

# network

# news

**For practitioners and providers of Kaiser Permanente**  
Produced by Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. in partnership with the Mid-Atlantic Permanente Medical Group, P.C.

October 2023



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## DMAS Required PRSS Enrollment

In accordance with Federal requirements in the 21<sup>st</sup> Century Cures Act, all Virginia Medicaid managed care providers must enroll directly with DMAS through PRSS. Licensed Providers and Healthcare Professionals in the Commonwealth of Virginia can register with PRSS at the following link: <https://virginia.hppcloud.com/>. Providers must include valid National Provider Identifier (NPI), Tax ID, and Office Location information for successful enrollment.

Providers who fail to enroll in PRSS will be terminated as Virginia Medicaid MCO network providers and will no longer receive payments for Virginia Medicaid members enrolled in managed care.

Should you have any questions, please call the PRSS Provider Enrollment Helpline at 804-270-5105 or email [vamedicaidproviderenrollment@gainwelltechnologies.com](mailto:vamedicaidproviderenrollment@gainwelltechnologies.com).

## Access to Utilization Management Criteria

There are several ways to access the utilization management (UM) criteria sets, national guidelines, and medical coverage policies:

- UM approved criteria set, and medical coverage policies can be accessed by UM staff and Kaiser Permanente physicians through Kaiser Permanente HealthConnect and the Clinical Library.
- Contracted network and community physicians and providers can access Kaiser Permanente HealthConnect and Clinical Library through their Online Affiliate access at <https://cl.kp.org/mas/home.html>.
- Hard copies of the criteria or Medical Coverage Policy or rule or protocol are available free of charge/ Please contact the Utilization Management Operations Center (UMOC) at 800-810-4766 (follow the prompts). Behavioral Health (BH) inquiries may be directed to 301-552-1212.
- The above number may also be used to reach a UM physician to discuss UM medical coverage policies related to medical necessity decisions.
- Emerging technology and regionally based medical technology assessment reports are communicated internally through the Kaiser Permanente Mid-Atlantic States (KPMAS) Provider Network Newsletter, Kaiser Permanente HealthConnect messaging, and through regional emails. Current standings on new technologies related to medical necessity decisions can be discussed with a UM physician at the Utilization Management Operations Center at 800-810-4766.
- Updates to medical coverage policies, UM criteria, and new technology reports are featured in "Network News," our quarterly participating network provider newsletter. You can also access current and past editions of "Network News" on our provider website by visiting online at [Provider Information | Community Provider Portal | Kaiser Permanente](#).

# 2023 Utilization Management Approved Criteria Sets and Guidelines

Measurable, objective and evidence-based decision-making criteria ensure that decisions are fair, impartial and consistent. Kaiser Permanente utilizes and adopts nationally recognized UM criteria sets, regionally developed Medical Coverage Policies (MCP) and nationally developed Kaiser Permanente Transplant Referral Guidelines. Additionally, the clinical criteria is supported by current peer-reviewed literature and evaluated by specialty service chiefs and subject matter experts who are certified in their specific field of medical practice in the guideline development and renewal process.

All criteria sets are reviewed and updated annually, then approved by the Regional Utilization Management Committee (RUMC) as delegated by the Regional Quality Improvement Committee (RQIC). Our Utilization Management (UM) criteria is not designed to be the final determinate of the need for care but has been developed in alignment with local practice patterns and are applied based upon the needs and stability of the individual patient.

In the absence of applicable criteria or MCPs, the UM staff refers the case for review to a licensed, board-certified practitioner in the same or similar specialty as the requested service. The reviewing practitioner bases their determination on their training, experience, the current standards of practice in the community, published peer-reviewed literature, the needs of individual patient (e.g., age, comorbidities, complications, progress of treatment, psychosocial situation, and home environment when applicable), and characteristics of the local delivery system. The approved UM criteria sets, and guidelines are listed below.



**2023 UM Approved Criteria Sets and Guidelines – Continued from page 3**

**Types of UM Criteria in Use:**

**A. Behavioral Health UM Criteria**

- **Nationally recognized UM criteria**
  - Milliman Care Guidelines (MCG) 27<sup>th</sup> edition
  - Mental Health Services (MHS) formerly called Community Mental Health and Rehabilitation Services (CMHRS) for Virginia Premier’s Behavior Health Services
  - American Society of Addiction Medicine (ASAM) Criteria for Substance-Use Disorder (SUD)
  - Addiction Recovery and Treatment Services (ARTS)
- **Internally developed UM criteria**
  - Medical Coverage Policy (MCP)
  - National Transplant Services (NTS) Transplant Referral Guidelines

**B. Non-Behavioral UM Criteria**

- **Nationally recognized UM criteria**
  - MCG 27<sup>th</sup> edition
  - Adult and Pediatric CMS Coverage Database for National (NCD) and Local Coverage Determination (LCD) for DME and Supplies
  - Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Guidelines
  - 2023 InterQual Level of Care Criteria for Transplant Services
- **Internally developed UM criteria**
  - MCP
  - National Transplant Services (NTS) Transplant Patient Selection Criteria

**Behavioral Health  
2023 UM Criteria**

Referral Service Type	Commercial & Exchange Jurisdiction	Medicare	Medicaid (VA Medicaid and FAMIS)	Medicaid (MD HealthChoice)
Approved criteria sets are used in order of hierarchy.				
<b>Behavioral Health: SUD specifically</b> *All levels, i.e., IP, OP, RTC, PHP, IOP	MCG ASAM	MCG	ASAM	Not Applicable
<b>Behavioral Health: Inpatient</b>	MCG	MCG	MCG	Not Applicable
<b>Behavioral Health: Outpatient</b> *Excludes SUD	MCP MCG	MCG	MCG	Not Applicable
<b>Behavioral Health: Partial Hospitalization</b> *Excludes SUD	MCG	NCD-LCD	MHS	Not Applicable
<b>Behavioral Health: CMHRS Covered Services</b>	Not Applicable	Not Applicable	MHS	Not Applicable

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 4

### Virginia Medicaid Behavioral Health and SUD MHS and ARTS

Traditional Behavioral Health (BH) Services	UM Criteria
Outpatient Therapy – Individual, Family & Group – BH	MCG
Inpatient Hospital – BH	MCG

CMHRS	UM Criteria
Mental Health (MH) Case Management	Registration Only
MH Peer Support – Individual	DMAS SA after Initial Registration
MH Peer Support – Group	DMAS SA after Initial Registration
Mobile Crisis Response	DMAS Registration
23 Hour Crisis Stabilization	DMAS Registration
Community Stabilization	DMAS SA after Initial Registration
Residential Crisis Stabilization	DMAS after Initial Registration
Assertive Community Treatment	DMAS after Initial Registration
Intensive In-Home	DMAS Service Auth
Therapeutic Day Treatment for Children School Day	DMAS Service Auth
Therapeutic Day Treatment for Children After School	DMAS Service Auth
Therapeutic Day Treatment for Children Summer	DMAS Service Auth
Partial Hospital Program	DMAS Service Auth
MH Skill Building Services	DMAS Service Auth
Psychosocial Rehab	DMAS Service Auth
Applied Behavior Analysis	DMAS Service Auth
Intensive Outpatient Program	DMAS Service Auth
Functional Family Therapy	DMAS Service Auth
Multisystemic Therapy	DMAS Service Auth

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 5

ARTS	UM Criteria
ARTS 0.5 Early Intervention/SBIRT	No referral needed
ARTS 1.0 CD Outpatient Services	No referral needed
ARTS 2.1 CD Intensive Outpatient (IOP)	ASAM SA for BH IOP
ARTS 2.5 CD Partial Hospital Program (PHP)	ASAM SA for BH PHP
ARTS 3.1 Clinically Managed Low Intensity Residential	ASAM SA for BH RTC
ARTS 3.3 Clinically Managed Population Specific High Intensity Residential	ASAM SA for BH RTC
ARTS 3.5 Clinically Managed High Intensity Residential	ASAM SA for BH RTC
ARTS 3.7 Medically Monitored Intensive Inpatient	ASAM for Inpatient Service
ARTS 4.0 Medically Managed Intensive Inpatient	ASAM for Inpatient Service
CD OP Med Management - Addiction Medicine	No referral needed
OTP/OBAT Opioid Treatment Program/Preferred Office Based Addiction Treatment	No referral needed
MAT/MOUD - Medication Assisted Treatment/Medication for Opioid Use Disorder	No referral needed
CD Group Therapy	No referral needed
CD Case Management	Registration
ARTS Peer Support	ASAM Service Auth
ARTS Family Support	ASAM Service Auth
Care Coordination	No referral needed

### Sources:

<sup>1</sup> DMAS mandating use of ASAM criteria as of April 1, 2017, in concert with the implementation of previously carved out ARTS benefits

<sup>2</sup> Federal EPSDT Medical Necessity Guidelines  
<https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>

<sup>3</sup> \* Source: VA Medicaid Contract Medallion 4.0 and FAMIS

<sup>4</sup> DMAS criteria: MHS formerly called CMHRS

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 6

### Virginia Medicaid Behavioral Health and SUD MHS and ARTS

#### 1. ASAM Criteria for SUD

The **ASAM Criteria** are outcome-oriented treatment and recovery services, designed by the ASAM and funded by the U.S. Substance-Abuse and Mental Health Services Administration (SAMHSA) to enhance the use of multidimensional assessments in developing patient-centered plans and to guide clinicians, counselors and care managers in making objective decisions on patient admissions, continuing care, and transfer/discharge for addictive substance-related, and co-occurring conditions and various levels of care intended to encourage further patient-matching and placement research. The result-based clinical care guidelines reflect a clinical consensus of adult and adolescent addiction treatment specialists, developed through the incorporation of extensive field review comments.

- The **ASAM criteria** is used for all **Virginia Medicaid** chemical dependency level of care decisions and referral determinations, as required by the Virginia DMAS effective April 1, 2017.
- The **ASAM criteria** is applied to all SUD for **Maryland Individual and Group Commercial and Federal health plans effective 01/01/2020**. MCG criteria is no longer used for Maryland Commercial Members SUD in 2020.

#### 2. Virginia Medicaid

##### MHS for Optima Health’s Behavioral Health Services

DMAS criteria: **MHS**, (formerly called CMHRS) Chapter IV of the DMAS Manual, provides details on eligibility criteria & coverage requirements for behavioral health interventions that provide clinical treatment to individuals with significant mental illness or emotional disturbances.

##### ARTS

**ARTS** are comprehensive continuum of addiction and recovery treatment services based on the ASAM Patient Placement Criteria. This will include: (i) inpatient services to include withdrawal management services; (ii) residential treatment services; (iii) partial hospitalization; (iv) intensive outpatient treatment and (v) peer recovery supports. Providers will be credentialed and trained to deliver these services consistent with ASAM’s published criteria and using evidence-based best practices including Screening, Brief Intervention and Referral to Treatment (SBIRT) and Medication Assisted Treatment (MAT).



## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 7

### Non-Behavioral Health

Note: Commercial and Exchange includes District of Columbia, Maryland, and Virginia jurisdictions.

<b>Referral Service Type</b> Approved criteria sets are used in order of hierarchy.	<b>Commercial &amp; Exchange Jurisdiction</b>	<b>Medicare</b>	<b>Medicaid (VA Medicaid and FAMIS)</b>	<b>Medicaid (MD HealthChoice)</b>
<b>Acute Rehabilitation (Inpatient)</b>	MCG	MCG	MCG	MCG
<b>Ambulance Services</b>	KP-MAS MCP	NCD-LCD	KP-MAS MCP	KP-MAS MCP
<b>Durable Medical Equipment (DME) and Supplies</b>	KP-MAS MCP MCG NCD-LCD	NCD-LCD	KP-MAS MCP MCG NCD-LCD	KP-MAS MCP MCG NCD-LCD
<b>Orthotics and Prosthetics</b>	KP-MAS MCP MCG NCD-LCD	NCD-LCD	KP-MAS MCP MCG NCD-LCD	KP-MAS MCP MCG NCD-LCD
<b>EPSDT Services</b>	Not Applicable	Not Applicable	EPSDT	EPSDT
<b>Home Health Services</b>	MCG	NCD-LCD	MCG	MCG
<b>Hospice (inpatient and outpatient)</b>	MCG	MCG	MCG	MCG
<b>Inpatient Services</b>	MCG	MCG	MCG	MCG
<b>Neonatal Care</b>	MCP/MCG	Not Applicable	MCP/MCG	MCP/MCG
<b>Outpatient Services</b>	KP-MAS MCP MCG	NCD-LCD	KP-MAS MCP MCG	KP-MAS MCP MCG
<b>PT/OT/ST</b>	KP-MAS MCP MCG	NCD-LCD KP-MAS MCP MCG	KP-MAS MCP MCG	KP-MAS MCP MCG
<b>Skilled Nursing Facility</b>	MCG	MCG/NCD-LCD	MCG	MCG
<b>Transplant Services</b>	NTS IQ®	NTS IQ®	NTS IQ®	NTS IQ®

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 8

### Key to Abbreviations

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• MCP/MCG™: NICU and Neonatal Care Admission and Discharge (Revised MCG® Neonatal Intensive Care Unit Levels)</li> <li>• MCG™: formerly called Milliman Care Guideline</li> <li>• ASAM: American Society of Addiction Medicine</li> <li>• IQ: InterQual® Criteria</li> <li>• Mental Health Services Criteria: formerly Community Mental Health Rehabilitative Services (CMHRS) Criteria</li> <li>• IOP: Intensive Outpatient Program</li> </ul> | <ul style="list-style-type: none"> <li>• MCP: Medical Coverage Policies (Locally developed)</li> <li>• NCD-LCD: Medicare Coverage Policies-National and Local Coverage Determination</li> <li>• NTS: KP National Transplant Network Services Patient Selection Criteria</li> <li>• RTC: Residential Treatment Center</li> <li>• PHP: Partial Hospitalization Program</li> <li>• SUD: Substance Use Disorder</li> <li>• OP: Outpatient</li> <li>• IP: Inpatient</li> </ul> |
|--|---|





## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 9

### Non-Behavioral Health

#### A. MCG Guidelines 27<sup>th</sup> Edition/Cite CareWeb QI 15.4 Release

MCG are evidence-based clinical guidelines that span the continuum of care. They provide best practices criteria and content for healthcare professionals in most healthcare settings, supporting decisions and easing patient transitions between settings.

The MCG 27<sup>th</sup> edition was released on February 23, 2023, after systematic, evidence-based review by MCG. The new edition is scheduled to go live in KP-MAS during the 3<sup>rd</sup> quarter of 2023. The MCG's care guidelines that are licensed for KPMAS are the following:

- **Ambulatory Care (AC)** - authorize established and emerging outpatient clinical procedures and technologies. The AC product covers procedures and diagnostic tests; imaging studies; injectable and other pharmacologic agents; durable medical equipment, prosthetics, orthotics and supplies; rehabilitation evaluations, services, and modalities and referral management.
- **Home Care (HC)** - maintain quality and efficiency beyond healthcare facility walls. The HC product enables well-defined and coordinated care plans to support patients at home, including therapy visit goals.
- **Behavioral Health Care (BHC)** - address specific psychological, behavioral, and pharmacologic therapies. This product covers 15 diagnosis groups at seven levels of care to help integrate behavioral health care with other utilization management efforts.
- **Inpatient and Surgical Care (ISC)** - anticipate appropriate clinical resources and identify the next steps in proactive care for inpatients. This product provides detailed care pathways, admission and discharge criteria, goal lengths of stay, and other decision-support tools.
- **General Recovery Care (GRC)** - provides care guideline when no Inpatient & Surgical Care Optimal Recovery Guideline appears applicable or to assist in care management of complex, multifaceted clinical situations with the purpose to identify and describe evidence-based elements of patient care that will assist in the delivery of quality healthcare and efficient resource management.

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 10

- **Recovery Facility Care (RFC)** - address two primary level of care which are inpatient rehabilitation facilities (acute rehabilitation) and sub-acute/skilled nursing facilities (SNF). The appropriate level of care, which determines patient's placement, is correlated to patient's clinical condition, functional status, therapeutic goals, preference and potential to reach optimal functioning and independence. The care guideline provides recovery facility admission care and discharge criteria, including complete discharge plans, coordinating plans for moving patients to and through recovery facilities to other appropriate care settings.
  - a. **Inpatient rehabilitation facilities or acute rehabilitation** provides highly intensive rehabilitation services for ongoing assessment and management of the patient to achieve optimal functioning while being monitored for changing medical or physical status. The care guideline is intended for patients who require and can tolerate extensive physical rehabilitation, and who demonstrate the ability to make progress in the therapeutic program with access to 24-hour nurse support, close physician monitoring, and frequent intensive rehabilitation services.
  - b. **Subacute/SNF** is a level of care intended for patients who require ongoing skilled medical interventions that cannot be provided at a lower level of care and can perform rehabilitation therapy but not at a highly intensive level. It requires provision of ongoing skilled medical treatments and moderate to low-level intensive therapy with a focus on skilled nursing interventions, rehabilitation therapy, or a combination of both.

## Changes in the MCG 27<sup>th</sup> Edition

### A. General Content Enhancements and Changes

- Social Determinants of Health Screening Tool Added
- Gender Pronouns Updated to Improve Inclusivity

### B. Benchmarks & Data:

- New benchmark statistics for COVID-19 (including Pediatric and Observation Care as well as Percutaneous Revascularization)

### C. Inpatient & Surgical Care

- New Features and Changes
- COVID-19 Guidelines Added
  - New guidelines specific to COVID-19 diagnoses (Adult, Pediatric, and Observation Care)
- Hospital-at-Home Section Expanded
  - New Hospital-at-Home guidelines for both COVID-19 specific diagnosis as well as Acute Viral Illness\*

#### Emerging Guideline

\*Acute Viral Illness guidelines previously applied to COVID-19 diagnoses can still be found in their relevant section for use with non-COVID diagnoses (e.g., influenza, RSV, etc.)

- Inpatient & Surgical Care GLOS Changes
- New Guidelines
- Guideline Name Changes
- Deleted Guidelines

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 11

### D. General Recovery Care

- New Features and Changes
- Gender Affirmation Surgery Guideline Added

### E. Ambulatory Care

- New Features and Changes
- Four (4) New Guidelines in Procedures and Diagnostic Tests
- Four (4) New Guidelines in Specialty Medications
  - The Specialty Medication content section has been expanded to include Clinical Indications for both “Initial” and “Subsequent” courses for many medications designed for chronic use.
  - New Guidelines in Genetic Medicine
- New Guidelines
- Guideline Name Changes
- Moved Guidelines
- Guidelines Changed From “Current Role Remains Uncertain” Designation
- Deleted Guidelines

### F. Chronic Care

- New Features and Changes
- Social Determinants of Health Content Expanded
- New Guidelines and Handouts
  - Three (3) new member handouts: mammogram preparation, colonoscopy preparation, and healthy eating on a budget
- Guideline and Handout Name Changes
- New assessments for Food and Housing Insecurity

### G. Home Care

- New Features and Changes
- Assessment Changes
- New Indication for Extended Visits
- Private Duty Nursing Guideline and PDN Acuity Tool Updated
- New Guidelines for COVID-19 and Percutaneous Revascularization
- Guideline Name Changes
- Deleted Guidelines
- Updated Private Duty Nursing Calculator

### H. Behavioral Health Care

- New Features and Changes
- Addition of LOCUS/CALOCUS-CASII Level of Care Information to *Clinical Indications* for Admission
- Information about MCG care guidelines’ alignment with LOCUS and CALOCUS has been relocated to relevant *Clinical Indications* sections for easier identification
- Changes to Structure of Recovery Facility Behavioral Health Guidelines

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 12

### I. Recovery Facility Care

- New Features and Changes
- Assessment Changes
- New Indication for Extended Visits
- Changes to Structure of Subacute/Skilled Nursing Facility (SNF) Optimal Recovery Guidelines
- New Guidelines
  - Added guidelines for COVID-19 and Percutaneous Revascularization
- Guideline Name Changes
- Moved Guidelines
- Deleted Guidelines

### J. Transitions of Care

- New Features and Changes
- Social Determinants of Health Content Expanded
- New Guidelines
- Guideline and Handout Name Changes
- Deleted Guidelines and Handouts
- New assessments for Food and Housing Insecurity
- Three (3) new member handouts: Mammogram preparation, colonoscopy preparation, and healthy eating on a budget



## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 13

### K. Patient Information

- New Handouts
  - Discharge information handouts have been added for COVID-19 (for both adult and pediatric members)
- Handout Name Changes
- Deleted Handouts

### B. InterQual Level of Care for Transplant-Related Services, Adult and Pediatric

The **2023 InterQual Level of Care Criteria** is a commercially available criterion providing support for determining the medical appropriateness of hospital admission, continued stay and discharge. When a patient is admitted for transplant related services, except for kidney transplants, National Transplant Service (NTS) transplant coordinators follow the patient using InterQual as the inpatient continued stay criteria set. The criteria set is updated annually by McKesson Health Solutions and the transplant coordinators are tested annually to establish inter rater reliability.

1. **InterQual Acute Adult Criteria** - determines the appropriateness of admission, continued stay and discharge at acute care facilities for patients who are age 18 or older. InterQual Acute Adult Criteria are organized by primary condition in this new “condition specific” model and include relevant complications, comorbidities and guideline standard treatments, all in one view. Addressing the individual patient rather than the typical patient, the criteria facilitate moving patients through the care continuum, based on their response to treatment. This integrated approach to utilization and case management is a powerful aid to decreasing inappropriate admissions, avoidable days and readmissions.



## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 14

1. **InterQual Acute Pediatric Criteria** - determines the appropriateness of admission, continued stay and discharge at acute care facilities for patients who are less than 18 years of age. InterQual Pediatric Criteria also are organized by primary condition in a 'condition specific' model and include relevant complications, comorbidities and guideline standard treatments, all in one view. Addressing the individual patient rather than the typical patient, the criteria facilitate moving patients through the care continuum, based on their response to treatment. This integrated approach to utilization and case management is a powerful aid to decreasing inappropriate admissions, avoidable days and readmissions.
  - 2023 InterQual Level of Care – General Surgical, Acute Criteria – Adult & Pediatrics
  - 2023 InterQual Level of Care – General Medical, Acute Criteria – Adult & Pediatrics
  - InterQual Level of Care Acute Criteria, Pediatric - General Transplant Section (General, Bone Marrow and Stem Cell Transplantation)
  - 2023 InterQual Level of Care – Bone Marrow Transplant/Stem Cell Transplant (BMT/SCT), Acute Criteria – Adult
  - 2023 InterQual Level of Care – Bone Marrow Transplant/Stem Cell Transplant (BMT/SCT), Acute Criteria – Pediatrics

### C. Medicare Coverage Database for NCD and LCD for DME and Supplies

- UM will continue to use **Centers for Medicare and Medicaid Services (CMS): National and Local Coverage Determinations** as the primary criteria for Medicare Cost and Medicare Advantage members; and
- UM will continue to use **CMS National and Local Coverage Determinations** for DME, orthotic, and prosthetic devices and services **only** in the absence of MCG or MCP for Commercial and Medicaid members in Maryland and Virginia.

Coverage is limited to DME items and supplies that are reasonable and necessary for the diagnosis or treatment of an illness or injury. NCDs are made through an evidence-based process, which includes CMS' own research and is supplemented by an outside technology assessment and/or consultation with the Medicare Evidence Development and Coverage Advisory Committee. In the absence of a national coverage policy, an item or service may be covered at the discretion of the Medicare contractors based on an LCD.

The [Medicare Coverage Database](#) (MCD) contains all NCDs and LCDs, local policy articles, and proposed NCD decisions. The database also includes several other types of national coverage policy related documents, including national coverage analyses, Medicare Evidence Development & Coverage Advisory Committee proceedings, and Medicare coverage guidance documents.

### D. Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Guidelines

EPSDT is in use for Medicaid members in Maryland and Virginia as required by the federal government. The federal mandated services include screening, vision, dental, hearing, and diagnostic services in addition to health care treatment services for all physical and mental illnesses or conditions discovered by any screening and diagnostic procedures. The federal requirements for children under age 21 who are enrolled in Medicaid may be found at [Medicaid.gov](#), search EPSDT.

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 15

### Internally Developed UM Criteria

#### A. National Transplant Service (NTS) Transplant Patient Selection Criteria

The following NTS Transplant Patient Selection Criteria and KPMAS MCPs were approved in February 2021:

1. Bone Marrow Transplant
2. Liver Transplant
3. Intestinal Transplant and Intestine/Liver Transplant
4. Lung Transplant and Heart-Lung Transplant
5. Kidney Transplant
6. Simultaneous Pancreas Kidney (SPK) Transplant
7. Pancreas Transplant Alone (PTA) and Pancreas After Kidney (PAK) Transplant
8. Heart Transplant
9. Mechanical Circulatory Support Devices as a Bridge to Cardiac Transplant

#### B. New/Emerging Technologies, Transplant Referral Guidelines, and MCP Updates

We develop MCPs in collaboration with specialty service chiefs and clinical subject matter experts. MCPs specify clinical criteria supported by current peer-reviewed literature and are used to guide decisions related to request for health care services such as devices, drugs, and procedures. The policies are reviewed and updated annually, reviewed for approval by the Regional Utilization Management Committee (RUMC), and are periodically reviewed by regulatory and accrediting agencies. Except where noted, our MCPs are primarily applicable only to commercial members.

The following Kaiser Permanente Mid-Atlantic Medical Coverage Policies (MCPs) and Transplant Patient Selection Criteria were approved between **May 2023 to July 2023**.

##### 1. Transcutaneous Tibial Nerve Stimulator

Effective Date: May 29, 2023

- Utilization Alert was updated
- References were updated

##### 2. Lymphedema & Lipedema Surgical Treatment

Effective Date: May 29, 2023

- Utilization Alert was updated
- References were updated



## New/Emerging Technologies and MCP Updates – Continued from page 16

### 3. Compression Garments & Device

Effective Date: May 29, 2023

- References were updated

### 4. Knee Scooter

Effective Date: May 29, 2023

- References were updated

### 5. Electric Patient Lift

Effective Date: May 29, 2023

- Utilization Alert was updated
- References were updated

### 6. Home Oxygen Therapy

Effective Date: May 29, 2023

- Utilization Alert was updated
- References were updated

### 7. Hyperbaric Oxygen

Effective Date: May 29, 2023

- Utilization Alert was updated
- Section II A Clinical Indications - #10: statement modified from “and” to “or” between pre and post treatment.
  - *“Osteoradionecrosis and prophylactic pre- ~~and~~/ “or” post-treatment for members undergoing dental surgery of a radiated jaw (standard protocol is 20-30 dives pre-operatively and 10 dives post-operatively).”*
- References were updated

### 8. Osteogenic Stimulator – New Policy

Effective Date: June 26, 2023

### 9. Pluvicto – New Policy

Effective Date: June 26, 2023

### 10. Circumcision Revision

Effective Date: June 26, 2023

- Added a new section (Section VI) on conditions indicated for members who have not been previously circumcised
- References were updated

### 11. Pelvic Floor Rehabilitation

Effective Date: June 26, 2023

- Sections II-A and B (“Clinical Indications for Referral) were updated
- References were updated

### 12. Varicose Veins Treatment

Effective Date: June 26, 2023

- References were updated

## New/Emerging Technologies and MCP Updates – Continued from page 17

### 13. Microwave Thermolysis with miraDry System

Effective Date: June 26, 2023

- References were updated

### 14. Dermal Fillers

Effective Date: June 26, 2023

- Section II (Clinical Indications)
  - Section II-A: Antiretroviral therapy modified from “HAART” to “ART”
  - Section II-D (Dermal Filler Retreatments)
    - Deleted “3 to 4 injections at 2-year intervals”
    - Replaced with “per the specific instructions of the original filler utilized”
- Utilization Alert was updated
- References were updated

### 15. External Insulin Pumps

Effective Date: June 26, 2023

- Section III-D (Coverage Criteria) - #3. Deleted the word “expert”
- Section IV. Deleted “Replacement Pumps from the title “Ongoing Coverage of Supplies and Insulin”
- Utilization Alert was updated
- References were updated

### 16. Cochlear and Brain Stem Implant

Effective Date: June 26, 2023

- References were updated



## New/Emerging Technologies and MCP Updates – Continued from page 18

### 17. Mastectomy External Prosthesis

Effective Date: July 25, 2023

- Section IV-A, #6. Added: *“A custom fabricated prosthesis is provided only if the member has coverage for this item under their EOC.”*
- Section IV-B, #4. Deleted: *“Additional features of an upgraded or custom fabricated prosthesis compared to prefabricated silicone breast prosthesis are not medically necessary.”*

### 18. Aquatic Therapy

Effective Date: July 25, 2023

- Section III-B (Clinical Indications for Extended Aquatic Therapy), #2. Added *“Need for skilled services”* to goals of therapy which have not yet been met.
- Utilization Alert was updated
- References were updated

### 19. Cologuard

Effective Date: July 25, 2023

- Utilization Alert was updated
- References were updated

### 20. Capsule Endoscopy

Effective Date: July 25, 2023

- Utilization Alert was updated
- References were updated

### 21. Feeding Therapy

Effective Date: July 25, 2023

- Utilization Alert was updated
- References were updated

### 22. Purewick Urinary Collection System

Effective Date: July 25, 2023

- References were updated

### 23. Laser Therapy for Hair Reduction or Hair Removal

Effective Date: July 25, 2023

- Section III-E (Clinical Indications). Added: example of follicle disorders
- References were updated

### 24. Laser Therapy (PDL) of Vascular Lesions

Effective Date: July 25, 2023

- Utilization Alert was updated
- References were updated

## New and Emerging Technologies

Approved by the KP-MAS Technology Review Implementation Committee (TRIC): May 19, 2023

Approved by the Regional Utilization Management Committee (RUMC): May 29, 2023

INTC Presentation Date	National Interregional New Technology Committee (INTC) Conclusion <a href="http://cl.kp.org/pkc/national/cpg/intc/specialty.html">http://cl.kp.org/pkc/national/cpg/intc/specialty.html</a>	KP-MAS Recommendation - Adopt the use of technology  Sufficient evidence	KP-MAS Recommendation – Do not recommend  Inconclusive or Insufficient evidence
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**Sufficient evidence:** Quality and quantity of evidence is good, should be used in most cases where indications are met.

**Insufficient evidence:** Quality and/or quantity is low or moderate, further research or trials are needed. Can be used in selected cases but not for general use for this diagnosis or indication.

03/25/2022	<b>Ear Molding</b>	X	
12/06/2021	<p><b>Hypoglossal Nerve Stimulation for Obstructive Sleep Apnea</b></p> <p>Per INTC and KP-MAS subject matter experts: There is insufficient evidence that the use of this technology improves net health outcomes for select patients.</p> <p>The technology is currently being used internally and has been found to be a reasonable option for patients who have significant symptoms and sleep disruption from sleep apnea and are not able to tolerate CPAP or other alternatives.</p>	X	
01/20/2022	<p><b>Thyroid Nodule Molecular Testing</b></p> <p>Thyroid Nodule Molecular Testing has already been part of the MAS region-wide standardized thyroid work-up algorithm and in use in our region since 2020</p>	X	
02/25/2022	<b>Light Adjustable Intraocular Lens for Cataract Surgery</b>		X
11/2021	<b>Space OAR Hydrogel Spacer for Prostate Cancer Radiation Therapy</b>		X
12/06/2021	<b>Semi-Active Robotic Arm-Assisted Surgical Systems</b>		X

## New and Emerging Technologies – Continued from page 20

Approved by the KP-MAS Technology Review Implementation Committee (TRIC): June 7, 2023

Approved by the Regional Utilization Management Committee (RUMC): June 26, 2023

INTC Presentation Date	National Interregional New Technology Committee (INTC) Conclusion <a href="http://cl.kp.org/pkc/national/cpg/intc/specialty.html">http://cl.kp.org/pkc/national/cpg/intc/specialty.html</a>	KP-MAS Recommendation - Adopt the use of technology  Sufficient evidence	KP-MAS Recommendation – Do not recommend  Inconclusive or Insufficient evidence
<p><b>Sufficient evidence:</b> Quality and quantity of evidence is good, should be used in most cases where indications are met.</p>			
<p><b>Insufficient evidence:</b> Quality and/or quantity is low or moderate, further research or trials are needed. Can be used in selected cases but not for general use for this diagnosis or indication.</p>			
04/22/2022	<b>Phrenic Nerve Stimulation for Treatment of Central Sleep Apnea</b>	X *For select members under strict clinical criteria	
03/25/2022	<b>Canvas Diagnostic Tool for ASD</b>		X
03/28/2022 <i>National SCPMG</i>	<b>Icare Home Self-Tonometry for Intraocular Pressure Monitoring</b>		X
04/22/2022 <i>National SCPMG</i>	<b>High Intensity Focused Ultrasound (HIFU) for Prostate Cancer</b>		X
	<b>Salvage HIFU Magnetic Resonance-guided HIFU</b>		X
05/23/2022 <i>National SCPMG</i>	<b>Galleri Multi-Cancer Early Detection Test</b>		X
05/23/2022 <i>National SCPMG</i>	<b>Low-Level Laser Therapy for Pain</b>		X
10/06/2021 <i>SCPMG</i>	<b>Radiofrequency Ablation (RFA, Stretta System) for Gastroesophageal Reflux Disease GERD)</b>		X
04/11/2022 <i>Wash</i>	<b>Sensory Integration Therapy (SIT) for Children with ASD or other Developmental or Behavioral Disorders</b>	X *For select members under strict clinical criteria	

## 2023 UM Approved Criteria Sets and Guidelines – Continued from page 21

### **Access to MCPs is only two clicks away in Health Connect.**

MCPs can be accessed through the **KP Clinical Library** by using the web link below:

[https://clm.kp.org/wps/portal/cl/MAS/search\\_iframe?query=medical+coverage+policy&x=0&y=0](https://clm.kp.org/wps/portal/cl/MAS/search_iframe?query=medical+coverage+policy&x=0&y=0).

Click on the Clinical Library section on the right side of the KPHC Home page and then type in “medical coverage policy” in the search box. All medical coverage policies will be displayed.

**Please contact the Utilization Management Operations Center (UMOC) at 1-800-810-4766 to receive a copy of the UM guideline or criteria related to a referral.**

*All Practitioners have the opportunity to discuss any non-behavioral health and/or behavioral health UM medical necessity denial (adverse) decisions with a Kaiser Permanente Physician reviewer (UM Physicians).*

If you have clinical questions on the use of our criteria, please contact:

Christine Assia, M.D.

Physician Director of Medical Policies, Benefits and Technology Assessment

Emergency Physician, Advanced Urgent Care/ECM/UMOC

[Christine C Assia Christine.C.Assia@kp.org](mailto:Christine.C.Assia@kp.org)

If you have administrative questions concerning accessing or using our criteria, please contact:

Marisa R Dionisio, RN

[Marisa.R.Dionisio@kp.org](mailto:Marisa.R.Dionisio@kp.org)

240-620-7257

## 2023 Utilization Management Affirmative Statement

Kaiser Permanente practitioners and health care professionals make decisions about which care and services are provided based on the member’s clinical needs, the appropriateness of care and service, and existence of health plan coverage.

Kaiser Permanente does not make decisions regarding hiring, promoting, or terminating its practitioners or other individuals based upon the likelihood or perceived likelihood that the individual will support or tend to support the denial of benefits. The health plan does not specifically reward, hire, promote, or terminate practitioners or other individuals for issuing denials of coverage or benefits or care.

No financial incentives exist that encourage decisions that specifically result in denials or create barriers to care and services or result in underutilization. In order to maintain and improve the health of our members, all practitioners and health professionals should be especially diligent in identifying any potential underutilization of care or service.

# 2023 Practitioner/Provider Utilization Management (UM) Notification

## UM/Resource Stewardship Program

At Kaiser Permanente, our UM program is a collaborative partnership between the Mid-Atlantic Permanente Medical Group (MAPMG) and Health Plan leadership and staff designed to ensure our members receive the right care, in the right place, at the right time.

The scope of UM encompasses quality management and resource stewardship across the care continuum. It consists of five major categories: Concurrent Review, Continuing Care, Transitions Care, Case Management and Referral Management, which includes Pre-authorization and Post Service Review. UM is organized around three Service Areas: Baltimore, District of Columbia/Suburban Maryland (DCSM) and Northern Virginia (NOVA). UM activities in each service area include outpatient and inpatient utilization review and management, transitions care and complex case management. Throughout these service areas, UM staff partner with the health care team to deliver behavioral and non-behavioral health care services to Kaiser Permanente Mid-Atlantic States (KPMAS) members.

The Utilization Management Operations Center (UMOC) is a centralized, telephonic UM and Referral Management hub designed to assist MAPMG practitioners, community-based practitioners and applicable staff to coordinate health care services for our members.

Registered nurses and Durable Medical Equipment (DME) coordinators in UMOC review and process outpatient referrals, requests for DME, and home care services. Nurses work collaboratively with licensed, board-certified UM physician managers and practitioners to safely and effectively execute the referral management process within the specified time frame depending on the type and nature of the referral.

Practitioners and providers may contact the UMOC toll free for any inquiries and/or questions regarding UM issues and processes at 800-810-4766: follow the appropriate prompts.

The UMOC staff also assist with the following:

- Providing information regarding UM processes;
- Checking the status of a referral or an authorization;
- Providing copies of the specific criteria/guidelines utilized for decision-making, free of charge; and
- Answering questions regarding a benefit denial decision.

All practitioners are able to discuss any non-behavioral health and/or behavioral UM medical necessity adverse determinations (denial decision) with a Kaiser Permanente Physician Reviewer (a UM Physician). Kaiser Permanente Physician Reviewers are available to speak with practitioners to discuss pre-service or concurrent medical necessity decisions during business hours: 8:30 a.m. to 5:00 p.m., Monday through Friday, except holidays.

Practitioners are notified about adverse determinations through verbal or electronic notification followed by a written letter. Medical necessity denial decisions can be discussed with the UM Physician by calling the UMOC at 800-810-4766 and selecting the appropriate prompt number.

# 2023 Utilization Management Accessibility, Communication and Hours of Operation

## Accessibility of Utilization Management (UM) Operations

Accessibility is important to our members and providers. The Kaiser Permanente UM Department ensures that all members and providers have access to UM staff, physicians and managers 24 hours a day, 7 days a week. Staff are identified by name, title and organization name when they initiate or return calls regarding UM issues. The table on the next page provides the specific UM hours of operations and main responsibilities.

UM staff are available eight hours a day during normal business hours for inbound collect or toll-free calls to 800-810-4766 regarding UM issues.

## Communication After Business Hours

Communication received after normal business hours is addressed the next business day.

After business hours, our member's first line of contact is through the Kaiser Permanente Member Services Department. Members are instructed to follow prompts to be directed to the call center. The phone number is listed on the member's ID card.

After business hours, practitioners and providers may contact the Utilization Management Operations Center (UMOC) toll-free at 800-810-4766 and follow prompts to be directed to the call center, available 24 hours, 7 days a week.

UM staff can receive inbound communications regarding UM issues after normal business hours by:

- UMOC toll-free number 800-810-4766; Option 1 (Member) or Option 2 (Provider);
- Kaiser Permanente HealthConnect Online Affiliate;
- Kaiser Permanente HealthConnect (KPHC) messaging system-available to providers linked to the KPHC system; and
- Direct email to a UM staff person.

## Communication Services to Members with Special Needs

Communication with deaf, hard of hearing or speech impaired members is handled through Telecommunications Device for the Deaf (TDD) or teletypewriter (TTY) services. TDD/TTY is an electronic device for text communication via a telephone line, used when one or more parties have hearing or speech difficulties. The UMOC staff have a speed dial button on their phones to facilitate sending and receiving messages with the deaf, hearing or speech impaired. Additionally, a separate TDD/TTY line for deaf, hard of hearing, or speech impaired members is available through the Member Services Department. Members are informed of the access to TDD/TTY through the Member's ID card, the Member's Evidence of Coverage Manual, and/or the Annual Subscriber's Notice.

Non-English-speaking members may discuss UM related issues, requests, and concerns through the KPMAS language assistance program offered by an interpreter, bilingual staff, or the language assistance line. The UMOC staff have the Language Line programmed into their phones to enhance timely communication with non-English-speaking members. Language assistance services are provided to members free of charge. The following table describes the access and hours of operations for UM services.

## 2023 UM Accessibility, Communication and Hours of Operations – Continued from page 24

UM Department Section	Hours of Operation	Core Responsibilities
<p><b>Emergency Care Management (ECM) - Clinical Call Center Department</b></p> <ul style="list-style-type: none"> <li>Emergency Room Notifications and Admissions</li> </ul>	<p>24 hours/day, 7 days/week and holidays</p> <p>ECM Support Line: 844-552-0009</p>	<ul style="list-style-type: none"> <li>Process transfer and admission requests for members who need to be moved to a different level of care including emergency rooms, inpatient facilities, and Kaiser Permanente medical office buildings</li> <li>Assist with repatriation from hospital to hospital</li> <li>Support all cardiac transfers for level of care needed</li> </ul>
<p><b>UMOC: Outpatient, Specialty Referrals, and Clinical Research Trials</b></p>	<p>Monday through Friday (except Clinical Trials): 8:30 a.m. to 5 p.m.</p> <p>Clinical Trials 8 a.m. to 4:30 p.m.</p> <p>Call 800-810-4766</p> <p>Weekends and Holidays (except Clinical Trials): 8:30 a.m. to 5 p.m. for urgent and emergent referrals and care coordination referrals</p>	<ul style="list-style-type: none"> <li>Conduct pre-service review of specialty referrals (outpatient and inpatient) to include external clinical trial requests</li> <li>Weekends and holidays pre-service review of urgent/emergent referrals except clinical research trials</li> </ul>
<p><b>UMOC:</b></p> <ul style="list-style-type: none"> <li>Durable Medical Equipment (DME)</li> <li>Home Care</li> <li>Rehabilitative Therapies</li> <li>Physical, Occupational and Speech Therapies (PT/OT/ST)</li> </ul>	<p>Monday through Friday: 8:30 a.m. to 5 p.m.</p> <p>Call 800-810-4766</p> <p>Weekends and Holidays (for urgent and routine discharge care coordination referrals): 8:30 a.m. to 5 p.m.</p> <p>DME HOTLINE 855-632-8279</p> <p>RN Weekend: Call 301-960-1436</p>	<ul style="list-style-type: none"> <li>Conduct pre-service and concurrent review of Home Care, DME, PT/OT/ST</li> <li>Post-service review provided to Kaiser Permanente members outside a Kaiser Permanente medical facility</li> </ul>

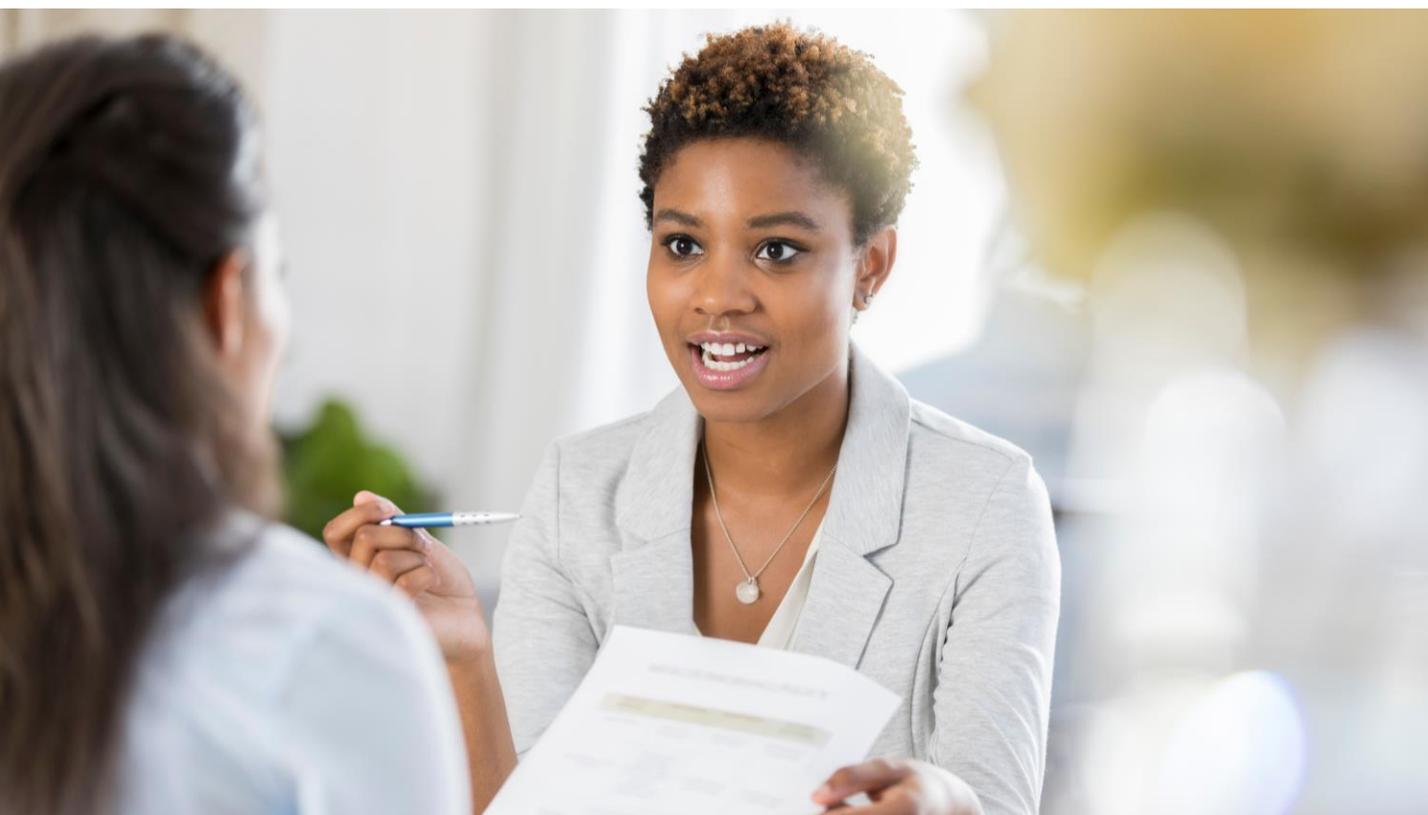
**2023 UM Accessibility, Communication and Hours of Operations – Continued from page 25**

UM Department Section	Hours of Operation	Core Responsibilities
<p><b>UM Hospital Services – Non-Behavioral Health located at affiliated hospitals</b></p>	<p>Seven days a week &amp; holidays 7 a.m. to 5:30 p.m.</p> <p>*Limited Evening hours* 3 p.m. to 11:30 p.m. at the following Premier Hospitals only:</p> <ul style="list-style-type: none"> <li>• Holy Cross, Silver Spring</li> <li>• Washington Hospital Center</li> <li>• Virginia Hospital Center</li> </ul>	<p>Conduct concurrent review and transition care management</p>
<p><b>Skilled Nursing Facility (SNF) and, Rehabilitation Services and Long-Term Acute Care Hospitals (LTACH)</b></p>	<p>Monday through Friday (including weekends and major holidays): 8 a.m. to 4:30 p.m.</p> <p>Fax: 855-414-4707</p>	<p>Conduct concurrent review and transition care management for members in the acute rehab and SNF settings</p>
<p><b>UM Hospital Services – Behavioral Health (BH) located at affiliated hospitals</b></p>	<p>Seven days a week (including weekends and major holidays): 7:30 a.m. to 5:00 p.m.</p> <p>BH Status Line: 301-552-1212 Fax: 855-414-1703</p>	<p>Conduct concurrent review and transition care management services of behavioral health service</p>
<p><b>UM Outpatient Services – BH</b></p>	<p>Monday to Friday (excluding weekends and major holidays): 7:30 a.m. to 5:00 p.m.</p> <p>BH Status Line: 301-552-1212 Fax: 855-414-1703</p>	<p>Conduct pre-service and concurrent review of behavioral outpatient services</p>



**2023 UM Accessibility, Communication and Hours of Operations – Continued from page 26**

UM Department Section	Hours of Operation	Core Responsibilities
<p><b>Outpatient Continuing Care: Complex Case Management Renal Case Management</b></p>	<p>Monday through Friday (excluding weekends and major holidays): 8:30 a.m. to 4:30 p.m.</p>	<p>Conduct outpatient medical case management and care coordination for medically complex members and End Stage Renal Disease Members</p>
<p><b>Advanced Care At Home</b></p>	<p>24 hours/day, 7 days/week (including holidays)</p>	<ul style="list-style-type: none"> <li>• Offers Virtual Physician and nurse follow up for members who have been recently discharged from the hospital.</li> <li>• Bridges the gap between hospital discharge and follow-up with PCP</li> <li>• Admission avoidance by providing acute care in the home</li> </ul>



## 2023 Adopting Emerging Technology for Utilization Management (UM) Referral Management

Medical research identifies new medical procedures, treatments, and medical devices that can prevent, diagnose, treat, and cure diseases. The Kaiser Permanente Mid-Atlantic States' Technology Review and Implementation Committee (TRIC) collaborates with the Kaiser Permanente Interregional New Technologies Committee (INTC), Southern California (KPSC) Medical Technology Management Process (MTMP), Emerging Therapeutics Committee, and Regional Utilization Management Committee (RUMC), to review a select number of behavioral and non-behavioral health new and emerging medical treatments, procedures, and devices for the purpose of making recommendations regarding benefit coverage, with the exception of pharmaceuticals and biologics which are reviewed by KP Pharmacy & Therapeutics committee.

The new and emerging technology committees assist physicians, other clinicians, and members to determine whether behavioral and non-behavioral new or emerging procedures, treatments, or medical devices are medically necessary and appropriate for the intended clinical indication based on evidence and subject matter experts' review, as well as consideration of the clinical judgment of the treating physician for the treatment of select patients.

The review and assessment process provides answers to important questions regarding clinical indications for use, safety, effectiveness, and relevance of new and emerging medical technologies for the health care delivery system. The technology assessment process is expedited when clinical circumstances merit urgent evaluation of a new and emerging technology.

Upon determination that sufficient evidence establishes the new/emerging technology to be comparable to the safety and effectiveness of currently available treatments, procedures or devices, the Kaiser Permanente TRIC and RUMC committees provide recommendations to the Health Plan in regard to whether to adopt or not to consider the use and possible inclusion of the technology as a covered benefit for the Mid-Atlantic States region.





## Communicating Population Care Management Programs to Practitioners

Kaiser Permanente Mid-Atlantic States population care management programs (PCM) help you to monitor and manage your patients with chronic conditions. Members with diabetes, asthma, coronary artery disease, chronic kidney disease, hypertension, ADHD and/or depression are enrolled into population care management programs.

These programs are designed to engage your patients to help care for themselves, better understand their condition(s), update them on new information about their disease, and help manage their disease with assistance from your health care team and the Mid-Atlantic Permanente Medical Group (MAPMG) Quality department. This information and education is designed to reinforce your treatment plan for your patient.

Members in these programs receive mailings, secure messages, texts and/or phone calls periodically, including care gap reminders. Multimedia resources introduce the programs and provide education on topics such as the latest information on managing their condition, physical activity, tobacco cessation, medication adherence, planning for visits and knowing what to expect, and coping with multiple diseases. You receive member-level data to help you manage your panel, quality process, outcome information and comparative quality reporting to help you improve your practice. In addition, you receive tools for you and your team, including online tools; shared decision-making tools such as best practice alerts, smart tools and health maintenance alerts within Kaiser Permanente HealthConnect; and direct patient management for our highest risk members by our Care Management Programs.

Clinical practice guidelines are systematically designed tools to assist practitioners with specific medical conditions and preventive care. Guidelines are informational and not designed as a substitute for a practitioner's clinical judgment. Guidelines can be found online at [www.kp.org/providers/mas](http://www.kp.org/providers/mas) then click on Provider Information and select Clinical Library or call 877-806-7470.

Your patients do not have to enroll in the programs; they are automatically identified into a registry. If you have patients who have not been identified for program inclusion, or who have been identified as having a condition but do not actually have the condition, submit a Kaiser Permanente HealthConnect "registry update request" in basket message to the P Clinical Content team. Community providers who want to add or remove members from the program, or members who choose not to participate or want to self-enroll can call 703-359-7878 (TTY 711) in the Washington Metro area or 800-777-7904 (TTY 711) outside of the Washington, D.C. Metro area.

# Integration of Care in KPMAS Patient Centered Medical Home

The concept of a “Patient Centered Medical Home (PCMH)” incorporates a commitment of primary care practitioners to work closely with patients and their families to provide whole-person oriented care that is continuous, well-coordinated, effective, culturally competent and tailored to meet the needs of each patient. The PCMH model develops relationships between primary care practitioners and providers, their patients and their patients’ families. In the PCMH model, primary care teams promote cohesive coordinated care by integrating the diverse, collaborative services a patient may need. This integrative approach allows primary care practitioners to work with their patients in making healthcare decisions. These decisions are based on the fullest understanding of information in the context of a patient’s values and preferences.

Appropriate care coordination depends in large measure on the complexity of needs of each individual patient or population of patients. Factors that increase complexity of care include multiple chronic care conditions, acute physical health problems, the social vulnerability of the patient, and the involvement of a large number of primary and specialty care practitioners and providers involved in the patient’s care. Patients’ preferences, self-care management abilities, and caregiver ability can also affect the need for support and care coordination.

The medical home team or PCMH Health Care Team (HCT), that may consist of nurses, pharmacists, nurse practitioners, medical assistants, case managers, educators, behavioral health therapists, social workers, care coordinators, and others, is led by the primary care physician who takes the lead in working with the patient to define their needs, develop and update plans of care, and coordinate care plans with the PCMH HCT.



## Integration of Care in KPMAS Patient Centered Medical Home – *Continued from page 30*

Care coordination, within the Kaiser Permanente Mid-Atlantic States (KPMAS) PCMH model, includes the following components:

**Determining and updating care coordination needs:** coordination needs are based on a patient's individual health care needs and treatment recommendations and care plan that reflect physical, psychological, cultural, linguistic, and social factors. Coordination needs are also determined by the patient's current health and health history; functional status; self-management knowledge and behaviors; and need for support services.

**Create and update a proactive plan of care:** establish and maintain a plan of care, jointly created and managed by patients, their families and/or caregivers, and their health care team led by the primary care physician. The patient-centered plan of care outlines the patient's current and long-term needs and goals for care, identifies coordination needs, and addresses potential gaps. The care plan anticipates routine needs and tracks current progress towards patient goals using evidence-based medicine.

**Communication:** Communication allows for the exchange of information, preferences, goals, and experiences among participants in a patient's care. Including communication across clinical resources and facilities and leveraging access to direct scheduling and referral systems. Communication about care needs may take place in person, by phone, in writing, and/or electronically and includes translation or interpretation, as necessary, to ensure communication in the patient's language of preference. Communication is especially critical during transitions in care. Primary care practitioners and providers are included in the transfer of information during transitions. Examples of transition include from the inpatient hospital or skilled nursing facility (SNF) to the ambulatory setting (i.e., physician's office).





### Integration of Care in KPMAS PCMH – Continued from page 31

**Align resources with population needs:** Assess the needs of populations to identify and address gaps and disparities in services and care, including disparities based on age, gender, language preference, race, and/or ethnicity. Care coordination and feedback from practitioners, providers and patients should be used to identify opportunities for improvement (i.e., smoking cessation, weight management, self-management for diabetes, or health coaching).

KPMAS' PCMH model of care is designed to improve the quality, appropriateness, timeliness, and efficiency of care coordination including clinical decisions and care plans. An overall performance goal is to improve the quality and efficiency of health care for members with complex and chronic conditions.

To provide the care our PCMH vision requires, our primary care providers play a pivotal role in guiding the PCMH HCT to provide timely, comprehensive, well-coordinated care.

KPMAS is responsible for identifying patients who qualify for its disease management and complex case management programs, notifying the PCMH HCT of qualifying members, and maintaining a tracking mechanism to monitor these members. Notification to the PCMH HCT is conducted for each patient when they qualify for the disease management or complex case management programs, if they are identified outside of the PCMH. The PCMH HCT and care coordinators of respective disease management or complex case management use KPMAS electronic health record (KP HealthConnect) to document care plans and provide that information as needed to coordinate patient care. In addition, patients, their family members, or anyone on the health care team, may refer a patient for complex case management or disease management programs.

Network providers, Kaiser Permanente Members / Caregivers can take advantage of these services by calling the Case management Referral Telephone Line at 301-321-5126 or toll free 866-223-2347, 24 hours a day, 7 days a week. Messages are checked Monday - Friday during business hours by our case managers.

## 2023 Board Certification Policy

If not already board certified, all Kaiser Permanente physicians and contracted physicians and podiatrists who work for us are required to obtain a board certification in their contracted specialty by a recognized organization. KPMAS recognizes the following boards:

- American Board of Medical Specialties (ABMS)
- American Board of Foot and Ankle Surgery (ABFAS)
- American Board of Oral and Maxillofacial Surgeons
- American Board of Podiatric Medicine (ABPM)
- American Board of Podiatric Surgery (ABPS)
- American Midwifery Certification Board
- American Osteopathic Association (AOA) Directory of Osteopathic Physicians
- ANCC Certification for Nurse Practitioners
- NCC Certification for Nurse Practitioners
- NCCPA Certification for Physician Assistants
- Pediatric Nursing Certification Board (PNCB)
- American Academy of Nurse Practitioners
- American Association of Nurse Anesthetists

Kaiser Permanente physicians and network physicians and podiatrists must obtain and maintain board certification in a recognized specialty throughout the life of their contract or employment with Kaiser Permanente. Failure to obtain board certification within five years of completion of training will result in termination from the Health Plan.

Physicians and podiatrists whose certification lapses during the course of their contract or employment will be given two years following the expiration of their board certification to obtain recertification. (This does not apply to hourly/pool Kaiser Permanente physicians.) Physicians who were practicing in a specialty prior to the establishment of board certification of that specialty are exempt from this policy with respect to that specialty.



# Practitioner and Provider Quality Assurance and Credentialing

The credentialing process is designed to ensure that all licensed independent practitioners and allied health practitioners under contract with the Mid-Atlantic Permanente Medical Group (MAPMG) and Kaiser Foundation Health Plan of the Mid- Atlantic States, Inc. (KPMAS) are qualified, appropriately educated, trained, and competent.

All participating practitioners must be able to deliver health care according to KPMAS standards of care and all appropriate state and federal regulatory agency guidelines to ensure high quality of care and patient safety. The credentialing process follows applicable accreditation agency guidelines, such as those set forth by the National Committee for Quality Assurance (NCQA) and KPMAS.

## **Provider responsibilities**

Provision of a current certificate of insurance when initiating a credentialing application.

A certificate of insurance must also be submitted at annual renewal.

Cooperation with pre-credentialing site and medical record-keeping review process

Provide a minimum of 90 days notification to health plan of intent to terminate contract.

Provider responsibilities in the credentialing process, include:

- Submission of a completed application and all required documentation before a contract is signed.
- Producing accurate and timely information to ensure proper evaluation of the credentialing application.

Provision of updates or changes to an application within 30 days including:

- Voluntary or involuntary medical license suspension, revocation, restriction, or report filed
- Voluntary or involuntary hospital privileges reduced, suspended, revoked, or denied
- Any disciplinary action taken by a Hospital, HMO, group practice, or any other health provider organization
- Medicare or Medicaid sanctions, or any investigation for a federal healthcare program
- Medical malpractice action



## Practitioner and Provider Quality Assurance of Credentialing – Continued from page 34

### Provider rights

Provider rights in the credentialing process include:

- being provided a copy of the Mid-Atlantic States Credentialing and Privileging Committee (MASCAP) policies and procedures upon written request
- reviewing the information contained in your credentials file, with the exception of peer references, recommendations, and peer-review protected information
- correcting erroneous information contained in your credentialing file within 10 days upon notification of a discrepancy. These corrections should be sent in writing to [ppqa-mas@kp.org](mailto:ppqa-mas@kp.org). The organization is not required to reveal the source of information that was not obtained to meet verification requirements or if federal or state law prohibits disclosure.
- being informed of the status of your application, upon request. You will be informed the stage of the process your application is in within two business days. The response will be provided in the way you made the request.
- appealing decisions of the MASCAP Committee if you are denied credentialing, had your participation status changed, been placed on a performance improvement plan or have any other adverse actions taken against you.

These rights may be exercised by contacting the Kaiser Permanente Practitioner and Provider Quality Assurance Department at:

Phone: 301-816-5853

Fax: 855-414-2630

Email: [ppqa-mas@kp.org](mailto:ppqa-mas@kp.org)

Mail:

Kaiser Permanente Practitioner and Provider Quality Assurance  
2101 East Jefferson Street, 6 West  
Rockville, MD 20852



# Maryland HealthChoice Access Standards and Outreach

As Kaiser Permanente Maryland HealthChoice Participating Providers, there are special requirements and outreach activities that you along with us must adhere to per the Maryland Department of Health (MDH). Participating providers are required to adhere to the appointment and access standards for Maryland HealthChoice members as defined by MDH. This table shows the appointment type and the associated access standard:

Type of Appointment	Access Standard
Initial health assessment appointment (upon enrollment)	Within ninety (90) days of enrollment
Children under the age of 21	Within thirty (30) days of enrollment
Maternity care – pregnant or post-partum	Within ten (10) days of enrollment
Members with Health Risk Assessment (HRA) that screen positive requiring expedited intervention	Within fifteen (15) days from the date of receipt of the completed HRA
Urgent care	Within forty-eight (48) hours of the request
Emergency services	Available immediately upon request

In addition to meeting appointment and access standards, Participating Providers must effectively manage and implement outreach activities. Kaiser Permanente conducts outreach activities designed to ensure Maryland HealthChoice members get the medical care needed. In addition, Kaiser Permanente provides a dedicated on-boarding process that ensures a quality experience for new Maryland HealthChoice members. Our support and outreach services include a centralized team within our Clinical Contact Center that manages onboarding outreach activities related to Maryland HealthChoice members, including but not limited to assisting with kp.org registration, first appointment scheduling, PCP assignments, clinical pharmacy, and reviewing case management screeners.

Participating providers are required to make the necessary outreach to members to ensure the members are seen within the required timeframes for initial health care assessment and evaluation for ongoing health needs (e.g., timeliness of health care visits, screenings, and appointment monitoring). In the event two (2) unsuccessful attempts are made and documented to bring the member in for care, please contact Provider Experience at 877-806-7470. The Provider Experience representative will report the care gap concern to the Kaiser Permanente Medicaid office. Medicaid office will engage Case Management for assistance. After additional attempts made to bring members into care are unsuccessful, the Medicaid office will notify the local/county health department for assistance.

More information regarding access standards and outreach can be found on our website at [www.kaiserpermanente.org/providers/mas](http://www.kaiserpermanente.org/providers/mas) in the Kaiser Permanente Maryland HealthChoice Participating Provider Manual.

## Provider Access to Health Education Materials

Kaiser Permanente physicians and network providers have access to all health education materials to provide to patients as part of the After-Visit Summary and secure email communications, or to supplement discussion from the patient visit.

Content can be viewed through the centralized internal “Clinical Library” which is an electronic inventory of health education information that can be used for all visit types. Health education content and links to education videos, education webpages, and other resources are also embedded into KP HealthConnect for inclusion in the member After Visit Summary, sent via secure messaging, or mailed directly to patient’s addresses. For health education programs, providers can:

- Direct members to [kp.org/appointments](https://kp.org/appointments) to register for classes.
- Use KP HealthConnect, After Visit Summaries, or hard copy flyers to provide members with information on how to self-register for programs.

Additional information on health education programs, tools, and resources is available by:

- Visiting [kp.org/healthyliving/mas](https://kp.org/healthyliving/mas).
- Contacting the Health Education automated line at 301-816-6565 or toll-free at 800-444-6696.



# Member Rights and Responsibilities: Our Commitment to Each Other

Kaiser Permanente is committed to providing you and your family with quality health care services. In a spirit of partnership with you, here are the rights and responsibilities we share in the delivery of your health care services.

## Member rights

As a member of Kaiser Permanente, you have the right to do the following:

### **RECEIVE INFORMATION THAT EMPOWERS YOU TO BE INVOLVED IN HEALTH CARE DECISION MAKING**

This includes your right to do the following:

- a. Actively participate in discussions and decisions regarding your health care options.
- b. Receive and be helped to understand information related to the nature of your health status or condition, including all appropriate treatment and non-treatment options for your condition and the risks involved – no matter what the cost is or what your benefits are.
- c. Receive relevant information and education that helps promote your safety in the course of treatment.
- d. Receive information about the outcomes of health care you have received, including unanticipated outcomes. When appropriate, family members or others you have designated will receive such information.



## **Member Rights and Responsibilities – Continued from page 38**

- e. Refuse treatment, provided that you accept the responsibility for and consequences of your decision.
- f. Give someone you trust the legal authority to make decisions for you if you ever become unable to make decisions for yourself by completing and giving us an advance directive, a durable power of attorney for health, a living will, or another health care treatment directive. You can rescind or modify these documents at any time.
- g. Receive information about research projects that may affect your health care or treatment. You have the right to choose to participate in research projects.
- h. Receive access to your medical records and any information that pertains to you, except as prohibited by law. This includes the right to ask us to make additions or corrections to your medical record. We will review your request based on HIPAA criteria to determine if the requested additions are appropriate. If we approve your request, we will make the correction or addition to your protected health information. If we deny your request, we will tell you why and explain your right to file a written statement of disagreement. You or your authorized representative will be asked to provide written permission before your records are released, unless otherwise permitted by law.

## **RECEIVE INFORMATION ABOUT KAISER PERMANENTE AND YOUR PLAN**

This includes your right to the following:

- a. Receive the information you need to choose or change your primary care physician, including the names, professional levels and credentials of the doctors assisting or treating you.
- b. Receive information about Kaiser Permanente, our services, our practitioners and providers, and the rights and responsibilities you have as a member. You also can make recommendations regarding Kaiser Permanente's member rights and responsibility policies.
- c. Receive information about financial arrangements with physicians that could affect the use of services you might need.
- d. Receive emergency services when you, as a prudent layperson, acting reasonably, would have believed that an emergency medical condition existed.
- e. Receive covered, urgently needed services when traveling outside the Kaiser Permanente service area.
- f. Receive information about what services are covered and what you will have to pay and examine an explanation of any bills for services that are not covered.
- g. File a complaint, a grievance, or an appeal about Kaiser Permanente, or the care you received, without fear of retribution or discrimination; expect problems to be fairly examined; and receive an acknowledgement and a resolution in a timely manner.

## **RECEIVE PROFESSIONAL CARE AND SERVICE**

This includes your right to the following:

- a. See plan providers; get covered health care services; and get your prescriptions filled within a reasonable period of time and in an efficient, prompt, caring and professional manner.

## Member Rights and Responsibilities – *Continued from page 39*

- b. Have your medical care, medical records and protected health information handled confidentially and in a way that respects your privacy.
- c. Be treated with respect and dignity.
- d. Request that a staff member be present as a chaperone during medical appointments or tests.
- e. Receive and exercise your rights and responsibilities without any discrimination based on age; gender; sexual orientation; race; ethnicity; religion; disability; medical condition; national origin; educational background; reading skills; ability to speak or read English; or economic or health status, including any mental or physical disability you may have.
- f. Request interpreter services in your primary language at no charge.
- g. Receive health care in facilities that are environmentally safe and accessible to all.

### Member responsibilities

As a member of Kaiser Permanente, you have the responsibility to do the following:

#### **PROMOTE YOUR OWN GOOD HEALTH**

- a. Be active in your health care and engage in healthy habits.
- b. Select a primary care physician. You may choose a doctor who practices in the specialty of internal medicine, pediatrics, or family practice as your primary care physician.
- c. To the best of your ability, give accurate and complete information about your health history and health condition to your doctor or other health care professionals treating you.
- d. Work with us to help you understand your health problems and develop mutually agreed-upon treatment goals.
- e. Talk with your doctor or health care professional if you have questions or do not understand or agree with any aspect of your medical treatment.
- f. Do your best to improve your health by following the treatment plan and instructions your physician or health care professional recommends.
- g. Schedule the health care appointments your physician or health care professional recommends.
- h. Keep scheduled appointments or cancel appointments with as much notice as possible.
- i. Inform us if you no longer live or work within the plan service area.



## Member Rights and Responsibilities – Continued from page 40

### KNOW AND UNDERSTAND YOUR PLAN AND BENEFITS

- a. Read about your health care benefits and become familiar with them. Detailed information about your plan, benefits and covered services is available in your contract. Call us when you have questions or concerns.
- b. Pay your plan premiums and bring payment with you when your visit requires a copayment, coinsurance, or deductible.
- c. Let us know if you have any questions, concerns, problems, or suggestions.
- d. Inform us if you have any other health insurance or prescription drug coverage.
- e. Inform any network or nonparticipating provider from whom you receive care that you are enrolled in our plan.

### PROMOTE RESPECT AND SAFETY FOR OTHERS

- a. Extend the same courtesy and respect to others that you expect when seeking health care services.
- b. Ensure a safe environment for other members, staff and physicians by not threatening or harming others.



# Member Complaint Procedures

We encourage members to let us know about the excellent care they receive as a member of Kaiser Permanente or about any concerns or problems they have experienced. Member Services representatives are dedicated to answering questions about members' health plan benefits, available services, and the facilities where they can receive care. For example, they can explain how to make a member's first medical appointment, what to do if members move or need care while traveling, or how to replace an ID card. They can also help members file a claim for emergency and urgent care services, both in and outside of our service area, or file an appeal. Also, members always have the right to file a compliment or complaint with Kaiser Permanente.

Local Member Services Representatives are available at most Kaiser Permanente medical office buildings administration offices, or members can call the Member Service Contact Center at 800-777-7902, 8:00 a.m. to 8:00 p.m., 7 days a week (TTY users may call 711).

Written compliments or complaints should be sent to:

Kaiser Permanente  
 Attention: Appeal & Grievance Operations  
 Nine Piedmont Center  
 3495 Piedmont Road NE  
 Atlanta, GA 30305-1736  
 Fax: 404-949-5001

All complaints are investigated and resolved by a Member Services/Member Relations representative through coordinating with the appropriate departments.

Members have the right to file an appeal if they disagree with the Health Plan's decision not to authorize medical services or drugs or not to pay for a claim.

## Medically Urgent Situations

Expedited appeals are available for medically urgent situations. In these cases, call the Member Service Contact Center at 800-777-7902, 8:00 a.m. to 8:00 p.m., 7 days a week (TTY users may call 711).

Fax: 404-949-5001

Members must exhaust the internal appeal process before requesting an external review/appeal. However, an external review/appeal may be requested simultaneously with an expedited internal review/appeal when:

- Services denied based on experimental/ investigational may be expedited with written notice by the treating physician that services would be less effective if not initiated promptly.
- The denial involves medical necessity, appropriateness, healthcare setting, level of care, or effectiveness denials.
- The Health Plan fails to render a standard internal appeal determination within 30 (pre-service) or 60 (post-service) days, and the member has not requested or agreed to a delay.

## Member Complaint Procedures – Continued from page 42

Members may also initiate an appeal for non-urgent services in writing. When doing so, please include:

- The member's name and medical record number.
- A description of the service or claim that was denied.
- Why members believe the Health Plan should authorize the service or pay the claim.
- A copy of the denial notice members received.

Send member's appeal to:

Kaiser Permanente  
Appeal & Grievance Operations  
Nine Piedmont Center  
3495 Piedmont Road NE  
Atlanta, GA 30305-1736  
Fax: 404-949-5001

Any member request will be acknowledged by an appeals analyst who will inform each member of any additional information that is needed and help obtain the information. The analyst will conduct research and prepare the members' request for review by the appeals/grievances committee. The analyst will also inform the member of the Health Plan's decision regarding the members' appeal/grievance request along with any additional levels of review available to members. Detailed information on procedures for sharing compliments and complaints or for filing an appeal/grievance is provided in the members' Evidence of Coverage.

### How to contact us

**Member Services** — Practitioners, providers or members can speak with a Member Services representative if assistance is needed with, or there are questions about the Health Plan or specific benefits. A Member Services representative is available by calling the Member Service Contact Center at 800-777-7902, 8:00 a.m. to 8:00 p.m., 7 days a week (TTY users may call 711).



# CLAS Standards

## National Standards on Culturally and Linguistically Appropriate Services (CLAS)

The standards are organized by four themes:

- Principal Standard
- Governance, Leadership and Workforce (Standards 2-4)
- Communication and Language Assistance (Standards 5-8)
- Engagement, Continuous Improvement and Accountability (Standard 9-15)

### Principal Standard

1. Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other communication needs.

### Governance, Leadership and Workforce

2. Advance and sustain organizational governance and leadership that promotes CLAS and health equity through policy, practices, and allocated resources.
3. Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.
4. Educate and train governance, leadership, and workforce in culturally and linguistically appropriate policies and practices on an ongoing basis.

### Communication and Language Assistance

5. Offer language assistance to individuals who have limited English proficiency and/or other communication needs, at no cost to them, to facilitate timely access to all health care and services.
6. Inform all individuals of the availability of language assistance services clearly and in their preferred language, verbally and in writing.
7. Ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided.
8. Provide easy-to-understand print and multimedia materials and signage in the languages commonly used by the populations in the service area.



**CLAS Standards – Continued from page 44**

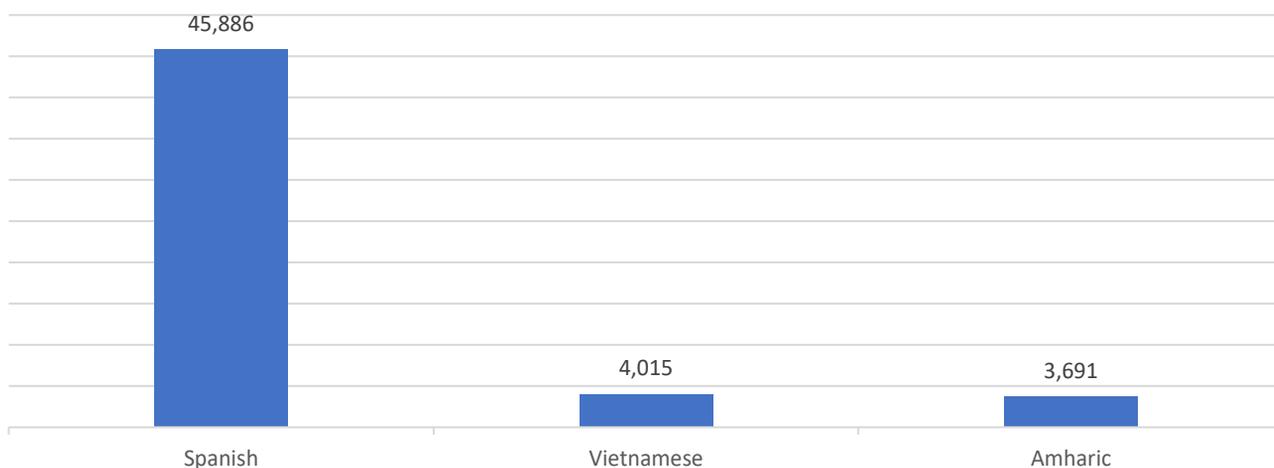
**Engagement, Continuous Improvement and Accountability**

9. Establish culturally and linguistically appropriate goals, policies, and management accountability, and infuse them throughout the organization’s planning and operations.
10. Conduct ongoing assessments of the organization’s CLAS-related activities and integrate CLAS-related measures into measurement and continuous quality improvement activities.
11. Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and to inform service delivery.
12. Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area.
13. Partner with the community to design, implement, and evaluate policies, practices, and services to ensure cultural and linguistic appropriateness.
14. Create conflict and grievance resolution processes that are culturally and linguistically appropriate to identify, prevent, and resolve conflicts or complaints.
15. Communicate the organization’s progress in implementing and sustaining CLAS to all stakeholders, constituents, and the general public.

Source: U.S. Department of Health & Human Services, Office of Minority Health (OMH).

The Enhanced National CLAS Standards address demographic trends and changes and brings relevance to new national policies and legislation, such as the Affordable Care Act. Kaiser Permanente has voluntarily adopted the federal CLAS standards to help ensure we are respectful of and responsive to the health beliefs, practices, and needs of diverse patients.

Top three languages spoken other than English



Source: Equity, Inclusion, & Diversity Annual Report January 1, 2022 – December 31, 2022. Data shows the demographic profile by language for overall Kaiser Permanente members.

We continue to meet the challenges of serving diverse communities and provide high-quality services and care by tailoring services to an individual's culture and providing care in their preferred language. In this way, health professionals can help bring about positive health outcomes for diverse populations.

## Diversity

Members have the right to free language services for health care needs. We provide free language services including:

- **24-hour access to an interpreter.** When members call to make an appointment or talk to their personal physician, if needed, we will connect them to a telephonic interpreter.
- **Translation services.** Some member materials are available in the member's preferred language.
- **Bilingual physicians and staff.** In some medical centers and facilities, we have bilingual physicians and staff to assist members with their health care needs. They can call Member Services or search online in the medical staff directory at [kaiserpermanente.org](https://www.kaiserpermanente.org).
- **Braille, large print, or audio.** Blind or vision impaired members can request for documents in Braille or large print or in audio format.
- **Telecommunications Relay Service (TRS).** If members are deaf, hard of hearing, or speech impaired, we have the TRS access numbers that they can use to make an appointment or talk with an advice nurse or member services representative or with you.
- **Sign language interpreter services.** These services are available for appointments. In general, advance notice of two or three business days is required to arrange for a sign language interpreter; availability cannot be guaranteed without sufficient notice.
- **Video Remote Interpretation (VRI).** VRI provides on-demand access to American Sign Language & Spoken Language interpretation services at medical centers for members. It meets the need in the care experience of walk-in deaf patients and those in need of urgent care.
- **Educational materials.** Health education materials can be made available in languages other than English by request. To access Spanish language information and many educational resources go to [kp.org/espanol](https://kp.org/espanol) or [kp.org](https://kp.org) to access La Guía en Español (the Guide in Spanish). Members can also look for the ñ symbol on the English language Web page. The ñ points to relevant Spanish content available in La Guía en Español.
- **Prescription labels.** Upon request, the Kaiser Permanente of the Mid-Atlantic States pharmacist can provide prescription labels in Spanish for most medications filled at the Kaiser Permanente pharmacy.
- **After Visit Summary (AVS).** AVS can be printed on paper and available electronically via [kp.org](https://kp.org) for KP members after their appointment. If the member's preferred written communication is documented in KP HealthConnect for a non-English language, the AVS automatically prints out in that selected language. This includes languages such as Spanish, Arabic, Korean, and several others.

At Kaiser Permanente, we are committed to providing quality health care to our members regardless of their race, ethnic background or language preference. Efforts are being made to collect race, ethnicity and language data through our electronic medical record system, HealthConnect®. We believe that by understanding our members' cultural and language preferences, we can more easily customize our care delivery and Health Plan services to meet our members' specific needs.

## Diversity – Continued from page 46

Currently, when visiting a medical center, members should be asked for their demographic information. It is entirely the member's choice whether to provide us with demographic information. The information is confidential and will be used only to improve the quality of care. The information will also enable us to respond to required reporting regulations that ensure nondiscrimination in the delivery of health care.

We are seeking support from our practitioners and providers to assist us with the member demographic data collection initiative. We would appreciate your support with the data collection by asking that you and your staff check the member's medical record to ensure the member demographic data is being captured. If the data is not captured, please take the time to collect this data from the member. The amount of time needed to collect this data is minimal and only needs to be collected once. Recommendation for best practices for collecting data is during the rooming procedure.

In conclusion, research has shown that medical treatment is more effective when the patient's race, ethnicity and primary language are considered.

To access organization-wide population data on language and race, please access the reports via our Community Provider Portal at [kp.org/providers/mas](https://kp.org/providers/mas) under *News and announcements*.

To obtain your practice level data on language and race, please email the Provider Experience Department at [Provider.Relations@kp.org](mailto:Provider.Relations@kp.org).



## Referring Patients to KP for Specialty Care

Referring your patients to Kaiser Permanente brings the advantages of the integrated care experience to our members as well as to you - the Participating Provider. Members referred to Kaiser Permanente providers for specialty care are seen by Mid-Atlantic Permanente Medical Group, P.C. physicians. With our recent expansions in specialty care services, members referred to a specialist within Kaiser Permanente are frequently seen more quickly than those referred to a specialist within our Participating Provider Network. In addition, all services rendered at a Kaiser Permanente medical center including lab, pharmacy, and radiology orders are documented within KP HealthConnect, our state-of-the-art electronic medical record and care management system. The electronic capabilities and technology available through KP HealthConnect allow us to keep you and the patient connected with all aspects of the care that he/she receives within Kaiser Permanente. Members may access health information related to their Kaiser Permanente care at [kp.org](http://kp.org). Participating PCPs with access to KP HealthConnect AffiliateLink have real-time access to their patient's encounters/ visits, charts, lab results and more via the web at [kp.org/providers/mas](http://kp.org/providers/mas).

If you do not have access to KP HealthConnect or Online Affiliate and would like to enroll, you may download an enrollment package at [kp.org/providers/mas](http://kp.org/providers/mas) or contact Provider Experience at 877-806-7470 for assistance.

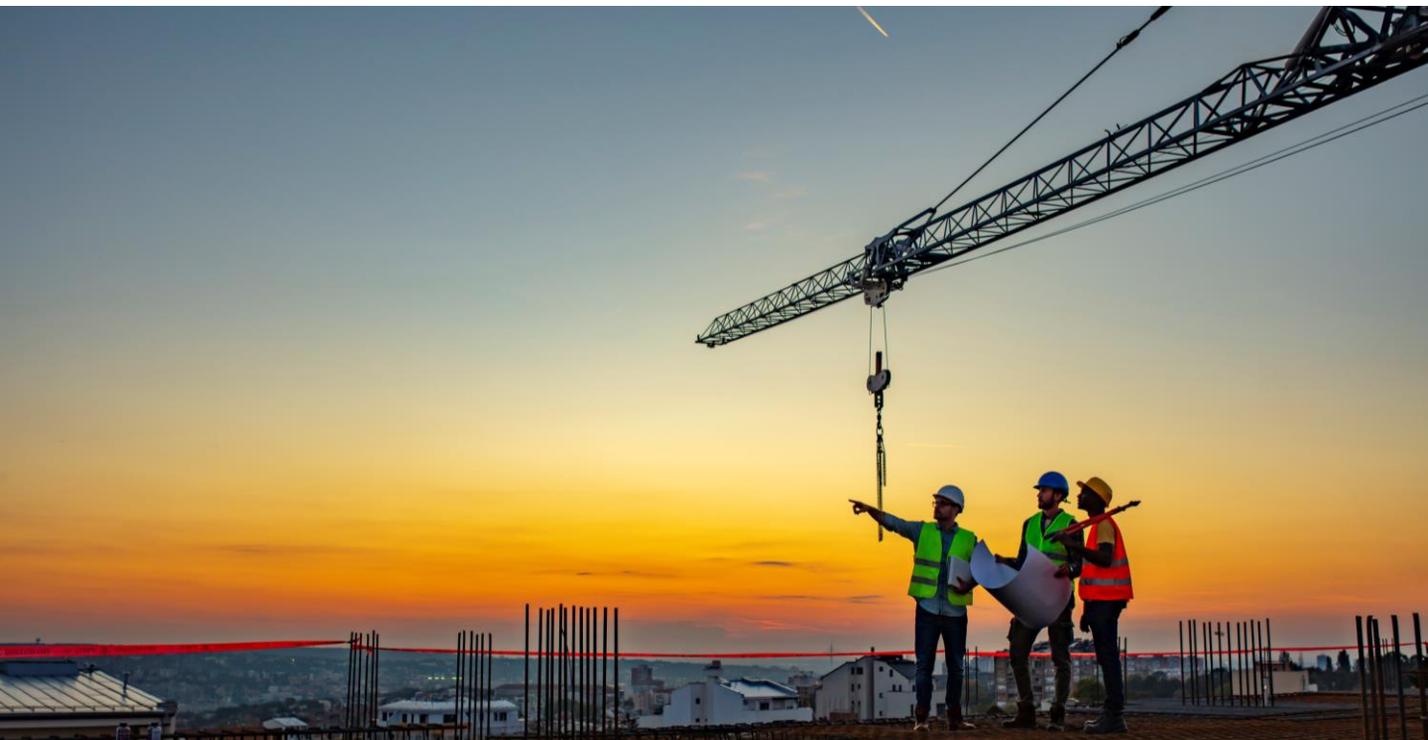


# Language Services and Accessibility Requirements

**ALL HEALTHCARE PROVIDERS AND INSURERS** that receive federal funding, including our contracted/network providers and physicians, are required to comply with applicable federal civil rights laws and not discriminate, exclude people, or treat them differently when providing services. This includes providing language access services to non-English speaking patients for interpretation and translation of vital documents necessary for meaningful access.

Kaiser Permanente is legally required to and requires its contracted providers to provide language services for all patients with communication barriers to ensure they have equal access to services and information. This includes individuals with a primary language other than English and individuals who are deaf, deaf blind, and hard of hearing, and applies to everyone, from members seeking care, to members of the community seeking information. This includes:

- Providing free aids and services to people with disabilities to help ensure effective communication, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, braille, and accessible electronic formats)
  - Assistive devices (magnifiers, pocket talkers, and other aids)
- Providing free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages
- Contract and Network providers/physicians must provide language services for all interactions with the member and staff. This includes, but is not limited to:
  - All appointments with any provider for any covered services
  - Emergency services
  - All steps necessary to file complaints and appeals



## Provider Directory Validation Surveys

The Kaiser Permanente provider directory validation survey is designed to adhere to the Center for Medicare and Medicaid Services (CMS) regulations and the new Consolidated Appropriations Act of 2021, also known as the No Surprises Act. The objectives of both are to ensure that members have access to accurate provider information. The survey not only addresses directory accuracy but also accuracy of our other provider data systems.

In accordance with these regulations, provider data must be validated at least every 90 days. Therefore, Kaiser Permanente sends this provider directory validation survey each quarter, and providers are required to respond. Instructions are contained along with the survey, and **providers are reminded to return all pages with their response before the stated deadline.**

If you have any questions or concerns, please contact Provider Experience at 1-877-806-7470 or email us at [provider.demographics@kp.org](mailto:provider.demographics@kp.org) with the subject line: "Provider Directory Validation."

Thank you for communicating all data changes in a timely manner. We appreciate your cooperation!

## Keeping Your Provider Data Updated

Keeping Kaiser Permanente updated with changes, adds, and terminations to your practice will ensure that our directory and data systems are accurate and help us provide an excellent healthcare experience to our members.

It is imperative that you ensure your information is current by notifying us in a timely manner of demographic changes, provider terminations, and/or provider additions to your practice. **If a provider is being added to your practice, your information must be communicated and updated in our system before treating our members.**

Please utilize the provider update form to submit updates throughout the year. For your convenience, the form can be found on the following page as well as on our Community Provider Portal at the following link:

<https://healthy.kaiserpermanente.org/content/dam/kporg/final/documents/community-providers/mas/ever/sample-add-change-letter-en.pdf>.

These updates may be submitted to Provider Experience via:

Fax: 855-414-2623

Email: [Provider.Demographics@kp.org](mailto:Provider.Demographics@kp.org)

Mail: Kaiser Permanente

Provider Experience

2101 East Jefferson St., 2 East

Rockville, MD 20852

# Sample Provider Data Update Form Letter

## Company Letterhead Logo

<<Date>>

Requestor:

Requestor's Correspondence Address:

Requestor's Phone #:

Requestor's Email:

Tax ID#:

Effective date of change(s):

Reason for the request:

### **\*PLEASE DELETE SECTIONS NOT NEEDED**

#### **Address change (Specify if practice location or billing address is changing)**

- Specify if adding or deleting address
- Include **old** and **new** demographic information when sending request (Street Address, City, State, Zip, Phone, Fax, **Tax ID** and **NPI**)
- Billing/Payment Address/Tax ID/NPI
- Management Correspondence Address (include Phone & Fax Number)

#### **Practice location addition**

- Include **new** demographic information when sending request (Street Address, City, State, Zip, Phone, Fax, **Tax ID** and **NPI of Location**)
- Billing/Payment Address/Tax ID/NPI

#### **Adding a provider to or deleting a provider from an existing group**

- Specify if adding or deleting provider
- Include the information listed below if adding or deleting a provider:
  - First Name, Middle Initial, and Last Name
  - Gender
  - Title (*MD, CRP, CRNP, PA etc.*)
  - Date of Birth
  - NPI #
  - CAQH #
  - UPIN or SSN
  - Medicare #
  - Medicaid Participation State(s)
  - Medicaid #
  - Practicing Specialty
  - **Practicing Location(s) (include phone & fax numbers)**
    - Indicate whether practicing location is hospital based or office based
  - Billing/Payment Address (*include W-9*)
  - Management Correspondence Address (*include phone & fax number*)
  - Hospital Privileges
  - Foreign Languages
  - Effective Date
  - Provider Panel Status: Open or Closed
- ***A copy of provider licenses in all practicing states is required***

#### **Changing the Tax Identification Number and/or the name of an existing group**

- Include **old** and **new** tax ID number and/or group name
- Include effective date of the new tax ID number and/or group name
- Include NPI number
- Include a signed and dated copy of the new W-9
- Billing/Payment Address
- Management Correspondence Address (include phone & fax number)

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.  
Provider Experience  
2101 E. Jefferson Street  
Rockville, MD 20852