### National Suicide Prevention Month Sample Social Media Posts

#### Sample Post 1

It's more important than ever that we all take part in the conversation about suicide prevention. Encourage your friends, family, and communities to get involved this #SuicidePreventionAwarenessMonth #StoriesofHope

#### Sample Post 2

In recognition of #SuicidePreventionAwarenessMonth, we're encouraging everyone to fight stigma about suicide by talking about suicide.

#TalkAboutSuicide #StoptheStigma #MACSP33 #StoriesofHope

#### Sample Post 3

Contrary to popular belief, talking about suicide doesn't make a person more at risk. It is ok to talk about suicide. Help prevent suicide by sharing your personal stories of resilience and recovery. Want to get involved this #SuicidePreventionMonth? Wear yellow to work September 10 for suicide prevention awareness! Tweet us your photos! #TalkAboutsSuicide #StoptheStigma #MACSP33 #StoriesofHope

#### Sample Post 4

Stories of survival and coping with suicidal thoughts have been shown to have a positive effect on people at risk of suicide.





#STORIESOFHOPE









## WORLD SUICIDE PREVENTION DAY 9/10/2021



IT'S OKAY TO NOT BE OKAY

**#STORIESOFHOPE** 



WITH HELP COMES HOPE



WITH HELP COMES HOPE

# #StoriesofHope



