

#### Maryland Medicaid Advisory Committee Diabetes Update

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### Diverse Approaches for Integrated Health Improvement

Shared Outcomes and Goals E.g., reduction in admissions

Hospital Quality & Population Health

Statewide Population Health Care Transformation Across the Care Continuum

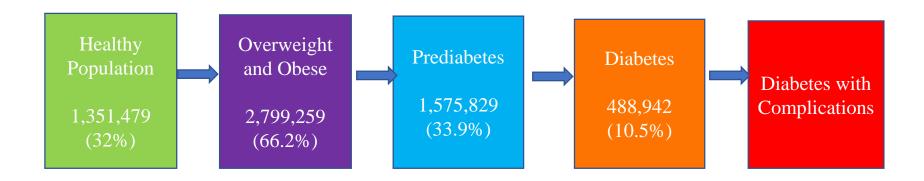


# Diabetes: Maryland's First Population Health Improvement

- Leading cause of preventable death and disability
- Increasing prevalence reflecting significant racial, ethnic and economic disparities
- EBIs can prevent or delay onset and improve outcomes
- MD Medicaid launched DPP coverage this Fall
- Diabetes/obesity cited as a top priority by every jurisdiction's LHIC
- Strong private sector support for a sustained statewide initiative



#### **Diabetes in Maryland**



#### Maryland Adult Population, 4,648,466

Data from: US Census; 2017 Maryland BRFSS, and for Prediabetes, CDC Fact Sheet for NHANES US prediabetes estimates applied to Maryland adult population.



#### Admission, ED Visit, and Ambulatory Visit Prevalence and Rates; and Average Payments Comparing Medicaid Enrollees with and without Diabetes, Maryland, CY 2017

	Medicaid Enrollees with Diabetes	Medicaid Enrollees without Diabetes	Ratio: Diabetes to No Diabetes
% with One or More Inpatient Admissions	24.8%	10.3%	2.4
Average Admissions per Enrollee	0.4	0.1	4.0
% with One or More ED visits	42.7%	33.2%	1.3
Average ED visits per Enrollee	1.2	0.7	1.7
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% with One or More Ambulatory Visits	93.4%	87.0%	1.1
Average Ambulatory Visits per Enrollee	11.8	5.1	2.3
Average Fee-for-Service Payment	¢10.004	\$3,961	3.1
Average ree-tor-Service Payment	\$12,334	\$5,90I	5.1
Average MCO Payment	\$9,794	\$3,909	2.5



Maryland Department of Health, Health Care Financing/Medicaid, September 2019

### WHAT'S NEXT FOR DIABETES?

#### ALIGN RESOURCES, MESSAGES AND ACTION

- Launch Statewide Diabetes Campaign
- Revitalize Local Health Improvement Coalitions
- Engage Providers through MDPCP, Medicaid MCOs, Health Systems, Newly Certified CHWs, CRISP on Clinical Quality Improvement
- Support Businesses and Employers, including the State, to Promote Worksite and Employers Practices
- Develop Investor Partners and a Supporting Statewide Infrastructure
- Report to CMS on Progress with Population Health Goals within State's TCOC Agreement



### Questions

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