

## Maryland Board of Examiners of Nursing Home Administrators

### Board Members

J. Brian Pabst  
Chairman  
Nursing Home Administrator

Nancy H. Ferrone  
Vice Chairman  
Related Profession

Gloria Boddie-Epps  
Consumer Member

ChanSu Chong  
Consumer Member

Michelle F. Kraus  
Nursing Home Administrator

Christine L. Mour  
Nursing Home Administrator

Gail P. Sigel  
Consumer Member

Lisa A. Stone  
Nursing Home Administrator

Belinda B. Strayhorn  
Consumer Member

Steven L. Wynn  
Nursing Home Administrator

Vacant  
Related Profession

Vacant  
Nursing Home Administrator

Vacant  
Geriatric Physician or Nurse  
Practitioner



### Message from the Board of Social Work Examiners

The Board of Social Work Examiners (BSWE) would like to remind all Licensed Social Work Associates (LSWA) and Licensed Graduate Social Workers (LGSW) that while practicing social work in a nursing home or any other health care setting, you must be supervised by a qualified social work supervisor who is licensed at the Licensed Certified Social Worker (LCSW) level or Licensed Certified Social Worker-Clinical (LCSW-C) level. A LSWA or LGSW may not supervise any individual in the practice of social work.

The Board has received complaints involving LSWAs and LGSWs who are not receiving the required social work supervision and are supervising other social workers. The Board is bringing this matter to your attention so that your practice is in accordance with the social work statute and regulations. Violation of these rules may affect your ability to practice social work. If you have any questions, please contact BSWE at (410) 764-4788.

### Board Members

The Maryland Board of Examiners of Nursing Home Administrators is currently recruiting for vacancies on the Board. We have a need for a related health care professional, someone who is engaged actively in a profession that is concerned with the care of chronically ill, infirm, or aged individuals. Also, a new position has been created on the Board for a geriatric social worker.



Board members are expected to attend monthly meetings (usually held the second Wednesday of each month from 9:30 until approximately noon) and to actively participate on the various committees. Committee assignments may require additional meetings, tasks, or visiting nursing homes with trainees to monitor the progress of training programs. Board members are paid a \$75 per diem and are reimbursed for mileage.

By law, each Board member must be a United States citizen or have declared intent to become a citizen, and must have resided in this State for at least one year before appointment to the Board. A Board member may not be a registered lobbyist or a State employee.

Please keep in mind the Department of Health and Mental Hygiene is committed to obtaining increased gender, geographic and minority representation on each of the Boards, Advisory Councils, Commissions and Task Forces. This helps ensure that decisions reached more adequately reflect the viewpoints of all populations being served.

Contact Anna Lieberman in the Department of Health and Mental Hygiene's Office of Appointments at (410) 767-4049 or [ALieberman@dhmh.state.md.us](mailto:ALieberman@dhmh.state.md.us) if you are interested in serving on the Board, and she will provide you with the necessary instructions and appointment request forms.

## Continuing Education

The following correspondence courses have been approved for the period of December 3, 2009 through December 2, 2010:

"Stress and Depression" - Folder #3145, 3 hours

"Essential Vitamins" - Folder #3146, 3 hours

"Positive Psychology" - Folder #3147, 3 hours

All Sponsored by: Institute for Natural Resources. For more information and to register, contact: Joleitia Anderson, (925) 609-2820, ext. 236

January 8, 2010

"Becoming an Alzheimer's Whisperer: A Novel Approach to Managing Alzheimer's and Dementia in the Skilled and Assisted Living Settings"

Hilton Garden Inn BWI Airport, Linthicum, MD  
Sponsored by: C&V Senior Care Specialists, Inc  
Contact: Verna Benner Carson, (410) 336-5408  
Folder #3149, 6 Hours

February 2 - 3, 2010

"Nursing Home Litigation and Management of the Modern LTC Facility"

Magnolia Management, Inc., Hagerstown, MD  
Sponsored by: Magnolia Management  
Contact: Debra Anthony, (301) 745-8700  
Folder #3148, 16 Hours



To view the list of nationally approved continuing education programs, please visit the National Association of Long Term Care Administrator Boards website at: [www.nabweb.org](http://www.nabweb.org)

## Changes to COMAR 10.33.01

An extensive review of the Board of Examiners of Nursing Home Administrators 10.33.01 regulations has been completed. The Board has proposed changes to several regulations.

The changes most noteworthy include:

**Delegating the approval process for continuing education to the National Association of Long Term Care Administrator Boards (NAB).** The Board will no longer approve programs on an individual basis nor accept approval by another state's Board of Examiners of Nursing Home Administrators. A NAB approval number **must** appear on **all** certificates of attendance, and be **listed** on the Affidavit of Attendance.

The **number of hours of continuing education carryover** will increase from six to **ten** hours.

There has been significant change to the preceptor certification requirements, and the AIT program regulations have been better defined.

**The Fee Schedule has been amended.** It has been more than 18 years since the license renewal fee was increased, and the new fee will be \$200. No fees associated with Administrators-In-Training have been modified including application and examination fees.

The proposed regulations have gone through the final sign off process, and are currently posted in the Maryland Register. The Board will notify licensees when the regulations are effective, and once they are approved and printed, a regulations booklet will be mailed to all licensees.

The regulatory review took nearly a year, and careful consideration was given to all amendments. However, the Board is already working on amendments to the newly revised regulations that would allow for part time Administrator-In-Training programs. The Board strives to have the best program available, and is always looking for improvements to any regulation. When the current comment period is over, avenues will always be available for the Board's office to accept recommendations for review of any regulations or processes that are in place. Feel free to contact the office at anytime with recommendations or suggestions.



## Message from Advancing Excellence in American's Nursing Homes Campaign

The Foundation of the National Association of Long Term Care Administrator Boards is a member of the AE Campaign Steering Committee and Randy Lindner serves as Chair of the Recruitment and Retention Workgroup. He has asked each state to distribute the attached article from Mary Jane Koren, MD, MPH, Chair, of the AE Campaign to all of the licensed nursing home administrators in Maryland.

In order for participants in Phase I of the Campaign to transition to Phase II of the Campaign they must update their profile and select new goals and set targets for each new goal selected. It is also a great time for those who were not enrolled in Phase I to join the 7,500 nursing homes who participated in Phase I that are already benefiting from the extensive free resources available to assist them in their quality improvement initiatives. There is no cost to join the campaign. The campaign would like to reach Phase I participation goals of 7481 Nursing Homes by the end of January, 2011. Since its launch on October 22nd nearly 900 nursing homes have already updated their goals.

### **A Message to all Nursing Homes from the Chair of the Advancing Excellence in America's Nursing Homes Campaign:**

The three-year-old Advancing Excellence in America's Nursing Homes Campaign is moving to a new phase this month with the launching of new and revised goals and an improved website [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org) to provide nursing home leaders like you with new resources and other materials to help advance your quality improvement activities. Because we're starting a new phase, nursing homes that have been with the Campaign since the beginning will need to re-enroll by updating your facility profile, deciding if you want to choose new goals or stay with those you currently have and set targets. Nursing homes that re-enroll by January 31, 2010 will receive a special recognition and designation as an **Advancing Excellence Charter Member**, a badge of honor to show that you've been with the Campaign since the beginning and are continuing your commitment to quality improvement. We, of course, are also looking

to sign up new members of the campaign. Experience has shown the value of the campaign to providers. We hope other nursing homes will join now and become part of a growing movement to identify and work on quality goals to keep your residents healthier and more satisfied.

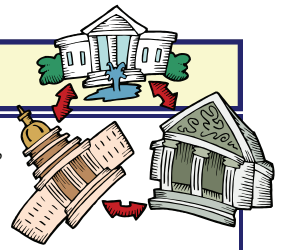
Why join? Nearly half of the nation's nursing homes joined the Campaign during its first phase and the results have been very promising. Campaign participants that chose to focus on reducing use of physical restraints, reducing the prevalence of pressure ulcers, and controlling symptoms of pain, improved at a significantly faster rate than other nursing homes. There are tangible benefits for homes as well: improving staff retention and maintaining staff stability saves money, improves efficiency as well as outcomes and contributes to better relationships between residents and their caregivers.

On January 1, 2010, we start a new phase of the Campaign. We added two new goals for you to select, Advance Care Planning and Measuring Staff Satisfaction, and have revised several of the existing goals, to make it easier for you to measure and track your progress. We also have updated the website's many resources, including a new best practice - CNA Fact Sheets - to help nursing homes more effectively engage certified nursing assistants in quality improvement activities. More hands-on tools will shortly be added.

Both new and existing participants will benefit from being part of the "new" Advancing Excellence Campaign, which neither duplicates nor conflicts with existing QI requirements or other QI initiatives. Please go to our improved website [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org) and explore what the Campaign has to offer. We hope you decide to join the Advancing Excellence Campaign. We look forward to working with you on achieving these important quality goals. If you have any questions, please contact [quality@aahsa.org](mailto:quality@aahsa.org).

Mary Jane Koren, MD, MPH  
Chair, Advancing Excellence Campaign

## Legislative Update



During the 2009 Legislative Session, Senate Bill 471 passed with amendments. As a result, effective October 1, 2009, the Board composition has been altered as follows:

- The number of Board members increased from 11 to 13.
- A nursing home administrator seat has been added, increasing administrator representation from five to six. Of the six administrators, one will have experience with the Eden Alternative, Green House or similar program.
- Consumer representation will decrease from four to two (effective April 2010), one of the consumer members shall have presently or have had a family member living in a nursing home.
- A new category for a physician or nurse practitioner who specializes in geriatrics was created.
- A category for a geriatric social worker will be created April 2010.
- Two individuals who are not nursing home administrators but who are actively engaged in professions that are concerned with the care of the chronically ill, infirm, or aged individuals will remain the same.
- A representative of the Office of Health Care Quality will serve as an ex officio member effective April 2010.

## From the Desk of the Executive Director



This has been a very busy year for the Board and staff. We have completed the review of the COMAR 10.33.01 regulations, and without a pause, have moved on to working on a review of the Maryland State's Standards Examination. A new, updated exam will be available for January 14, 2010. The preliminary evaluation for the Board of Examiners of Nursing Home Administrators (Sunset Review) has been completed. It was recommended that the Board be waived from a full evaluation, and the Board's termination date has been extended to July 1, 2017.

In addition to furlough and mandatory service reduction days (the office will be closed on December 24 and 31 for service reduction days, and December 25 and January 1 for State Holidays), we have just been advised that the Board will not be able to attend the annual meeting of the National Association of Long Term Care Administrator Boards in June, 2010. We learned a lot during the meeting in Alexandria this past June, and were looking forward to continuing building working relationships with all other states, however, the Board of Public Works has eliminated all out of state travel for FY 2010.

As an update for Nursing Home Administrators who may be behind in child support payments, the Board's office will now be notified of licensees behind in support payments, and the Board will be obligated to suspend any license that is flagged by the Office of Child Support Services. This action will result in posting suspensions on the Board's website and will generate a notice to the National Practitioner Data Bank and Healthcare Integrity and Protection Data Bank. Before any formal action is taken on any license, there will be communication between this office and any flagged nursing home administrator.

From the Board, Ellie and myself, we wish all a *Very Happy and Healthy New Year!*

Maryland Board of Examiners of Nursing Home Administrators

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