

## **Personal Care Services in Maryland**

The Medicaid Personal Care Program provides assistance with activities of daily living to Medicaid recipients who have a chronic illness, medical condition, or disability. Services are provided by self-employed or agency employed providers who are approved and monitored by a nurse case monitor from a local health department. Services are provided in the eligible individual's home or community residence. Home and community-based services include:

### **Community First Choice (CFC)**

#### *Background*

CFC, developed under the Affordable Care Act, provides an enhanced match to States that provide services to people living in the community who would otherwise be living in a nursing facility. The program emphasizes empowering individuals to direct their own services through self-direction. CFC begins on July 1, 2013.

#### *Services*

The Community First Choice Program will provide the following services for Medicaid participants who meet nursing facility level of care and require assistance with activities of daily living:

- Personal / Attendant Care
- Personal Emergency Response Systems (PERS)
- Voluntary training for participants
- Transition Services
- Home and environmental assessments and modifications
- Assistive technology

Participants also receive Supports Planner services and Nurse Monitoring.

#### *Overall Benefits*

- Consistent rates.
- Consistent policy across programs and services.
- Enhanced federal match (6%) to ensure equal rates and services.

### **Waiver programs**

Certain Community First Choice participants are made eligible for services after they have applied and are enrolled into a waiver program. Waiver participants receive additional services as well as case management.

### **Medical Assistance Personal Care (MAPC)**

MAPC is a service available to all Maryland Medicaid participants. The program covers personal care services and nurse monitoring for people who are in need of LTSS but do not meet the State's nursing facility level of care standard.

### **LTSSMaryland.org**

All participants in Community First Choice will have a client profile that includes programmatic information such as the plan of care, assessment, and screening information. The tracking system helps coordinate services and referrals between programs.

For more information, visit the Long Term Care Reform website at:

<http://mmcp.dhmdh.maryland.gov/longtermcare/SitePages/Long%20Term%20Care%20Reform.aspx>