

Proclamation
Oral Cancer Awareness Month
April 2019

- Whereas: Oral Cancer Awareness Month is aimed at educating the public about the risk factors, signs and symptoms of the disease; and
- Whereas: When correct steps are taken, such as, every year ask your dental or medical provider for an oral cancer exam; and
- Whereas: All Maryland residents quit the use of all tobacco products and limit alcoholic drinks; and
- Whereas: Use a lip balm with SPF of at least 15 anytime outdoors and consume a diet rich in fruits and vegetables; and
- Whereas: Vaccinating boys and girls beginning at age 11 or 12 against the Human Papillomavirus (HPV) can reduce the risk of Oral Cancer; and
- Whereas: The Maryland Department of Health, Office of Oral Health, supports the early detection of oral cancer and prevention of the disease through yearly oral cancer screenings and promoting tobacco cessation programs, such as, the Maryland Tobacco Quitline, 1-800-QUIT-NOW.

Now, therefore, I, (INSERT LOCAL NAME), do hereby proclaim April 2019, as Oral Cancer Awareness Month in Maryland, and do commend this observance to all our citizens.