

Recovery Comedian Mark Lundholm As our Keynote Speaker @ 3pm!

Support a Recovery Oriented System of Care ROSC

### September is Recovery Month

In its 25th year, *Recovery Month* promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders. This year's theme,

## "Join the Voices for Recovery: Speak Up, Reach Out,"

Encourages people to openly speak up about mental and substance use disorders and the reality of recovery, and promotes ways individuals can use to recognize behavioral health issues and reach out for help.

**Recovery Month** spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.

For information concerning available table space please contact Angel for details; angelclean@yahoo.com Sunday SEPTEMBER **28**<sup>th</sup>

12 pm registration

Walk starts at 1pm

# Third annual Annapolis MD **Recovery** Walk

Walk sponsored by; ROSC Change Team, First Step Recovery, We Care and Friends, Serenity Sistas Recovery Homes for Women and Arundel House of Hope

**Community Resources available** 

Local artist showcased

## WALK BEGINS AT THE

### **STANTON CENTER**

92 W Washington St, Annapolis, MD 21401 (Downtown Annapolis) Free Food

FREE PARKING @

19 St. Johns St, Annapolis, MD 21401