

#### How To FIND Us

The Care Clinic is located at 520 W. Lombard St. between Paca and Greene streets.

The University Plaza Garage has underground parking for patients. It is located on West Redwood Street, opposite the University of Maryland School of Social Work. We provide parking vouchers.

Bus service is available on the No. 7, 10, 11, and 35 routes with a stop on West Lombard Street at Greene Street; or on the No. 1 route with a stop at West Fayette Street (or West Baltimore Street) at Greene Street. We provide bus tokens.

The Care Clinic is part of
the Center for Families at the
University of Maryland, Baltimore
located in the Department of
Pediatrics, School of Medicine.
Funding for the Care Clinic is
provided by the Victims of
Crime Assistance Program
(Maryland Department of
Human Resources) and the
United Way of Central Maryland.





Center for Families
University of Maryland, Baltimore
520 W. Lombard St.
Gray Hall, 1st Floor
Baltimore, MD 21201

PHONE 410-706-4869 FAX 410-706-3017

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### Services for Abused and Neglected Children and Their Families



## CARE CLINIC

CARING FOR CHILDREN STRENGTHENING FAMILIES

Our mission is to help ensure the safety, health, and well-being of children and families.

The Care Clinic at the Center for Families University of Maryland, Baltimore

# CARE CLINIC

Care Clinic staff provide a safe environment to help children and their families heal from the effects of child abuse, neglect, and family violence.

#### WHO IS ELIGIBLE FOR SERVICES?

- Children ages 4 to 18 who have been physically or sexually abused or neglected or have been exposed to Intimate Partner Violence (IPV)
- Siblings and other family members affected by child maltreatment or exposure to IPV
- Adult women victims of IPV with children

#### WHAT DOES TREATMENT TARGET?

- Depression
- Anxiety
- Posttraumatic stress disorder (PTSD)
- Aggression
- Poor school performance
- Low self-esteem



#### WHAT SERVICES ARE AVAILABLE?

Care Clinic's specialized services may include:

- Comprehensive assessment
- Treatment planning
- Medication evaluation
- Multidisciplinary team consultation
- Individual and group therapy
- Play therapy
- Family therapy
- Referrals to community services

#### Children

- Learn how to express feelings
- · Learn to feel safe
- Strengthen coping skills
- Reduce trauma-related symptoms

#### Parents and Caregivers

- Learn about child development and the effects of abuse
- Learn how to keep children safe
- Strengthen parenting skills
- Develop their own personal resources and coping skills
- Receive support and referrals for other services

#### Families

- Find vital resources
- Learn to manage conflict and live violence-free lives



#### WHO PROVIDES OUR SERVICES?

- Child psychologists
- Clinical professional counselors
- Child psychiatrists

#### How Are Referrals Made?

• Call 410-706-4869

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