

WASHINGTON COUNTY HEALTH IMPROVEMENT COALITION

Minutes

March 1, 2016 – 10:00 a.m.

Meeting Held at Washington County Health Department

Present: Cindy Earle, Meritus; Jenny Fleming, HEAL; Janice Howells, WCPS School Health Program; Rod MacRae, Washington County Health Department; Lisa McCoy, University of MD Extension; Maya McDoom, Johns Hopkins University; Mary McPherson, Washington County Health Department; Curt Miller, Brook Lane; Melissa Minotti, Johns Hopkins School of Public Health; Kim Murdaugh, Family Healthcare of Hagerstown; Temi Oshiyoye, State Office of Rural Health; Rick Rock, Mental Health Authority; Elaine Rose, Washington County Health Department; James Seaver, Tri-State CHC; Brad Sell, Community Foundation; Mollie Smith, Brothers Who Care; Nikki Snider, WCDSS; Earl Stoner, Washington County Health Department; Allen Twigg, Meritus; Patrice Wallace, P Wallace Consulting; Susan Walter, Tri-State CHC

- Welcome/Introductions: Welcome by Allen Twigg. Self-introductions were made.
- “Maryland State Office of Rural Health (SORH) and Workforce Programs” presented by Temi Oshiyoye, Director
 - The contact for obtaining data is Elizabeth Vaidya, Office of Primary Care; email address is: elizabeth.vaidya@maryland.gov
 - The federal government does not classify Washington County as rural; however, the SORH does.
 - The SORH priorities are:
 - technical assistance;
 - rural recruitment and retention;
 - information collection and dissemination;
 - coordinating rural health interests and activities; and
 - improving access to care in rural Maryland.
 - Discussed 3rnet (website: 3rnet.org), a nonprofit that helps provide doctors, nurses, etc. in rural and underserved areas.
 - There are three AHECs in the state, i.e., Western Maryland, Baltimore, and Eastern Shore.
 - Overview of the Maryland Loan Repayment Program.
 - Ms. Oshiyoye’s presentation, along with other documents, has been emailed to the Coalition. More information on the topics discussed may be found in those documents. Ms. Oshiyoye’s contact information is: temi.oshiyoye@maryland.gov or voice 410-767-4467.
- Community Health Needs Assessment Action Plan 2016 Update (Allen Twigg)
 - Plan to disseminate results to the community:
 - Allen asked for volunteers to proofread the draft final report. Rod MacRae, Susan Walter, and Cindy Earle volunteered; each will proof a third of the draft.
 - Hospitals are mandated to have a link to the document; it must be available for nine years on the website, but does not have to be printed. A quick fact sheet will also be published.
 - Healthy Washington County’s website will link to the report.
 - All agencies may post the report on their websites or link to Healthy Washington County.
 - Press release to the public.
 - The report must be widely distributed to the community.
 - Use of the Action Plan to delineate roles of members:
 - Allen thanked Brad Sell for arranging the health needs in order of ranking.
 - All agencies should use uniform screening definitions for reporting.
 - Score Card/Dashboard needed to be kept updated so that the public can view it over the next three years. The Office of Population Health (Ann Walsh) can help with technical assistance.
 - Question about two acronyms used on the Action Report but not noted at bottom with the meanings of acronyms:

- MOTA: Mollie Smith gave a short overview of Minority Outreach and Technical Assistance (MOTA). It is a nonprofit that performs one-on-one community outreach in areas, e.g., heart disease and infant mortality. Allen commented that he also added MOTA on the Action Plan for diabetes.
- MMG: Meritus Medical Group is the collective name of Meritus-owned physician offices, both primary and specialty.
- The definitions of MOTA and MMG will be added on the Action Plan.
- WCHIC partner agencies are to report information for the Action Plan bi-monthly, at least two weeks before meeting dates, to either Elaine Rose at elaine.rose@maryland.gov or Julie Lough at julie.lough@meritushealth.com.
- Determine one-year benchmarks for action steps.

➤ Subcommittee Reports:

- Behavioral Health:

- Allen read a report that had been emailed from Mindy Morgan with Turning Point:
 - Transitioning to a tobacco free facility as of May 1. As a result they are moving a number of initiatives forward to better the health and well-being of their clients and staff. They have reached out to a number of community partners to assist and have gotten a wonderful response so far.
 - Mobile crisis has been working out very well since its inception and since the signing of the MOU by the city, calls have picked up significantly to that end. Travis Walter is being utilized by many officers, both during calls and outside of calls, to address mental health needs in the community; they are happy to say that people are being connected successfully to services.
- Mobile Crisis: Rick Rock reported that MOUs are now signed by both the Hagerstown Police Department and the Washington County Sheriff's Office. The Maryland State Police were invited to participate, but chose not to as they have their specific mandates.
- Following discussion, it was decided that Substance Abuse and Mental Health should be separate subcommittees. Tammy Keener, Local Addictions Authority at the Washington County Health Department, will be the lead for Substance Abuse. She is serving on the WCHIC, but was unavailable for today's meeting.

- Chronic Disease (Mary McPherson):

- 1422 Grant:
 - Toole Design Group's Washington County Walking Plan was sent out to groups who can utilize the plan.
 - NDPP is gaining momentum; presentations will be given to CRS staff and for physicians' offices; working with Family Healthcare of Hagerstown; Washington County Commission on Aging will be starting classes; Meritus started their first class; and starting a referral program with physicians. It is a year-long program, and is started twice a year by the WCHD.
 - Tri-State Community Health Center and the WCHD each have someone trained in the Living Well Program.
 - Tri-State Community Health Center was provided i2i software for EHRs.
 - Partnering with both City of Hagerstown and Washington County Parks & Recreation for physical activities, e.g., walking paths with signage, kiosk for disc golf, yoga fitness three days a week, Fit Fido dog walking, recreation guide for the City of Hagerstown, etc.
 - Working with HEAL of Washington County.
 - New walking trail from the City Park to City Center is proposed by the City of Hagerstown.

➤ Roundtable/Agency Reports:

- Mollie Smith, Brothers Who Care: Forming a local Health Disparities Coalition. Anyone who is interested in serving on the Coalition should email Mollie at mollies1964@gmail.com. The next meeting is on March 9; the Coalition meets bi-monthly.

- Janice Howells, Washington County Public Schools: A total of 22 grants have been given to the schools for employee wellness activities from now until the end of the school year, e.g., speakers, yoga, etc.
- Lisa McCoy, UMD Extension – Allegany County:
 - Working through grants in the schools related to nutrition, cooking classes, and will provide additional training in the schools in August.
 - Offering “Mindfulness on Stress,” a six-week program, to businesses.
- Patrice Wallace, P Wallace Consulting: Working with the Colgate oral health among families program; the AHA in the Baltimore/Metro area; and the “B’More Healthy Expo” to be held next month in Baltimore.
- Curt Miller, Brook Lane: Mental Health First Aid trainings will be held each quarter with the first month addressing youth mental health and the second month addressing adults.
- Jenny Fleming, HEAL:
 - Reported on new initiatives.
 - Healthy Schools Challenge: 100 percent of schools are participating. This is the pilot year for the challenge. The criteria are overall wellness and nutrition for students. A report will go out on April 1. Schools that go over and above their goals are eligible for prize money to be awarded in first, second, and third categories; the money must be reinvested into the wellness program.
 - Working with: the University of Maryland; the CATCH program; Healthy Rest initiative; and Workday Wellness at Meritus.
 - The walking program remains active.
 - A Team Cycle event, sponsored by Meritus, will be held on Saturday, March 5.
- Allen Twigg, Meritus:
 - Allen will present on the Action Plan at Eggs and Issues on March 9.
 - The Trivergent grant has been delayed; looking at community partners to align with strategies.
- Susan Walter, Tri-State CHC: A nurse who is coordinator for chronic disease is developing a manual for tracking referrals.
- Cindy Earle, Meritus:
 - Continuing to offer Living Well and NDPP classes.
 - Working with CATCH at day care programs and preschools. Activity gear and healthy snacks are needed. A loan program is being developed. They are being encouraged to partner with farmers’ markets to teach the children to plan seeds and have the opportunity to watch the plants grow. This is in partnership with HEAL.
- Maya McDoom, Comstock Center, Johns Hopkins:
 - Conducting vitamin D clinical trials for people over the age of 70 for study on fall prevention; currently recruiting for next two years.
 - Conducting a hearing aid study with 40 people, half fitted with hearing aids and half maintaining a healthy lifestyle.
 - Conducting a study on 100 people who will be assessed before and after bariatric surgery.
 - Reported that 2,200 people are still living who participated in the ARIC flagship study for Johns Hopkins.
 - Looking at hypnotherapy for people with diabetes Type 2 and not on insulin.
 - Dr. Josef Coresh, Director of the Comstock Center, is working on more community based studies and learning about the organizations and how to partner.

➤ Adjournment: Meeting adjourned at 12:00 pm.

➤ Next meeting: May 3, 2016, 10:00am, at Washington County Health Department, 1302 Pennsylvania Avenue, 2nd floor auditorium, Hagerstown.