Subjective)		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
Developmental Screening (Standard Tools) <sup>1</sup>	ening (Standard							×	1	1	×	×	1						-						-				
Autism Screening											×	×	1					T					1	+	-	-	-		1
Mental health/behavioral assessment	ioral assessment													×	×	×	×	×	×	×	×	$\vdash$	$\vdash$		-		×	×	×
Substance abuse assessment	sessment																		-	_		H	×		×		×	×	×
Depression Screening	Di Bi																					×	3	×		×	×	×	×
Physic	Physical Exam													200000000000000000000000000000000000000	700					100	100				12				
Systems exam		×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	-	-		×	H	-		×	×	×	×	×
Vision/hearing assessments <sup>2</sup>	essments <sup>2</sup>	05	S	S	S	S	S	ဟ	S	S	ဟ	ဟ	ဟ	s/o	9/0	8/0	9/9	S	_	S	-	S 8/0	H	S	0,		S	8/0	S
Oral/dentition assessment	sment	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	-	-	-		×	H	×	-	×	×	×	×
Nutrition assessment	t	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	-					-		×	×	×	×
	Height and Weight	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×							×	×	×	×
measurements and arabhina:	Head Circumference	×	×	×	×	×	×	×	×	×	×	×																	
)	BMI											×	×	×	×	×	×	×	×	×	×	×		×		×	×	×	×
Blood Pressure <sup>3</sup>														×	×	×	×	×	×	^ ×		×		×	×	×	×	×	×
Risk Assessmen	Risk Assessments by Questionnaire											100 cm		The sale															
Lead assessment by questionnaire	questionnaire						×	×	×	×	×	×	×	×	×	×													
Tuberculosis *				×	1	↑ ↑	<b>↑</b>	1	×					×	×	×	×	×		×		×		×		×	×	×	×
Heart disease/cholesterol *	sterol *											×	×	×	×	×	×	×	×	^ ×	×	×				×	×	×	×
Sexually transmitted infections (STI)	infections (STI) *																					×		×	×	×	×	×	×
Anemia *																						×		×		×	×	×	×
Labora	Laboratory Tests					97 98						\$2552K								200							THE STATE OF THE S		
Hereditary/metabolic hemoglobinopathy	hemoglobinopathy	×		×	1	<b>↑</b>																							
Blood lead Test									×	1	1	×	1	1	1	1													
Anemia Hgb/Hct									×	1	1	×	1	1	1	1													
Dyslipidemia Test																				×	1	1						×	1
Immul	Immunizations																												
History of immunizations	ons	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×	×	×	×	×
Vaccines given per schedule	chedule	×	1	1	× 1	×	×	1	×	×	×	1	1	1	1	1	1	1	1	↑ ↑		×	1	1	1	1	1	1	1
Health	Health Education		S CONT																100	12									
Age-appropriate education/guidance	cation/guidance	×	×	×		×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×		×	×	×	×
Counsel/referral for identified problems	dentified problems	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×	×		×	5000	×	×	×	×	×	×
Dental education/referral	ıral								×	×	×	×	×	×	×	×	×	×	×	×	1	×	×	×		×	×	×	×
Scheduled return visit	ı,	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×		×	×	×	×
Key:X Required	Required Required if not previously done Subjective by history lobservation Objective by standardized testing	=				F a.ts.	he Schi reventiv andard	edule r re care ized to	eflects r visits be ols. ²Ner	otween wbom h	n stand ages 3 learing	ards rei years t Screen	quired for hrough 2	or all Ma 20 years prequi	iryland I s. ¹Refer red for ¿	Medicaid r to AAP abnorm⊗	d recipii 2006 l al result	onts fro	om birth Stateme od Pres	to 21 y ant refer ssure m	ears of renced i	The Schedule reflects minimum standards required for all Maryland Medicaid recipients from birth to 21 years of age. The Maryland Healthy Kids Program requires yearly preventive care visits between ages 3 years through 20 years. 'Refer to AAP 2006 Policy Statement referenced in the Healthy Kids Program ManualScreening required using standardized tools. 'Newborn Hearing Screen follow-up required for abnormal results. 'Blood Pressure measurement in infants and children with specific risk conditions should	Maryla althy Ki nfants a	nd Hea ds Prog nd chilc	llthy Kids gram Mau fren with	s Progra nualSc specific	m requi reening risk co	res yearl requirec	y d using should
	Counseling/testing required when positive	positive			_	ă	е репо	med a	be performed at visits before age 3 years.	etore a	je 3 ye	ars.																	

# Maryland Healthy Kids Program