ParityManager™ Report

Maryland Department of Health

Medicaid - Merged Optum FFS Medstar 09132020

September 30, 2020

6

Parity Flags

Executive Summary

The table below displays a count of parity flags for each Standard.

	Parity Flag
Standard 4	0
Standard 5	0
Standard 6	0
Standard 7	0
Standard 8	6
Standard 9	0
Standard 10	0

The table below displays a count of Standards missing information and need additional input.

	Missing Information
Standard 4	Yes
Standard 5	-
Standard 6	Yes
Standard 7	Yes
Standard 8	-
Standard 9	-
Standard 10	-

The URAC ParityManager™ facilitates the processes that a modern parity compliance program needs to have but, as a document management and communications software solution, ParityManager™ does not in and of itself automatically result in parity compliant operations.

Standard 4

Any parity flags are reported in the table below.

	Parity Flag
Lifetime Dollar Limits	0
Annual Dollar Limits	0

If either section is considered incomplete, it is reported in the table below.

	Missing Information
Lifetime Dollar Limits	Y
Annual Dollar Limits	Y

Standard 5

Any parity flags are reported in the table below.

Parity Flag

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category combination considered incomplete is reported in the table below.

Missing Information

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

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Standard 5

Which of the following benefits does this plan cover?

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	Acute Care Services	Inpatient Detoxification--hospital	Nursing Facility: Nursing services
	Ancillary Services	Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)	Nursing Facility: Dietary services
	Anesthesia--Inpatient	Residential SUD Treatment--ASAM 3.1	Nursing Facility: Physician services
	Electroconvulsive therapy (ECT)--inpatient	Residential SUD Treatment--ASAM 3.3	Nursing Facility: Specialized rehabilitation
	Patient Consultation	Residential SUD Treatment--ASAM 3.5	Nursing Facility: Social work
	Psychological or neuropsychological testing and evaluation--inpatient	Residential SUD Treatment--ASAM 3.7	Nursing Facility: Activities
	Individual therapy--inpatient	Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)	Nursing Facility: Pharmaceutical services
	Group therapy--inpatient	Inpatient ASAM 4.0	Nursing Facility: Behavioral health services
	Family therapy--inpatient	Does not apply	Nursing Facility: Laboratory, radiology and other diagnostic testing
	Special Psychiatric Hospital	Nursing Facility: SUD services	Nursing Facility: Dental services
	Residential Treatment Centers	Individual therapy—SUD inpatient	Hospice: Short-term inpatient care
	Does not apply	group therapy SUD inpatient	Acute Care Services (Births/Deliveries)
	nursing facility: mental health services	family therapy - SUD inpatient	Acute Care Services (Medical/Surgical)
		discharge day	Amputations--inpatient
		ancillary services SUD	Ancillary Services
			Anesthesia--Inpatient
			Bariatric Surgery
			Bypass surgery--inpatient
			Cardiac Procedures (non-emergent)--inpatient
			Chemotherapy--inpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Corrective Surgery--inpatient
		Cosmetic Procedures--Inpatient
		Diagnostic and X-ray services: CT--inpatient
		Diagnostic and X-ray services: MRI--inpatient
		Diagnostic and X-ray services: PET--inpatient
		Diagnostic and X-ray services: Radiography--inpatient
		Dialysis--Inpatient
		Erectile Dysfunction Procedures
		Eye Procedures--Inpatient
		Gender affirmation surgery
		Grafts/Implants
		Occupational Therapy--inpatient
		Physical Therapy--inpatient
		Speech Therapy--inpatient
		Hospice Care--Inpatient
		Hospital Care--inpatient
		Hysterectomy
		Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
		Investigational Surgeries/Clinical Trials--inpatient
		Neurostimulators
		Neurosurgical procedures--inpatient
		NICU/Sick baby/Detained baby
		Oncology Services--inpatient
		Plastic and Restorative Surgery--inpatient
		Post-Stabilization Services-inpatient
		Rehabilitation Services (Acute)
		Room and Board
		Spinal Cord Stimulator
		Surgery (nonurgent)--inpatient

	Mental Health	Substance Use Disorder	Medical/Surgical
			Surgery (urgent)--inpatient
			Transplants
			Transplants Pre and Post Transplant Services
			Transportation between hospitals
			Sterlization services--inpatient
Outpatient - Other	Laboratory Services	Drug Testing	Applied Behavior Analysis (autism services)--primarily in-home
	Mobile treatment-Assertive community treatment (ACT)	Laboratory Services	HIV/AIDS laboratory services
	Mobile treatment-non-ACT	Does not apply	Augmentive communication devices
	Targeted Case Management		Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
	Respite Care (1915i)		Oxygen
	Does not apply		HH: registered Nurse
			HH: Home Health Aide
			HH: physical therapy
			HH: Occupational therapy
			HH: Speech therapy
			Hospice: nursing services
			Hospice: Medical social services
			Hospice: Medical appliances and supplies
			Hospice: home health and aide services
			PACE: Day health care
			PACE: In-home care
			PACE: Nursing care
			PACE: Personal care
			PACE: Meals
			PACE: Recreation
			PACE: Social work
			PACE: Transportation
			CPAS and CFC: Nurse monitoring
			CPAS and CFC: Personal assistance services

Mental Health	Substance Use Disorder	Medical/Surgical
		CFC: Personal emergency response system
		CFC: Transition services
		CFC: Consumer training
		CFC: home delivered meals
		CFC: assistive technology
		CFC: Accessibility adaptations
		CFC: environmental assessments
		ICS: case management
		ICS: Medical Day Care
		ICS: Nutritionist/Dietician
		ICS: Family training
		ICS: behavioral consultation
		ICS: Assisted living
		ICS: senior Center Plus
		1915c: case management
		1915c: certified Nursing Assistant/Home Health Aide
		1915c: nursing (private duty) (21+ years of age)
		1915c: medical Day Care
		Autism: Family leave (retainer day)
		Autism: Residential habilitation (regular and intensive)
		Autism: Intensive individual support services
		Autism: Therapeutic integration (regular and intensive)
		Autism: adult life planning
		Autism: Respite care
		Autism: family training
		Autism: Environmental accessibility adaption
		Brain Injury: Residential habilitation
		Brain Injury: Day habilitation
		Brain injury: Supported employment

Mental Health	Substance Use Disorder	Medical/Surgical
		Brain injury: Individual support services
		Brain injury: medical Day Care
		HCBS: case management
		HCBS: Medical Day Care
		HCBS: Nutritionist/Dietician
		HCBS: family training
		HCBS: Behavioral consultation
		HCBS: Assisted living
		HCBS: senior Center Plus
		Medical Day Care Waiver with associated services
		Community Pathways and Community Supports waivers: Assistive technology and services
		Community Pathways and Community Supports waivers: Behavioral support services
		Community Pathways and Community Supports waivers: Career exploration
		Community Pathways and Community Supports waivers: Community development
		Community Pathways and Community Supports waivers: Day habilitation
		Community Pathways and Community Supports waivers: Employment discovery and customization
		Community Pathways and Community Supports waivers: Employment services
		Community Pathways and Community Supports waivers: Environmental assessment
		Community Pathways and Community Supports waivers: Environmental modification
		Community Pathways and Community Supports waivers: Family and peer mentoring supports
		Community Pathways and Community Supports waivers: Family caregiver training and empowerment
		Community Pathways and Community Supports waivers: Housing support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Community Pathways and Community Supports waivers: Individual and family directed goods and services
		Community Pathways and Community Supports waivers: Medical Day Care
		Community Pathways and Community Supports waivers: Nurse case management and delegation
		Community Pathways and Community Supports waivers: Nurse consultation
		Community Pathways and Community Supports waivers: Nurse health case management
		Community Pathways and Community Supports waivers: Participant education, training and advocacy
		Community Pathways and Community Supports waivers: Personal supports
		Community Pathways and Community Supports waivers: Respite care services
		Community Pathways and Community Supports waivers: Support broker services
		Community Pathways and Community Supports waivers: Supported employment
		Community Pathways and Community Supports waivers: Transportation
		Community Pathways and Community Supports waivers: Vehicle modification
		Community Pathways only: community living
		Community Pathways only: live-in caregiver supports
		Community Pathways only: Remote support services
		Community Pathways only: Shared living
		Community Pathways only: Support living
		Community Pathways only: transition services
		Family Supports: Assistive technology and services
		Family Supports: Behavioral support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Family Supports: Environmental assessment
		Family Supports: Environmental modification
		Family Supports: Family and peer mentoring supports
		Family Supports: Family caregiver training and empowerment
		Family Supports: Housing support services
		Family Supports: Individual and family directed goods and services
		Family Supports: Nurse case management and delegation
		Family Supports: Nurse consultation
		Family Supports: Participant education, training and advocacy
		Family Supports: Personal supports
		Family Supports: Respite care services
		Family Supports: Support broker services
		Family Supports: Transportation
		Family Supports: Vehicle modification
		HH: Registered Nurse
		Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
		EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
		Medical Day Care waiver with associated services(16+ years of age):
		(2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
		(4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
		(6) Restorative services (filings, crowns, etc) - OP OR/ASC;
		(8) Endodontic services (root canals, etc.) - OP OR/ASC;
		(10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;

	Mental Health	Substance Use Disorder	Medical/Surgical
			(12)Prosthodontics (dentures, etc.) - OP OR/ASC;
			(14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
			(17) Anesthesia - OP OR/ASC.
			Care Management
			Targeted Case Management
			Diabetic Education
			National Diabetes Prevention Program
			DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
			Genetic Testing
			Hepatitis C Virus Genotyping
			Home Health Services: medical supplies used for home heath visit
			Home Health Services: occupational therapy
			Home Health Services: physical therapy
			Home Health Services: skilled nursing services
			Home Health Services: speech pathology services
			Hospice Care--Outpatient
			Laboratory Services
			Molecular Pathology Labs
			Neuro-Psychological Testing/Developmental Delay Programs
			Personal Care Services
			Private Duty Nursing
			Remote Patient Monitoring
			Applied Behavior Analysis (autism services)--primarily in-home
Outpatient - Office Based	Activity Therapy	Alcohol and/or drug assessment	HH: Physical therapy
	Biofeedback	Ambulatory detoxification	HH: Occupational therapy

	Mental Health	Substance Use Disorder	Medical/Surgical
	Electroconvulsive therapy (ECT)--outpatient	Group therapy--outpatient	HH: Speech therapy
	Family Psycho-Educational Therapy	Individual therapy--outpatient	Hospice: Physician services
	Family Therapy--outpatient	Intensive Outpatient (IOP)--ASAM 2.1	Hospice: Counseling services (including dietary, spiritual and bereavement)
	Group therapy--outpatient	MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)	Hospice: Physical therapy
	Health Behavior Assessment	MAT Initial Intake (Evaluation and Management, Including Rx)	Hospice: Occupational therapy
	Health Behavior Reassessment	MAT Ongoing (Evaluation and Management, including Rx)	Hospice: Speech therapy
	Individual Psycho-Educational Therapy	Partial Hospitalization (PHP)--ASAM 2.5	PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
	Individual therapy--outpatient	Opioid Treatment Program (OTP) services - including med management	PACE: Rehabilitation
	Intensive outpatient (IOP)	Buprenorphine guest dosing	ICS: Nutritionist/Dietician
	Mental health assessment	Methadone guest dosing	ICS: Behavioral consultation
	Mental health reassessment	Methadone Maintenance	1915c: Physician participation in plan of care meeting
	Multiple family group therapy	Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified	Home and Community Based Options waiver:
	Partial hospitalization (PHP)	Does not apply	HCBS: nutritionist/Dietician
	Psychiatric Rehabilitation Services	SBIRT	HCBS: behavioral consultation
	Psychological or neuropsychological testing and evaluation	primary SUD Services (assessment, clinical evaluation, referral to ASO)	HH: physical therapy
	Therapeutic Behavioral Services	health home services for SUD (opioid addiction) - opioid treatment program	1915c: physician participation in plan of care meeting
	Transcranial Magnetic Stimulation (TMS)		(1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
	Traumatic Brain Injury (TBI) Day Habilitation		(3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
	Evaulation and Management-Outpatient		(5) Restorative services (filings, crowns, etc) - Clinic;

Mental Health	Substance Use Disorder	Medical/Surgical
Anesthesia - Outpatient		(7) Endodontic services (root canals, etc.) - Clinic;
Does not apply		(9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs		(11) Prosthodontics (dentures, etc.) - Clinic;
primary mental health services (assessment, clinical evaluation, referral to ASO)		(13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
		(15) Orthodontic services - Clinic;
		(16) Anesthesia - Clinic; and
		(1) Preventive services (cleanings, fluoride, etc.) - Clinic;
		(2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
		(3) Restorative services (filings, crowns, etc) - Clinic;
		(4) Endodontic services (root canals, etc.) - Clinic;
		(5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
		(6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
		(7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
		(8) Anesthesia - Clinic.
		Acne Services
		Acupunture
		Amputations--outpatient
		Audiology Services (hearing loss assessment and treatment)
		Blood/Blood Products
		Bypass surgery--outpatient
		Capsule Endoscopy
		Cardiac Procedures (non-emergent)--outpatient
		Cardiac Rehabilitation
		Chemotherapy--outpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Chiropractic Services
		Circumcision
		Clinic Services--FQHC
		Clinic Services--Coumadin Clinic
		Clinic Services--SBHC
		Clinic Services--Other
		Clinic Services--Heart Failure Clinic
		Clinic Services--Wound Clinic
		Corrective Surgery--outpatient
		Cosmetic Procedures/Surgeries--outpatient
		Dermatology Procedures
		Diagnostic and X-ray services: CT--outpatient
		Diagnostic and X-ray services: MRI--outpatient
		Diagnostic and X-ray services: PET--outpatient
		Diagnostic and X-ray services: Radiography--outpatient
		Dialysis--outpatient
		Foster Care Evaluation/Check-up for children entering State custody
		Genetic Counseling
		Grafts/Implants--outpatient
		Hyperbaric Oxygen Therapy
		Infusion/Maintenance Drug Infusion
		Investigational Surgeries/Clinical Trials--outpatient
		National Diabetes Prevention Program Services
		Nerve Stimulator--outpatient
		Neuro-Psychological Testing/Developmental Delay Programs
		Neurosurgical procedures--outpatient
		Newborn Office Services
		Nutritional Counseling

Mental Health	Substance Use Disorder	Medical/Surgical
		OB Ultrasound
		Occupational Therapy
		Oncology Treatment
		Oral Surgery Adult
		Oral Surgery Child
		Outpatient hospital care (emergent)
		Outpatient hospital care (non-emergent)
		Outpatient Rehabilitative services
		Outpatient Surgery (Ambulatory Surgery Center)
		Pain Management Procedures
		Pain Management Visits
		Physical Therapy
		Plastic and Restorative Surgery--outpatient
		Podiatry Services
		Post-Stabilization Services
		Pregnancy-related Services (OB Care)
		Primary Care
		Proton Therapy Treatment
		Pulmonary Rehab
		Sleep Studies /Sleep Apnea Studies
		Somatic services related to gender dysphoria
		Specialty Care
		Speech Therapy--outpatient
		Sterlization Services--outpatient
		Transplants Pre and Post Transplant Services--outpatient
		Urgent Care
		Vision Services
		Wound Vacuum-assisted closure (VAC)
		Post-Stabilization Services-outpatient

	Mental Health	Substance Use Disorder	Medical/Surgical
Emergency Benefits	Emergency Room- All inclusive ancillary services	Emergency Room- All inclusive ancillary services	Emergency Services billed with CDT codes
	Emergency Room- Medications	Emergency Room- Medications	Emergency Transportation (Ambulance)
	Emergency Room--Beyond EMTALA Screening	Emergency Room--Beyond EMTALA Screening	Observation Stay up to 24 h
	Emergency Room--EMTALA Screening	Emergency Room--EMTALA Screening	Air Ambulance
	Emergency Room--Post Stabilization Services	Emergency Room--Post Stabilization Services	Emergency Transport--Basic Life Support
	Emergency Room--Stabilization Services	Emergency Room--Stabilization Services	Emergency Transport--Advanced Life Support (ALS)
	Emergency Room-Clinical Laboratory	Emergency Room-Clinical Laboratory	Emergency Room--EMTALA Screening
	Emergency Room-General Services	Emergency Room-General Services	Emergency Room--Beyond EMTALA Screening
	Observation Stay--24 h	Observation Stay--24 h	Emergency Room- All inclusive ancillary services
	Does not apply	Does not apply	Emergency Room-General Services
	emergency transportation ambulance	emergency transportation (ambulance)	Emergency Room-Clinical Laboratory
			Emergency Room- Medications
			Emergency Room-Radiology
			Emergency Room- Dental Services
			Emergency Room-Post-Stabilization Services
			Emergency Room--Stabilization Services
Prescription Drugs	Abilify Maintena	ZUBSOLV	cinryze
	Abilify MyCite	SUBOXONE	spinraza
	Adasuve	BUNAVAIL	zolgensma
	Adhansia XR	SUBUTEX	MCO administered prescription drug
	Adzenys XR ODT	SUBLOCADE	
	amphetamine ER suspension (Adzenys ER)	VIVITROL	
	amphetamine sulfate (Evekeo)	Not Applicable	
	Aplenzin	acamprosate (Campral)	
	Aptensio XR	buprenorphine	
	Aptiom	buprenorphine/naloxone film	

Mental Health	Substance Use Disorder	Medical/Surgical
aripiprazole (Abilify)	buprenorphine/naloxone tablets	
aripiprazole ODT (Abilify Discmelt)	Campral	
Aristada	Lucemyra	
Aristada Initio	naltrexone	
armodafinil (Nuvigil)	Nicotrol® nasal spray, inhaler	
atomoxetine (Strattera)	Sublocade	
Banzel	Vivitrol	
Belsomra	chantix	
Briviact (multiple formulations)	disulfiram (Antabuse)	
bupropion XL (Forfivo XL)	nicotine gum	
buspirone	nicotine lozenge	
carbamazepine suspension (Tegretol) (generic only)	nicotine patches	
carbamazepine XR (Tegretol XR)	suboxone film	
Celontin		
chloral hydrate		
chlordiazepoxide		
chlorpromazine (Thorazine)		
citalopram tablets, solution (Celexa)		
clobazam suspension (Onfi)		
clobazam tablets (Onfi)		
clomipramine		
clonazepam (Klonapin)		
clonazepam ODT (Klonapin ODT)		
clonidine ER tablets (Kapvay)		
clorazepate		
clozapine (Clorazil)		
clozapine ODT (Fazaclo)		
Clozaril		
Contempla		
Cotempla XR ODT		

Mental Health	Substance Use Disorder	Medical/Surgical
Daytrana		
desvenlafaxine ER (Khedezla, Pristiq)		
desvenlafaxine fumarate ER		
dexmethylphenidate tablets (Focalin)		
dexmethylphenidate XR (Focalin XR) (generic only)		
dextroamphetamine capsules (Dexedrine ER)		
dextroamphetamine solution (Procentra)		
dextroamphetamine tablets		
Diacomit capsules, powder pack		
diazepam		
diazepam rectal (Diastat, Acudial)		
divalproex (Depakote)		
divalproex ER (Depakote ER)		
divalproex sprinkles (Depakote sprinkles)		
doxepin (Silenor)		
droperidol		
duloxetine (Cymbalta)		
Dyanavel XR		
Edluar		
Emsam		
Epidiolex		
Equetro		
escitalopram solution (Lexapro)		
estazolam (ProSom)		
eszopiclone (Lunesta)		
ethosuximide (Zarontin)		
Evekeo		
Evekeo ODT		
Fanapt		
felbamate (Felbatol)		

Mental Health	Substance Use Disorder	Medical/Surgical
Fetzima		
fluoxetine capsules 60mg		
fluoxetine tablets (Sarafem)		
fluoxetine weekly (Prozac weekly)		
fluphenazine (Prolixin)		
fluphenazine decanoate inj (Prolixin inj)		
flurazepam (Dalmane)		
fluvoxamine ER (Luvox CR)		
Fycompa		
gabapentin solution (Neurontin)		
guanfacine ER (Intuniv)		
haloperidol (Haldol)		
haloperidol decanoate inj (Haldol IM)		
Hetlioz		
hydroxyzine (multiple formulations)		
Ingrezza		
Intuniv ER		
Invega Sustenna		
Invega Trinza		
Jornay PM		
Kapvay 0.1-0.2mg dose pack		
Kapvay ER 0.1mg		
Lamictal XR dose pack		
lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)		
Latuda		
levetiracetam ER (Keppra XR)		
lithium (multiple formulations)		
lorazepam (multiple formulations)		
loxapine capsules (Loxitane)		
Marplan		
meprobamate		

Mental Health	Substance Use Disorder	Medical/Surgical
methamphetamine (Desoxyn)		
methylphenidate CD capsules (Metadate CD)		
methylphenidate chewable (Methylin chewable)		
methylphenidate CR tablets (except 72mg) (Concerta)		
methylphenidate CR tablets 72mg		
methylphenidate ER capsules (Ritalin LA)		
methylphenidate ER tablets (Ritalin SR)		
methylphenidate oral solution (Methylin)		
methylphenidate tablets (Ritalin)		
midazolam		
modafinil (Provigil)		
molindone		
Mydayis ER		
Nayzilam		
nefazodone (Serzone)		
Nuplazid		
olanzapine IM (Zyprexa IM)		
olanzapine ODT (Zyprexa Zydis)		
olanzapine tablets (Zyprexa)		
olanzapine/fluoxetine (Symbyax)		
oxazepam		
Oxtellar XR		
paliperidone (Invega)		
paroxetine 7.5mg capsules (Bridelle)		
paroxetine CR (Paxil CR)		
Paxil suspension		
Peganone		
perphenazine (Trilafon)		
perphenazine/amitriptyline (Triavil)		

Mental Health	Substance Use Disorder	Medical/Surgical
Perseris		
Pexeva		
phenelzine (Nardil)		
pimozide (Orap)		
pregabalin capsules		
pregabalin solution		
quetiapine (Seroquel)		
quetiapine ER (Seroquel XR)		
Quillichew ER		
Quillivant XR		
ramelteon (Rozerem)		
Rexulti		
Risperdal Consta		
risperidone, risperidone ODT (Risperdal)		
Rozerem		
Sabril powder pack, tablets (Brand only)		
Saphris		
Secuado		
sertraline tablets, concentrated solution (Zoloft)		
Silenor		
Spravato		
Spritam		
Strattera		
Sunosi		
Sympazan		
temazepam 15mg, 30mg (Restoril)		
temazepam 7.5mg, 22.5mg		
thioridazine (Mellaril)		
thiothixene (Navane)		
tiagabine (Gabitril) (generic only)		

Mental Health	Substance Use Disorder	Medical/Surgical
topiramate ER (Qudexy XR)		
trazodone (Desyrel)		
triazolam (Halcion)		
Trintellix		
Trokendi XR		
venlafexine ER tablets		
Versacloz		
vigabatrin (multiple formulations)		
Viibryd		
Vimpat		
Vraylar		
Wakix		
zaleplon (Sonata)		
Zenzedi		
ziprasidone (Geodon)		
ziprasidone IM (Geodon IM)		
zolpidem (Ambien)		
zolpidem ER (Ambien CR)		
zolpidem SL (Intermezzo)		
Zolpimist		
Zubsolv		
Zulresso		
Zyprexa Relprevv		
Aristada ER		
clonidine (Catapres)		
Depo-Provera (mulitple formulations)		
Eligard (multiple formulations) (leuprolide acetate)		
guanfacine (Tenex)		
leuprolide acetate		
liothyronine (Triostat)		
Lupron 3.75mg (leuprolide acetate)		

Mental Health	Substance Use Disorder	Medical/Surgical
Lupron Depot (multiple formuations) (leuprolide acetate)		

Standard 6

Any parity flags found in Standard 6 are reported below. The number of flags per classification and limit type combination is shown.

	Parity Flag			
	Deductible	**Copay**	**Coinsurance**	**Out-of-pocket maximum**
Inpatient	-	-	-	-
Outpatient - Other	-	-	-	-
Outpatient - Office Based	-	-	-	-
Emergency Benefits	-	-	-	-
Prescription Drugs	-	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

	Missing Information			
	Deductible	**Copay**	**Coinsurance**	**Out-of-pocket maximum**
Inpatient	Y	Y	Y	Y
Outpatient - Other	Y	Y	Y	Y
Outpatient - Office Based	Y	Y	Y	Y
Emergency Benefits	Y	Y	Y	Y
Prescription Drugs	Y	Y	Y	Y

Standard 7

Any parity flags found in Standard 7 are reported below. The number of flags per classification and limit type combination is shown.

	Parity Flag		
	Day limits	**Hour limits**	**Visit limits**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

	Missing Information		
	Day limits	**Hour limits**	**Visit limits**
Inpatient	Y	Y	Y
Outpatient - Other	Y	Y	Y
Outpatient - Office Based	Y	Y	Y
Emergency Benefits	Y	Y	Y
Prescription Drugs	Y	Y	Y

Standard 8

Any parity flags found in Standard 8 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	1	1	-
Outpatient - Other	1	1	-
Outpatient - Office Based	1	1	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 8

Which of the following NQTL types are currently in use?
Red NQTLs should be considered a parity flag.

	Mental Health	Substance Use Disorder	Medical/Surgical
Emergency Benefits	medical necessity	Outlier Management	Outlier Management
		medical necessity	medical necessity
Inpatient	Outlier Management	Outlier Management	Outlier Management
	concurrent review	Service Limitations	Service Limitations
	medical necessity	concurrent review	concurrent review
	prior authorization/pre authorization	fail first requirements/step therapy	fail first requirements/step therapy
	data collection	medical necessity	medical necessity
		prior authorization/pre authorization	prior authorization/pre authorization
		data collection	
Outpatient - Other	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	medical necessity	fail first requirements/step therapy	fail first requirements/step therapy
	prior authorization/pre authorization	medical necessity	medical necessity
	data collection	prior authorization/pre authorization	prior authorization/pre authorization
		data collection	
Outpatient - Office Based	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	fail first requirements/step therapy	medical necessity	fail first requirements/step therapy
	medical necessity	prior authorization/pre authorization	medical necessity
	prior authorization/pre authorization	data collection	prior authorization/pre authorization
	data collection		
Prescription Drugs	fail first requirements/step therapy	Outlier Management	Outlier Management
	medical necessity	fail first requirements/step therapy	fail first requirements/step therapy
	prior authorization/pre authorization	medical necessity	medical necessity
	tiered drug formulary	prior authorization/pre authorization	prior authorization/pre authorization
		tiered drug formulary	tiered drug formulary
			dosage limits

Standard 8

Classification: Emergency Benefits
Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Emergency Benefits
Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Emergency Benefits

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Service Limitations
- 1.Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

concurrent review
- 1.Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Inpatient

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf
- 1.Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Outpatient - Other
Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other
Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based
Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based
Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Service Limitations
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

concurrent review
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Prescription Drugs
Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

tiered drug formulary
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

dosage limits
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Prescription Drugs
Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

tiered drug formulary
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Prescription Drugs
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

fail first requirements/step therapy
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization
- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

tiered drug formulary
- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

NQTL Type: Outlier Management
Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder
- Does not apply

Medical/Surgical
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services

Standard 8

NQTL Type: Outlier Management
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility: mental health services

Substance Use Disorder
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services
- Individual therapy—SUD inpatient
- group therapy SUD inpatient
- family therapy - SUD inpatient
- discharge day
- ancillary services SUD

Medical/Surgical
- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Rehabilitation Services (Acute)
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services

- Sterlization services--inpatient

Standard 8

NQTL Type: Outlier Management
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder
- Drug Testing
- Laboratory Services

Medical/Surgical
- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Personal assistance services
- CFC: home delivered meals
- ICS: case management
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services

- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers:

- Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):

- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Diabetic Education
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Home Health Services: medical supplies used for home heath visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs
- Private Duty Nursing
- Remote Patient Monitoring

Standard 8

NQTL Type: Outlier Management
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evauation and Management-Outpatient

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management

Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- HH: physical therapy
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- Acupunture
- Audiology Services (hearing loss assessment and treatment)
- Cardiac Procedures (non-emergent)--outpatient
- Chiropractic Services
- Cosmetic Procedures/Surgeries--outpatient
- Occupational Therapy
- Pain Management Procedures
- Pain Management Visits
- Primary Care
- Sleep Studies /Sleep Apnea Studies

- Specialty Care
- Speech Therapy--outpatient
- Vision Services

Standard 8

NQTL Type: Outlier Management
Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder
- Not Applicable

Medical/Surgical
- MCO administered prescription drug

Standard 8

NQTL Type: medical necessity
Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation ambulance

Substance Use Disorder
- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- Does not apply
- emergency transportation (ambulance)

Medical/Surgical
- Emergency Services billed with CDT codes
- Emergency Transportation (Ambulance)
- Observation Stay up to 24 h
- Air Ambulance
- Emergency Transport--Basic Life Support
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Room--EMTALA Screening
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services

Standard 8

NQTL Type: medical necessity
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Acute Care Services
- Ancillary Services
- Anesthesia--Inpatient
- Electroconvulsive therapy (ECT)--inpatient
- Patient Consultation
- Psychological or neuropsychological testing and evaluation--inpatient
- Individual therapy--inpatient
- Group therapy--inpatient
- Family therapy--inpatient
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility: mental health services

Substance Use Disorder
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services
- Individual therapy—SUD inpatient
- group therapy SUD inpatient
- family therapy - SUD inpatient
- discharge day
- ancillary services SUD

Medical/Surgical
- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient

- Transplants
- Transplants Pre and Post Transplant Services
- Sterlization services--inpatient

Standard 8

NQTL Type: medical necessity
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder
- Drug Testing
- Laboratory Services

Medical/Surgical
- Applied Behavior Analysis (autism services)--primarily in-home
- HIV/AIDS laboratory services
- Augmentive communication devices
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- 1915c: case management
- 1915c: certified Nursing Assistant/Home Health Aide

- 1915c: nursing (private duty) (21+ years of age)
- 1915c: medical Day Care
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Medical Day Care Waiver with associated services
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers:

- Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services

- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Care Management

- Targeted Case Management
- Diabetic Education
- National Diabetes Prevention Program
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home heath visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring
- Applied Behavior Analysis (autism services)--primarily in-home

Standard 8

NQTL Type: medical necessity
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Activity Therapy
- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaaluation and Management-Outpatient
- Anesthesia - Outpatient
- health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs
- primary mental health services (assessment, clinical evaluation, referral to ASO)

Substance Use Disorder
- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Buprenorphine guest dosing
- Methadone guest dosing
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- SBIRT
- primary SUD Services (assessment, clinical evaluation, referral to ASO)
- health home services for SUD (opioid addiction) - opioid treatment program

Medical/Surgical
- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: Physician services
- Hospice: Counseling services (including dietary, spiritual and bereavement)
- Hospice: Physical therapy
- Hospice: Occupational therapy
- Hospice: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- Home and Community Based Options waiver:
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- HH: physical therapy
- 1915c: physician participation in plan of care meeting
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;

- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- Acne Services
- Acupunture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services
- Circumcision
- Clinic Services--FQHC
- Clinic Services--Coumadin Clinic
- Clinic Services--SBHC
- Clinic Services--Other
- Clinic Services--Heart Failure Clinic
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound

- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterlization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)
- Post-Stabilization Services-outpatient

Standard 8

NQTL Type: medical necessity
Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonapin)
- clonazepam ODT (Klonapin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexmethylphenidate tablets (Focalin)

Substance Use Disorder
- ZUBSOLV
- SUBOXONE
- BUNAVAIL
- SUBUTEX
- SUBLOCADE
- VIVITROL
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film
- buprenorphine/naloxone tablets
- Campral
- Lucemyra
- naltrexone
- Nicotrol® nasal spray, inhaler
- Sublocade
- Vivitrol
- chantix
- disulfiram (Antabuse)
- nicotine gum
- nicotine lozenge
- nicotine patches
- suboxone film

Medical/Surgical
- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexmethylphenidate XR (Focalin XR) (generic only)
- dextroamphetamine capsules (Dexedrine ER)
- dextroamphetamine solution (Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (mulitple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formuations) (leuprolide acetate)

Standard 8

NQTL Type: concurrent review
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility: mental health services

Substance Use Disorder
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services
- Individual therapy—SUD inpatient
- group therapy SUD inpatient
- family therapy - SUD inpatient
- discharge day
- ancillary services SUD

Medical/Surgical
- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants

- Transplants Pre and Post Transplant Services
- Sterlization services--inpatient

Standard 8

NQTL Type: concurrent review
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder
- Does not apply

Medical/Surgical
- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning

- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services

- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services

- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- Diabetic Education
- Home Health Services: medical supplies used for home heath visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services

Standard 8

NQTL Type: concurrent review
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaulation and Management-Outpatient

Substance Use Disorder
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical
- Acupunture
- Audiology Services (hearing loss assessment and treatment)
- Nutritional Counseling
- Occupational Therapy
- Physical Therapy
- Speech Therapy--outpatient

Standard 8

NQTL Type: Service Limitations
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder
- Does not apply

Medical/Surgical
- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care

Standard 8
NQTL Type: Service Limitations
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder
- Does not apply

Medical/Surgical
- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Personal assistance services
- CFC: Transition services
- CFC: home delivered meals
- ICS: case management
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: Assisted living
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- HCBS: case management
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Assisted living
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)

- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Remote Patient Monitoring

Standard 8

NQTL Type: Service Limitations
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Biofeedback
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Evaulation and Management-Outpatient

Substance Use Disorder
- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- Pregnancy-related Services (OB Care)
- Primary Care

Standard 8

NQTL Type: prior authorization/pre authorization
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility: mental health services

Substance Use Disorder
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services
- Individual therapy—SUD inpatient
- group therapy SUD inpatient
- family therapy - SUD inpatient
- discharge day
- ancillary services SUD

Medical/Surgical
- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Acute Care Services (Medical/Surgical)
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services

- Sterlization services--inpatient

Standard 8

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder
- Does not apply

Medical/Surgical
- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation

- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Care Management
- Targeted Case Management
- Diabetic Education
- National Diabetes Prevention Program
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Home Health Services: medical supplies used for home heath visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs

- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring

Standard 8

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaulation and Management-Outpatient

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- Acupunture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chiropractic Services

- Clinic Services--Coumadin Clinic
- Clinic Services--Other
- Clinic Services--Heart Failure Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Genetic Counseling
- Hyperbaric Oxygen Therapy
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Nutritional Counseling
- Occupational Therapy
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient hospital care (non-emergent)
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Pain Management Procedures
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Pulmonary Rehab
- Somatic services related to gender dysphoria
- Speech Therapy--outpatient
- Transplants Pre and Post Transplant Services--outpatient

Standard 8
NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonapin)
- clonazepam ODT (Klonapin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexmethylphenidate tablets (Focalin)

Substance Use Disorder
- acamprosate (Campral)

Medical/Surgical
- cinryze
- MCO administered prescription drug

- dexmethylphenidate XR (Focalin XR) (generic only)
- dextroamphetamine capsules (Dexedrine ER)
- dextroamphetamine solution (Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv

Standard 8

NQTL Type: fail first requirements/step therapy
Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder
- Does not apply

Medical/Surgical
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Sterlization services--inpatient

Standard 8

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder
- Does not apply

Medical/Surgical
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen

Standard 8

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Transcranial Magnetic Stimulation (TMS)

Substance Use Disorder

Medical/Surgical
- Clinic Services--Coumadin Clinic
- Pain Management Procedures

Standard 8

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Banzel
- Belsomra
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- duloxetine (Cymbalta)
- Epidiolex
- eszopiclone (Lunesta)
- Invega Trinza
- Nuplazid
- Rexulti
- Silenor
- Spravato
- Strattera
- Sympazan
- topiramate ER (Qudexy XR)

Substance Use Disorder
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film

Medical/Surgical
- spinraza
- MCO administered prescription drug

Standard 8

NQTL Type: data collection

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health	Substance Use Disorder	Medical/Surgical
• Does not apply	• Does not apply	

Standard 8

NQTL Type: data collection

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Does not apply

Substance Use Disorder
- Does not apply

Medical/Surgical

Standard 8

NQTL Type: data collection
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health	Substance Use Disorder	Medical/Surgical
• Does not apply	• Does not apply	

Standard 8

NQTL Type: dosage limits

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- MCO administered prescription drug

Standard 8

NQTL Type: tiered drug formulary
Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health
- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonapin)
- clonazepam ODT (Klonapin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexmethylphenidate tablets (Focalin)

Substance Use Disorder
- ZUBSOLV
- SUBOXONE
- BUNAVAIL
- SUBUTEX
- SUBLOCADE
- VIVITROL
- Not Applicable
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film
- buprenorphine/naloxone tablets
- Campral
- Lucemyra
- naltrexone
- Nicotrol® nasal spray, inhaler
- Sublocade
- Vivitrol
- chantix
- disulfiram (Antabuse)
- nicotine gum
- nicotine lozenge
- nicotine patches
- suboxone film

Medical/Surgical
- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexmethylphenidate XR (Focalin XR) (generic only)
- dextroamphetamine capsules (Dexedrine ER)
- dextroamphetamine solution (Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv

Standard 9

Any parity flags found in Standard 9 are reported below. The number of flags per classification and category combination is shown.

Parity Flag			
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- High variability in cost per episode of care
- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- High variability in cost per episode of care
- Claim types with high percentage of fraud

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                               • Not Applicable

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                               • Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Recent medical cost escalation

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder:
Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
- Internal claims analysis
- Internal market and competitive analysis

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: High variability in cost per episode of care

Definitions

Mental Health: pre auth requirements may be adjusted based on escalating costs of services
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                       • Internal claims analysis

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                      Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management

Classification: Emergency Benefits

Factor: Claim types with high percentage of fraud

Definitions

Mental Health: Not Applicable. Did not select in Q P1Q2 and Q3.

Substance Use Disorder:

Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: significantly higher use of a service than average by a participant
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Factor: Recent medical cost escalation

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                   • Internal claims analysis

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                   Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Claim types with high percentage of fraud
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: significantly higher use of a service than average by a participant
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Recent medical cost escalation

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Claim types with high percentage of fraud

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Factor: Excessive utilization

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: significantly higher use of a service than average by a participant
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Factor: Recent medical cost escalation

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Inpatient
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud

Standard 9

NQTL Type: Outlier Management
Classification: Prescription Drugs
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                 • Not Applicable

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                 • Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Prescription Drugs
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

Definitions

Mental Health: significantly higher use of a service than average by a participant

Substance Use Disorder:

Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Recent medical cost escalation
- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type
- Quality and performance measures (including customer feedback)

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type
- Quality and performance measures (including customer feedback)

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Recent medical cost escalation

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                       • Internal claims analysis
                                                                       • Internal market and competitive
                                                                         analysis

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                       Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: to ensure providers use the most efficient/least costly means of safely making a diagnosis. services to those needed to make the diagnosis would not be considered medically necessary for the specific population

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Quality and performance measures (including customer feedback)

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: measures intended to evaluate and improve the quality of services including but not limited to performance measures associated with waiver assurances, state regulations, national quality standards and pay for performance efforts

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	Question Skipped	

Explain

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.
Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- nationally recognized guidelines

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- nationally recognized guidelines

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Factor: nationally recognized guidelines

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: medical necessity is determined based on the following: InterQual, COMAR and Medicaid requirements

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug
- clinical appropriateness/medical necessity

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- Safety risks
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug
- clinical appropriateness/medical necessity

Considered

- Lack of clinical efficiency of treatment or service
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- Safety risks
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Quality and performance measures (including customer feedback)
- Safety risks

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Recent medical cost escalation
- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Quality and performance measures (including customer feedback)
- Safety risks

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: PAs used to approve drugs for participants after failing trials of other drugs or services
Substance Use Disorder: PAs used to approve drugs for participants after failing trials of other drugs or services
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Licensure, certification, accreditation and/or experience requirements for providers to join provider network

Definitions

Mental Health: providers must have a current, valid, unrestricted license to practice in all states where care is provided.

Substance Use Disorder: providers must have a current, valid, unrestricted license to practice in all states where care is provided.

Medical/Surgical:

Sources

Mental Health
- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte
Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Safety risks

Definitions

Mental Health:
Substance Use Disorder: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational
Medical/Surgical: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium	*Question Skipped*

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

Definitions

Mental Health:
Substance Use Disorder: fail first protocol
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Internal claims analysis • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: clinical appropriateness/medical necessity

Definitions

Mental Health:
Substance Use Disorder: identified measures in place to determine the most appropriate treatment option for participants based on the participants medical status, placement of the treatment option on the PDL and the treatment options clinical criteria
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Internal claims analysis • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: fiscal responsibility/cost effectiveness

Definitions

Mental Health:
Substance Use Disorder: examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Dept while still maintaining the accessibility of care to participants
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Internal claims analysis • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                     Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Recent medical cost escalation

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: pre auth requirements may be adjusted based on escalating costs of services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Lack of adherence to quality standards

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: over-utilization of services or overprescribing could lead to quality/safety concerns for member (e.g., iatrogenic addiction)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Quality and performance measures (including customer feedback)

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: measures intended to evaluate and improve the quality of services including but not limited to performance measures associated with waiver assurances, state regulations, national quality standards and pay for performance efforts

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• Medical expert reviews
		• Internal market and competitive analysis
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits		

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.		

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Mental Health:
Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health

Substance Use Disorder

Medical/Surgical
- Internal claims analysis
- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• Medical expert reviews
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: to ensure providers use the most efficient/least costly means of safely making a diagnosis. services to those needed to make the diagnosis would not be considered medically necessary for the specific population

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: data collection
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	• Not Applicable	

Explain

Mental Health:

Standard 9

NQTL Type: data collection
Classification: Inpatient
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Inpatient
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	• Not Applicable	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: data collection
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Office Based
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	*Question Skipped*	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
Question Skipped	*Question Skipped*	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Provider discretion in determining diagnosis
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Provider discretion in determining diagnosis
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	Question Skipped	

Explain

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: to ensure providers use the most efficient/least costly means of safely making a diagnosis. services to those needed to make the diagnosis would not be considered medically necessary for the specific population

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• Internal market and competitive analysis
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Internal market and competitive analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- High levels of variation in length of stay

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Internal market and competitive analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Medical/Surgical: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Inpatient
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- clinical appropriateness/medical necessity

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- clinical appropriateness/medical necessity
- fiscal responsibility/cost effectiveness

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Service type
- Safety risks

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- clinical appropriateness/medical necessity
- fiscal responsibility/cost effectiveness

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Safety risks

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Safety risks
- waste of Medicaid funds

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Safety risks
- waste of Medicaid funds

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: identified measures in place to determine the most appropriate treatment option for participants based on the participants medical status, placement of the treatment option on the PDL and the treatment options clinical criteria
Substance Use Disorder: identified measures in place to determine the most appropriate treatment option for participants based on the participants medical status, placement of the treatment option on the PDL and the treatment options clinical criteria
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Excessive utilization

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: significantly higher use of a service than average by a participant
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Internal claims analysis	• Internal claims analysis	• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	*Question Skipped*

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9
NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Safety risks

Definitions

Mental Health: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Substance Use Disorder: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Medical/Surgical: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Sources

Mental Health
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: waste of Medicaid funds

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: prescriptions filled beyond quantity limits are at risk for loss, waste or change in treatment before quantity is fully used by the member

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: PAs used to approve drugs for participants after failing trials of other drugs or services
Substance Use Disorder: PAs used to approve drugs for participants after failing trials of other drugs or services
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- FDA Prescribing information and official compendium

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte

Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte

Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Medical/Surgical

Explain

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: fiscal responsibility/cost effectiveness

Definitions

Mental Health: examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Dept while still maintaining the accessibility of care to participants
Substance Use Disorder: examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Dept while still maintaining the accessibility of care to participants
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: possibility for overutilization on non-medically necessary services. this is defined through the use of FWA software

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Current and projected demand for services

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: current service utilization and anticipated utilization based on prior trends in utilization and population growth

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis • Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Elasticity of demand

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: request for new technology or treatment may exceed medically necessary benefit

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: authorization may be required to ensure appropriate level of care/level of medication and length of treatment. Authorizations are based on the following criteria: a. MFC Protocols b. MFC Pharmacy Policies and Procedures c. InterQual d. Medicare and Medicaid Guidelines e. Code of Maryland Regulations (COMAR) f. MFC MCO benefit coverage g. MFC Provider Manual h. MFC Member Handbook i. Food and Drug Administration (FDA) Approval j. Maryland Medicaid DMS/DME Program Approved List of Items k. Availability of services within the MFC network l. MFC Continuity of Care Policy m. Pain Management Contracts n. UM Criteria Policy o. Maryland Medicaid Medical Laboratory and Professional Services Program Approved List of Items p. National and International Professional Medical Society Guidelines, including but not limited to: i. National Comprehensive Cancer Network (NCCN) ii. NCCN Biomarkers Compendium iii. National Institutes of Health iv. National Cancer Institute q. U.S. Preventive Services Task Force (USPSTF) r. In the absence of guidelines, use prevailing medical literature from studies and journals. s. Maryland Medicaid Audiology Services Fee Schedule t. HealthChoice Diabetes Prevention Program Manual When provider discretion is indicated to determine medically necessity, the following individualized circumstances will be considered: a. age b. comorbidities c. complications d. progress of treatment e. psychosocial circumstances f. home environment The coverage group also determines how the benefits define medical necessity. (ie EPSDT for children and habilitative services for adults)

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Lack of clinical efficiency of treatment or service

Considered

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Lack of clinical efficiency of treatment or service

Considered

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Lack of clinical efficiency of treatment or service

Considered

Standard 9

NQTL Type: medical necessity

Classification: Emergency Benefits

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: PAs used to approve drugs for participants after failing trials of other drugs or services

Substance Use Disorder: PAs used to approve drugs for participants after failing trials of other drugs or services

Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                     Question Skipped

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                                                     Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Clinical indications and/or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	Question Skipped	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	Question Skipped	

Explain

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Clinical indications and/or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria
Substance Use Disorder: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Clinical indications and/or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials
Substance Use Disorder: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health | Substance Use Disorder | Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health | Substance Use Disorder | Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.
Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service
- High levels of variation in length of stay

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service
- High levels of variation in length of stay

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Substance Use Disorder: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Medical/Surgical: differences in treatment patterns can create lengths of stay which exceed nationally recognized medical necessity criteria

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical
Question Skipped

Explain

Mental Health:
Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Inpatient
Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.
Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.	

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.
Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Service type

Considered

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                   • Not Applicable

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                   • Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:
Medical/Surgical:

Standard 9

NQTL Type: Service Limitations
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- LTSS_NQTL_All Programs_Benefits by Classification.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Service type

Considered

Standard 9

NQTL Type: Service Limitations
Classification: Inpatient
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Not Applicable	

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations
Classification: Inpatient
Factor: Service type

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- regulator imposed limitations

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- regulator imposed limitations

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: regulator imposed limitations

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: number of services reimbursed per visit or timeframe may be restricted due to regulatory requirements imposed by the state of Maryland

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• State and Federal requirements

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Excessive utilization

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: significantly higher use of a service than average by a participant

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Internal claims analysis

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Not Applicable	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	Question Skipped	

Explain

Substance Use Disorder:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Inpatient
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Inpatient
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Inpatient
Factor: Not Applicable

Definitions

Mental Health:
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health   Substance Use Disorder   Medical/Surgical
                                   • Not Applicable

Evidentiary Standards

Mental Health   Substance Use Disorder   Medical/Surgical
                                   • Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Service type

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
• Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits		

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.		

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N   *No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon   Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:
Substance Use Disorder: PAs used to approve drugs for participants after failing trials of other drugs or services
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical
Question Skipped

Explain

Mental Health:
Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Factor: Severity or chronicity of an illness

Definitions

Mental Health:
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Internal claims analysis • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium • process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Factor: Site visit requirements

Definitions

Mental Health:
Substance Use Disorder: PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium	

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Factor: Service type

Definitions

Mental Health:
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium	

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Factor: Safety risks

Definitions

Mental Health:
Substance Use Disorder: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium	

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: fail first protocol or requirement to try a generic, less expensive, or lower efficacy drug for a certain trial period before receiving approval for a new drug

Definitions

Mental Health: fail first protocol
Substance Use Disorder: fail first protocol
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health:

Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte

Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
	• Internal claims analysis • State and Federal requirements • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
	• Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. • A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. • FDA Prescribing information and official compendium	

Explain

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- clinical appropriateness/medical necessity
- fiscal responsibility/cost effectiveness

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Service type
- Safety risks

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- clinical appropriateness/medical necessity
- fiscal responsibility/cost effectiveness

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Service type
- Safety risks

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Lack of clinical efficiency of treatment or service
- Safety risks
- absence of formulary alternative or failure to respond to formulary medication

Considered

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: PAs used to approve drugs for participants after failing trials of other drugs or services
Substance Use Disorder: PAs used to approve drugs for participants after failing trials of other drugs or services
Medical/Surgical: PAs used to approve drugs for participants after failing trials of other drugs or services

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Factor: Safety risks

Definitions

Mental Health: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Substance Use Disorder: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Medical/Surgical: member safety may be at risk if performed on an outpatient basis, therefore inpatient stay is authorized. In the case of medication, authorization review for medical necessity is required to enforce safety standards and ensure FDA requirements are met. National and international professional medical society guidelines are used to determine whether a procedure or service is experimental or investigational. In the absence of guidelines, we use the prevailing medical literature and journals to determine whether the procedure or service is experimental or investigational

Sources

Mental Health
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Medical/Surgical
Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: absence of formulary alternative or failure to respond to formulary medication

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: non formulary meds are approved when there is no acceptable formulary medication available for the patient's therapeutic need. Additionally, non formulary meds are approved when they have tried and failed formulary offerings

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
		• Medical expert reviews • Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
		Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Factor: Excessive utilization

Definitions

Mental Health: significantly higher use of a service than average by a participant
Substance Use Disorder: significantly higher use of a service than average by a participant
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis

Substance Use Disorder
- Internal claims analysis

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium

Medical/Surgical

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: medication status of preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte

Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendation made by the P&T cmte

Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
- Internal claims analysis - State and Federal requirements - Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	- Internal claims analysis - State and Federal requirements - Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. - A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. - FDA Prescribing information and official compendium	- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. - A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. - FDA Prescribing information and official compendium	

Explain

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: identified measures in place to determine the most appropriate treatment option for participants based on the participants medical status, placement of the treatment option on the PDL and the treatment options clinical criteria
Substance Use Disorder: identified measures in place to determine the most appropriate treatment option for participants based on the participants medical status, placement of the treatment option on the PDL and the treatment options clinical criteria
Medical/Surgical:

Sources

Mental Health
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder
- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Factor: fiscal responsibility/cost effectiveness

Definitions

Mental Health: examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Dept while still maintaining the accessibility of care to participants
Substance Use Disorder: examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Dept while still maintaining the accessibility of care to participants
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
- Internal claims analysis - State and Federal requirements - Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	- Internal claims analysis - State and Federal requirements - Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits	

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. - A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. - FDA Prescribing information and official compendium	- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. - A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies. - FDA Prescribing information and official compendium - process review(s) for auditing claims data to ensure compliance of a participant's treatment and service plan in conjunction with their prior authorization	

Explain

Standard 10

Any parity flags found in Standard 10 are reported below. The number of flags per classification and limit type combination is shown.

	Parity Flag		
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

	Missing Information		
	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: Outlier Management

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD • Outlier Management Data	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Utilization trends • Dollar spend trends • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Outpatient - Other	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data	• Utilization trends • Dollar spend trends
Outpatient - Office Based	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Utilization trends • Dollar spend trends • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Emergency Benefits	-	• NQTL does not apply to any services in this classification	• Utilization trends • Dollar spend trends
Prescription Drugs	-	• NQTL does not apply to any services in this classification	• Utilization trends • Dollar spend trends

Standard 10

NQTL: medical necessity

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • number of days or visits denied per review • days per 1000 and LOS per facility per month
Outpatient - Other	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • Quality Metrics/HEDIS
Outpatient - Office Based	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • Quality Metrics/HEDIS

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Emergency Benefits	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
Prescription Drugs	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Standard 10

NQTL: Service Limitations

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	• NQTL does not apply to any services in this classification	• Utilization trends
Outpatient - Other	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Authorization Denial Rates for MH/SUD
Outpatient - Office Based	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• EPSDT Payment Policy
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: concurrent review

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Frequency with which reviews are conducted • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Degree of discretion exercised by utilization review staff • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Number of days or visits authorized per review • Utilization trends • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Outpatient - Other	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Frequency with which reviews are conducted • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Degree of discretion exercised by utilization review staff • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Number of days or visits authorized per review • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

	Mental Health	Substance Use Disorder	Medical/Surgical
Outpatient - Office Based	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Frequency with which reviews are conducted • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Degree of discretion exercised by utilization review staff • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Number of days or visits authorized per review • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: fail first requirements/step therapy

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	-	• NQTL does not apply to any services in this classification	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Availability of less intensive level of care when fail-first NQTL is imposed
Outpatient - Other	-	• NQTL does not apply to any services in this classification	• Degree of discretion exercised by utilization review staff
Outpatient - Office Based	• NQTL does not apply to any services in this classification	-	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Availability of less intensive level of care when fail-first NQTL is imposed
Emergency Benefits	-	-	-

	Mental Health	Substance Use Disorder	Medical/Surgical
Prescription Drugs	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Dollar spend trends • Availability of less intensive level of care when fail-first NQTL is imposed

Standard 10

NQTL: prior authorization/pre authorization

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Requirements for the qualifications of provider staff involved in reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Whether and how discretion is allowed in applying each NQTL • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • Addressing workforce shortage issues

	Mental Health	Substance Use Disorder	Medical/Surgical
Outpatient - Other	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Requirements for the qualifications of provider staff involved in reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Frequency that authorization requirements are waived • Utilization trends • Dollar spend trends • Exception processes available for each NQTL requirement and when they may be applied. • Whether and how discretion is allowed in applying each NQTL • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • Complaint tracking (enrollees and providers)
Outpatient - Office Based	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Requirements for the qualifications of provider staff involved in reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Frequency that authorization requirements are waived • Utilization trends • Exception processes available for each NQTL requirement and when they may be applied. • Whether and how discretion is allowed in applying each NQTL • The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise. • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Emergency Benefits	-	-	-

	Mental Health	Substance Use Disorder	Medical/Surgical
Prescription Drugs	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • Dollar spend trends • Whether and how discretion is allowed in applying each NQTL • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits. • Frequency potential treatments are reviewed to determined whether they are experimental and investigational • Complaint tracking (enrollees and providers)

Standard 10

NQTL: data collection

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	**Substance Use Disorder**	**Medical/Surgical**
Inpatient	• NQTL does not apply to any services in this classification	• NQTL does not apply to any services in this classification	-
Outpatient - Other	• NQTL does not apply to any services in this classification	• NQTL does not apply to any services in this classification	-
Outpatient - Office Based	• NQTL does not apply to any services in this classification	• NQTL does not apply to any services in this classification	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: tiered drug formulary

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • clinical criteria applied based on FDA labeling and requirements and official compendium • internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization	• Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Exception processes available for each NQTL requirement and when they may be applied.

Standard 10

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- PEER COMPARISON_FACILITY_20191120 ER.pdf
- 452-99285 ER Outlier.pdf

Dollar spend trends

Supporting Documents

- Costs by Provider ER.pdf

Standard 10

NQTL Type: Outlier Management

Classification: Emergency Benefits

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

Standard 10

NQTL Type: Outlier Management
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Retrospective Review ER review monitoring.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Utilization trends

Supporting Documents

- 1.PEER COMPARISON_FACILITY_20191120 ER.pdf

Dollar spend trends

Supporting Documents

- MD FAC High Dollar Report Check Run 08142020.xlsx

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- 1.IRR Analysis.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- IRR Report.pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- 1.Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: Outlier Management
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Dollar spend trends

Supporting Documents

- 1.PEER COMPARISON_FACILITY_20191120 ER.pdf

Utilization trends

Supporting Documents

- Provider Cost Per Visit Outpatient.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Urgent Care examples outliers.xlsx

Dollar spend trends

Supporting Documents

- Costs by Provider Office.pdf
- MD Professional High Dollar 08.07.20.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Retrospective Review ER review monitoring.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Prescription Drugs
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Dollar spend trends

Supporting Documents

- Top Pharmacy cost by member.xlsx
- Plan Performance MSFC MD 2005_2020.xls

Utilization trends

Supporting Documents

- COTVITI PHARMACY RULES.pdf
- RX CSII without medical service_20200301-20200531.pdf

Standard 10

NQTL Type: Outlier Management

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- IRR Report.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- IRR Report.pdf

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- IRR Report.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- 1.IRR Analysis.pdf

Standard 10

NQTL Type: medical necessity
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

days per 1000 and LOS per facility per month

Supporting Documents

- 1.Evolent MNRR-13a_BY FACILITY Days per 1000 without SNF and Rehab.xlsx

number of days or visits denied per review

Supporting Documents

- Evolent MNRR-46_Inpatient Denial Tracking Log by Facility Report_NEW.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- 1.Average denial rates for medical necessity S10Q2.pdf

Standard 10

NQTL Type: medical necessity
Classification: Inpatient
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: medical necessity
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- 1.Average denial rates for medical necessity S10Q2.pdf

Quality Metrics/HEDIS

Supporting Documents

- HEDIS 2019 Comprehensive Report.xlsx

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Average denial rates for medical necessity S10Q2.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Quality Metrics/HEDIS

Supporting Documents

- HEDIS 2019 Comprehensive Report.xlsx

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- 1.IRR Analysis.pdf
- Evolent MNRR-32_A-DETAILED_Referral Event Management Report.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Evolent MNRR-32_A-DETAILED_Referral Event Management Report.xlsx
- Average denial rates for medical necessity S10Q2.pdf

Standard 10
NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf
- P & T SOP Revised 02.10.2020 FINAL.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Standard 10

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- 10.09.10.02 License Req.pdf
- 10.09.10.03 Cond of Participation.pdf
- 10.09.10.05 Limitations.pdf
- 10.09.36.03 Cond of Participation.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

EPSDT Payment Policy

Supporting Documents

- EPSDT Payment Policy 4.23.2020.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: concurrent review
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Evolent MNRR-13a_BY FACILITY Days per 1000 without SNF and Rehab.xlsx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Policy 301; Member Appeals; July 2020.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- 1.Evolent MNRR-13a_BY FACILITY Days per 1000 without SNF and Rehab.xlsx

Number of days or visits authorized per review

Supporting Documents

- Policy 115; DRAFT; Utilization Management Criteria; July 2020.pdf

Frequency with which reviews are conducted

Supporting Documents

- Policy 115; DRAFT; Utilization Management Criteria; July 2020.pdf

Degree of discretion exercised by utilization review staff

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf
- Frequency of Reviews DIscretion of Reviewers.pdf

Standard 10

NQTL Type: concurrent review
Classification: Inpatient
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- IRR Report.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- 1.IRR Analysis.pdf

Standard 10

NQTL Type: concurrent review
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Average denial rates for medical necessity S10Q2.pdf

Degree of discretion exercised by utilization review staff

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf
- Frequency of Reviews DIscretion of Reviewers.pdf

Frequency with which reviews are conducted

Supporting Documents

- Frequency of Reviews DIscretion of Reviewers.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Number of days or visits authorized per review

Supporting Documents

- Policy 115; DRAFT; Utilization Management Criteria; July 2020.pdf

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Policy 301; Member Appeals; July 2020.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- 1.Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Average denial rates for medical necessity S10Q2.pdf

Degree of discretion exercised by utilization review staff

Supporting Documents

- Medstar IRR Analysis.pdf

Frequency with which reviews are conducted

Supporting Documents

- Frequency of Reviews DIscretion of Reviewers.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Number of days or visits authorized per review

Supporting Documents

- Policy 115; DRAFT; Utilization Management Criteria; July 2020.pdf

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Policy 301; Member Appeals; July 2020.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Type and Level of Documentation- S10Q2.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Availability of less intensive level of care when fail-first NQTL is imposed

Supporting Documents

- Availability of Less Intensive level of care.pdf
- 1.Average denial rates for medical necessity S10Q2.pdf

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Degree of discretion exercised by utilization review staff

Supporting Documents

- DME - DMS Audiology Review Procedures (8.04.2020).docx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Type and Level of Documentation- S10Q2.pdf

Availability of less intensive level of care when fail-first NQTL is imposed

Supporting Documents

- Coumadin Clinic and Step Therapy.pdf

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- 1.DO NOT APPLY NQTLs to OP-Office MH v2.0.docx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Type and Level of Documentation- S10Q2.pdf

Dollar spend trends

Supporting Documents

- Top Drugs May 2020.xlsx

Availability of less intensive level of care when fail-first NQTL is imposed

Supporting Documents

- Policy 210; DRAFT; Step Therapy Policy; July 2020.pdf
- Redirected Medications.xlsx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Standard 10

NQTL Type: fail first requirements/step therapy
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- 1.Average denial rates for medical necessity S10Q2.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf
- Medstar IRR Analysis.pdf

Requirements for the qualifications of provider staff involved in reviews

Supporting Documents

- 1.Policy 301; Member Appeals; July 2020.pdf

Addressing workforce shortage issues

Supporting Documents

- COVID UM Updates.pdf

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- 1.Policy 301; Member Appeals; July 2020.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

Whether and how discretion is allowed in applying each NQTL

Supporting Documents

- 1.Discretion in NQTL application.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Inpatient
Category: Substance Use Disorder

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Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Whether and how discretion is allowed in applying each NQTL

Supporting Documents

- Discretion in NQTL application.pdf

Utilization trends

Supporting Documents

- 1.Utilization Trends.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

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- Policy 301; Member Appeals; July 2020.pdf

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Supporting Documents

- Policy 301; Member Appeals; July 2020.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Medstar IRR Report.pdf

Frequency that authorization requirements are waived

Supporting Documents

- MFC Authorization Grid.xlsx

Exception processes available for each NQTL requirement and when they may be applied.

Supporting Documents

- MFC Authorization Grid.xlsx

Dollar spend trends

Supporting Documents

- Dollar Spend trends.pdf

Complaint tracking (enrollees and providers)

Supporting Documents

- Complaints and Grievances REPORT 06 2020.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Average denial rates for medical necessity S10Q2.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

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NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Category: Substance Use Disorder

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- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Medical/Surgical

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Supporting Documents

- Utilization Trends.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Type and Level of Documentation- S10Q2.pdf

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Supporting Documents

- Average denial rates for medical necessity S10Q2.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- IRR Report.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- 1.IRR Analysis.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

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Supporting Documents

- #8- 2019 IRR Reports and Analysis 20.01.02.pdf

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

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- Average denial rates for medical necessity S10Q2.pdf

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Supporting Documents

- Discretion in NQTL application.pdf

Utilization trends

Supporting Documents

- Utilization Trends.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Type and Level of Documentation- S10Q2.pdf

Frequency potential treatments are reviewed to determined whether they are experimental and investigational

Supporting Documents

- Frequency review Experiemental and Investgational.pdf

Dollar spend trends

Supporting Documents

- Dollar Spend trends.pdf

Complaint tracking (enrollees and providers)

Supporting Documents

- Complaints and Grievances REPORT 06 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Standard 10

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

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clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-MH.docx

Standard 10

NQTL Type: data collection
Classification: Inpatient
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Other-MH.docx

Standard 10

NQTL Type: data collection
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: data collection
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- 1.Type and Level of Documentation- S10Q2.pdf

Exception processes available for each NQTL requirement and when they may be applied.

Supporting Documents

- Policy 205; Non-Formulary Policy; July 2020.pdf

Standard 10

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- November_2019_Minutes.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- PA Review Process 7 27 20 DB.docx
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf
- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- MDH MMPP Brand Preferred Over Generics List.pdf
- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- November_2019_Minutes.pdf

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

internal auditing of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx