

#### Behavioral Health System of Care Workgroup

October 23, 2019

#### Purpose: To synthesize principles and build consensus around design components for a system of care.



# Behavioral Health Administrative Service Organization Overview



#### Discussion: Principles



### **Revisions to Principles**

- Incorporated feedback from Workgroup and Discussion Group meetings, as well as written comments
- Definitions in progress
- Preamble in progress
- Revised to include 5 categories:
  - 1. Quality Integrated Care Management
  - 2. Oversight and Accountability
  - 3. Cost Management
  - 4. Access to Behavioral Health Services through Provider Administration & Network Adequacy
  - 5. Parity



#### **Quality Integrated Care Management**

Person- / Community Centered / Family Focused	Quality / Effectiveness of Care	Data Sharing Clinical Outcomes Process Measurement
Engage Participants in Treatment & Recovery Process in Most Appropriate Environment	Chronic Disease Management Foundation; Recovery Model	Optimize Data Flows to Promote Care Coordination
	Measure Outcomes: Person-Centered, Evidence-Based	Maintain Participant Confidentiality
	Case Management and Discharge Planning – ASO, MCO, Providers, and Locals	Provider Access to ASO Data - Read-only, Real- time, Easily Interpreted, Actionable
	Interrelationship between Physical and Behavioral Health Plans of Care	
	Integrate SUD and Mental Health Services	
	Seamless Integration with non-Medicaid BH Services for Medicaid Participants	
	Minimize Disruptions in Care	
		Maryland

DEPARTMENT OF HEALTH

### **Oversight and Accountability**

- Responsibility for transfers independent of insurance status
- Navigation assistance throughout the system Medicaid, Medicare, Uninsured, etc.
- Clearly defined responsibilities among regulatory and accrediting authorities, incl. fraud/abuse prevention
- Facilitate cross-agency coordination State agencies, ASO, MCOs, Local Systems Managers



#### **Cost Management**

- Shared deliverables and accountability for health outcomes – ASO, MCOs, Locals
- Reduce total cost of care by reducing waste & inefficiency and by coordinating behavioral and physical health
- Manage high utilizers
- Incentivize positive clinical outcomes
- Incentivize communication providers & payers
- Prevent cost-shifting to other agencies



#### Access to Behavioral Health Services through Provider Management & Network Adequacy

- Minimize duplicative overhead on providers
- Timely authorization decisions
- Ensure providers are measured by clinical outcomes
- Right mix of provider types & geography
- Accommodate both facilities and independent practices
- Fair and timely grievance and appeals process



### Parity

- Abide by federal & state parity law and track compliance
- Prioritize behavioral health care equally with physical health care



#### Discussion: Current System Flow Chart



#### Public Comment



## **Next Meeting**

Meeting 6
 November 21, 2019
 9:00 AM through 11:00 AM
 Maryland Department of Health, L3

