

CIT from a Family Perspective*

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* With thanks from NAMI Maryland



Atlanta Black Star

RECOMMENDATIONS

- DON'T JUDGE A BOOK BY ITS COVER

- DE-ESCALATE

- Person with mental health condition may be agitated
- Loved ones may be in a state of fight-or-flight

RECOMMENDATIONS

- ◎ GET INFO FROM FAMILY
- ◎ PROVIDE RESOURCES
 - Crisis Info
 - NAMI
- ◎ **BE RESPECTFUL**