

BREASTFEEDING SERVICES



PATIENT NAME: _____

DATE: _____

PLEASE VISIT WIC FOR THESE SERVICES, WHICH WILL HELP YOUR FAMILY GROW AND THRIVE.

POR FAVOR VAYA A WIC PARA LOS SIGUIENTES SERVICIOS, ESTOS LE AYUDARÁN A SU FAMILIA A CRECER Y A PROSPERAR.

- Prenatal Breastfeeding Education / Educación prenatal de lactancia
- General Breastfeeding Support / Apoyo general de la lactancia
- Position and Latch / Posición y agarre
- Building Up Your Milk Supply / Aumentar su producción de leche
- Feeding Guidelines / Guías de alimentación
- Baby Weight Check / Verificación de peso del bebé
- Pumping and Storage / Sacar la leche con una pompa y guardarla
- Baby-Paced Bottle Feeding / Alimentación con biberón al ritmo del bebé
- Preparing to Return to Work or School / Prepararse para regresar al trabajo o la escuela
- Other / Otro: _____

HEALTHCARE PROVIDER NAME (PLEASE PRINT)

SIGNATURE

PHONE NUMBER



This institution is an equal opportunity provider.

Allegany County	(301) 759-5020
Anne Arundel County	(410) 222-6797
Anne Arundel Spanish	(410) 222-0139
Baltimore City (Health Department)	(410) 396-9427
Baltimore City (Johns Hopkins)	(410) 614-4848
Baltimore County	(410) 887-6000
Calvert County	1-877-631-6182
Caroline County	(410) 479-8060
Carroll County	(410) 876-4898
Cecil County	(410) 996-5255
Charles County	(301) 609-6857
Dorchester County	(410) 479-8060
Frederick County	(301) 600-2507
Garrett County	(301) 334-7710
Harford County	(410) 939-6680
Howard County	(410) 313-7510
Kent County	(443) 262-4423
Montgomery County (CCI)	(301) 762-9426
Prince George's County (Health Department)	(301) 856-9600
Prince George's County (Greenbelt)	(301) 762-9426
Prince George's County (Greater Baden)	(301) 324-1873
Queen Anne's County	(443) 262-4423
Somerset County	(410) 749-2488
St. Mary's County	1-877-631-6182
Talbot County	(410) 479-8060
Washington County	(240) 313-3335
Wicomico County	(410) 749-2488
Worcester County	(410) 749-2488
Maryland Toll-Free	1-800-242-4WIC