Do it Yourself National Children's Dental Health Month Poster!

Print out the five, individual, 8.5 x 11 poster sheets and arrange to make your own poster.

Display in a row to make a banner.



Or overlap to make a big poster and fill in the open areas with construction paper.





America's leading advocate for oral health

ADA.org/ncdhm

Brush twice a day. Clean between your teeth daily. Limit snacks, eat healthy meals. Visit your dentist regularly.

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