

**Maryland Advisory Council on Health and Wellness**  
**Agenda**  
**October 18, 2023, 4:00-6:00 PM**

**Members Present**

Salliann Alborn  
Mary Backley  
Felicia Brannon  
Tara Clemons Johnson  
Jonathan Dayton  
Leigh Ann Eagle  
Jennifer Eastman  
Mychelle Farmer  
Gary Gerstenblith  
Roger Harrell  
Darryl Heggans  
Aruna Nathan  
Rachel Pigott  
Jason Semanoff  
Teresa Titus-Howard  
Vaple Robinson  
Pamela Williams  
Pamela Xenakis  
Sam Zisow-McClean

**Members Not Present**

Andrew Baker  
Crystal Bell  
Seth Martin  
Jared Meacham  
Marsha Seidelman  
Arif Alasan Vega

**MDH Staff Present**

Adeola Alayande  
Jennifer Faulkner  
Ali MacStudy  
Olivia Massa  
Miranda Ouellette  
Kristi Pier  
Christa Thornton

**Members of the Public Present**

None

**I. Open Maryland Advisory Council on Health and Wellness**

Teresa Titus-Howard, Chair, called the meeting to order at 4:01pm. She reviewed the agenda. Ms. Pier took roll call.

Ms. Titus-Howard recognized outgoing members (Jessica Kiel, Vivienne Rose and Katie Hall), those renewing a second term (Leigh Ann Eagle, Jared Meacham, and Vaple Robinson), and new members (Andrew Baker, Department of Aging and Darryl Heggans, American Diabetes Association).

**II. Welcome from New Health and Wellness Council Chair**

Ms. Titus-Howard gave a welcome as the new Chair for the Health and Wellness Council. She discussed recognized outgoing members (Jessica Kiel, Vivienne Rose and Katie Hall), those renewing a second term (Leigh Ann Eagle, Jared Meacham, and Vaple Robinson), and new members (Andrew Baker, Department of Aging and Darryl Heggans, American Diabetes Association). Ms. Titus-Howard provided a vision for her tenure, focused on inclusion for those populations at high risk such as those with disabilities.

**III. Preventive Health and Health Services Block Grant, Mid Year Update  
4:20 PM**

Miranda Ouellette, MPH, Implementation Team Chief, CCDPC

Ms. Ouellette provided a mid-year update on the status of the Preventive Health and Health Services (PHHS) Block Grant. She provided some outcomes from the previous grant year, however, focused on the FY23 workplan, which started October 1, 2023 (presentation attached).

**IV. Sexual Violence Prevention: Recent and Upcoming Projects  
and Priorities 5:00 PM**

Erin Boguski, MS, Chief, MDH Center for Injury and Violence Prevention

Ms. Boguski oversees the sexual violence project activities funded by the PHHS. She discussed the importance of addressing sexual violence within public health, as well as provided state data. Ms. Boguski provided a summary of the activities funded through the PHHS grant to reduce sexual violence.

**V. 2024 Legislative Session Update 5:30 PM**

Ms. Pier asked committees to identify at least one representative to be part of the 2024 legislative ad hoc committee. There will be a training session for ad hoc members in early December. As with previous legislative sessions, there will be weekly meetings on Tuesdays, 9:00-9:30am.

**VI. Committee Updates 5:35 PM**

- Arthritis—Chair Rachel Pigott shared updates, including health messaging around anti-inflammatory awareness and a recipe book. They are exploring incorporating falls prevention into the arthritis action plan.
- Diabetes—Chair Pamela Williams shared they recently met with the Fitness Committee to work on a flier for middle school students on the importance of physical activity. They also are reviewing the Maryland Diabetes Action Plan, as it is in the process of being updated.
- Heart Disease and Stroke—Mary Backley stated they met in July, their chair stepped down from the council and need a new chair.
- Physical Fitness—Chair Aruna Nathan shared their collaboration with the Diabetes Committee on the physical activity flier. They also created messaging for September.

**VII. Public Comment**

No public member attendees; no comments.

**VIII. Adjourned 5:31 PM**

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**Next Meeting: January 17, 2024 4:00-6:00 PM**