



HEAT STRESS PREVENTION

Introduction

Recognizing heat-related illness or heat stress in the workplace is an important part of helping employees work safely in hot conditions. This course covers the signs to watch for when heat stress is suspected and ways to prevent it. This course is intended for all employees covered by MOSH's heat illness prevention regulations (COMAR 09.12.32) but is suitable for any MDH employee interested in learning general safety information related to dealing with excessive temperatures.

