

MARYLAND DEPARTMENT OF HEALTH

# Maryland Medicaid & Home Visiting Services (HVS)

**Planning Administration**  
**Office of Health Care Financing**

September 19, 2018

# Session Format

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## Presentation

- 10:30 am – 11:00 am

## Panel Discussion

- 11:00 am - 11:30 am

## Questions

- 11:30 am - 12:00 pm

# Objectives

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## Understand

- Background on Medicaid and the HealthChoice managed care program
- How Medicaid HealthChoice Managed Care Organizations (MCO's) meet the needs of high-risk pregnant women and children

## Identify

- How a home visitor works with Administrative Care Coordination Units (ACCUs) and MCO's to assist high-risk pregnant women and children to connect with needed health and social services

# *Maryland's Medicaid Program*

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## **Background on Medicaid & HealthChoice**

**HealthChoice**

Maryland's Medicaid Managed Care Program



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# Overview (Fiscal Year 2018)

## Fiscal Impact

- Approximately \$11 billion in state and federal funds
- Typically accounts for about 23% of State budget

## Reach

- Provides benefits for approximately 1.39 million people
- 1.18 million (85.1%) are enrolled in HealthChoice

# Maryland's Eligibility Requirements

**Be a resident of Maryland**

**Be a U.S. Citizen or non-citizen who meets immigration status requirements**

- Individuals who are not legally in the United States and most applicants who have not met the five year bar are not eligible for full Medicaid benefits
- Individuals may be eligible for Medicaid coverage of emergency medical services, **including labor and delivery services**
- To qualify for emergency medical services, the applicant must meet all other Medicaid eligibility criteria, including income limits

# Maryland's Eligibility Requirements

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**Provide a Social Security Number (SSN)**

**Meet financial requirements**

- Medicaid income limits and rules vary for different groups of individuals and household sizes
- Income limits for children, parents and caretaker relatives, adults ages 19-64, and pregnant women

# Eligibility for Pregnant Women and Infants

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Pregnant women up to 264% Federal Poverty Level

Eligibility continues for 60 days postpartum and then if no longer eligible for full Medicaid, will be automatically enrolled in Family Planning Program

Newborns of eligible mothers are automatically enrolled in Medicaid for 1-year

Pregnant women are also eligible for dental benefits while pregnant and up to 60 days postpartum



# Enrolling in Medicaid

**Participants may enroll in Medicaid, then select an MCO, and pick their primary care provider (PCP) by:**

- Visiting <https://www.marylandhealthconnection.gov/> and logging into your account
- Downloading Maryland Health Connection's free mobile app, Enroll MHC
- Calling Maryland Health Connection at 1-855-642-8572 (TTY: 1-855-642-8573)
- By visiting a health department, or department of social services

# Federally Mandated Services

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Hospital care (inpatient and outpatient)

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Nursing home care

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Physician services

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Laboratory and x-ray services

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Immunizations and other early and periodic screening, diagnosis & treatment (EPSDT) services

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Family planning services and supplies

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Federally Qualified Health Centers (FQHCs) and rural health clinic services

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Nurse midwife and nurse practitioner services

# Select Optional Services Covered\*

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Prescription drugs

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Dental Services for pregnant women and children (Healthy Smiles)

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Rehabilitation and other therapies

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Clinic services

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Durable medical equipment and supplies

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Mental health and substance use disorder treatment services

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\*Services offered in addition to federally mandated services

# Non-Emergent Medical Transportation

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**Non-Emergency Transportation (NEMT) is available for recipients who have no other means of getting to their medical appointments**

- Provided by the local jurisdictions
- Must be scheduled a minimum of 24 hours in advance, with the exception of hospital discharges
- **Only provides transport for those who have no other means of getting to their appointments**

# *Background on Medicaid & HealthChoice*

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## **§1115 Demonstration Waiver**

**HealthChoice**

Maryland's Medicaid Managed Care Program



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# §1115 HealthChoice Waiver

**The Federal Government through §1115 demonstration waivers :**

- **Allows states to have flexibility in their Medicaid Programs**

**The waiver permits Maryland to implement certain programs including:**

- **Managed Care**
- **MCH Home Visiting Expansion**

# HealthChoice

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**HealthChoice is the name of the Maryland's statewide mandatory managed care program**

## **The HealthChoice Program:**

- Provides health care to most Medicaid participants
- Requires eligible Medicaid participants enroll in a Managed Care Organization (MCO) of their choice and select a primary care provider (PCP) to oversee their medical care
- Provides services to Medicaid recipients in Maryland
- Contracts with of providers (doctors, hospitals) to provide covered services to their enrollees
- Is responsible to provide or arrange for the full range of health care services

# HealthChoice Program

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**There are currently 9 MCOs participating in HealthChoice:**

**Aetna Better Health  
(NEW)**

**AMERIGROUP  
Community Care**

**Jai Medical  
Systems**

**Kaiser Permanente**

**Maryland Physicians  
Care**

**MedStar Family  
Choice**

**Priority Partners**

**University of  
Maryland Health  
Partners**

**UnitedHealthcare**



# Managed Care Organizations

**Responsible for providing other services related to the patient's healthcare, including:**

- Language interpretation
- Educating enrollees on prevention and good health habits
- Providing case management, outreach and home visits for certain special needs and hard-to-reach populations
- Coordinates needed services such as transportation and the Supplemental Nutritional Program for Women, Infants and Children (WIC)
- Certain services are carved out of the MCO benefit package

# Value-Added Services

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**MCOs may offer additional services, not in the standard Medicaid benefit package, to its enrollees**

- MCOs do **not** get reimbursed by Medicaid for these services
- All of the MCOs have chosen to offer preventive dental services for adults, a service not normally covered under Maryland Medicaid
- Only those enrolled in HealthChoice may receive these services

# Pregnant & Postpartum Women

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**Below are examples for serving pregnant and postpartum women as set forth in the regulations**

- Scheduling an appointment for the first prenatal visit and seeing the woman within 10 days of request
- Linking a pregnant woman with a pediatric provider before delivery
- Dental coverage
- Refer pregnant and postpartum women with a substance use disorder for substance use treatment within 24 hours of request
- Nutrition counseling by licensed nutritionists or dietitians
- Smoking cessation education and treatment

# HealthChoice Quality

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**HealthChoice and Home Visiting Programs in Maryland share many of the same MCH outcome goals and measures including:**

Reducing Low Birth Weight / Preterm Birth

Timely Postpartum Visits

Well Child Visits

Reducing ED visits

*§1115 Demonstration Waiver & New Initiatives*

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# **Home Visiting Services (HVS) Pilot**

# Overview

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Evidence-based home visiting services for high-risk pregnant women and children up to two (2) years old

Must be Medicaid beneficiaries to participate

Evidence-based programs that may be offered:

- Nurse Family Partnership
- Healthy Families America

HVS Pilots are funded separately and distinctly from federally funded home visiting programs (e.g. MIECHV)

Payment based on a per home visit rate

# Overview (cont.)

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Developed in response to local jurisdictions request for a funding path

Local health departments or other local government entities, such as a local management board, to serve as Lead Entities

There is no MDH funding contribution

To access federal funds Lead Entities must be able to fund non-federal share with local dollars

# Pilot Goals

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To improve health outcomes for targeted populations

To improve community integration for at-risk Medicaid beneficiaries



To reduce unnecessary/inappropriate utilization of emergency health services



# HVS Pilot Awardees

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## Harford County Health Department

- Round 1 awardee (2017)
- 30 beneficiaries
- Up to \$269,268 combined local and federal matching Medicaid funds
- Operating Healthy Families America (HFA)

## Garrett County Health Department

- Round 2 awardee (2018)
- 13 beneficiaries
- Up to \$74,210 combined local and federal matching Medicaid funds
- Operating Healthy Families America (HFA)

*Maryland Medicaid & Home Visiting Services*

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**Home Visitors and Administrative  
Care Coordination Units (ACCU)**

# **Administrative Care Coordination Units (ACCU)**

Known as the Administrative Care Coordination Unit (ACCU) - Ombudsman Program

Funded via administrative grants from Maryland Medicaid

Operated by 24 local health departments (LHDs)

Provides administrative services, not direct case management or clinical services

# Role of ACCUs

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## Help Medicaid enrollees:

- Understand HealthChoice benefits and how to access services
- Find a primary care physician (PCP) or specialist in MCO
- Find a dentist for a child
- Link to Medicaid transportation services
- Get prescriptions filled

## Explain to Medicaid enrollees:

- Their right to choose a MCO
- Health care services they can receive out of network and without a referral, such as prenatal care and family planning services
- Annual right of enrollees to change MCOs



# Key Takeaways for Home Visiting Staff

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Educate high-risk pregnant women and children up to two (2) years old about available Medicaid programs and services for MCH

Coordinate with ACCUs and MCOS to ensure high-risk pregnant women and children up to two (2) years old access needed health and social services

Collaborate with MCOs to establish linkages to services and programs for high-risk pregnant women and children up to two (2) years old

# Panelists

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**Alex Loizias**

Special Assistant to the Director  
Planning Administration  
Office of Health Care Financing  
(Medicaid)

**Marian Pierce**

Chief  
Community Liaison and Care  
Coordination Division  
HealthChoice Managed Care  
Administration  
Office of Health Services  
Office of Health Care Finance  
(Medicaid)

**Sandy Kick**

Senior Manager  
Planning Administration  
Office of Health Care Financing  
(Medicaid)

**SheTiel Coley-Winder**

Program Manager  
Healthy Families Harford County  
Harford County Health Department

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# Questions?

# Resources

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**Maryland Health Connection**

**Your Local ACCU**

- Please see handout with list of local ACCUs

**HealthChoice**

**Home Visiting Services Pilot**

**Non-Emergency Transportation**



# Contacts

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**Alex Loizias**

Special Assistant to the Director  
Planning Administration  
Office of Health Care Financing (Medicaid)  
410-767-7389  
[alexandra.loizias@maryland.gov](mailto:alexandra.loizias@maryland.gov)

**Colleen Wilburn**

Health Policy Analyst  
Office of Family and Community Health Services  
Maternal and Child Health Bureau  
410-767-6716  
[colleen.wilburn@maryland.gov](mailto:colleen.wilburn@maryland.gov)

**Sandy Kick**

Senior Manager  
Planning Administration  
Office of Health Care Financing (Medicaid)  
410-767-1439  
[sandra.kick@maryland.gov](mailto:sandra.kick@maryland.gov)

**Mary LaCasse**

Chief  
Early Childhood and Family Support  
Maternal, Infant, & Early Childhood Home Visiting  
Program (MIECHV)  
Maternal and Child Health Bureau  
410-767-6753  
[mary.lacasse@maryland.gov](mailto:mary.lacasse@maryland.gov)

**Marian Pierce**

Chief  
Community Liaison and Care Coordination Division  
HealthChoice Managed Care Administration  
Office of Health Services  
Office of Health Care Finance (Medicaid)  
410-767-6111  
[marian.pierce@maryland.gov](mailto:marian.pierce@maryland.gov)

**SheTiel Coley-Winder**

Program Manager  
Healthy Families Harford County  
Harford County Health Department  
410-942-7999 ext. 7923  
[shetiel.coley@maryland.gov](mailto:shetiel.coley@maryland.gov)

**For questions about the HVS Pilot, please email:**  
[mdh.healthchoicerenewal@maryland.gov](mailto:mdh.healthchoicerenewal@maryland.gov)

**Local Health Department  
Administrative Care Coordination Units - ACCU (September 2018) – Internal Use Only**

<b>County</b>	<b>ACCU</b>	<b>County</b>	<b>ACCU</b>
<b>Allegany</b>	Margaret Wright 12501 Willowbrook Rd., S.E. Cumberland, MD 21501 Tel. 301-759-5094	<b>Howard</b>	Sharon Brazell 7178 Columbia Gateway Drive Columbia, MD 21046 410-313-7567
<b>Anne Arundel</b>	Beth Tush 3 Harry S. Truman Pkwy., HD #8 Annapolis, MD 21401 Tel. 410-222-7541	<b>Kent</b>	Gail Yerkie 125 S. Lynchburg Street Chestertown, MD 21620 410-778-7035
<b>Baltimore</b>	Marva Gooden 6401 York Road, 3 <sup>rd</sup> Floor Baltimore, MD 21212 Tel. 410-887-8741	<b>Montgomery</b>	Myriam Louis-Charles 1401 Rockville Pike #2400 Rockville, MD 20852 240-777-1635
<b>Calvert</b>	Lisa Newman 975 Solomons Island Rd. North Prince Frederick, MD 20678 410-535-5400	<b>Prince George's</b>	Cassandra Campbell 9314 Piscataway Road Clinton, MD 20735 301-856-9550
<b>Caroline</b>	Christina Zimmerman 403 S. Seventh Street Denton, MD 21629 410-479-8000	<b>Queen Anne's</b>	Joyce Bloodsworth 206 N. Commerce Street Centreville, MD 21617 443-262-4481
<b>Carroll</b>	Taina Metsa-Mahka 290 S. Center Street Westminster, MD 21157 410-876-4941	<b>St. Mary's</b>	Ashley Milcetic 21580 Peabody Street Leonardtown, MD 20650-0316 301-475-4330
<b>Cecil</b>	Penny Hamilton 401 Bow Street Elkton, MD 21921 443-245-3766	<b>Somerset</b>	Barbara Parsons 7920 Crisfield Highway Westover, MD 21871 443-523-1740
<b>Charles</b>	Kelly Dougherty 4545 Crain Highway White Plains, MD 20695 301-609-6803	<b>Talbot</b>	Amanda Moseley 100 S. Hanson Street Easton, MD 21601 410-819-5600
<b>Dorchester</b>	Belinda Kowitski 3 Cedar Street Cambridge, MD 21613 410-901-8167	<b>Washington</b>	Susan Parks 1302 Pennsylvania Avenue Hagerstown, MD 21742 240-313-3290
<b>Frederick</b>	Norma Sacoman 350 Montevue Lane Frederick, MD 21702 301-600-3341	<b>Wicomico</b>	Shannon Palmer 108 E. Main Street Salisbury, MD 21801 410-543-6942
<b>Garrett</b>	Tiffany Fratz 1025 Memorial Drive Oakland, MD 21550 301-334-7777	<b>Worcester</b>	Layne Snedaker 9730 Healthway Drive Berlin, MD 21811 410-629-0164
<b>Harford</b>	Barbara Karayinopulos 2015 Pulaski Hwy., Suite E Havre de Grace, MD 21078 410-942-7999	<b>Baltimore City HCAM</b>	Stacey Tuck 1 North Charles Street Baltimore, MD 21202 410-649-0500

# HEALTHCHOICE MCO OPEN SERVICE AREA BY COUNTY

January 1, 2018

County	Aetna	ACC	JAI	KP	MPC	MSFC	PPMCO	UHC	UM Health Partners
Allegany	✓	✓			✓		✓	Voluntarily Frozen	
Anne Arundel	✓	✓	✓	✓	✓	✓	✓	✓	✓
Baltimore City	✓	✓	✓	Voluntarily Frozen	✓	✓	✓	✓	✓
Baltimore County	✓	✓	✓	✓	✓	✓	✓	✓	✓
Calvert	✓	✓		✓	✓		✓	Voluntarily Frozen	✓
Caroline		✓			✓		✓	Voluntarily Frozen	✓
Carroll	✓	✓			✓		✓	✓	✓
Cecil	✓	✓			✓		✓	✓	✓
Charles	✓	✓		✓	✓	✓	✓	✓	✓
Dorchester		✓			✓		✓	Voluntarily Frozen	✓
Frederick	✓	✓			✓		✓	Voluntarily Frozen	✓
Garrett	✓	✓			✓		✓	Voluntarily Frozen	
Harford	✓	✓		✓	✓	✓	✓	✓	✓
Howard	✓	✓		✓	✓		✓	✓	✓
Kent		Frozen			✓		✓	Voluntarily Frozen	✓
Montgomery	✓	✓		✓	✓	✓	✓	✓	✓
Prince George's	✓	✓		Voluntarily Frozen	✓	✓	✓	✓	✓
Queen Anne's		Frozen			✓		✓	Voluntarily Frozen	✓
Somerset		✓			Frozen		✓	Voluntarily Frozen	✓
St. Mary's	✓	✓		Frozen	✓	✓	✓	✓	✓
Talbot		Frozen			✓		✓	Voluntarily Frozen	✓
Washington	✓	✓			✓		✓	Voluntarily Frozen	
Wicomico		✓			Frozen		✓	Voluntarily Frozen	✓
Worcester		✓			Frozen		✓	Voluntarily Frozen	✓