



MD Community of Practice for Supporting Families Webinar Series

Webinar #18 – February 10, 2021

*Person Centered Planning (PCP):
The Challenges and Gifts of COVID-19*



Hosted by the Developmental Disabilities Administration

Facilitated by Mary Anne Kane-Breschi

Director of Family Supports



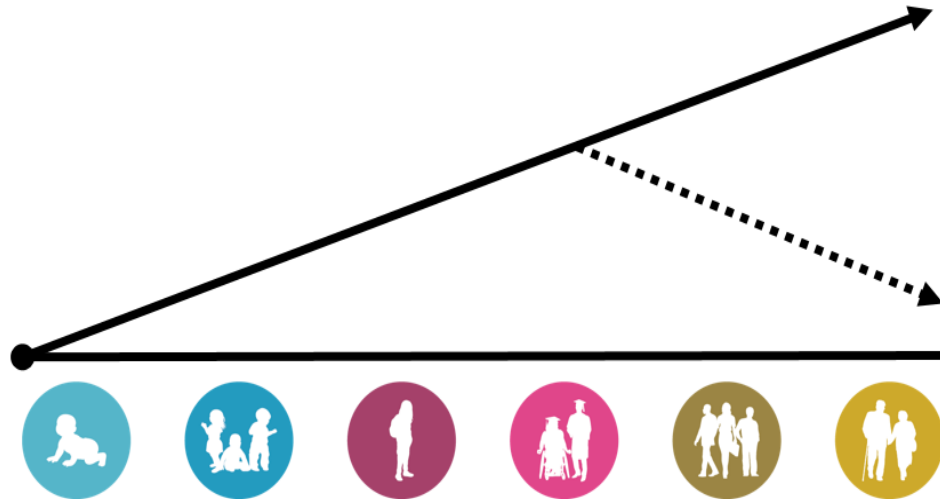
CHARTING the LifeCourse



lifecoursetools.com



The Trajectory



Integrated Star



<https://www.lifecoursetools.com/lifecourse-library/foundational-tools/person-centered/>



Special Guests

Brianna Roseboro,

Self – Advocate, Self- Directs DDA Services

Paulette Roseboro,

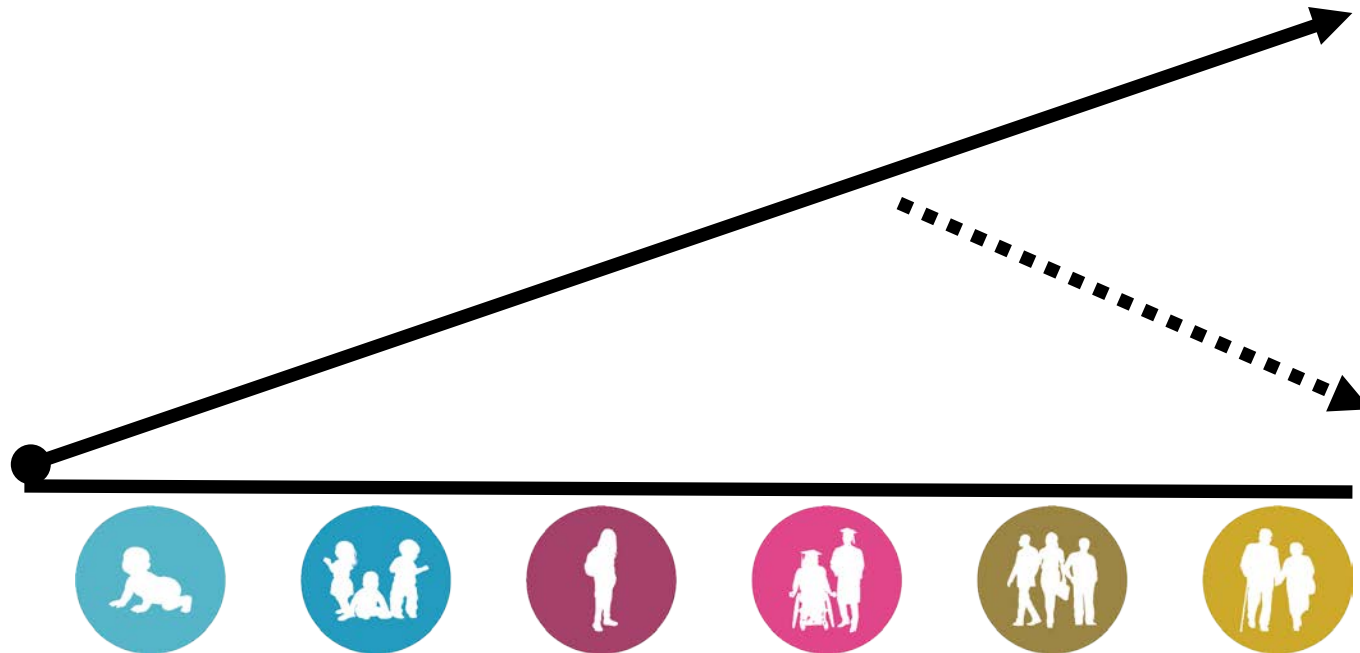
Parent, Family Advocate, Support Broker, CtLC Ambassador





The Trajectory

BRIANNA'S VISION: 2021

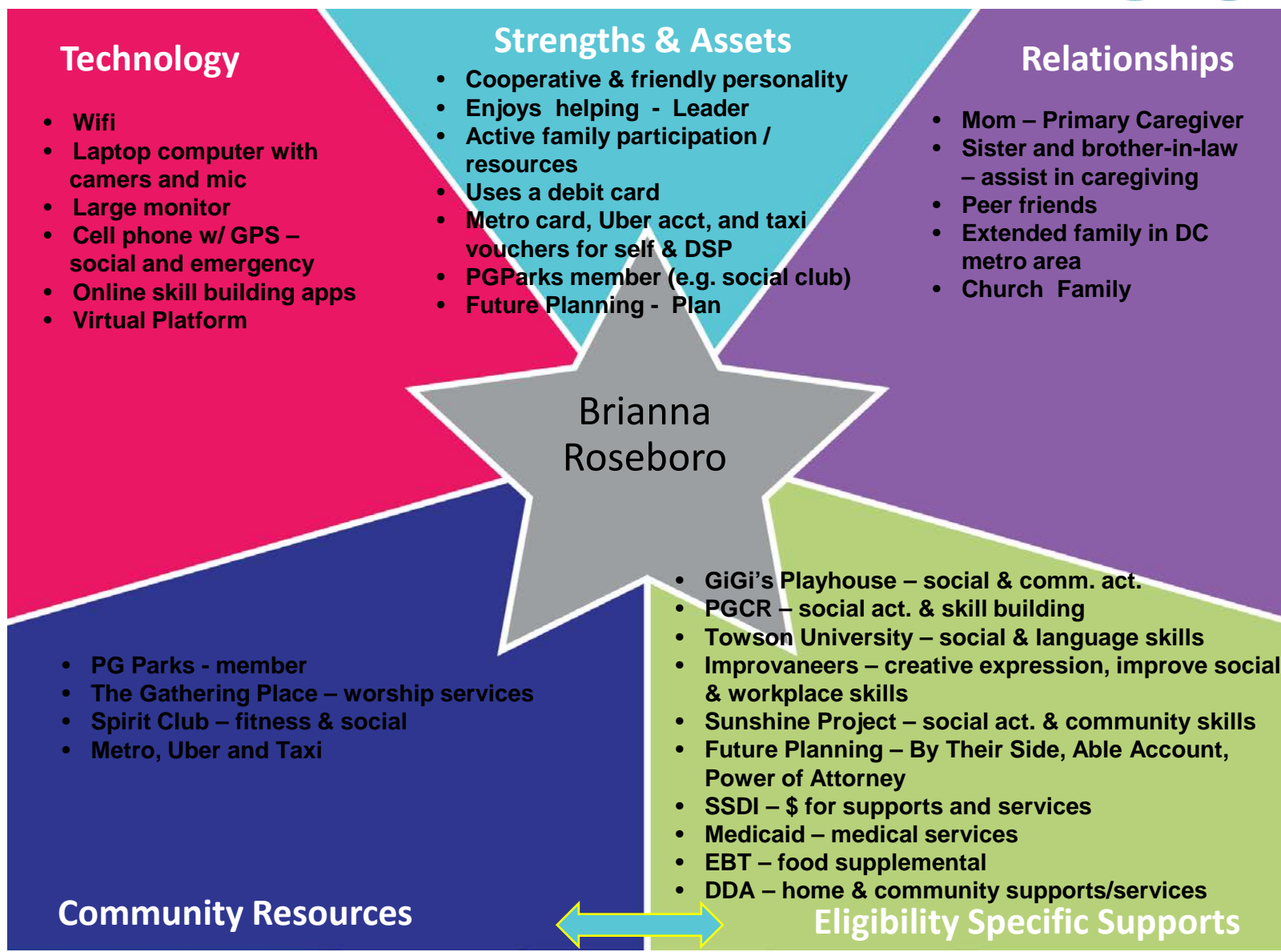


What I want...

- *Active life in the community w/family and peers, and integrated social and worship activities;
- *Opportunities to be productive in community as a volunteer or integrated employment;
- *Variety of activities and environments;
- *Opportunities to travel with family and peers;
- *Environments that help me feel like a useful member of family and community;
- *Developing skills & abilities to increase my independence but want to feel safe to explore;

What I don't want...

- *Not having flexibility of choice;
- *Not being socially engaged;
- *Attend activities I don't like (scary movies, highly physical sport activities e.g. track and field);
- *Not having interaction with my family;
- *Not celebrating the holidays and birthdays





Brianna takes the lead in building her activities...



Planning for the next day activities...





Virtual Recital with teacher...



Doing chores at home...



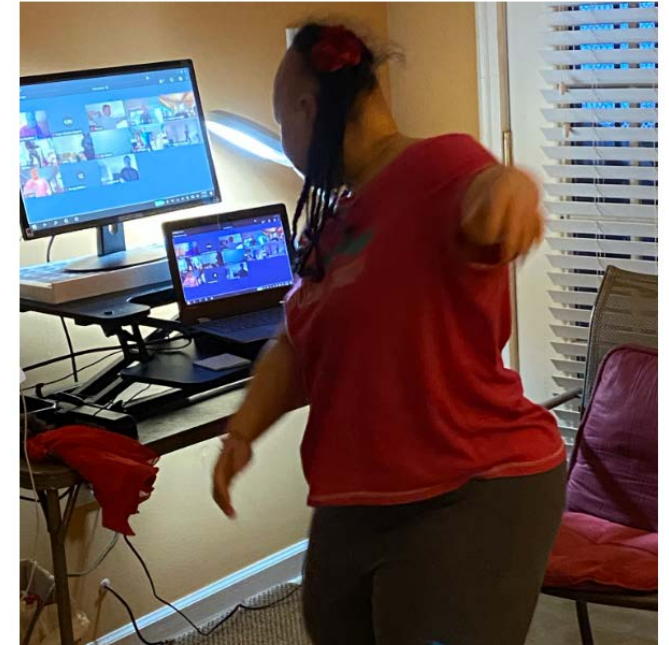
Learning to multitask with music...



With coaches in an integrated session, practicing speaking more confidently...



Sister's Birthday Party – planned & prepared by Brianna

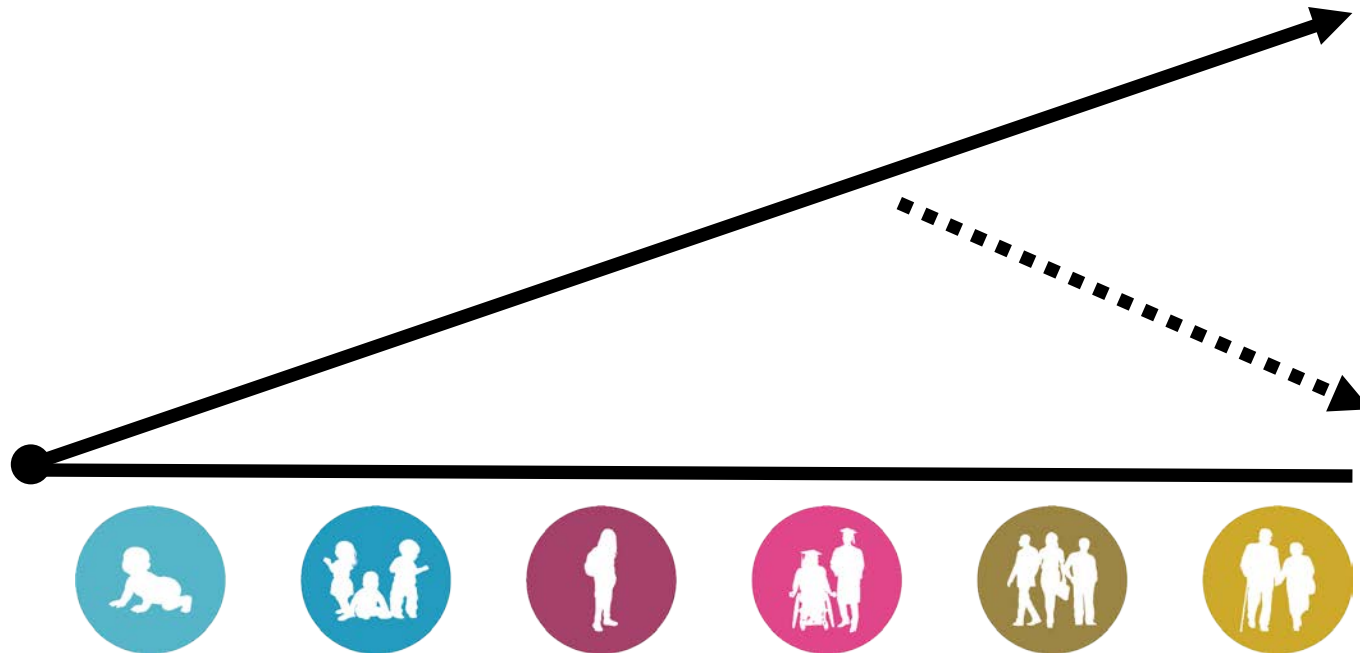


Interactive Ballet Class...



The Trajectory

FAMILY'S VISION: 2021



What I want...

- *Flexibility of life;
- *Having time to myself -- travel alone;
- *Have activities involving social services and the IDD community but as well as **other personal activities**;
- *Slowed pace of life –*like to enjoy the birds*;
- *Have Brianna's basic support services in place that provide her reliable and quality services so she will enjoy a "good life."

What I don't want...

- *Being endlessly involved with service processes and paperwork to assure Brianna receives quality services;
- *All productive time devoted to social service and DDA activities for rest of life
- *Worried about Brianna having a "good life"



Additional Resources to Remain Connected

Technology

Connect Using

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger, Portal
- Facebook

Virtual Exercise

Special Olympics School of Strength

- YMCA
- Adaptive Yoga
- Planet Fitness

Virtual Tours

- Google Earth
- Smithsonian
- National Aquarium

Virtual Craft Classes (FREE)

Virtual Concerts – YouTube (FREE)

[Virtual Music Classes](#) –

Virtual Volunteer Opportunities

Community Based

[MDH MD Vaccine](#)

[Social Story for Getting the Vaccine](#)

[Charting the LifeCourse](#)

[MD Listing of Local Parks & Recs](#)

[MD Local Museums](#)

Read - Free Audible Books On-Line

- Google Bookstore
- Operation ASL Storytime
- MD Public Libraries (check out online learning through local libraries)
- Online Library

MD On-Line Worship Services

MD Mass Transit Administration

Eligibility Specific

- MD Developmental Disabilities Administration (DDA)
 - [COVID RESOURCES](#)
- DDA Coordinators of Community Services (CCS)
- [MD Center for Developmental Disabilities – KKI/ Resource Finder](#)
- [MD Department of Rehabilitative Services \(DORS\)](#)
- [MD Office of Genetics for People with Special Health Care Needs – Resource Locator](#)
- MD Developmental Disability Council
 - [COVID RESOURCES](#)
- Arc Maryland
 - [COVID RESOURCES](#)
- MDH
 - [COPING IN THE 2020/21 SCHOOL YEAR](#)
- [MSDE](#)
- [The Parents' Place of MD](#)
- [MD Behavioral Health Administration](#)
- [MD Coalition for Families](#)
- [NAMI](#)



Questions

Webinar – Chat /Question Box
Services & Supports – Contact DDA Local Regional Office
Appendix K – dda.toolkitinfo@Maryland.gov



Thank You!

Please join us on March 10th *at Noon* for our next
webinar:

Maryland ABLE

Special Guest: Kelly Nelson,
Outreach and Communications Manager
Maryland ABLE



Contact Info

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