

FLUORIDE

The optimal range is 0.6 mg/L - 1.0 mg/L.

This level is needed to protect children and adults from cavities.

THE CURRENT CDC GUIDELINES RECOMMEND THESE FLUORIDE LEVELS.

There are no penalties for going over this range if you stay below 2.0 mg/L.

Fluoridation supporters include:

American Dental Association
Centers for Disease Control and Prevention
American Academy of Pediatrics American
Water Works Association

Maryland Rural Water Association

Maryland Department of the Environment

Maryland Department of Health