

WASHINGTON COUNTY HEALTH IMPROVEMENT COALITION

Minutes

May 3, 2016 – 10:00 a.m.

Meeting Held at Washington County Health Department

Present: Cindy Earle, Meritus; Tammy Keener, WCHD; Rod MacRae, Washington County Health Department; Lisa McCoy, University of MD Extension; Mary McPherson, Washington County Health Department; Curt Miller, Brook Lane; Mindy Morgan, Way Station/Turning Point; Kim Murdaugh, Family Healthcare of Hagerstown; Adam Roberson, Community Free Clinic; Rick Rock, Mental Health Authority; Elaine Rose, Washington County Health Department; Brad Sell, Community Foundation; Mollie Smith, Brothers Who Care; Nikki Snider, WCDSS; Earl Stoner, Washington County Health Department; Allen Twigg, Meritus; Susan Walter, Tri-State CHC; Kristina Weaver, Tri-State CHC

- Welcome/Introductions: Welcome by Allen Twigg. Self-introductions were made.
- Community Health Needs Assessment (CHNA)
 - Action Plan Review: A revised Action Plan was distributed for review.
 - July 1 will be the kickoff for the Action Plan. Updates will be facilitated every six months. Updates are to be sent to Elaine Rose at elaine.rose@maryland.gov.
 - Under “Obesity,” add the definition for “healthy weight” and for “Complete BMI screening and offer health care *referrals* to 250 persons.”
 - Under “Substance Abuse,” expand the wording under the “2016 Actions” column related to community case management.
 - Discussion on combining the Health Improvement Coalition with Healthy Washington County and possibly include for-profit groups. Overall, it was felt that the two groups partnering would be positive.
 - Suggestion to invite: Mollie Dice of the Accountable Care Organization and David Nash to a future meeting; Andy Bruns from the Herald-Mail and Andrea Horton from Meritus to the July meeting; and someone from the Affordable Care Organization to the September meeting.
 - CHNA Report Publication Date: The publication date has been deferred, as the Meritus Board of Directors has to approve the Action Plan before it can be published. It was approved by Brook Lane in March. June 1 is the target date to publish the report. Allen thanked everyone who helped with writing the report. Allen was thanked for his leadership throughout the process. Allen encouraged everyone to read through the report and to link it to their website after it is officially approved.
- Subcommittee Reports:
 - Mental Health (Rick Rock, Chair)
 - Brook Lane is offering mental health first aid training for both youth and adults. Adult mental health training will be held this month and on August 24; youth mental health training will be held in July.
 - Mark Lannon is retiring as Director of the Mental Health Center.
 - Mindy Morgan passed out symbolic ribbons for Mental Health Month.
 - Substance Abuse (Tammy Keener, Chair):
 - Tammy met with representatives from the Meritus ED regarding Narcan Under Code of Maryland Regulations (C.O.M.A.R.), Meritus may share information with the health department about nonfatal overdoses, e.g., to allow for outreach to those individuals and their loved ones during that time period.

- Walgreen's is starting as a collection point for drugs.
- Ambulatory detox is a gap in the system.
- Meritus is looking for a nurse with experience with people with addictions.
- Project Act Now is working on a media campaign, which will be available soon, i.e., a website with countywide treatment programs, dates for Naloxone training, and statewide resources listed. When the website is active, a more in-depth campaign will start, i.e., posters with list of locations for drug return, commercials, etc.
- Carl Benedict, a licensed therapist, offers a free "Concerned Persons Group" on Wednesdays at 6:00 pm at Meritus Behavioral Health Services; the group is for people with loved ones who have addictions or substance abuse problems.
- Chronic Disease (Mary McPherson, Chair):
 - 1422 Grant:
 - September 29 is the end of the grant year, with two more years left in the grant; reimbursement is forthcoming.
 - There have been 88 people complete the National Diabetes Prevention Program (NDPP) since October 14.
 - Partnering with CRS and the YMCA; those completing the NDPP from CRS may go to the YMCA once a month for free physical activity.
 - Both Meritus Health and the Commission on Aging are offering the NDPP.
 - Working on the walking program; Mary believes that more people are becoming physically active.
 - Mary will attend an upcoming NDPP conference in Atlanta, GA.

➤ Adjournment: Meeting adjourned at 11:38 am.

➤ Next meeting: July 5, 2016, 10:00am, at Washington County Health Department, 1302 Pennsylvania Avenue, 2nd floor auditorium, Hagerstown.