













Webinar #18 – February 10, 2021

Person Centered Planning (PCP):

The Challenges and Gifts of COVID-19



Hosted by the Developmental Disabilities Administration Facilitated by Mary Anne Kane-Breschi Director of Family Supports













CHARTING the LifeCourse







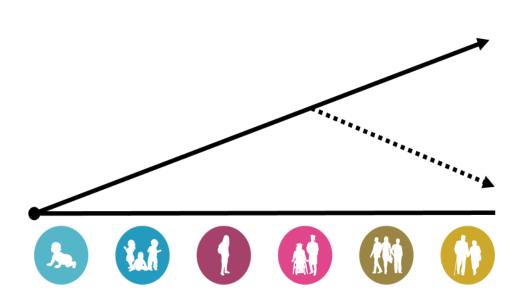




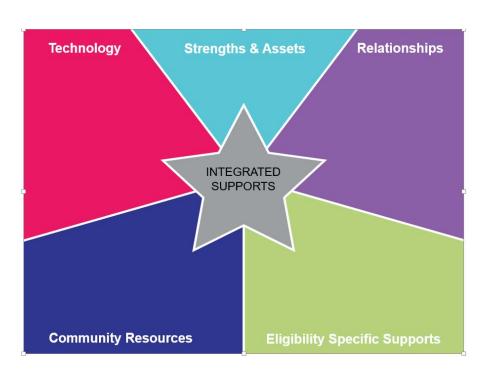




The Trajectory



Integrated Star



https://www.lifecoursetools.com/lifecourse-library/foundational-tools/person-centered/















Special Guests

Brianna Roseboro,

Self – Advocate, Self- Directs DDA Services

Paulette Roseboro,

Parent, Family Advocate, Support Broker, CtLC Ambassador













Concerns and Challenges of COVID-19















Technology

- Wifi
- Internet
- Cell phone
- Computer, Ipad
- IT Software and accessories
- Virtual Platforms

Strengths & Assets

- Strong Faith
- Planner
- Researcher
- CtLC Ambassador

Paulette Roseboro:
Getting through &
thriving during
COVID-19

Relationships

- Brianna
- Daughter and sonin-law
- Other IDD families

- Faith-based Programs and resources
- Health Provider
- Locally-based resources and webinars (county and state)
- Local Organizations

Community Resources

- Government Resources
- DDA Sponsored webinars
- CtLC Tools

Eligibility Specific Supports









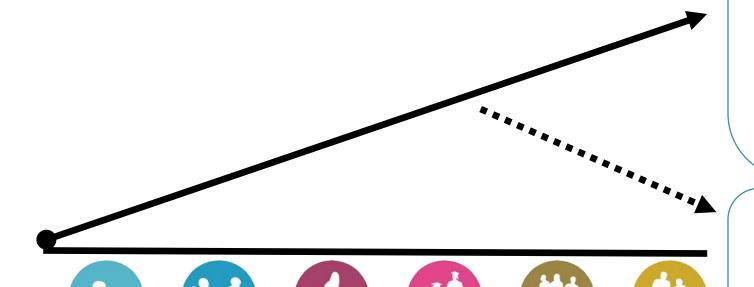






The Trajectory

BRIANNA'S VISION: 2021



What I want...

- *Active life in the community w/family and peers, and integrated social and worship activities;
- *Opportunities to be productive in community as a volunteer or integrated employment;
- *Variety of activities and environments;
- *Opportunities to travel with family and peers;
- *Environments that help me feel like a useful member of family and community;
- *Developing skills & abilities to increase my independence but want to feel safe to explore;

What I don't want...

- *Not having flexibility of choice;
- *Not being socially engaged;
- *Attend activities I don't like (scary movies, highly physical sport activities e.g. track and field;
- *Not having interaction with my family;
- *Not celebrating the holidays and birthdays















Technology

- Wifi
- Laptop computer with camers and mic
- Large monitor
- Cell phone w/ GPS social and emergency
- · Online skill building apps
- Virtual Platform

Strengths & Assets

- Cooperative & friendly personality
- Enjoys helping Leader
- Active family participation / resources
- Uses a debit card
- Metro card, Uber acct, and taxi vouchers for self & DSP
- PGParks member (e.g. social club)
- Future Planning Plan

Relationships

- Mom Primary Caregiver
- Sister and brother-in-law
 assist in caregiving
- Peer friends
- Extended family in DC metro area
- Church Family

Brianna Roseboro

- PG Parks member
- The Gathering Place worship services
- Spirit Club fitness & social
- Metro, Uber and Taxi

GiGi's Playhouse – social & comm. act.
PGCR – social act. & skill building

- PGCR Social act. & Skill building
- Towson University social & language skills
- Improvaneers creative expression, improve social & workplace skills
- Sunshine Project social act. & community skills
- Future Planning By Their Side, Able Account, Power of Attorney
- SSDI \$ for supports and services
- Medicaid medical services
- EBT food supplemental
- DDA home & community supports/services

Eligibility Specific Supports

Community Resources







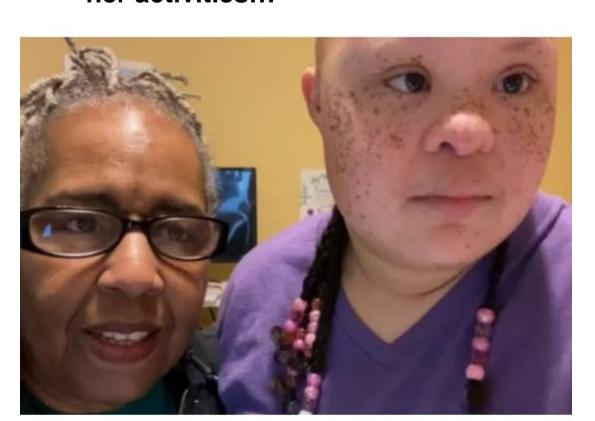




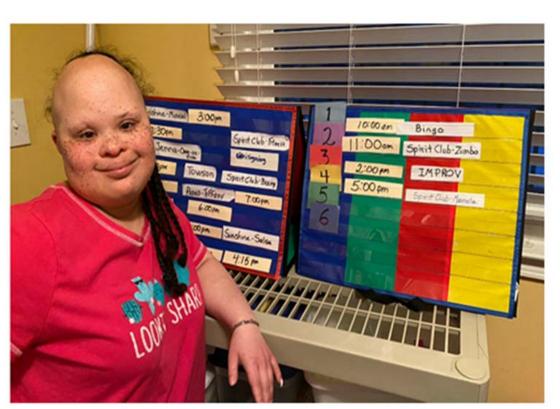




Brianna takes the lead in building her activities...



Planning for the next day activities...





















Doing chores at home...



Learning to multitask with music...





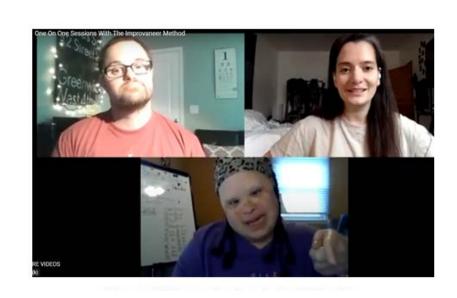








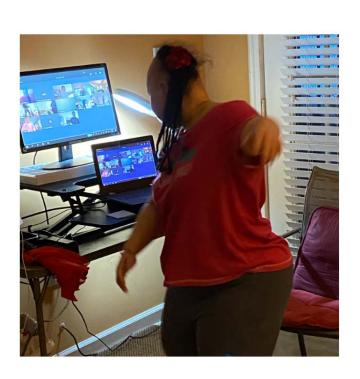




With coaches in an integrated session, practicing speaking more confidently...



Sister's Birthday Party planned & prepared by Brianna



Interactive Ballet Class...









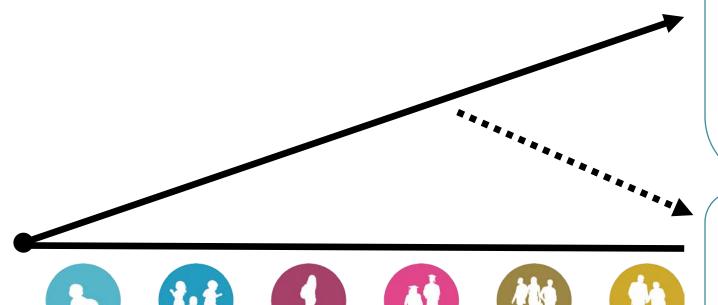






The Trajectory

FAMILY'S VISION: 2021



What I want...

- *Flexibility of life;
- *Having time to myself -- travel alone;
- *Have activities involving social services and the IDD community but as well as other personal activities;
- *Slowed pace of life –*like to enjoy the birds*;
- *Have Brianna's basic support services in place that provide her reliable and quality services so she will enjoy a "good life."

What I don't want...

- *Being endlessly involved with service processes and paperwork to assure Brianna receives quality services:
- *All productive time devoted to social service and DDA activities for rest of life
- *Worried about Brianna having a "good life"















Additional Resources to Remain Connected

Technology

Connect Using

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger,Portal
- Facebook

Virtual Exercise

Special Olympics School of Strength

- YMCA
- Adaptive Yoga
- Planet Fitness

Virtual Tours

- Google Earth
- Smithsonian
- National Aquarium

Virtual Craft Classes (FREE) Virtual Concerts – YouTube (FREE)

Virtual Music Classes -

Virtual Volunteer Opportunities

Community Based

MDH MD Vaccine

Social Story for Getting the Vaccine

Charting the LifeCourse

MD Listing of Local Parks & Recs

MD Local Museums

Read - Free Audible Books On-Line

- Google Bookstore
- Operation ASL Storytime
- MD Public Libraries (check out online learning through local libraries)
- Online Library

MD On-Line Worship Services

MD Mass Transit Administration

Eligibility Specific

- MD Developmental Disabilities Administration (DDA)
 - COVID RESOURCES
- DDA Coordinators of Community Services (CCS)
- MD Center for Developmental Disabilities KKI/ Resource Finder
- MD Department of Rehabilitative Services (DORS)
- MD Office of Genetics for People with Special Health Care Needs – Resource Locator
- MD Developmental Disability Council
 - COVID RESOURCES
- Arc Maryland
 - COVID RESOURCES
- MDH
 - COPING IN THE 2020/21 SCHOOL YEAR
- MSDE
- The Parents' Place of MD
- MD Behavioral Health Administration
- MD Coalition for Families
- NAMI



Questions

Webinar – Chat /Question Box Services & Supports – Contact DDA Local Regional Office Appendix K – <u>dda.toolkitinfo@Maryland.gov</u>















Thank You!

Please join us on March 10th at **Noon** for our next webinar:

Maryland ABLE

Special Guest: Kelly Nelson, Outreach and Communications Manager Maryland ABLE













Contact Info

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