

# Signs & Symptoms of Opioid Overdose

---

- Slow, shallow, or no breathing
- Unresponsive
- Unconscious
- Loud snoring or gurgling noises
- Limp body
- Lips/fingertips turn blue or gray
- Skin pale/gray, clammy
- Pulse slow or erratic



---

Core Curriculum: Section C

# **RESPONDING TO AN OPIOID OVERDOSE**



# Responding to an Opioid Overdose

---

1. Rouse & Stimulate
2. Call 911
3. Give Naloxone
4. Further Resuscitation
5. Care for the Person

# Step 1: Rouse & Stimulate

---

- **Noise** – Shake person’s shoulders and yell:

*“[Name!] Are you all right? Wake up!”*

- **Pain** – If no answer, do a sternum rub:

Make a fist & rub your knuckles firmly up and down  
the breastbone.



# Sternum Rub

---



## Step 2: Call 911

---

*Get emergency medical help for someone experiencing an overdose!*



### **Why?**

- Naloxone is only temporary.
- Person may:
  - have complications or other health problems
  - need more naloxone
- May be a non-opioid overdose situation.

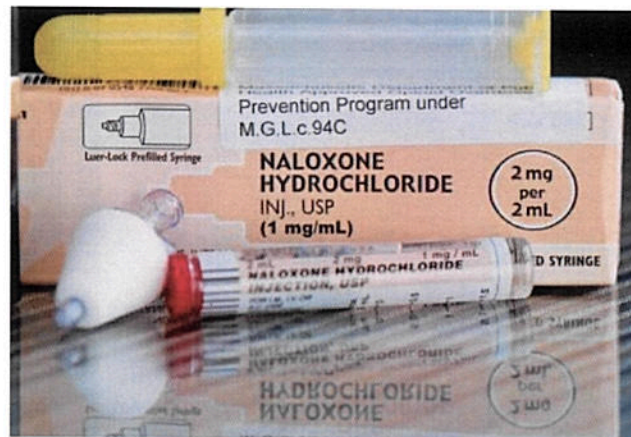
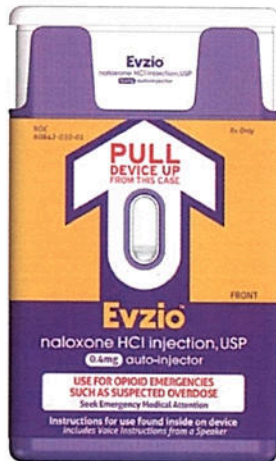
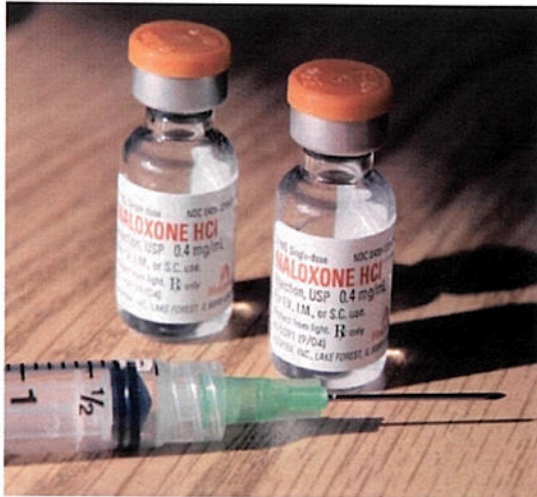


# Call 911: What to Say

---

- **Tell 911 operator:**
  - Where you are
  - What you observe  
(e.g., person is turning blue, won't wake up, making gurgling noises)
- **Tell emergency responder onsite:**
  - Drugs/substances the person used
  - Naloxone administered – how much & when

# Step 3: Give Naloxone





# What is Naloxone?

---

Naloxone is a medicine that reverses opioid overdose by restoring breathing.

About naloxone:

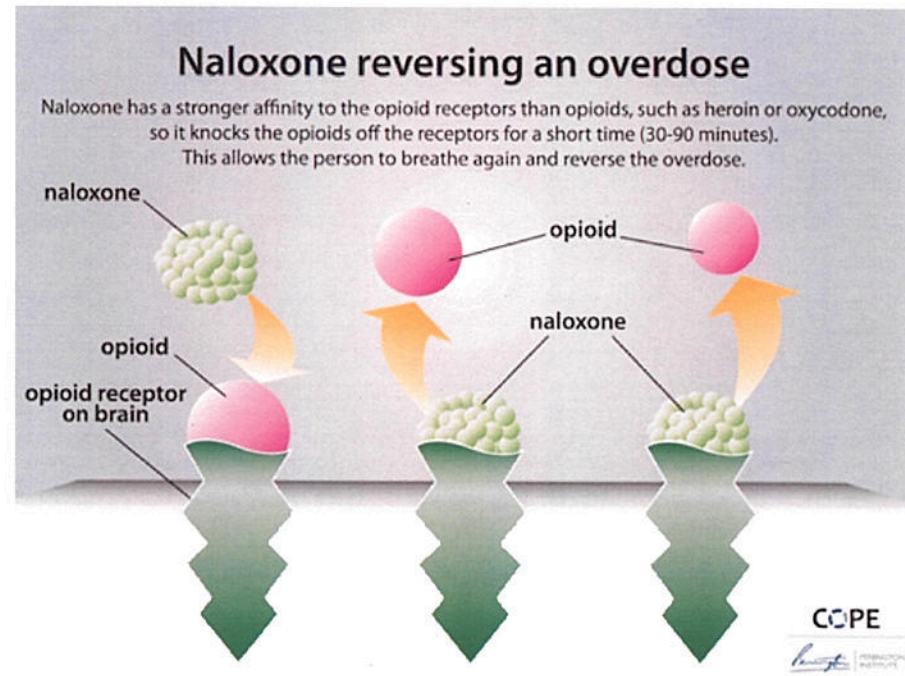
- Wears off in 30 minutes to 2 hours
- Safe for children and pregnant women
- Delivery: intramuscular, intranasal or intravenous
- No potential for misuse or getting high
- No effect on someone who hasn't taken opioids
- Side effects are minimal and rare

Naloxone is only effective in reversing opioid overdoses.



# How Does Naloxone Work?

- The brain has many receptors for opioids. When too much of an opioid binds with too many receptors, an overdose occurs.
- Naloxone knocks opioids off opioid receptors and binds to receptors for a short time. This blocks the opioids' effects, and quickly restores breathing.



# Instructions: NARCAN<sup>®</sup> Nasal Spray

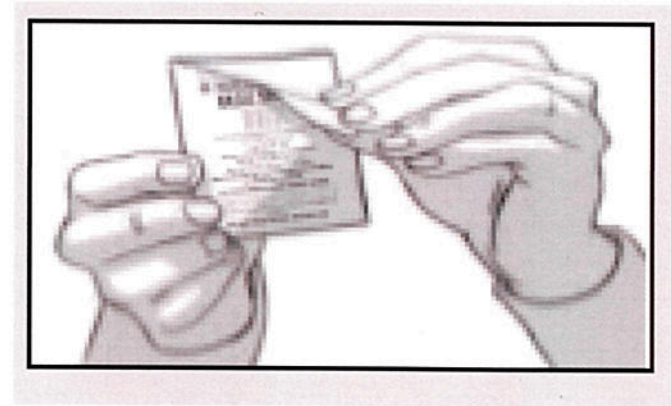
---



# Instructions: NARCAN<sup>®</sup> Nasal Spray

---

- ① Remove NARCAN nasal spray from box. Peel back tab with circle to open.



- ① Hold NARCAN nasal spray with your thumb on the bottom of the plunger and your first & middle fingers on either side of the nozzle.

