

DEPARTMENT OF HEALTH

## 2020 Annual Oral Health Report

Nancy Brown

Office of Innovation, Research, and Development
February 22, 2021


## Agenda

- Dental Overview
- Dentists in Medicaid
- Dental Utilization
- Adult Dental Pilot Program
- COVID-19 Response


## Dental Overview

Maryland Medicaid's Dental Program is called Maryland Healthy Smiles (MHSDP), and participants are assigned a Dental Home upon enrollment in MHSDP.

MHSDP serves pregnant women and children enrolled in Medicaid, as well as adults in the Rare and Expensive Case Management Program (REM).

All nine MCOs voluntarily cover limited adult dental services to their members as a part of their benefit package using their own profits.

In January 2017, Maryland Medicaid began reimbursing dental services for former foster care children up to age 26.

On June 1, 2019, Maryland Medicaid began the Adult Dental Pilot Program.

Dentists in Medicaid

## Number of Dentists Participating in Medicaid Who Billed One or More Services, by Region

| Region* | CY 2015 | CY 2016 | CY 2017 | CY 2018 | CY 2019 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Baltimore Metro | 536 | 538 | 560 | 593 | 628 |
| Washington Suburban | 564 | 567 | 563 | 582 | 630 |
| Southern Maryland | 54 | 60 | 63 | 66 | 66 |
| Western Maryland | 128 | 122 | 145 | 152 | 164 |
| Eastern Shore | 89 | 86 | 97 | 100 | 98 |
| Out of State | 182 | 167 | 197 | 219 | 215 |
| Total | 1,464 | 1,540 | 1,625 | 1,712 | 1,801 |
| Unique Total | 1,470 | 1,467 | 1,600 | 1,596 | 1,694 |

Baltimore Metro: Baltimore City and Anne Arundel, Baltimore, Carroll, Harford, and Howard Counties
Washington Suburban: Prince George's and Montgomery Counties
Southern Maryland: Calvert, Charles, and St. Mary's Counties
Western Maryland: Allegany, Frederick, Garrett, and Washington Counties Eastern Shore: Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties

## Dentists in Medicaid

## Active Dentists and Dentists Participating with the Maryland Healthy Smiles Dental Program

| Region | Total <br> Active <br> Dentists | Active <br> Pediatric <br> Dentists | Dentists Enrolled with <br> Maryland Healthy <br> Smiles Dental Program | Dentists Who <br> Billed One or More <br> Services in CY 2019 | Dentists Who <br> Billed \$10,000+ <br> in CY 2019 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Baltimore Metro <br> Washington <br> Suburban | 1,903 | 113 | 756 | 628 | 476 |
| Southern <br> Maryland <br> Western | 140 | $*$ | 788 | 630 | 477 |
| Maryland | 277 | 19 | 110 | 66 | 52 |
| Eastern Shore <br> Out of State | 209 | $*$ | 217 | 164 | 124 |
| Total | $--2,229$ | -- | 174 | 98 | 79 |
|  |  |  | 1,738 | 240 | 89 |
| 5 |  |  |  |  |  |

## Dental Utilization

Number and Percentage of Children Aged 4 through 20 Years Enrolled in Medicaid for at least 320 Days Receiving Dental Services, by Type of Service

| 600,000 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 500,000 |  |  |  |  |  |
| 400,000 |  |  |  |  |  |
| 300,000 |  |  |  |  |  |
| 200,000 |  |  |  |  |  |
| 100,000 |  |  |  |  |  |
| 0 | CY 2015 | CY 2016 | CY 2017 | CY 2018 | CY 2019 |
| - Total Number of Participants | 404,118 | 440,100 | 464,585 | 469,413 | 477,768 |
| $\square$ Participants Receiving One or More Dental Services | 278,796 | 301,367 | 316,294 | 324,252 | 331,485 |
| ■ Participants Receiving a Diagnostic Service | 273,184 | 294,867 | 308,949 | 316,384 | 323,449 |
| ■ Participants Receiving a Preventive Service | 258,636 | 279,023 | 292,224 | 298,547 | 304,816 |
| ■ Participants Receiving a Restorative Service | 96,988 | 102,103 | 107,784 | 107,496 | 109,887 |

## Dental Utilization

## Percentage of Children Aged 0 through 20 Years Enrolled in Medicaid for Any Period who had at Least One Dental Visit by Age Group



## Dental Utilization

Percentage of Children Aged 0 through 20 Years Enrolled in Medicaid for Any Period Who received a Preventive/Diagnostic Visit Followed by a Restorative Visit

| Year | Total <br> Number of <br> Participants | Number with <br> Preventive/ <br> Diagnostic <br> Visit | Percent with <br> Preventive/ <br> Diagnostic <br> Visit | Number with <br> Preventive/ <br> Diagnostic Visit <br> Followed by a <br> Restorative Visit | Percent with <br> Preventive/ <br> Diagnostic Visit <br> Followed by a <br> Restorative Visit |
| :---: | :---: | :---: | :---: | :---: | :---: |
| CY 2015 | 709,669 | 369,645 | $52.1 \%$ | 109,614 |  |
| CY 2016 | 702,105 | 377,058 | $53.7 \%$ | 109,048 | $29.7 \%$ |
| CY 2017 | 723,709 | 391,897 | $54.2 \%$ | 114,089 | $28.9 \%$ |
| CY 2018 | 733,594 | 401,370 | $54.7 \%$ | 114,312 | $29.1 \%$ |
| CY 2019 | 733,128 | 408,862 | $55.8 \%$ | 115,813 | $28.5 \%$ |

## Dental Utilization

## Number and Percentage of Pregnant Women Aged 21 and Older with at least 90 Days in Medicaid Who had Dental Services



## Dental Utilization

## Number and Percentage of Pregnant Women Aged 21 and Older Enrolled in Medicaid for any Period Who had Dental Services



## Dental Utilization

Number and Percentage of REM Participants Aged 4 through 64 Years with at Least 320 Days in Medicaid Who had Dental Services, by Age Group, CY 2019


Total Number of Participants Number with Any Service
$\rightarrow$ Percentage with Any Service

Dental Utilization
Percentage of Former Foster Care Participants Enrolled for Any Period in Medicaid Receiving Dental Services, by Type of Service and Region, CY 2019


## Dental Utilization

## Percentage of Non-Pregnant Adults Aged 21 through 64 Receiving Dental Services, Enrolled in HealthChoice for at Least 90 Days

| Year | Total Number of <br> Participants | Participants Receiving One or <br> More Dental Service | Percent Receiving <br> Service |
| :---: | :---: | :---: | :---: |
| CY 2015 | 533,689 | 72,556 | $13.6 \%$ |
| CY 2016 | 521,954 | 72,318 | $13.9 \%$ |
| CY 2017 | 569,948 | 85,323 | $15.0 \%$ |
| CY 2018 | 591,603 | 86,947 | $14.7 \%$ |
| CY 2019 | 579,853 | 93,988 | $16.2 \%$ |

All nine MCOs voluntarily cover limited adult dental services to their members as a part of their benefit package using their own profits.

## Dental Utilization

Number and Percentage of Medicaid Participants Aged 0 through 64 Years with at least One ED Visit with a Dental Diagnosis or Dental Procedure Code, CY 2019

| Age <br> Group <br> (Years) | Total Number of <br> Participants | Number of Participants with <br> ED Visit with Dental Diagnosis <br> or Procedure | Percentage with <br> ED Visit with <br> Dental Diagnosis <br> or Procedure | Total Number of <br> Visits with Dental <br> Diagnosis or <br> Procedure |
| :---: | :---: | :---: | :---: | :---: |
| $0-3$ | 153,896 | 671 | $0.40 \%$ | 1,143 |
| $4-5$ | 76,489 | 246 | $0.30 \%$ | 442 |
| $6-9$ | 147,199 | 447 | $0.30 \%$ | 831 |
| $10-14$ | 182,719 | 307 | $0.20 \%$ | 561 |
| $15-18$ | 120,250 | 359 | $0.30 \%$ | 668 |
| $19-20$ | 52,575 | 358 | $0.70 \%$ | 745 |
| $21-39$ | 394,942 | 9,743 | $2.50 \%$ | 23,341 |
| $40-64$ | 335,646 | 5,211 | $1.60 \%$ | 11,575 |
| Total | $1,463,716$ | 17,342 | $1.20 \%$ | 39,306 |

## Adult Dental Pilot Program Overview

- In 2018, the Maryland State Legislature passed Senate Bill 284 requiring MDH to apply for a waiver amendment to CMS to implement an adult dental pilot program.
- MDH submitted an amendment to its $\S 1115$ waiver to CMS on July 2, 2018 and received CMS approval in March 2019
- Statewide Pilot will:
- Serve dually-eligible adults ages 21-64
- Include coverage for a limited dental benefit package (including diagnostic, preventative, and limited restorative services, as well as extractions)
- Maryland's Dental Benefit Administrator (DBA), SKYGEN USA, administers the benefit.
- SKYGEN USA also administers the dental benefit to REM adults, pregnant women, former foster care youth, and children
- Benefits will be subject to an $\$ 800$ per person maximum benefit allowance per calendar year for the first year of the pilot


## Adult Dental Pilot Program

## Adult Dental Pilot Program Process

- Prior to each visit, provider must verify participant's eligibility and amount remaining in member's maximum benefit allowance by phone or web portal
- At each dental visit, providers and participants must sign a global treatment plan
- Provider must review recommended services and costs
- Participant will make informed decision about services they wish to receive
- Copy to be given to member and filed in chart
- Provider should submit claims immediately after rendering services
- Claims will be reimbursed in the order they are received
- SKYGEN USA will pay amount remaining in benefit allowance up to $\$ 800$ per participant each calendar year
- Requests beyond $\$ 800$ will be denied
- FQHCs will be reimbursed cost-based rate for dental services
- Providers can charge members with a signed non-covered services agreement
- Must be signed prior to rendering services
- Similar to the global treatment plan, it must outline the specific services to be provided and costs
- Member must sign if agreeing to pay for services out of pocket

Adult Dental Pilot Program
Number and Percentage of Adult Pilot Program Participants Enrolled for Any Period in Medicaid Receiving Dental Services, by Type of Service, CY 2019

|  | Any Dental Visit |  | Diagnostic |  | Preventive |  | Restorative |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number <br> of <br> Enrollees <br> with Visit | Percent <br> with Visit | Number <br> of <br> Enrollees | Percent <br> with Visit <br> with Visit | Number <br> of <br> Enrollees <br> with Visit | Percent <br> with Visit | Number <br> of <br> Enrollees <br> with Visit | Percent <br> with <br> Visit |
| At least <br> One Visit <br> No | 4,508 | $12.2 \%$ | 4,354 | $11.8 \%$ | 2,325 | $6.3 \%$ | 1,321 | $3.6 \%$ |
| Services | 32,340 | $87.8 \%$ | 32,494 | $88.2 \%$ | 34,523 | $93.7 \%$ | 35,527 | $96.4 \%$ |
| Total | 36,848 | $100.0 \%$ | 36,848 | $100.0 \%$ | 36,848 | $100.0 \%$ | 36,848 | $100.0 \%$ |

Because the Adult Dental Pilot Program began June 1, 2019, the above data only represents 7 months of utilization and not 12 months.

## COVID-19 Telehealth Expansion

On March 5, 2020, Governor Larry J. Hogan, Jr., declared a state of emergency due to disease (COVID-19) caused by the novel coronavirus.

In response to the COVID-19 pandemic, the Department has made updates to the billing codes for its Telehealth Program for certain providers, including dentists.

Dentistry delivered via telehealth, also known as tele-dentistry, was expanded effective March 5, 2020.

The Department will conduct a review of codes that may be appropriate for tele-dentistry after the end of the state of emergency.

## Resources and Contact Information

- 2020 Annual Oral Health Legislative Report:
https://mmcp.health.maryland.gov/Documents/JCRs/2020/dentalJCRfin al11-20.pdf
- Reports and Publications Page: https://mmcp.health.maryland.gov/Pages/Reports-andPublications.aspx
- Maryland Healthy Smiles Page:
https://mmcp.health.maryland.gov/Pages/maryland-healthy-smiles-dental-program.aspx

| Nancy Brown |
| :---: |
| Health Policy Analyst Adv. |
| Nancyc.brown@Maryland.gov |
| $410-767-5208$ |

