



Central East (HHS Region 3)

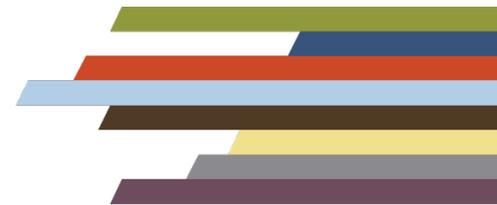
ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

IMPLEMENTING SBIRT: Family Planning and Reproductive Health Settings Tuesday, July 28, 2020

Holly Ireland, LCSW-C
Shelley Miller, MS

THE DANYA INSTITUTE

The logo features a red swoosh above the text 'THE DANYA INSTITUTE'.



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Shelley Miller
SME Family Planning
and Reproductive Health



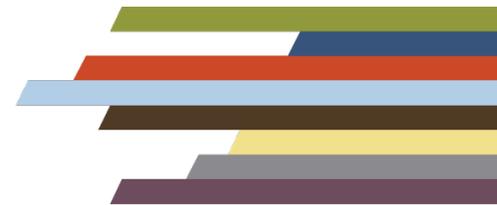
Holly Ireland, LCSW-C
Co Project Director

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Poll Questions

Who is participating in the workshop today?
(what is your primary role?)

- Administrator
- Advanced level practitioner
- Counselor
- Medical Assistant
- Nurse
- Support Staff
- Other



ATTCs

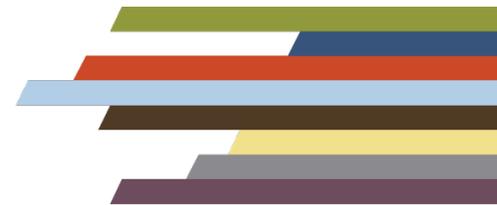
Funded by SAMHSA

- **Accelerate** the adoption and implementation of evidence-based and promising addiction treatment and recovery-oriented practices and services;
- **Heighten** the awareness, knowledge, and skills of the workforce that addresses the needs of people with substance use and/or other behavioral health disorders; and
- **Foster** regional and national alliances among culturally diverse practitioners, researchers, policy makers, funders, and the recovery community.



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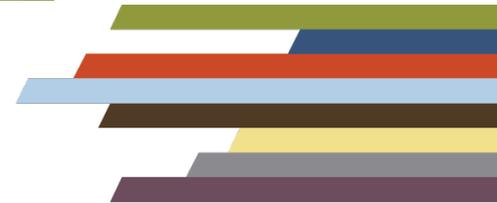
ATTC Purpose

The [ATTC Network](#) vision is to unify science, education, and service to transform lives through evidence-based and promising treatment and recovery practices in a recovery-oriented system of care.



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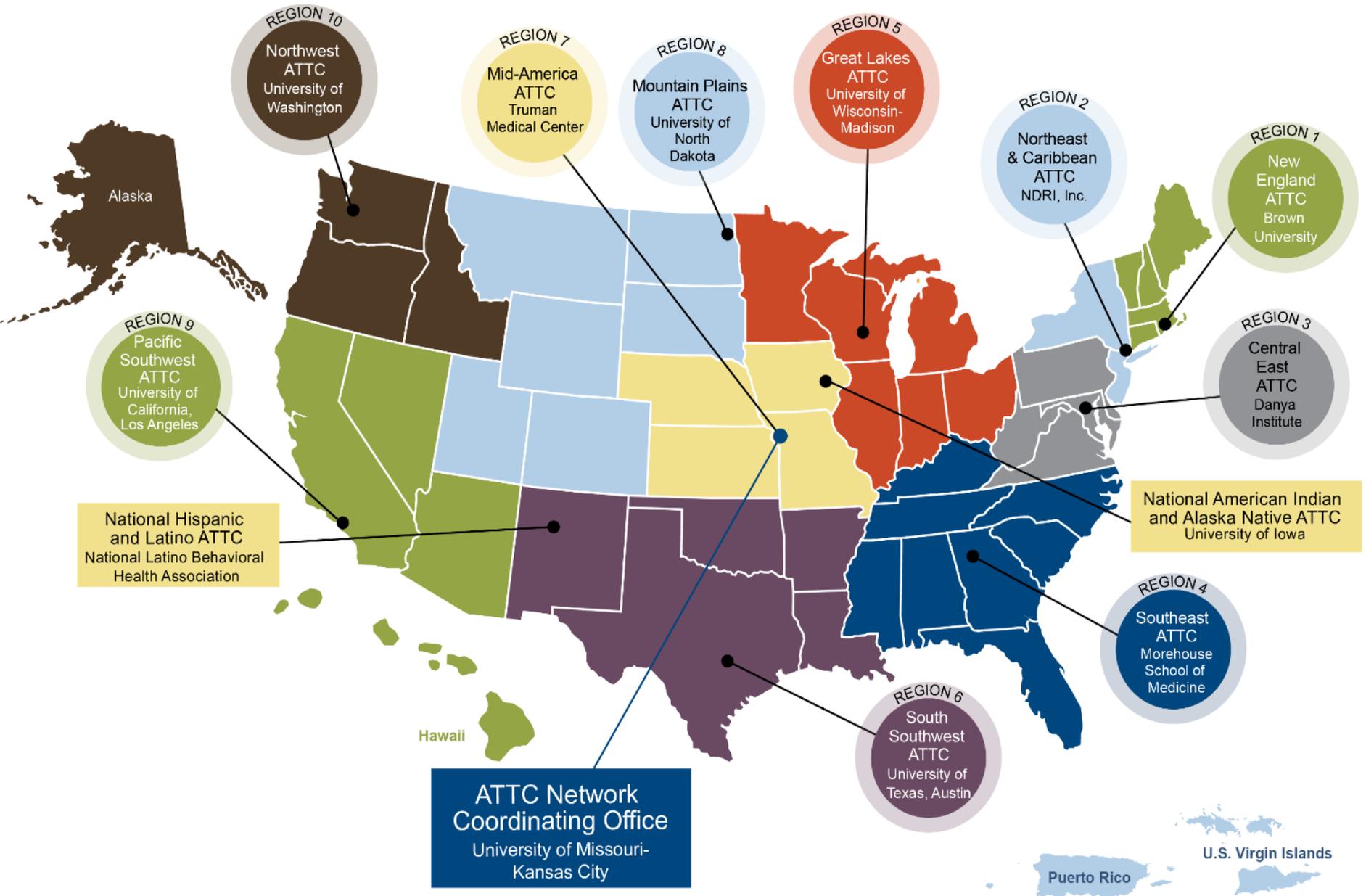


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U.S.-based ATTC Network

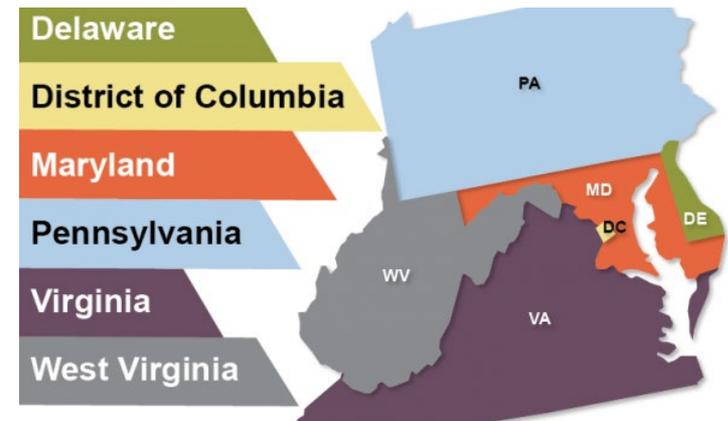


Central East Focus Areas

- Health Equity and Inclusion
- Evidence-Based Practices (EBPs)
 - Motivational Interviewing
 - SBIRT
 - Clinical Supervision
- Medication Assisted Treatment (MAT)
- Opioid Crisis
- Peer Workforce
- Tobacco Cessation



HHS REGION 3



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Other Resources in Region 3



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MHTTC

Mental Health Technology Transfer Center Network

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PTTC

Prevention Technology Transfer Center Network

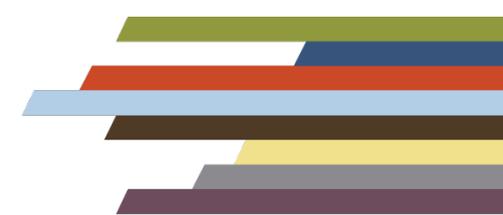
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Central East ATTC Goals

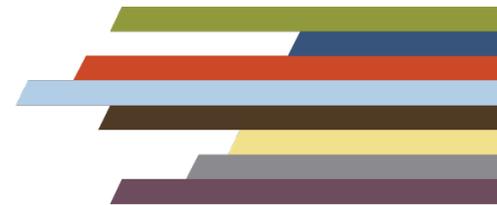
- Collaborate and communicate with key regional stakeholders and develop T/TA responses for the behavioral health and public health workforce
- Increase ongoing implementation of evidence-based SUD interventions, treatment and recovery practices in specialized SUD, HIV, and primary care programs and practices



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The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS.

Words have power.



PEOPLE FIRST.



The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.

Cultural Competence

A set of practice skills, congruent behaviors, attitudes, and policies that come together in a system, or among professionals to work effectively in cross cultural situations.

The capacity to function effectively



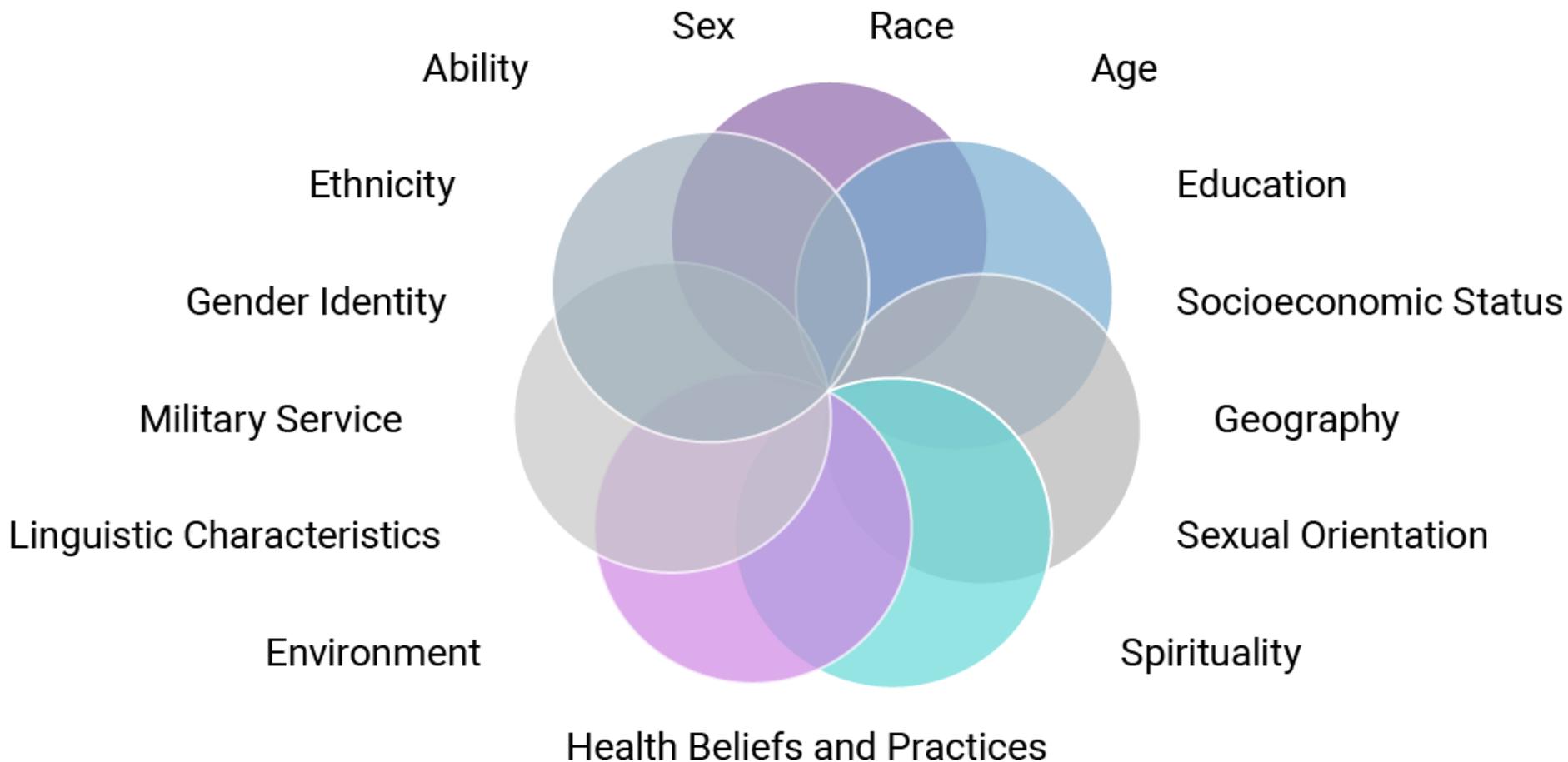
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Photo

Cultural Identity Influences the Therapeutic Process



Source: [Think Cultural Health](#)



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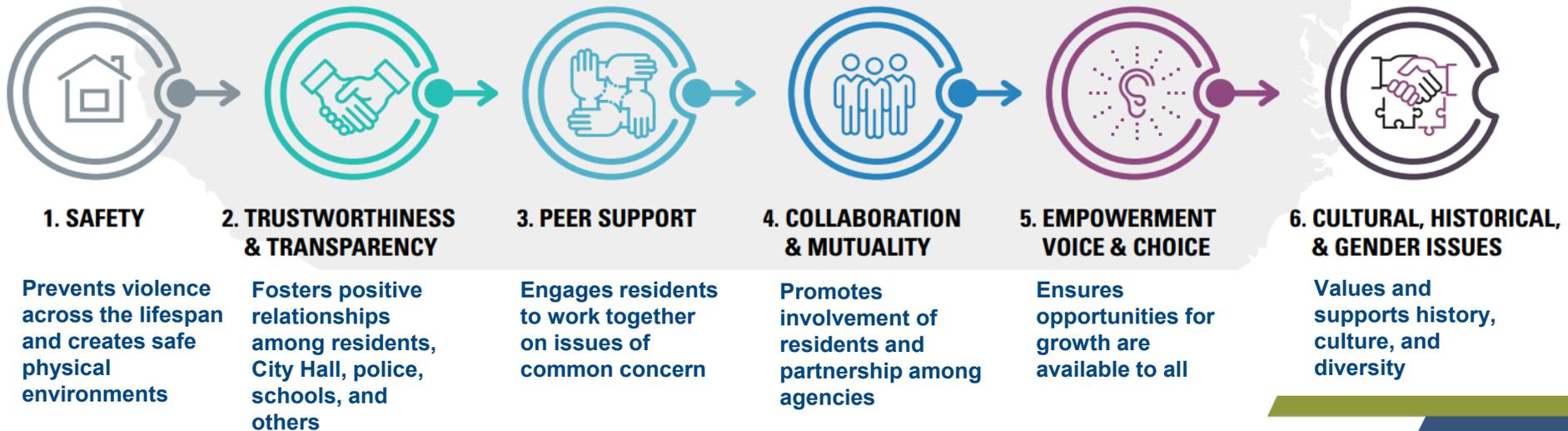
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Trauma-Informed Care (TIC)

A trauma-informed approach is a promising model for organizational change in health, behavioral health, and other settings that promote resilience in staff and patients.

SAMHSA's 6 Key Principles

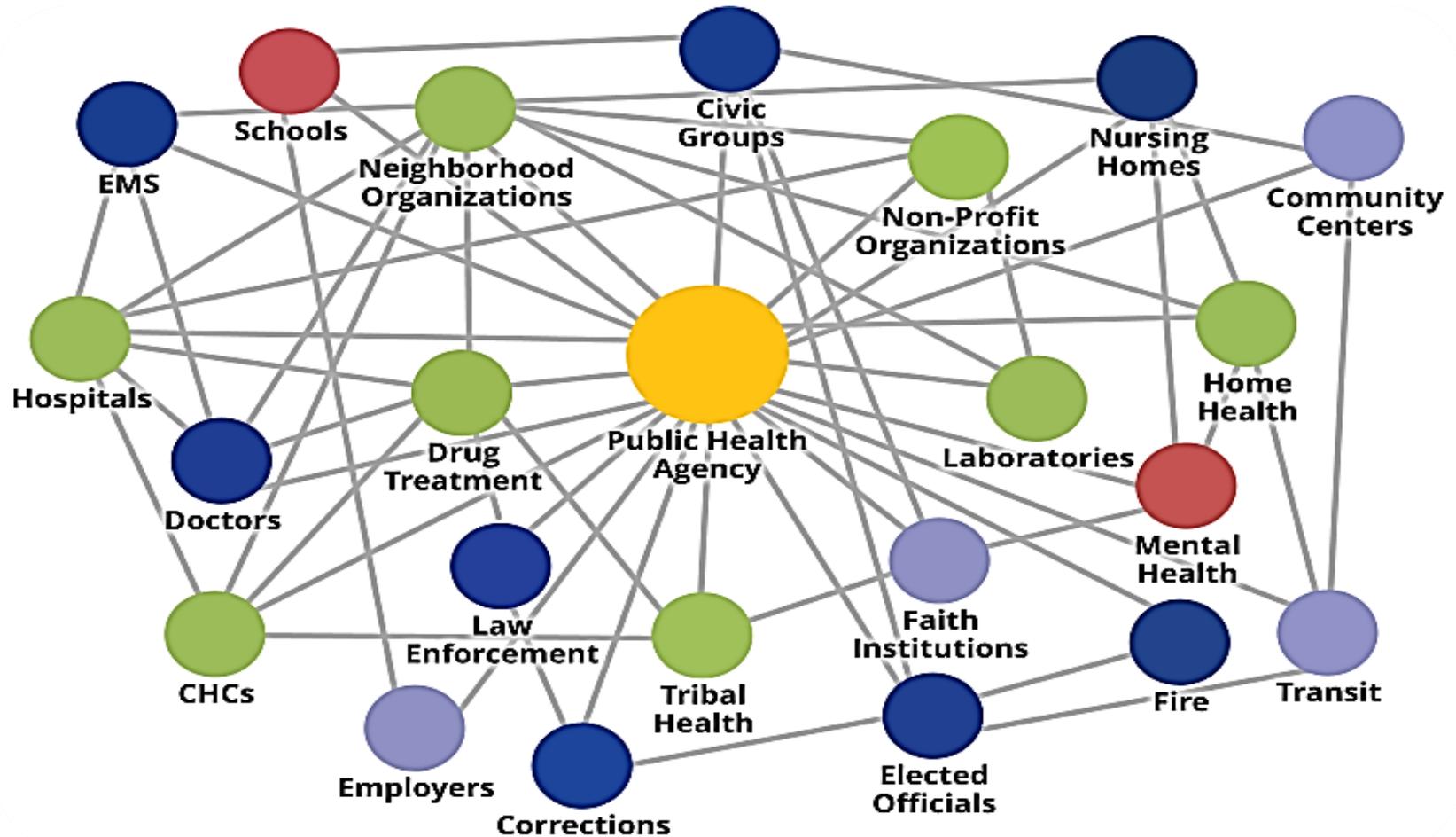


Substance Use Is



A Public Health Problem

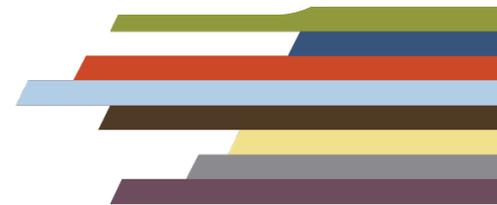
Public Health Partnerships



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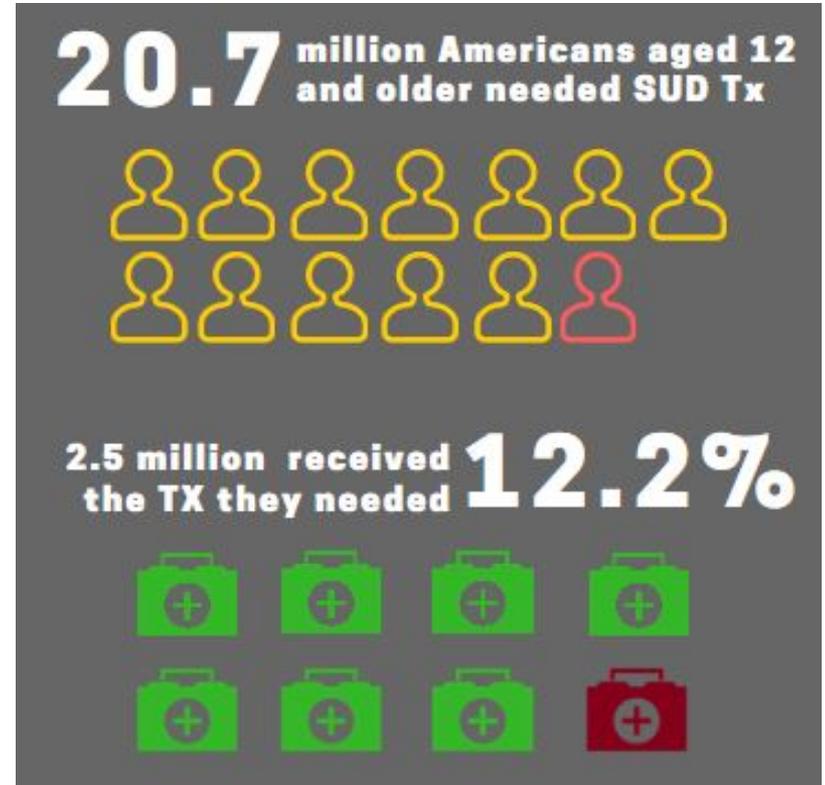


Rationale

Why Family Planning Programs?

20.7 million Americans ages 12 and older needed treatment for substance use in 2017 (or 1 in 13).

However, only about **2.5 million** people received the specialized treatment they needed in the previous 12 months (or **12.2%** of those who needed it).



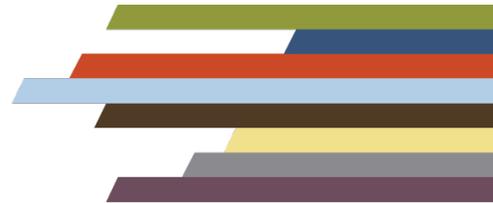
[SAMHSA's National Survey on Drug Use and Health \(NSDUH\) – 2017 \(pgs 46 & 47\)](#)



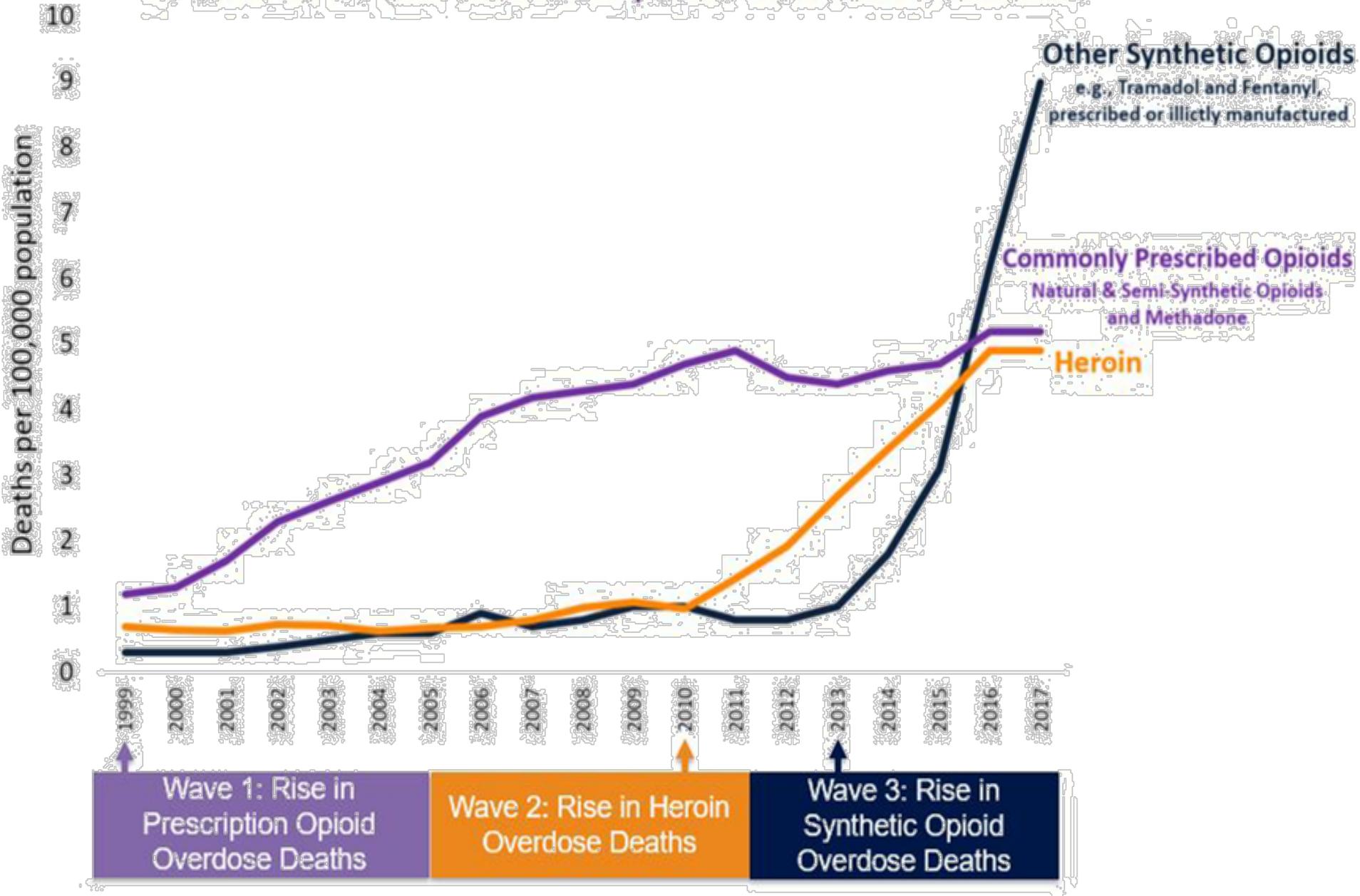
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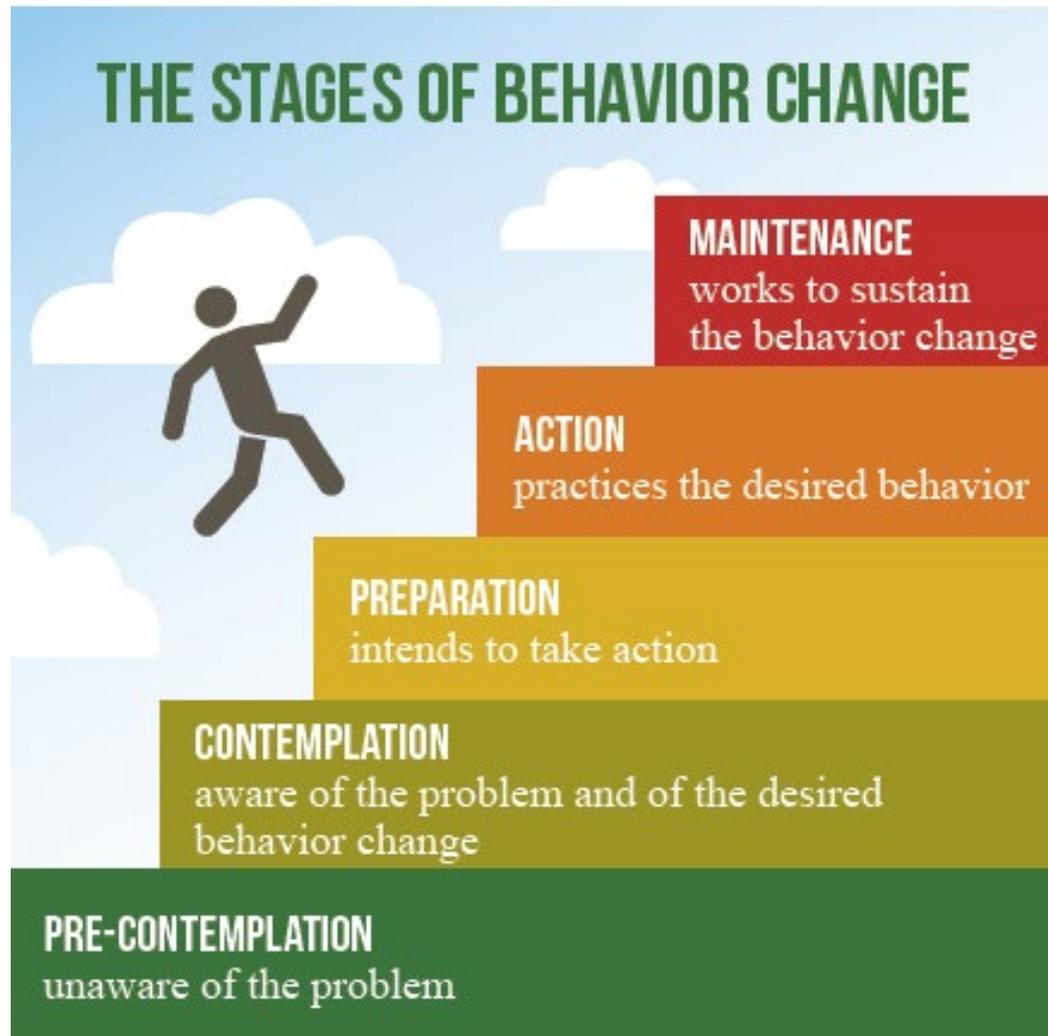
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3 Waves of the Rise in Opioid Overdose Deaths



Transtheoretical Model: Stages of Change



Two Poll Questions

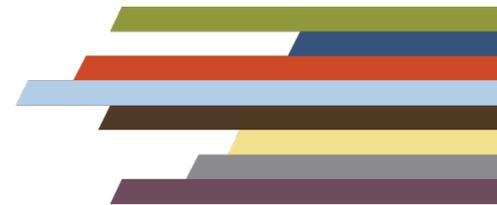
When you think about stages of change, where would you place yourself and your agency?

Self?

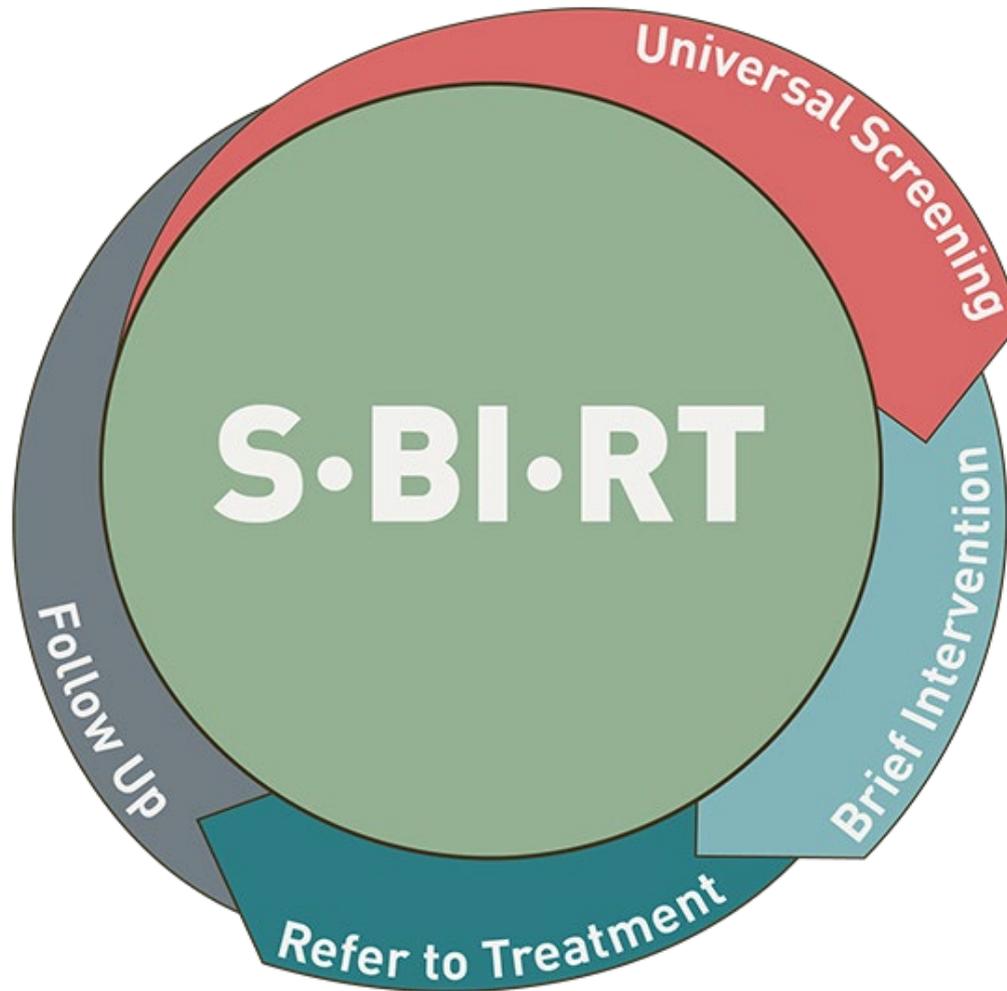
- Pre-Contemplative
- Contemplative
- Preparation
- Action
- Maintenance

Agency?

- Pre-Contemplative
- Contemplative
- Preparation
- Action
- Maintenance



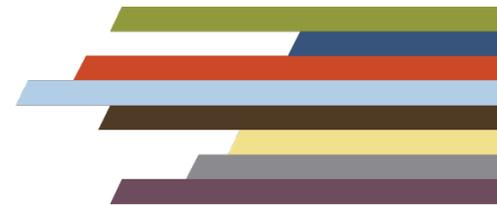
SBIRT



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Poll Question

I have received training on the SBIRT model.

Yes

No

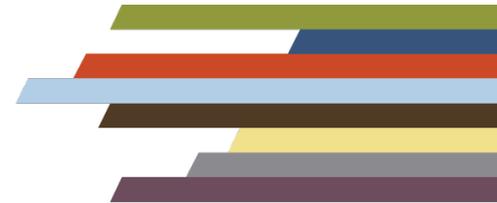
Uncertain



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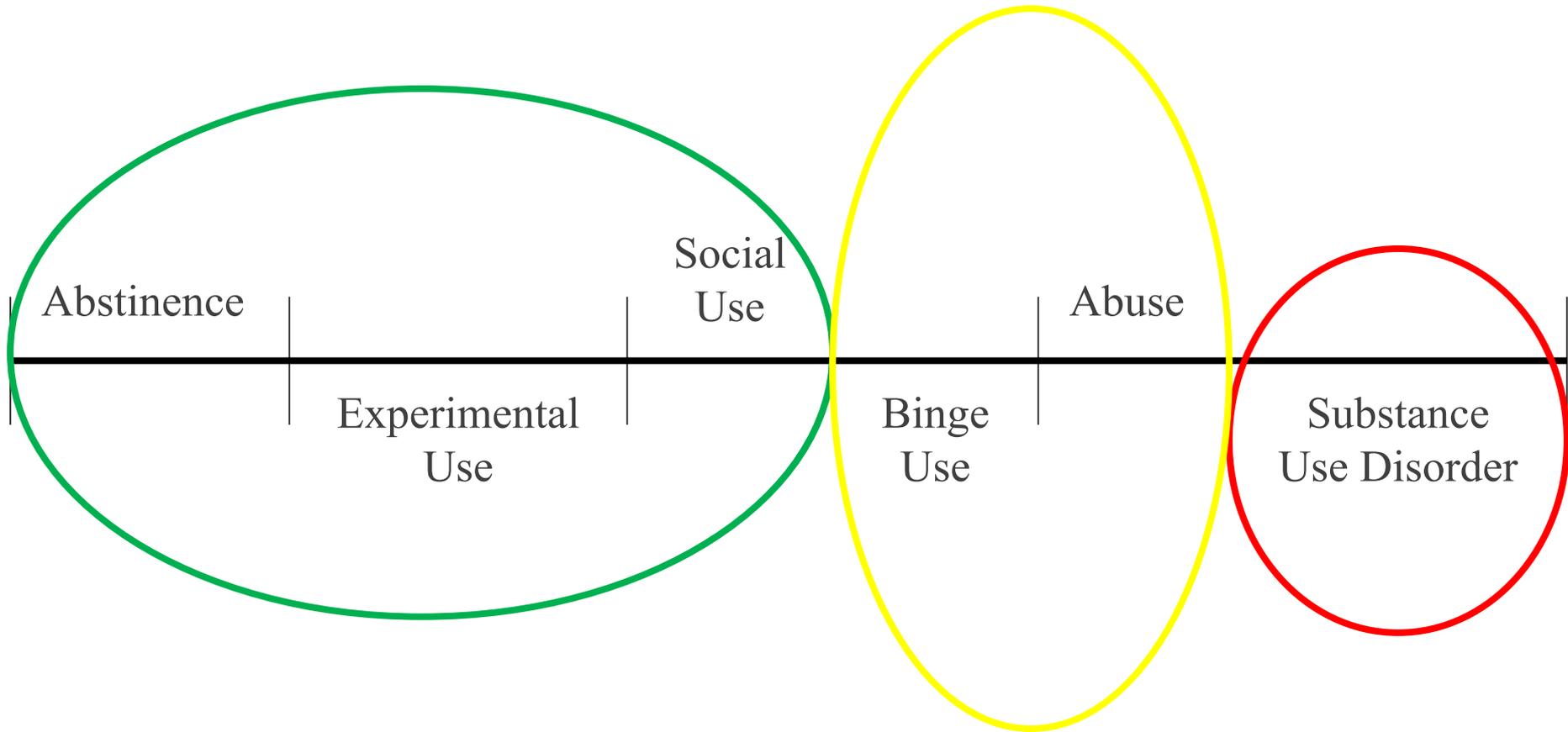
The SBIRT Concept

- SBIRT uses a public health approach to universal screening for substance use problems
 - ***SBIRT provides:***
 - Immediate rule out of non-problem users;
 - Identification of levels of risk;
 - Identification of patients who would benefit from brief advice;
 - Identification of patients who would benefit from further assessment; and
 - Progressive levels of clinical interventions based on need and motivation for change.



The SBIRT Model

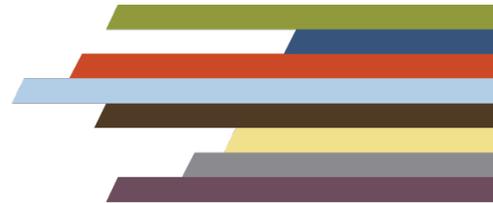
A Continuum of Substance Use



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Implementation Phases

01



Change Project Commitment and Implementation Plan Development

02

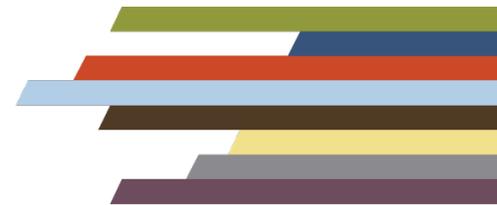


SBIRT Training and Technical Assistance

03



Implementing Continuous Quality Improvement and Sustainability



Proposed Overview of Partnership

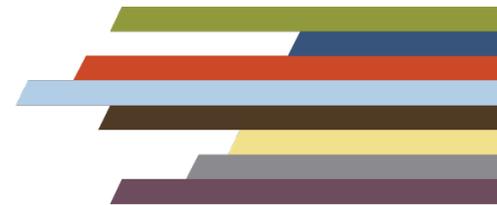
- February – June 2020
 - Planning Meeting(s)
 - PPMD Staff Meeting Presentation (March 2020)
 - Launch Meeting (April 2020)
 - Development of Implementation Plan
 - Virtual Meetings (monthly)
 - SBIRT Staff Training
 - June – August 2020, Training of Trainers
 - Motivational Interviewing Training (as requested)
- July 2020 – June 2021
 - Build Capacity
 - On-going Training and Technical Assistance

The End Goal ... a sustainable SUD Program



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Estimated Time Investment

| Activity February – June 2020 | # of Hours | Frequency | Total Hours | Participants |
|---|------------|----------------|--------------------|---|
| Project Interest Meeting | 1.0 | 1 | 1.0 | ATTC and MDH Members and Leaders |
| Planning and Implementation Launch Meeting | 8.0 | 1 | 8.0 | ATTC, MDH, and PPMD |
| SBIRT In-Person Training | 10.0 | 1 | 10 | SBIRT Trainer & MDH and PPMD staff |
| Intensive TA Sessions (Virtual) | 1 | 4 | 4 | ATTC, TA Consultant, MDH and PPMD |
| Coaching TA | 1.0 | 3 - 5 | 3.0 - 5.0 | ATTC, TA Consultant, MDH and PPMD |
| FINAL TA (Virtual) & Project Conclusion Meeting | 1.5 | 1 | 1.5 | ATTC, TA Consultant, MDH and PPMD staff |
| TOTALS | | 12 - 14 | 47.5 - 49.5 | |

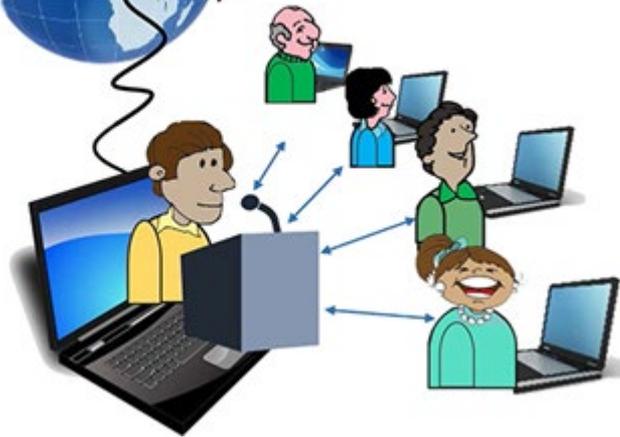
Training of Trainers – 3 full day training with selected staff (Date to be determined)

Technology Transfer Strategies

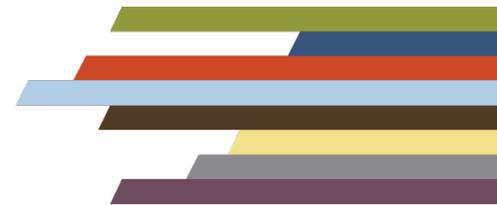


VIRTUAL

Attend remotely using virtual technology such as Zoom, Adobe Connect, or GoToWebinar



= HYBRID



Evidence-Based Screening Tools/For Pregnant Woman and Adults

| Screening Tool | # of Items | Substances Addressed | Administered |
|--|--------------|--|---|
| <u>ASSIST-2 (Alcohol, Smoking, and Substance Involvement Screening Test)</u> | 8 Questions | Tobacco, Alcohol, Drugs, Inhalants | Self-administered or Face-to-face interview |
| <u>4Ps</u> | 4 Questions | Drugs and alcohol | Face-to-face |
| <u>Single-item Drug Frequency</u> | 1 Question | Illegal Substances and Prescription Medication | Self-administered or Face-to-face interview |
| <u>SUBS (Substance Use Brief Screen)</u> | 4 Questions | Tobacco, Alcohol, Drugs, Prescription Medications | Self-administered (electronic) |
| TAPS-1 | 4 Questions | Tobacco, Alcohol, Illegal Drugs (including cannabis), Prescription Medications | Self-administered or Face-to-face interview |
| <u>ASSIST-Drug (Alcohol Smoking and Substance Involvement Screening Test Drug)</u> | 2 Questions | Drugs | Face-to-face interview |
| <u>DAST-2 (Drug Abuse Screening Test)</u> | 2 Questions | Drugs | Face-to-face interview |
| <u>DAST-10 (Drug Abuse Screening Test)</u> | 10 Questions | Drugs (Can also be used with Pregnant Women) | Self-administered or Face-to-face interview |
| <u>Single Item HED Frequency</u> | 1 Question | Alcohol | Face-to-face interview |

Screening Tools For Adolescents

| Screening Tool | # of Items | Substances Addressed | Administered |
|---|--------------|--|---|
| <u>BSTAD (Brief Screener for Tobacco, Alcohol, and other Drugs)</u> | 6 Questions | Tobacco, Alcohol, Drugs | Self-administered or Face-to-face interview |
| <u>CAST (Cannabis Abuse Screening Test)</u> | 6 Questions | Cannabis | Self-administered or Face-to-face interview |
| <u>CRAFFT (Car, Relax, Alone, Forget, Friends, Trouble)</u> | 6 Questions | Alcohol and Drugs | Self-administered or Face-to-face interview |
| <u>POSIT (Problem Oriented Screening Instrument for Teenagers, substance use and abuse subscales)</u> | 17 Questions | Alcohol and Drugs | Face-to-face interview |
| <u>SDS (Severity Dependency Scale)</u> | 5 Questions | Cannabis | Self-administered (paper only) |
| <u>AUDIT-C (Alcohol Use Disorders Identification Test Consumption)</u> | 3 Questions | Alcohol (use with adults or adolescents) | Self-administered or Face-to-face interview |
| <u>AUDIT (Alcohol Use Disorder Identification Test)</u> | 10 Questions | Alcohol (use with adults or adolescents) | Self-administered or Face-to-face interview |
| <u>NIAAA Youth Screen (National Institute on Alcohol Abuse and Alcoholism Screening Guide)</u> | 2 Questions | Alcohol | Face-to-face interview |
| <u>CAGE-AID</u> | 5 Questions | Alcohol and Drugs (use with adults or adolescents) | Face-to-face interview |

CAGE-AID

CAGE-AID Questionnaire

The CAGE Adapted to Include Drugs (CAGE-AID) Questionnaire is an adaptation of the CAGE for the purpose of conjointly screening for alcohol and drug problems. The CAGE-AID focuses on lifetime use. When thinking about drug use, include illegal drug use and the use of prescription drugs other than prescribed.

Points/Questions

C: Have you ever felt that you ought to Cut down on your drinking or drug use?

Yes+1

No+0

A: Have people Annoyed you by criticizing your drinking or drug use?

Yes+1

No+0

G: Have you ever felt bad or Guilty about your drinking or drug use?

Yes+1

No+0

E: Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?

Yes+1

No+0

0 points

Interpretation:

One or more "yes" responses is regarded as a positive screening test, indicating possible substance use and need for further evaluation.



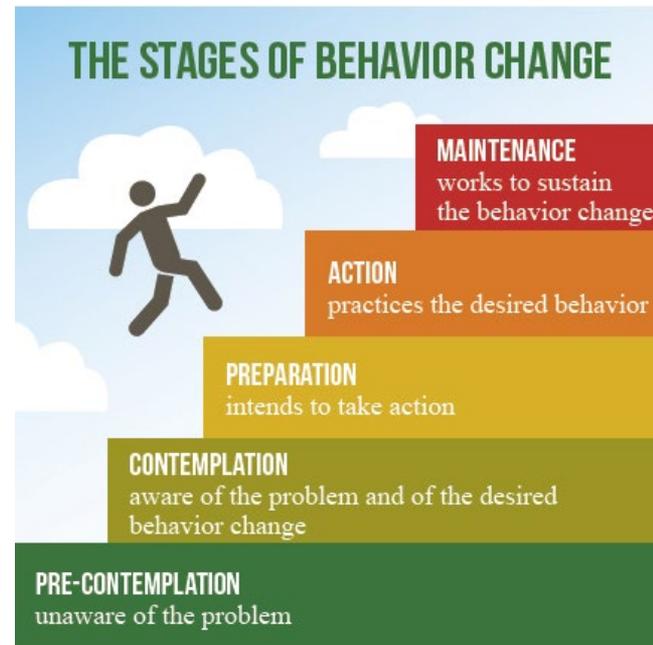
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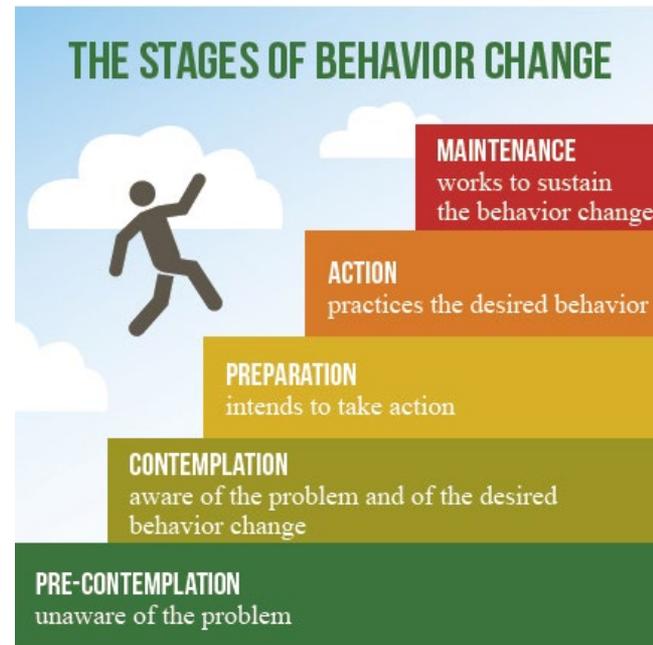
Brief Intervention

- Ask permission to discuss the results
- Review the results and the implications
- Use **Motivation Conversations** to move people along the stages of change as appropriate



Motivational Conversations and MI

- Motivational Interview: An Evidenced-Based Practice
- Engagement that is person-centered, trauma-informed, and culturally inclusive



SAMHSA's New Treatment Page

 FindTreatment.gov

 For help finding treatment 1-800-662-HELP (4357)

[Search for treatment](#)

[Treatment options](#)

[Paying for treatment](#)

[Understanding addiction](#)

[Understanding mental health](#)



Millions of Americans have a substance use disorder. Help is available.

The Substance Abuse and Mental Health Services Administration (SAMHSA) collects information on thousands of state-licensed providers who specialize in treating substance use disorders, addiction, and mental illness.

[Find treatment](#)



What to expect

Help is available, treatment works, and people recover every day.



Treatment options

Learn about finding quality treatment, the different types of treatment, and what to expect when starting treatment.

[Learn more >](#)



Paying for treatment

Learn more about the cost of treatment and payment options.

[Learn more >](#)



Understanding addiction

Addiction is a chronic disease that changes the brain and alters decision-making.

[Learn more >](#)



Understanding mental health

About half of people with a substance use disorder also experience serious mental illness.

[Learn more >](#)



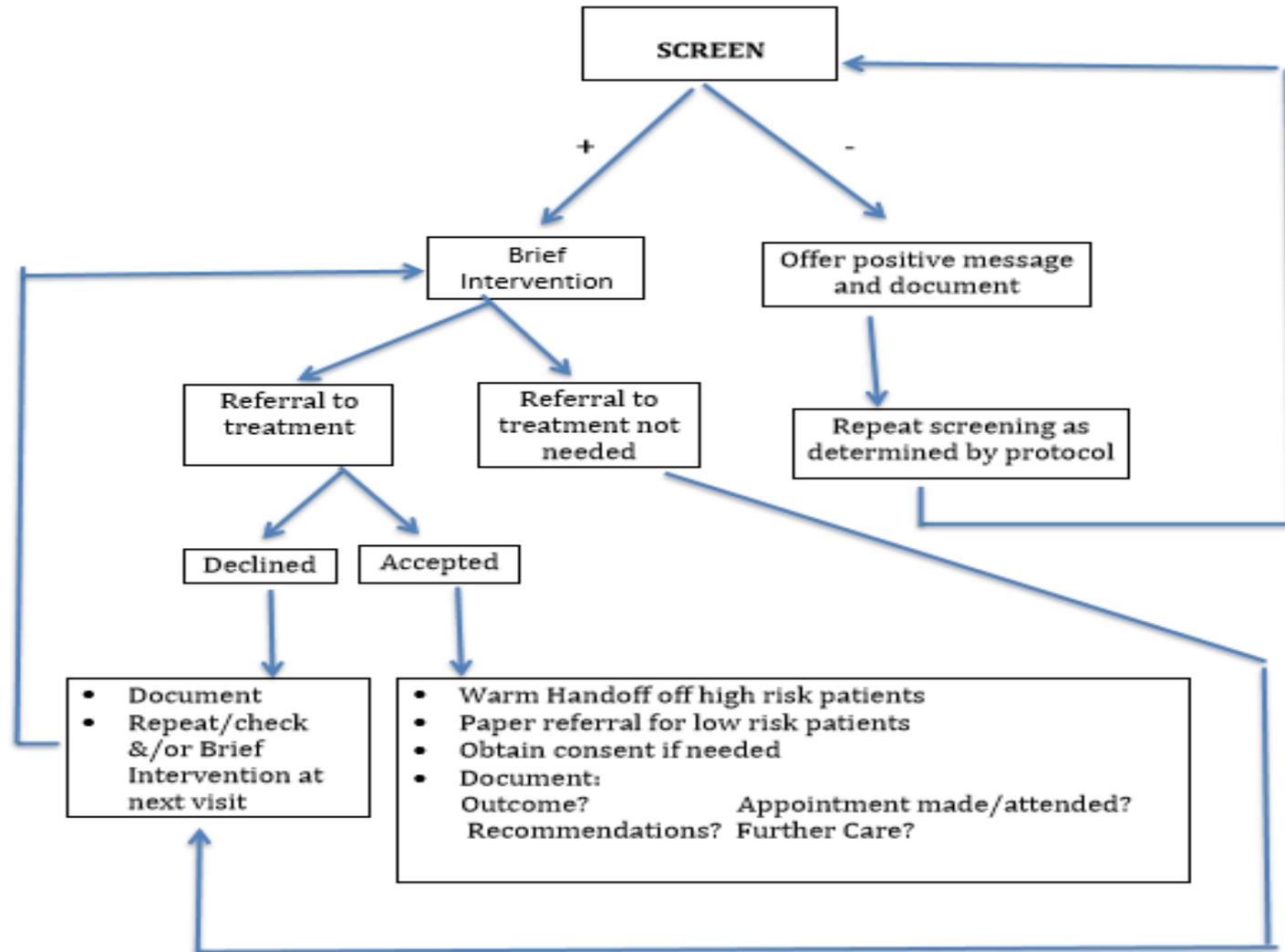
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Sample SBIRT Flow Chart

CLINIC SAMPLE
SBIRT Screening: Flow Chart



Discussion

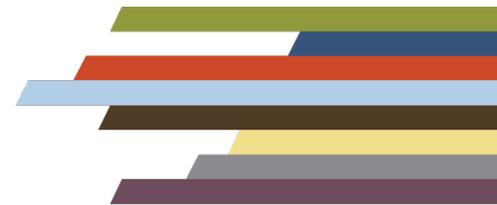
- Where do you believe you need to begin?
- What concerns do you have?
- What do you anticipate being your biggest hurdle?
- What do you need to begin your process?



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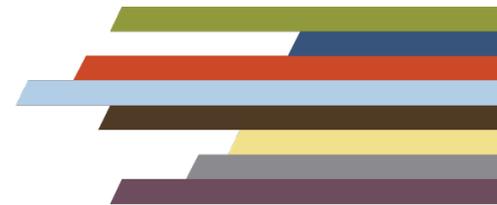
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MDH – SBIRT Workgroup

- Chair: Melissa Beasley
- Linda Alexander
- Betsy Bridgett
- Michael Bridgett
- Diane Hanlon
- Valina Hartman
- Holly Ireland
- John McCauley
- Courtney McFadden
- Shelley Miller
- Gretchen Nettle
- Victoria Stinson
- Alena Troxel

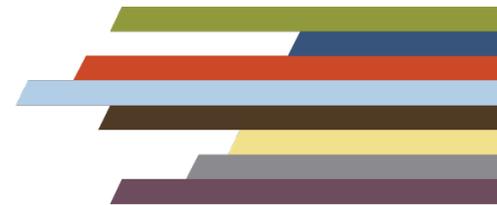


Questions?



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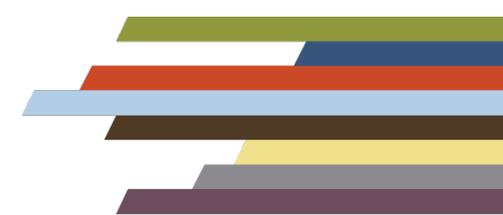
Thank You



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Communications

- [Sign up](#) for our newsletter and training notices

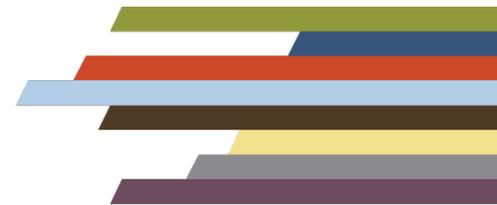


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