



FLUORIDE

The optimal range is 0.6 mg/L - 1.0 mg/L.

This level is needed to protect children and adults from cavities.

THE CURRENT CDC GUIDELINES RECOMMEND THESE FLUORIDE LEVELS.

There are no penalties for going over this range if you stay below 2.0 mg/L.

Fluoridation supporters include:

American Dental Association

Centers for Disease Control and Prevention

American Academy of Pediatrics American

Water Works Association

Maryland Rural Water Association

Maryland Department of the Environment

Maryland Department of Health

<https://health.maryland.gov/phpa/oralhealth/Pages/community-water.aspx>

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