

# MARYLAND BOARD OF EXAMINERS OF PSYCHOLOGISTS

**SPRING 2019**

Chair's Column	1	<p style="text-align: center;"><i>Chair's Column</i></p> <p style="text-align: center;"><b>Christopher Bishop, PsyD.</b></p> <p><i>Happy Spring!</i></p> <p>It is a pleasure to serve as the Chair of the Maryland Board of Examiners of Psychologists (the board). My first appointment to the board was in 2013 and I was honored to be reappointed to serve a second term in 2018. As the current Chair, the board has worked diligently to finalize the telepsychology regulations. This work is important as technological growth is rapid and the practice of psychology is advancing. The regulations allow those that hold an active Maryland license or registration to provide services remotely to Maryland residents.</p> <p>As you probably already know the word “competency” is getting a lot of attention these days. As a result, in 2018 the Board formed two committees. One committee examined the required competence needed to obtain a Maryland license and the other committee examined the competencies needed to serve as a board member. Although the committees found no deficiencies, ways to improve competence were recommended such as, include articles that will enhance a psychologist’s competence in the newsletter and implement a mentoring process for new board members. With new demands developing every day, the Board will continue to examine ways to enhance competence.</p> <p>Two new members were appointed to the board, which led to the Council on Licensure, Enforcement, and Regulation (CLEAR) providing training to the board. The training was a good refresher for our senior members and provided our new board members with an understanding of the responsibilities of a board member. In addition, board members received training from the State Ethics Commission. This training complimented CLEAR training. The board will continue to engage in training to ensure effectiveness and competency of each member.</p> <p>The Board would like to thank Dr. Cyndie Buckson, our past chair, who completed her appointment and elected not to serve a second term in order to work with the American Psychological Association on an Ethics Code Task Force. We also like to thank Mrs. Lydia McCargo-Redd for her work on the board for eight years as a consumer member. Their contributions on the board were invaluable.</p> <p>The board is seeking experts and supervising psychologists to support the work of the board. If you are interested please visit our website and complete an application. You are also invited to attend a public meeting that begins at 9:00 a.m. at each meeting. This will allow you to be aware of the board’s activities and hopefully, encourage psychologists to consider being a board member as openings occur.</p> <p><i>Until next time, enjoy the summer!</i></p>
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***TELEPSYCHOLOGY REGULATIONS APPROVED!*****10.36.10 Telepsychology****.01 Scope.**

This chapter applies to all psychologists and psychology associates in Maryland who engage in the practice of psychology using telepsychology.

**.02 Definitions.**

A. In this chapter, the following terms have the meanings indicated.

B. Terms Defined.

(1) "Board" means the Maryland Board of Examiners of Psychologists.

(2) "Client" means the individual, couple, family, group, business, agency, school, organization, or association that the psychologist or psychology associate provides, or has provided, with professional services.

(3) "Psychologist" means an individual who is licensed by the Board to practice psychology.

(4) "Psychology associate" means an individual who is registered by the Board to practice psychology under the supervision of a licensed psychologist.

(5) Telepsychology.

(a) "Telepsychology" means:

(i) The use of interactive audio, video, or other telecommunications or electronic media by a psychologist or psychology associate who engage in the practice of psychology at a location other than the location of the client;

(b) "Telepsychology" does not include:

(i) An audio-only telephone conversation between a psychologist or psychology associate and a client;

(ii) An electronic mail message between a psychologist or psychology associate and a client;

(iii) A facsimile transmission between a psychologist or psychology associate and a client; or

(iv) A text message or other type of message sent between a psychologist or psychology associate and a client by a short message service or multimedia messaging service.

**.03 Licensure.**

An individual shall be licensed with the Board as a psychologist or registered with the Board as a psychology associate in order to engage in the practice of psychology using telepsychology in Maryland if one or both of the following occurs:

A. The individual practicing telepsychology is physically located in Maryland: or

B. The client is in Maryland.

**.04 Standards of Practice for Telepsychology.**

A. Before providing telepsychology services, a psychologist or psychology associate shall develop and follow a procedure to:

(1) Verify the identification of the client receiving telepsychology services;

(2) Obtain informed consent specific to telepsychology services using appropriate language understandable to the client;

(3) Prevent access to data by unauthorized persons through encryption, or other means;

(4) Notify clients in the event of a data breach;

(5) Ensure that the telepsychology practitioner provides a secure and private telepsychology connection and complies with federal and state privacy laws;

(7) Ensure that any psychological testing instruments used are designed, validated, or appropriate for use via telepsychology.

B. A psychologist or psychology associate shall:

(1) Obtain or confirm an alternative method of contacting the client in case of a technological failure;

(2) Determine whether the client is in Maryland and identify the client's specific location;

(3) For an initial telepsychology interaction only, disclose the psychologist's or psychology associate's name, location, license number, and contact information;

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Telepsychology regs cont.

(4) Identify all individuals present at each location and confirm they are permitted to hear the client's health information; and

(5) Be held to the same standards of practice and documentation as those applicable for in-person sessions.

C. A psychologist or psychology associate may not treat a client based solely on an online questionnaire.

.05 Evaluation for Telepsychology Services.

A. Before engaging in the practice of psychology using telepsychology, a psychologist or psychology associate shall evaluate the client to determine that delivery of telepsychology is appropriate considering at least the following factors:

(1) The client's:

(a) Diagnosis;

(b) Symptoms;

(c) Medical and psychological history; and

(d) Preference for receiving services via telepsychology; and

(2) The nature of the services to be provided, including:

(a) Benefits;

(b) Risks; and

(c) Constraints resulting from their delivery via telepsychology.

B. The client evaluation set forth in §A of this regulation shall take place at an initial in-person session, unless the psychologist or psychology associate documents in the record the reason for not meeting in person.

.06 Discipline.

A. The Board shall use the same standards in evaluating and investigating a complaint and disciplining a licensee who practices telepsychology as it would use for a licensee who does not use telepsychology technology in the licensee's practice.

B. The failure of a psychologist or psychology associate to comply with this chapter shall constitute unprofessional conduct and may be subject to disciplinary action by the Board.     – End–

***2019 OPEN BOARD MEETING DATES***

**May 3, June 7, June 28, Sept. 6, Oct. 4, Nov. 1.**

**Open meetings begin at 9:00 am**

Some Thoughts about CE  
James F. Gormally, Ph.D., ABPP

Consumers of a professional service, like medical or mental health care, expect that the professional is capable and competent to deliver the service that they seek. Regulatory boards like the Board of Examiners of Psychologists, use continuing education (CE) to help professionals maintain their skills and update their knowledge. Surprisingly, a few States did not require CE as of five years ago; now, all States have CE in their regulations, and most require 20 CE credits per year. The purpose of this article is to review some research that has been published on CE for psychologists. Some of the recent changes in our regulations for CE are also highlighted.

There are direct and indirect costs to us when we attend a CE program. The registration fee needs to be paid. Travel to another city may be involved and that costs. Appointments need to be cancelled and that means a loss of income. And if we do home study, we need to carve out time from our free time to study material so that we can pass the test.

It is worth thinking about what makes CE worth the costs to us. When psychologists are surveyed, satisfaction with CE tends to be relatively high because the program helped them learn something new or reinforced old learnings. In one study, 81% of the 6000 surveyed believed the CE helped them be more effective in their practice. However, research has not yet clarified whether, in fact, actual clinician behavior improves as a result of CE. This opinion was rendered by Neimeyer and colleagues, who have extensively studied CE for psychologists. They suggest that lectures help increase knowledge, but more experiential methods such as modeling, practice with feedback, and individualized case consultation are more likely to increase clinical skills.

One of the issues in the CE literature is whether required CE in ethics is useful to improve psychologists' professionalism. In one study, psychologists practicing in States with required ethics CE were compared to those in States with no mandated ethics CE. The results, using disciplinary actions by BOE as the dependent variable, were inconclusive, because of low base rates for disciplinary actions.

Interestingly, historical data gathered from 1974 to 2017 by ASPPB indicates two important findings as to reasons for disciplinary actions. The top two reasons for the last 43 years are unprofessional conduct and sexual misconduct. Ethics CE specifically targets the risk factors associated with complaints of unprofessional conduct, and hopefully educates psychologists about how to manage those risks. Second, it is clear that the CE on boundary crossings in therapy is having an impact as sexual misconduct is not as common over the last 5 years, though it is still reported. The following link contains this historical data: <https://www.asppb.net/page/DiscStats>

In conclusion, Maryland regulations about CE can be accessed on the Board's website <https://health.maryland.gov/psych/Pages/home.aspx> under Laws and Regulations, COMAR. Notable is the requirement of CE for those who have supervisory responsibility of psychology associates (3 CE on supervision every reporting period). In addition, there is an opportunity to gain up to 4CE every two years for participating in peer consultation groups. My experience in a peer consultation group has been rewarding and I highly recommend joining or starting a group.

***The following organizations and their approved CE sponsors are authorized sponsors of continuing education acceptable to the Board.***

American Psychological Association	Association for Psychological Science;
American Medical Association	National Association of Social Workers;
National Association of School Psychologists	Department of Health
National Institutes of Health	Accredited academic institutions.

## RECRUITMENT FOR ETHICS TRAINER, PEER SUPERVISOR, AND EXPERTS

The Maryland Board of Examiners of Psychologists maintains a list that includes names of individuals qualified to serve as ethics trainers, peer supervisors, and competency experts in specific areas relevant to psychology. We are recruiting psychologists who are qualified to serve.

**Ethics Instructor:** Provide ethics tutorial and ethics supervision to licensed psychologists. Must have a working knowledge of the Maryland Psychology Practice Act (Licensee is responsible for all costs).

**Peer Supervisor:** Provide guidance and direction to licensees with cases involving standard of care issues. Must have experience providing this service (Licensee is responsible for all costs).

**Competency Expert:** Usually used in judicial proceedings. Must submit an expert's report and willing to attest to findings at a hearing if necessary (Compensation will be provided by the Board).

In order to serve in one of these roles, the psychologist must have an active license in good standing for a minimum of 5 years with no history of adverse disciplinary actions. The Board reserves the right to limit the number of applicants approved. The Board will provide relevant orientation for those applicants whose credentials are approved by the Board. The application form for these roles can be retrieved from the Board's website at <https://health.maryland.gov/psych/pdfs/ethicstrainerpeersupervisorandespertapplication.pdf>

By applying for one of these roles, you will be providing a significant service to the State of Maryland. *We look forward to hearing from you.*

### **The MD Responds Program**

The MD Responds Program is the Medical Reserve Corps (MRC) for the State of Maryland. The MRC is a Nation-wide network of volunteer programs, who respond to local emergencies and ongoing public health efforts. MD Responds, previously known as the Maryland Professional Volunteer Corps, is administered by the Maryland Department of Health Office of Preparedness and Response.

To learn more about MD Responds visit <https://mdr.health.maryland.gov/Pages/Home.aspx>

***Newly Licensed Psychologists***

**April 2018**

Altwater, Rachel, Psy.D.  
 Eaton, Cyd, Ph.D.  
 Gaskin, Jenya, Psy.D.  
 Grooms, Amber, Ph.D.  
 Hiltner-Fullmer, Holly, Psy.D.  
 Janke, Mary, Psy.D.  
 Jones, Katherine, Ph.D.  
 Kindel, Robert, Psy.D.  
 Little Hodge, Alicia, Psy.D.  
 Ludwig, Natasha, Ph.D.  
 Marchese, Dana, Ph.D.  
 Mayer, John, Ph.D.  
 McKinney, Maia, Ph.D.  
 Sharma, Alicia, Psy.D.  
 Shibao, Satoko, Psy.D.

**May 2018**

Calton, Jenna, Ph.D.  
 Dadakhodjaeva, Komila, Ph.D.  
 Friedman, Isaac, Psy.D.  
 Kalman, Joshua, Psy.D.  
 Kassem, Layla, Ph.D.  
 Kunkle, Kristin, Psy.D.  
 McLean, Amanda, Ph.D.  
 Musslewhite, Kathleen, Psy.D.  
 Picciotta, Elizabeth, Psy.D.  
 Stiver, Alyssa, Psy.D.  
 Shapiro, Michael, Ph.D.  
 Sterling, Carla, Psy.D.  
 Wenzel, Kevin, Ph.D.

**June 2018**

Bubnik-Harrison, Michelle, Ph.D.  
 Conforte, Allison, Ph.D.  
 Davis, Corey, Psy.D.  
 Gala, Nicholas, Ph.D.  
 Hileman, Sasha, Psy.D.  
 Koster, Daniel, Psy.D.  
 LaFleur, Rachel, Ph.D.  
 Mattila, Heidi, Ph.D.  
 Neal-Walden, Tracy, Ph.D.  
 Pulaski, Sarah, Psy.D.  
*Cont..on pg.6.*

**Meet Crystal L. Barksdale, Ph.D., MPH - New Board Member**

Crystal is a licensed clinical psychologist, educator, and evaluator/analyst with the U.S. Department of Health and Human Services. Dr. Barksdale’s research and clinical interests are focused on identifying, evaluating, and promoting solutions to eliminate mental health racial and ethnic disparities, researching mental health service utilization among racial and ethnic minorities, and examining and implementing services to address depression and suicide among racial minority youth. In practice, Dr. Barksdale provides culturally appropriate, evidence-informed services in her clinical areas of expertise, which include depression and anxiety disorders, adjustment and transitional issues, and attention deficit hyperactivity disorder. Dr. Barksdale received her doctorate in clinical psychology from George Washington University, her Master of Public Health from Johns Hopkins School of Public Health, and her Bachelor of Science degree in Psychology from the University of North Carolina at Chapel Hill.

**Meet Zeno W. St. Cyr, II - New Board Member**

Zeno is a retired health care executive who was appointed in 2018 as a public member of the Maryland State Board of Examiners of Psychologists. St. Cyr retired from the U.S. Department of Health and Human Services (HHS) in 2015. His most recent position as director for legislative coordination and senior legislative advisor, in the HHS Office of the Assistant Secretary for Preparedness and Response, capped a 35-year federal, state, and private sector career in public health. Since 2017, he has served as a Public Director at Large on the Board of Directors of the National Commission on Certification of Physician Assistants and also serves on the nccPA Health Foundation PA Mental Health Steering Committee. St. Cyr has demonstrated a commitment to public service, having served nearly 30 organizations in volunteer and leadership capacities. He is currently on the Board of Directors of H.O.P.E, Inc., and serves as Vice-Chair of the Prince George’s County Local Development Council. He also served as a public member on the Maryland State Boards of Pharmacy and Dental Examiners. He is a graduate of Morehouse College and received a Masters of Public Health Administration from Tulane University.

*Newly Licensed cont.*

**June 2018**

Ray, Jamila, Ph.D.  
Schwartz, Carey, Psy.D.  
Smith, Hallie, Ph.D.  
Walker, Terrance, Ph.D.

**July 2018**

Ball, Kelsey, Ph.D.  
Blaha, Katherine, Ph.D.  
Boon, Mackenzie, Ph.D.  
Carr, Gizelle, Ph.D.  
Hurst, Kelly, Ph.D.  
Julin, Kristen, Psy.D.  
Krantz, Joelle, Psy.D.  
McLemore, Chandler, Ph.D.  
O’Keefe, Victoria, Ph.D.  
Pereira, Michelle, Psy.D.  
Scheller-Parzynski, Alexandra, Psy.D.  
Sheltry, Aerial, Ph.D.  
Shugarman, Yaakov, Psy.D.  
Stano, Emily, Psy.D.  
Stubenrauch, Scott, Psy.D.  
Walsh, Christine, Ph.D.

**August 2018**

Akinrinade, Omolara, Psy.D.  
Chevalier, Caroline, Ph.D.  
Davis, Bancroft, Psy.D.  
Davis, Cindy, Ph.D.  
Dillon, Casey, Ph.D.  
Hou, Jian-Ming, Ph.D.  
Hur, Juyoen, Ph.D.  
Jashar, Dasal, Ph.D.  
Majszak, Holly, Ph.D.  
Miles, Denise, Psy.D.  
Mix, Sara, Psy.D.  
O’Donnell, Lauren, Psy.D.  
Parker, Kathleen, Ph.D.  
Rendon, Maria, Ph.D.  
Thrash, Shayla, Ph.D.  
Tillbrook, Chad, Ph.D.  
Wald, Emily, Ph.D.  
Whipple, Elizabeth, Ph.D.  
Williams, Michael, Ph.D.  
Yates, Matthew, Psy.D.

**September 2018**

Aaron, Rachel, Ph.D.  
Abdul-Karim, Kenneth, Ph.D.  
Blair, Jennifer, Psy.D.  
Blattner, Meghan, Ph.D.

**September 2018**

Brooks, Shemika, Psy.D.  
Thornton, Amber, Psy.D.  
Peterson, Rachel, Ph.D.  
Socie, Diana, Ph.D.  
Guthua, Phyllis, Psy.D.  
Lopez-Sabins, Indra, Psy.D.  
Nelson, Amber, Psy.D.  
Wilensky, Roy, Psy.D.  
Wallace, Nancy, Ph.D.  
Visone, Ciro, Psy.D.

**October 2018**

Aucone, Ernest, Ph.D.  
Baldwin, Fern, Ph.D.  
Brooks, Maxwell, Psy.D.  
Guerra, Silviana, Psy.D.  
Jasinski, Matthew, Ph.D.  
Johnson, Kyle, Ph.D.  
Lee, Su Li, Psy.D.  
Lent, Michael, Ph.D.  
Makhzoumi, Saniha, Ph.D.  
Priluck, Jacob, Psy.D.  
Shah, Shruti, Ph.D.  
Winn, Jamila, Psy.D.

**November 2018**

Ayers-Greenidge, Alaina, Psy.D.  
Burkhouse, Katie, Ph.D.  
Champion, Kelly, Ph.D.  
Esfahani, Sahar, Ph.D.  
Hansen, Meghan, Ph.D.  
Itzkowitz, Michael, Ph.D.  
Lasslett, Heather, Ph.D.  
Rowe, Carol Ann, Ph.D.  
Sharpless, Brian, Ph.D.

**December 2018**

Bifano, Morgan, Psy.D.  
Bhattarai, Jagriti, Ph.D.  
Brown, Kara, Psy.D.  
Ferradas, Susana, Ph.D.  
Gollop-Brown, Lou’uan, Psy.D.  
Levy-Paris, Ilana, Ph.D.  
Markenson-Bussel,  
Smith, Victoria, Ph.D.  
Turrall, Jessica, Psy.D.  
Vigon, Derek, Psy.D.  
Wills, Meagan, Ph.D.

**January 2019**

Carpenter, Gloria, Ph.D.  
Emery, Lindsay, Ph.D.

**January 2019**

Helwig, Stephanie, Psy.D.  
Heyliger, Meryl, Ph.D.  
Hoffamn, Tracy, Psy.D.  
Miller, Louis, Psy.D.  
Salamon, Samuel, Psy.D.  
Shapero, Benjamin, Ph.D.  
Strang, Jennifer, Ph.D.  
Swenson, Sarah, Psy.D.  
Travaglini, Letitia, Ph.D.

**February 2019**

Young, Kevin, Ph.D.  
Elmore, Corinn, Ph.D.  
Rosenthal, Krishtine, Ph.D.  
Shishido, Yuri, Ph.D.  
Ailion, Alyssa, Ph.D.  
Kaveh, Leda, Psy.D.  
Wimberley, Tessa, Ph.D.  
Griffin, Eileen, Psy.D.  
Hall, Kristi, Psy.D.

**March 2019**

Jain, Anjali, Ph.D.  
Melnik, Yevgeniya, Psy.D.  
Merrill Pletter, Jennifer, Psy.D.  
Nysembaum, Jessica, Ph.D.  
Ryan, Sarah, Psy.D.  
Sauro Virgadamo, Danielle, Ph.D.

**April 2019**

Alert, Marissa, Ph.D.  
Breetz, Alisa, Ph.D.  
Layton, Megan, Ph.D.  
Mann, Heather, Psy.D.  
McGraw, Stephania, Psy.D.  
Morgan, Robin, Psy.D.  
Norman, Megan, Psy.D.  
Opsahl, Laura, Ph.D.  
Ralph, John, Ph.D.  
Ramos, Ashley, Ph.D.  
Rohlehr, Lia, Ph.D.  
Russell, Charles, Psy.D.  
Satterfield, William, Ph.D.  
Mann, Erik, Psy.D.  
Mealy, Sarah, Psy.D.  
Wynes, Danita, Ph.D.  
Donnelly, Siobhan, Psy.D.  
Lerman, Sheera, Ph.D.  
Barnes, Sandra, Ph.D.  
Uhrich, Leslee, Psy.D.

– End –

**2018 PUBLIC ORDERS**

Daniels, Lindsey S. LN: 03672 - 11/02/2018

Cooper, Spencer LN: 01170 - Termination of Probation - 6/06/2018

Mannis, Robert LN: 02233 - 11/02/2018

Mccamant, Kevin J. LN: 03213 - 06/05/2018

Rogers, Steven LN: 01758 - 06/06/2018

Sachs, Kenneth LN: 00457 - 05/17/2018

***REQUIREMENT***

**Licensees and registrants must notify the board in writing of any change to home address or email address within 30 days of the change.**

**ADDRESS, EMAIL & NAME CHANGE**

**Use change form found on the Board's website at <https://health.maryland.gov/psych/Pages/Forms.aspx>**

**BOARD MEMBERS**

Christopher L. Bishop, Psy.D. - Chair  
Linda Berg-Cross, Ph.D.- Vice Chair  
Crystal L. Barksdale, Ph.D., MPH  
Zeno W. St. Cyr, II - Consumer Member  
James F. Gormally, Ph.D., ABPP  
Irene W. Leigh, Ph.D.  
Neal Morris, Ed.D., MS, CBSM, ABPP  
Reginald Nettles, Ph.D., CGP  
Raj Razdan - Consumer Member

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Stephanie Coley, Administrative Assistant  
Sally Mitchell, Licensing Coordinator  
P. Morris English, M.S., Investigator  
Brett Felter, Staff Attorney