

| Adults who are Not Overweight or Obese           |   |
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| <b>SHIP website description</b>                  | This indicator shows the percentage of adults who are not overweight or obese. In Maryland in 2015, of adults considered obese, 52% had high blood pressure, 44% had high cholesterol, and 21% had diabetes. Healthy weight can aid in the control of these conditions if they develop.   |
| <b>Source</b>                                    | Maryland MDH Behavioral Risk Factor Surveillance System (BRFSS) ( <a href="http://www.marylandbrfss.org">www.marylandbrfss.org</a> )  |
| <b>Numerator</b>                                 | Maryland adults with BMI of less than 25 kg/m <sup>2</sup>  |
| <b>Denominator</b>                               | Maryland adults age 18 and over.  |
| <b>Threshold</b>                                 | 50 or relative standard error >=30.0%   |
| <b>Censorship (if below threshold)</b>           | Rate not reported. Counts not reported.   |
| <b>Calculation and metric</b>                    | Weighted (Numerator/Denominator) *100= Single-Year Calculation  |
| <b>Race/ethnicity categories (on SHIP chart)</b> | All races/ ethnicities (aggregated)<br>Black Non-Hispanic<br>Hispanic<br>White Non-Hispanic<br>Asian Non-Hispanic   |
| <b>Other</b>                                     | <p>In 2011, the BRFSS weighting methodology was changed. This makes data collected from 2011 forward incomparable to data collected prior to 2011. The SHIP will resume including BRFSS data in 2013, where baselines from 2011 BRFSS data will be calculated.</p> <p>Data collected from survey respondents are adjusted to more accurately represent the Maryland population. This is called "weighted data." Learn more about weighted data here: <a href="http://www.marylandbrfss.org/pdf/BRFSS-Special-Report-9-12.pdf">http://www.marylandbrfss.org/pdf/BRFSS-Special-Report-9-12.pdf</a></p> <p>In 2016, the name of the SHIP measure was updated from "Adults who are a healthy weight" to "Adults who are not overweight or obese" to more representatively reflect the data presented.</p> |