



MFC Statement on Weight Loss Medications

MedStar Family Choice, like all MCOs, follows state and federal exclusions regarding drug coverage for our members. **Currently, we do not provide coverage for any medications prescribed for an indication of weight management.**

Coverage exclusions are described in the Code of Maryland Regulations (COMAR) 10.57.06.27A (12) and also in the Code of Federal Regulations (CFR) 42 U.S. Code § 1396r–8.

These medications include, but are not limited to:

Brand Names	Generic Names
Adipex-P, Lomaira	Phentermine
Alli (OTC), Xenical	Orlistat
Contrave	Naltrexone/Bupropion
Mounjaro, Zepbound	Tirzepatide
Ozempic, Rybelsus, Wegovy	Semaglutide
Qsymia	Phentermine/Topiramate
Victoza, Saxenda	Liraglutide

At this time, no GLP-1 class medication is indicated for pre-diabetes. **We do not cover off-label indications and are unable to approve coverage in the absence of a laboratory confirmed diabetes diagnosis.**

Please consider communicating this information to your patients during their office visits so that they may understand the limitation and ask questions at that time. MFC respectfully requests that you refrain from submitting prior authorization requests for medications prescribed for weight loss to reduce the unnecessary administrative burden on providers, pharmacies and MFC as these requests cannot be approved.

MFC encourages you to consult our Formulary documents and Prior Authorization Table to determine coverage for these medications when prescribed for a diagnosis that is not related to weight management. These references can be found on our website: MedStarFamilyChoice.com, under [Pharmacy and Prescription Information](#).