MD Community of Practice for Supporting Families Webinar Series

## Webinar 7 – August 19, 2020

# *Reopening: Things to Consider*

Hosted by the Developmental Disabilities Administration

Facilitated by Mary Anne Kane-Breschi

*Director of Family Supports*

# CHARTING the LifeCourse

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# Special Guests

**Bernard Simons**

*DDA, Deputy Secretary*

**Shawn Kros**

*Arc Northern Chesapeake Region, CEO*

**Nicholas Burton**

*DDA, Central Region Director*

**Kimberly Marchman**

*Parent*

# Bernard Simons

*DDA, Deputy Secretary*

# DDA Participant and Family Survey

The DDA is looking to hear from the people we support and their families. This input will help guide the DDA provider network in its plans for reopening.

Please complete the DDA's anonymous survey to share your ideas and experience:

https://www.surveymonkey.com/r/DDA_Reopening_Survey

**Nicholas Burton,**

*DDA, Central Region Director*

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# *Reset. Reimagine.*

*Preparing for a Post — COVID-19 Landscape*

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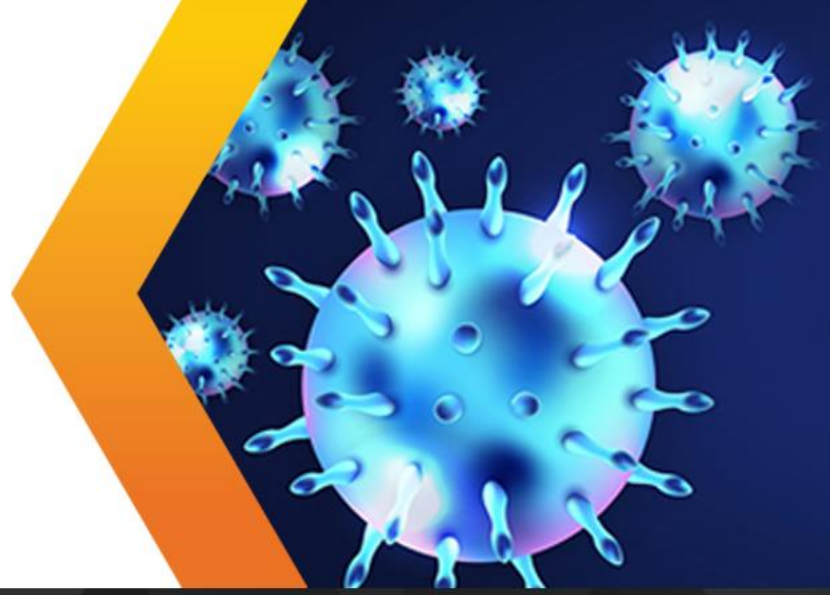
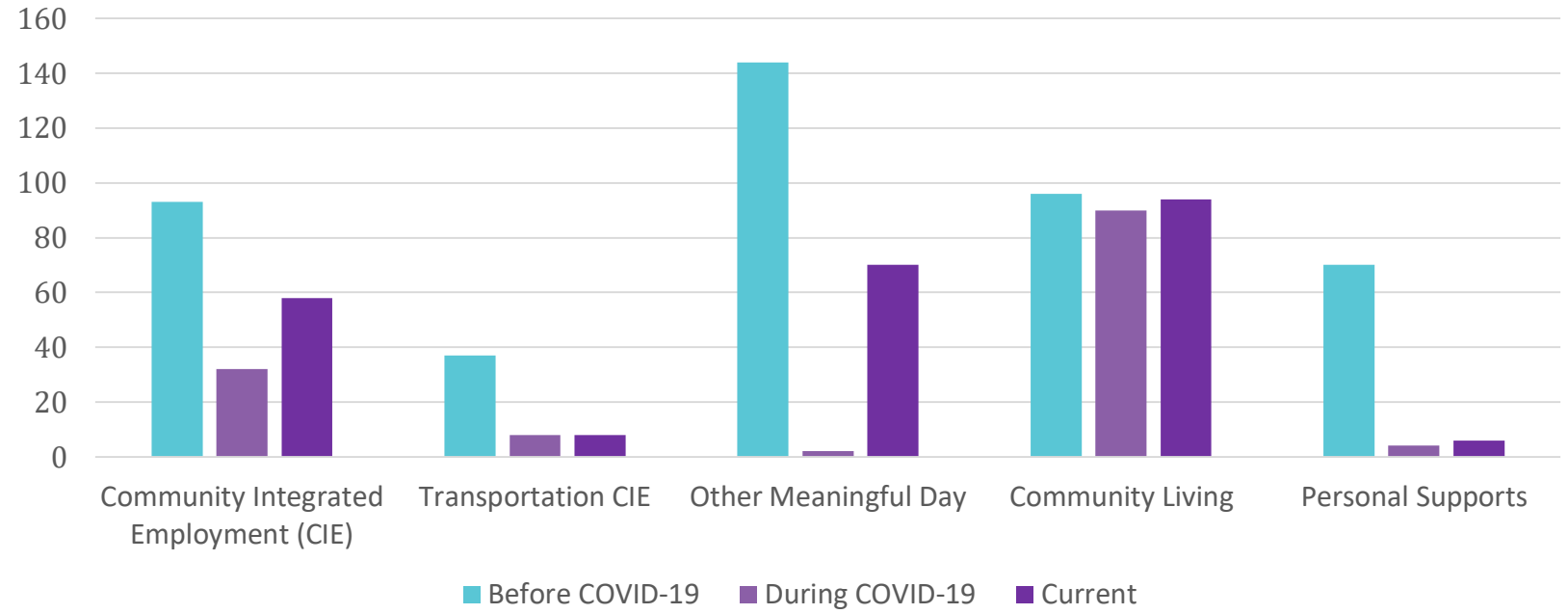
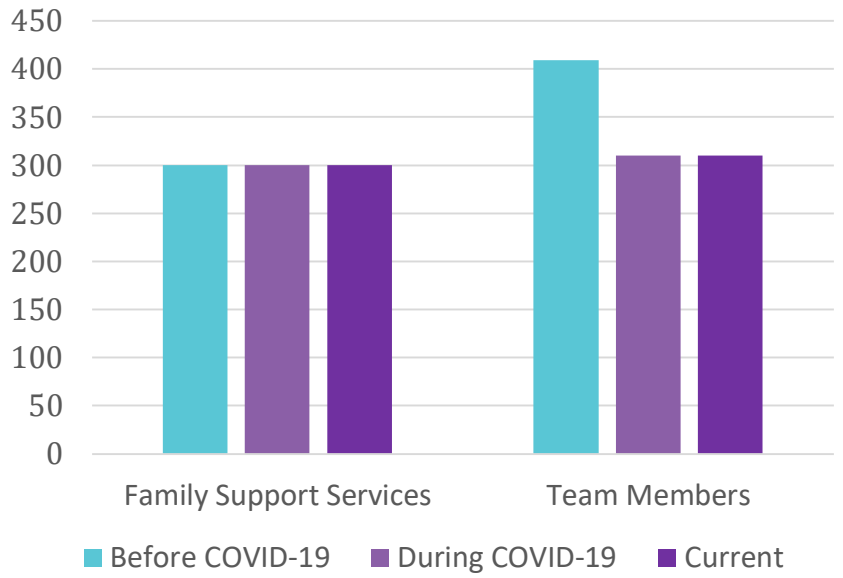


# The Impact of COVID-19

## Numbers of Supports Before and During COVID-19




## Family Supports Services and Team Member Numbers



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# Adjustments & Resources

| Internal Collaborations | Decision Tree Matrix | External Resources |
|---|---|---|
| • Case management | • Distanced but socially connected | • Health Department, CDC, DDA |
| • Spirit Week themes | • Mask and hygiene | • Harford County Group, MACS, etc |
| • Virtual Support program | • Underlying health conditions | • Virtual Support Program |
| • COVID-19 response toolkit | • Person/family needs/CLC | • People we support |
| • Phase plan for programs | • Informed decision making | • Family members |
| • Phase plan for office building | • Team discussions | • Webinars |
| • Transportation for employment | • Transportation options | • Scale of 1-10/community specific |

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| Wins | Struggles |
| --- | --- |
| • Day staffed deployed to Community Living | • Now day staff are needed |
| • Building is not a hub | • Building is not a hub |
| • Independent transportation | • Transportation |
| • Current ideas have potential beyond this time | • Black and white is easier than gray |
| • Residential and Day programs are partners | • Too many unknowns |
| • Harford County provider partnerships | • Financial/physical/mental health |
| • Community partnerships/natural supports | • Few things are open |
| | • Weather |

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# *Reset. Reimagine.*

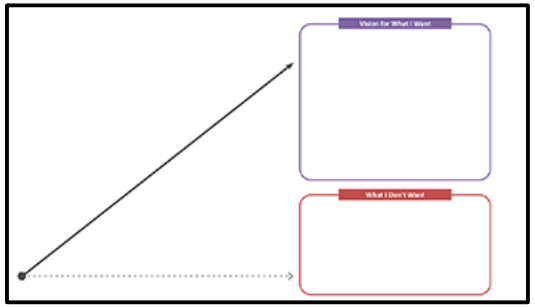
*Even though we are facing challenging times there is an opportunity to reset how we implement our organizational mission in ways that make it multiple times more impactful – free of the burden of historical norms and expectations.*

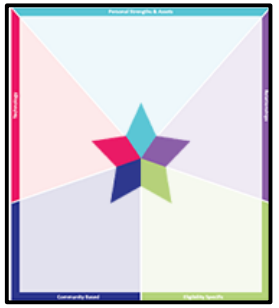
# The Marchman Family

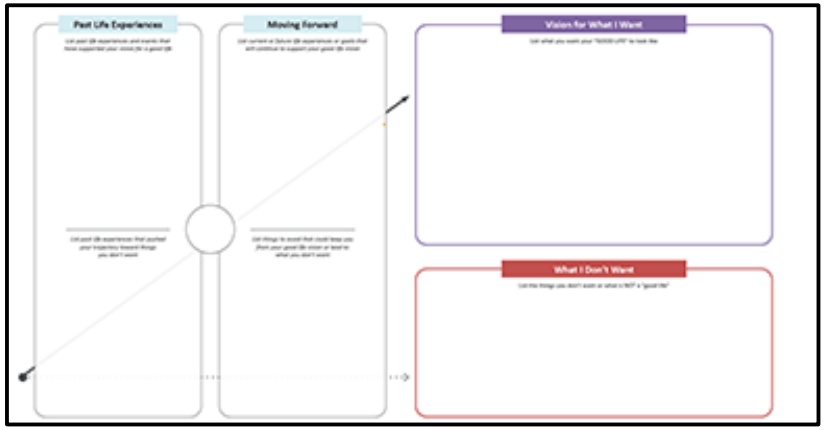
# And there is more and more and more

# BEFORE COVID

# June 2019 Graduation



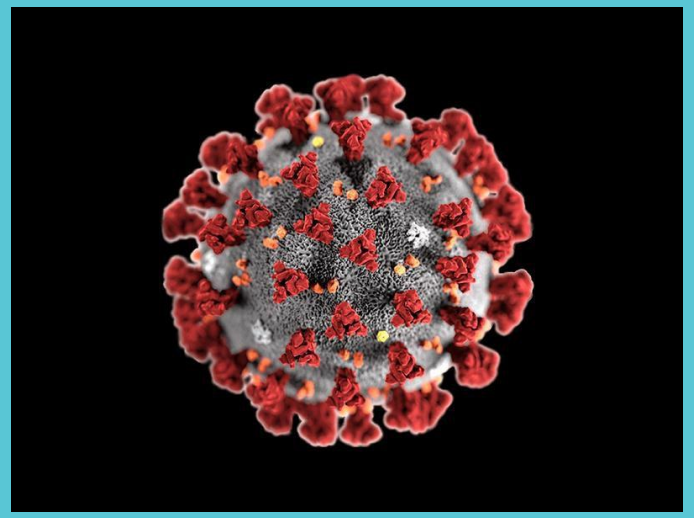






# Katy's Good Life!

NIGHT to Shine
TIM TEBOW FOUNDATION
MT ZION CHURCH

# COVID-19



# NO More…

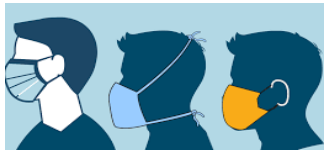
# And then things got WORSE!

# What’s going on now?

# What to do?

Daily Schedule

| | | |
|---|---|---|
| Before 9:00 AM | Wake up! | Make your bed, eat breakfast, brush teeth, get dressed |
| 9:00-10:00 | Outdoor Time | Family walk or outdoor play |
| 10:00-11:00 | Academic Time | No Electronics! Reading, homework, study, puzzles, journal |
| 11:00-12:00 | Creative Time | Creative play, drawing, Legos, crafts, music, cooking, baking |
| 12:00-12:30 | LUNCH | |
| 12:30-1:00 | Home Chores | Clean rooms, put away toys, take out garbage, pet care |
| 1:00-2:30 | Quiet Time | Reading, nap, puzzles, yoga |
| 2:30-4:00 | Academic Time | Electronics OK! Educational games, online activities, virtual museum tours |
| 4:00-5:00 | Outdoor time | Family walk or outdoor play |
| 5:00-6:00 | Dinner time | Family dinner, help with clean-up and dishes |
| 6:00-9:00 | Free Time | Relaxing before bedtime |
| 9:00 PM | Bedtime | Put on PJs, brush teeth, clothes in laundry |



# Thank You!

# Questions?

Webinar – Chat /Question Box

Services & Supports – Contact DDA Local Regional Office

Appendix K – dda.toolkitinfo@Maryland.gov

# Reopening Resources

## Technology

**Providing Employment Services for Job Seekers Remotely**
https://covid19.communityinclusion.org/pdf/TO35_COVID_F.pdf

**Using Technology to Provide Quality Services Remotely**
https://covid19.communityinclusion.org/pdf/TO36_COVID_F.pdf

**Easy to Access Assistive Technology & Apps for Individual Success**
https://covid19.communityinclusion.org/pdf/TO39_COVID_F.pdf

**Using Technology for Remote Support, Self-Management & Success in Employment**
https://covid19.communityinclusion.org/pdf/TO40_COVID_F.pdf

**Virtual Community Life Engagement**
https://covid19.communityinclusion.org/pdf/CLE_issue10_V2_D2.pdf

**Participation of People w/Disabilities in Online Groups & Activities**
https://covid19.communityinclusion.org/pdf/TO42_COVID_F.pdf

## Eligibility Specific

**MD Developmental Disabilities Administration** (DDA) https://dda.health.maryland.gov/Pages/TY.aspx

**NASDDDS -Day Program & Employment Services Re-opening Support Guidelines & Resources for States**
https://custom.cvent.com/440385a26d4140e383714c52736b20b1/files/event/357a2fd80501490796d01958f1e06a08/10c6074229974f79bb4edfdd81a38de6.pdf

**American Academy of Developmental Medicine & Dentistry** https://www.aadmd.org/white-paper

**Institute on Community Inclusion COVID -19 Publication and Resources**
https://covid19.communityinclusion.org/

**Providing Quality Services Remotely & Online**
https://covid19.communityinclusion.org/pdf/TO32_COVID_F.pdf

**Working During COVID-19 Pandemic: A Guide for Informed Decision Making**
https://covid19.communityinclusion.org/pdf/TO33_COVID_F.pdf

## Eligibility Specific

**Dealing w/the Economic Impact and Getting Financial Supports**
https://covid19.communityinclusion.org/pdf/TO34_COVID_F.pdf

**Program Management During COVID-19**
https://covid19.communityinclusion.org/pdf/TO37_COVID_F.pdf

**Supporting Individual Who are Working**
https://covid19.communityinclusion.org/pdf/TO38_COVID_F.pdf

**Employer Engagement & Job Development During Challenging Times**
https://covid19.communityinclusion.org/pdf/TO41_COVID_F2.pdf

## Community Based

**Charting the LifeCourse (CtLC) Learning Tools**
https://www.lifecoursetools.com/learning-materials/

Thank You for Joining Us!

# We Hope You Can Join Us on **September 2nd** for Our Next Webinar: *Transition II*

**Special Guest: Kathleen Walker, DDA**

*Employment & Family Coordinator*

**Special Guest: Staci Jones, DDA**

*Acting Director of Innovation and Service Development*