# NATIONAL DPP LIFESTYLE COACH TRAINING CLASS

REGISTER FOR UPCOMING TRAINING CLASSES:

## Call for Diabetes Prevention Program Coaches

AHEC West

The Center for Chronic Disease Prevention and Control is offering virtual lifestyle coach classes to CDC-recognized lifestyle change programs that offer the National DPP.

The Lifestyle Coach's ability to support participants, provide guidance, and help groups work together effectively is essential for a successful lifestyle change program.

Only people affiliated with recognized DPP providers may take any of these lifestyle coach training events. Trainees must attend every class and complete all selfstudy work.

If you are interested or have questions about becoming a Diabetes Prevention Program Lifestyle Coach, please email <u>cbrenneman@ahecwest.org</u>

### UPCOMING CLASSES:

WEDNESDAYS AND THURSDAYS FROM JULY 21 - 29 ZOOM SESSIONS ARE HELD FROM 9 AM – 1 PM JULY 21, 22, 28, 29

#### **REGISTER**

TUESDAYS AND WEDNESDAYS FROM AUGUST 3 – AUGUST 11 ZOOM SESSIONS ARE HELD FROM 9 AM – 1 PM AUGUST 3, 4, 10, 11, 2021

#### **REGISTER**

WEDNESDAYS AND THURSDAYS FROM SEPTEMBER 15 - 23 ZOOM SESSIONS ARE HELD FROM 12:30 PM - 4:30 PM SEPT 15, 16, 22, 23

#### **REGISTER**

WEDNESDAYS AND THURSDAYS FROM OCTOBER 20 - 28 ZOOM SESSIONS ARE HELD FOR 4 HOURS FROM 9 AM – 1 PM OCT 20, 21, 27, 28

#### **REGISTER**