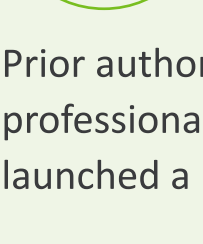




Humana Physician News

Q3 2024 newsletter for in-network physicians, clinicians and office staff to support you in the care of your Humana-covered patients

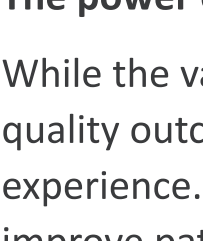


NEW! Search tool helps streamline prior authorizations

Prior authorizations are often cited as one of the top burdens for healthcare professionals. To help streamline your workflow and save time, Humana has launched a new prior authorization search tool.

Now you can search by CPT® code, procedure or drug name to determine if authorization is required. You also can find guidance on how to submit medical and pharmacy authorizations.

[Access tool →](#)



Considering a shift to value-based care?

The power of value-based care on the physician experience

While the value-based care (VBC) model aligns financial incentives with better quality outcomes, it also has a clinical impact on both the physician and patient experience. VBC not only changes how the practice operates, but it can also improve patient relationships.

Listen to The Guthrie Clinic Chief Population Health Officer Frederick Bloom Jr., M.D., and Humana Chief Medical Officer Kate Goodrich, M.D., discuss how VBC impacts the physician experience.

[Watch video →](#)

Focus on diabetes



Ensure patients with diabetes on insulin pumps receive medications on time

Indicate if your patient with diabetes is using an insulin pump on their prescription in the directions of use to reduce undue paperwork and ensure patients receive their prescriptions on time.

[Review insulin coverage →](#)

Note: If your Humana-covered patient is interested in mail delivery, CenterWell Pharmacy® offers secure, mail-delivery pharmacy services that make it easier to manage conditions such as diabetes. Visit [Humana.com/PrescribeToCenterWell](https://www.humana.com/PrescribeToCenterWell) to learn more about prescribing to CenterWell Pharmacy.*

Go365 by Humana rewards patients with diabetes

Go365 by Humana® cares about Humana-covered patients with diabetes and rewards them for completing the 4 measures of a diabetic bundle. This includes a kidney blood test, kidney urine test, eye exam and HbA1c test. Learn more about how members can be rewarded.

[Download patient flyer →](#)

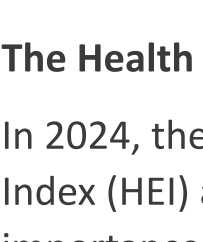
Improving patient medication adherence and healthcare utilization

A recent study showed that patients who missed Stars diabetes, hypertension and hyperlipidemia medication adherence quality measures over multiple years had increased risk of utilizing healthcare resources.¹

There were 9 measures (3 medications over 3 years). Compared to those who missed no measures, **risk for all-cause inpatient admission and emergency room (ER) visits increased** as follows:¹

Number of missed measures	Percentage of increased risk	
	All-cause inpatient admission	All-cause ER visits
1	26%	21%
2–3	42%	35%
≥ 4	49%	50%

[Review findings →](#)



Improving patient health outcomes to address health equity

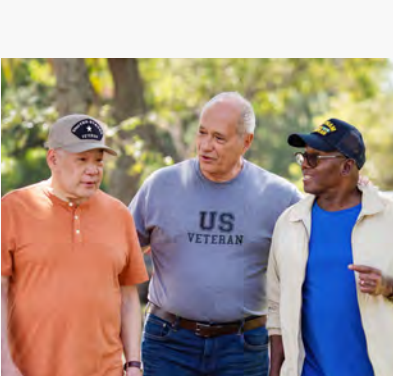
The Health Equity Index

In 2024, the Centers for Medicare & Medicaid Services created the Health Equity Index (HEI) as a measure included in the Star rating program, emphasizing the importance of improving patient health outcomes to address health equity. The new measure is focused on addressing care for patients who have social risk factors, such as disabilities, low income or dual eligibility.

Learn more about the measure and Humana's support for providers in navigating care for HEI populations.

[Watch video →](#)

Resources and support



Assess for and prevent veteran suicide

September is Suicide Prevention Month

- Up to **70%** of older adults who attempted suicide were seen by their primary care clinician during the month prior to the attempt.²
- 45%** of veterans who died by suicide had no mental illness or substance abuse diagnosis and relied on primary care visits for recognition of suicide risk.³

Humana and the Humana Foundation are committed to raising awareness and support for veteran suicide prevention through the [Face the Fight](#) coalition, which offers free online training for healthcare providers on how to assess for and prevent veteran suicide.

[Access free training →](#)



Talking to patients about social needs

Social needs screenings have become more common as social factors, such as food insecurity and transportation, are known to influence health outcomes. Recent research shows that patients want to better understand why they're being asked about social needs by their healthcare provider.⁴ Consider using these quick tips to talk to your patients.

[Review discussion tips →](#)



Screening adults for unhealthy alcohol use

Do you screen for alcohol use as part of your practice? According to the 2022 National Survey on Drug Use and Health, **28.8 million** adults had an alcohol use disorder in 2021.⁵

[See recommendations →](#)

Additional links

[Prior authorization and notification lists →](#)

[Important policy reminders →](#)

[Claims payment policies →](#)

[Claims processing edits →](#)

[Medical and Pharmacy Coverage Policies →](#)

[Moving to value-based care →](#)

[Making It Easier: Series about doing business with us →](#)

[Clinical practice guidelines →](#)

[Behavioral health credentialing and resources →](#)

[Medicare/Medicaid annual compliance training →](#)

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- Joseph A. Simonetti et al., "Characteristics and Injury Mechanisms of Veteran Primary Care Suicide Decedents with and without Diagnosed Mental Illness," *Journal of General Internal Medicine* (March 2020), accessed June 5, 2024, doi: 10.1007/s11606-020-05787-1.
- "Social Determinants of Health Quantitative Report," Humana Internal Analytics data (2023).
- "Understanding Alcohol Use Disorder," *National Institute on Alcohol Abuse and Alcoholism* (January 2024), accessed June 5, 2024.

* Patients should contact their plan for more information. Limitations, copayments and restrictions may apply. Benefits and member cost share may change on Jan. 1 of each year. Patients have the sole discretion to choose their pharmacy and expect that prescribers will use their independent medical judgment when discussing pharmacy choices with their patients. Other pharmacies are available in Humana's network.

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Humana
500 W. Main St.
Louisville, KY 40202
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