



Wes Moore, Governor · Aruna Miller, Lt. Governor · Meena Seshamani, M.D., Ph.D., Secretary

August 10, 2026

Dear Health Care Provider,

The Maryland State WIC office is pleased to announce the release of a new and updated **Maryland WIC Medical Documentation Form**. This revised form simplifies the documentation process, improves clarity, and ensures WIC staff receive the information needed to determine appropriate food package benefits and nutrition services for participants with qualifying medical conditions. Issuance of formula and other food benefits is subject to WIC approval based on Program Policy and Procedure.

We ask that health care providers use the updated Medical Documentation form (dated June 2026) and discard or delete previous versions of the form.

The updated Medical Documentation form in a fillable pdf and instructions for completing the form are available:

- On the Maryland WIC website: www.mdwic.org under Providers
- Through your local Maryland WIC agency

When completing the form, please ensure that all required sections are included. Complete and accurate documentation helps WIC staff provide timely nutrition support and appropriate food benefits to participants. If you have any questions regarding the new form, please contact the Maryland State WIC office at MDH.WIC@Maryland.gov.

Sincerely,

Jennifer Wilson, MEd, RD, LDN
Director
Maryland WIC Program

cc: Iliana Siarmalis, MPH, MCHES, CPH, Acting Director, Maternal and Child Health Bureau
Peter DeMartino, PhD, Director, Prevention and Health Promotion Administration